



(NOT) THE KENDAL WINTER LEAGUE WEEK 3 INDIVIDUAL TIMES - 'TRIGONOMETRY'

Runner	Time minutes per mile	Runner	Time minutes per mile
Michael Ainsworth	06:31	Dave Appleyard	08:57
Joel Jameson	06:35	Toby Johnson	09:01
Kieran Hodgson	06:46	Dylan Cater	09:01
Joe Kenny	06:55	Caroline Holden	09:12
Nicholas Barber	07:02	Sarah Gerrish	09:14
Rob Jebb	07:06	Amy Pearman	09:16
Will Acland	07:06	Marie Robson	09:23
Shane Ohly	07:16	Steve King	09:24
Ollie Barker	07:18	Lorna Askew	09:31
Chris Hugget	07:26	Victoria Upton	09:33
Adam Oliver	07:28	Paul Reilly	09:36
Tim Pickering	07:29	Jo Appleby	09:42
Andrew Broadbent	07:34	Andy Brayshaw	09:45
Simon Blunden	07:39	Dave Nichols	09:46
Ian Harrington	07:41	Kate Brayshaw	09:47
Jon Hill	07:46	Toby Acland (age 12)	09:49
Sharon Taylor	07:48	Angela Brand Barker	09:53
Craig Burrow	07:50	Tim Murray	09:57
Jon Robson	07:53	Amanda Burrow	10:26
Justin Tancred	07:55	Holly Acland	10:37
Dave Goadby	07:57	Maria Hearn	10:38
Simon Whittaker	08:01	Richard Cater	10:42
Paul MacFarlane	08:02	Phil Rigby	10:45
Paul Aitken	08:04	Russ Cannon	11:01
Bianca Dyer	08:12	Paul Senior	11:24
Adam Perry	08:15	May Crawford	11:33
Olly Walters	08:16	Vicky Atkinson	11:41
Shaun Addison	08:21	Sarah Senior	11:50
Craig Brown	08:21	Ali Richards	12:10
Billy Procter	08:41	Rowan Ranner	12:55
Peter German	08:42	Jenna Butler	12:56
Janie Oates	08:46	David Ratcliffe	13:21
Tim Roe	08:47		