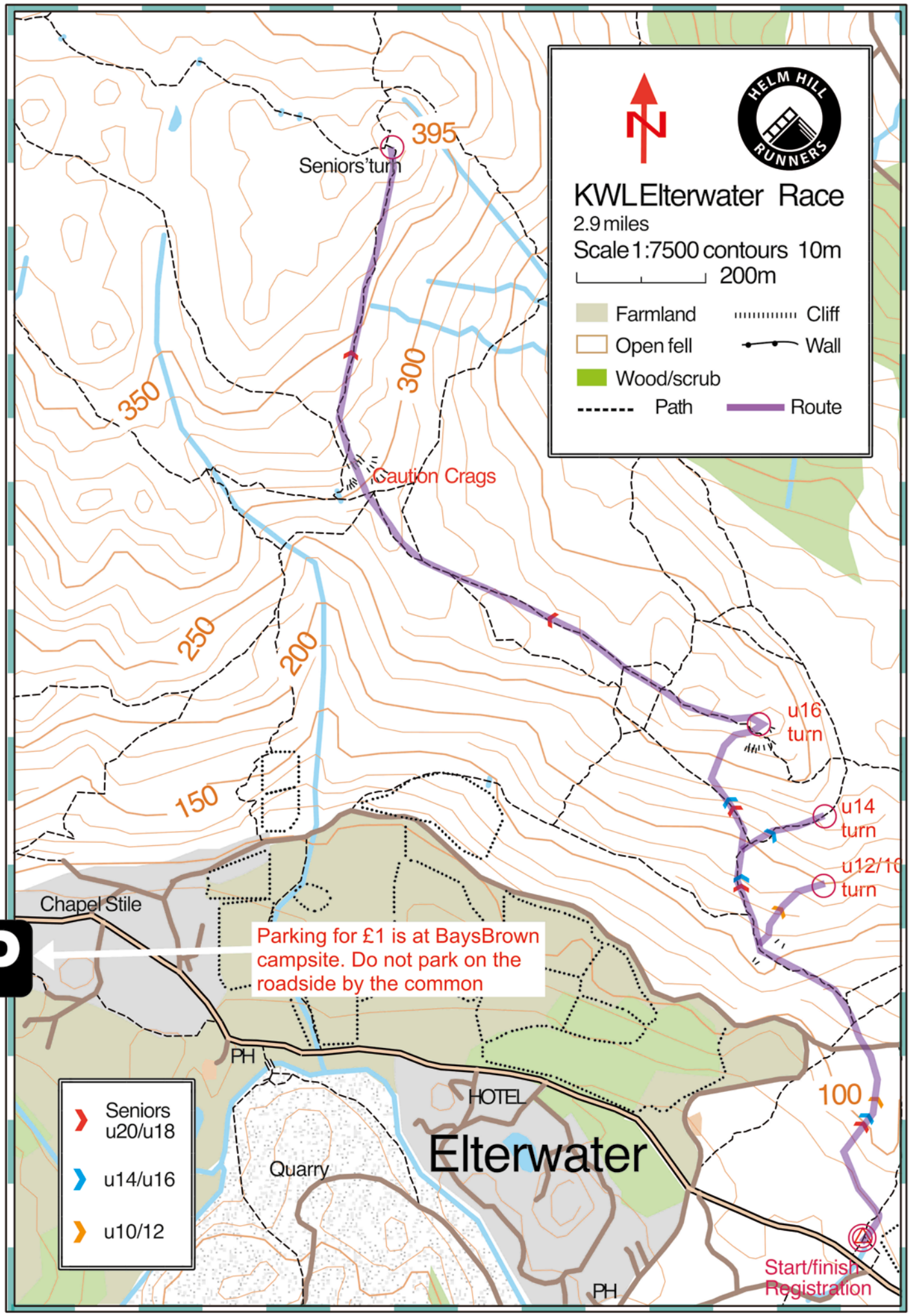

KWL Elterwater Race
2.9 miles
Scale 1:7500 contours 10m
200m
Farmland
Open fell
Wood/scrub
Path
Cliff
Wall
Route
HELM HILL RUNNERS
395
Seniors' turn
300
350
Caution Crags
250
200
150
u16 turn
u14 turn
u12/10 turn
100
Chapel Stile
P
Parking for £1 is at BaysBrown campsite. Do not park on the roadside by the common
PH
HOTEL
Elterwater
Quarry
PH
Start/finish Registration
Seniors u20/u18
u14/u16
u10/12