



## HELM HILL WINTER LEAGUE - Giggleswick



DIFFERENT STROKES  
PAINTING & DECORATING LTD

U11 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0066	Lola	Hodgson	u11G	Ambleside AC	0:07:23	1
0355	Teigan	Wilcock	u11G	Ambleside AC	0:07:49	2
0191	Isla	Dalton	u11G	Helm Hill	0:08:01	3
0582	Romy	Barron	u11G	Ambleside	0:08:22	4
0194	Gabrielle	Murray	u11G	Leven Valley	0:08:27	5
0722	Oriyah	Donaldson	u11G	Bingley Harriers	0:08:47	6
0853	Izzy	Lambert	u11G	Settle Harriers	0:08:55	7
0565	Iris	Lodge	u11G	Settle Harriers	0:08:56	8
0745	India	Leigh	u11G	Helm Hill	0:09:07	9
0690	Amika Rose	Gregory	u11G	Helm Hill	0:09:08	10
0594	Harriet Lily	Coward	u11G	Ambleside AC	0:09:11	11
0778	Isla	Devlin	u11G		0:09:19	12
0285	Georgia	Bousfield-Evans	u11G	Settle Harriers	0:09:21	13
0467	Maya	Zaboklicka	u11G	Furness Fell Runners	0:09:24	14
0284	Sienna	Bousfield-Evans	u11G	Settle Harriers	0:09:30	15
0210	Betty	Jacques	u11G	Unattached	0:09:35	16
0834	Edie	Alexander	u11G	Settle Harriers	0:09:45	17
0500	Lola	Rogerson	u11G	Settle harriers	0:09:46	18
0817	Pippa	Thompson	u11G	Skipton AC	0:09:49	19
0536	Nieve	Stephenson	u11G	Ambleside AC	0:09:50	20
0213	Flo	Evans	u11G	Settle Harriers	0:09:52	21
0838	Lucy	White	u11G	Dallam	0:10:29	22

U11 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0474	Calum	McGoldrick	u11B	Settle Harriers	0:06:28	1
0458	Luca	Crawshaw	u11B	Bowland Fell Runners	0:07:10	2
0096	Sean	Wild -Garcia	u11B	Kendal athletics club	0:07:17	3
0299	Freddie	Fretwell	u11B	Settle Harriers	0:07:22	4
0328	Bobby	France	u11B	Settle Harriers	0:07:25	5
0236	Dougie	Giles	u11B	Settle Harriers	0:07:28	6
0333	Haris	Riaz	u11B	Sedbergh School	0:07:30	7
0475	Finlay	McGoldrick	u11B	Settle Harriers	0:07:37	8
0281	Olly	Fox	u11B	Settle Harriers	0:07:40	9
0052	Danny	Nunns	u11B	Helm Hill	0:07:54	10
0840	Mussie	Lancaster	u11B	None	0:07:56	11
0171	Callum	Ainsworth	u11B	Helm Hill	0:07:59	12
0850	Thomas	Pickles	u11B	Darlington Harriers	0:08:05	13
0818	Rupert	Brinsden	u11B	Settle harriers	0:08:08	14
0644	James	Dennis	u11B	Bingley Harrier	0:08:14	15
0450	Fraser	Hall	u11B	Skyrack AC	0:08:15	16
0872	Seb	Hollows	u11B	Dallam	0:08:30	17
0879	Thomas	Waiting	u11B	Unallocated	0:08:37	18
0837	Charlie	White	u11B	Dallam	0:08:52	19
0018	Andrew	Skeldon	u11B	Settle Harriers	0:09:37	20
0282	Seth	Parker	u11B	Settle Harriers	0:09:48	21

U13 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0071	Bleu	Bailey	u13G	Staffordshire Moorlands AC	0:06:25	1
0681	Amelia	Matchett	u13G	Bingley Harriers	0:07:19	2
0016	Charlotte	Richardson	u13G	Helm Hill	0:07:27	3
0107	Imogen	Moore	u13G	Leven Valley	0:07:29	4
0835	Ella	Simpson	u13G	Bingley Harriers	0:07:41	5
0642	Hannah	Dennis	u13G	Bingley	0:07:42	6
0665	Rona	Houston	u13G	Helm Hill	0:07:45	7
0615	Islay	Atkinson	u13G	None	0:08:06	8
0140	Martha	Johnson	u13G	Helm Hill	0:08:09	9
0087	Silvie	Parsons	u13G	Helm Hill	0:08:11	10
0406	Lucy	Ward	u13G	Settle Harriers	0:08:13	11
0094	Maia	Dacre	u13G	Helm Hill	0:08:18	12
0880	Elouise	Shepherd	u13G	Settle	0:08:24	13
0268	Megan	Wright	u13G	Settle Harriers	0:08:31	14
0277	Tess	Reedy	u13G	Ambleside AC	0:08:33	15
0746	Izzy	Leigh	u13G	Helm Hill	0:08:50	16
0104	Lana	Fosker	u13G	Bowland Fell Runners	0:08:54	17
0651	Freya	Hodgson-Jones	u13G	Ambleside AC	0:08:59	18
0857	Clara	Jones	u13G	Helm Hill	0:09:01	19
0636	Mary	Goodyear	u13G	Bingley Harriers	0:09:06	20
0836	Lily	Neville	u13G	None	0:09:22	21
0172	Jessica	Ainsworth	u13G	Helm Hill	0:09:25	22
0447	Tabetha	Pell	u13G	Ambleside AC	0:09:34	23
0780	Chloe	Devlin	u13G		0:09:41	24
0499	Ellie	Rogerson	u13G	Settle harriers	0:10:09	25

U13 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0466	Theo	Zaboklicki	u13B	Furness Fell Runners	0:05:46	1
0756	Charlie	Porteous	u13B	Bingley	0:05:57	2
0782	Tyler	Griffiths	u13B	Bingley Harriers	0:06:14	3
0310	Harri	Tancrel	u13B	Helm Hill	0:06:18	4
0401	Jos	Jebb	u13B	Helm Hill Runners	0:06:23	5
0132	Dallas	Machell	u13B	Ambleside	0:06:34	6
0671	Ralph	Emsley	u13B	Bingley Harriers	0:06:36	7
0346	Ben	Ryan	u13B	Helm Hill	0:06:47	8
0017	James	Skeldon	u13B	Settle Harriers	0:06:50	9
0848	Harry	Lowde	u13B	Clayton Le Moors Harriers	0:06:53	10
0233	Ben	Mulvany	u13B	Helm Hill Runners	0:07:03	11
0800	Kieran	Jemmett	u13B	Bingley harriers	0:07:05	12
0005	Rhys	Price	u13B	Darlington Harriers	0:07:07	13
0637	Peter	Butler	u13B	Ambleside AC	0:07:12	14
0183	Charlie	Potter	u13B	Helm Hill	0:07:14	15
0112	Lawrie	Belshaw	u13B	Ambleside	0:07:15	16
0247	Charlie	Butler	u13B	Keswick AC	0:07:20	17
0783	Brody	Griffiths	u13B	Bingley Harriers	0:07:31	18
0839	George	Bromley	u13B	Settle Harriers	0:07:33	19
0842	William	ingram	u13B	giggleswick school	0:07:34	20
0444	Jonty	Brodie	u13B	Helm Hill	0:07:36	21
0670	Philip	Bolland	u13B	Helm Hill	0:07:50	22
0212	Stanley	Evans	u13B	Settle Harriers	0:07:58	23
0531	Stanley	Atkinson	u13B	Helm	0:08:04	24
0573	Harry	Hearn	u13B	Helm	0:08:17	25
0758	Kornel	Devlin	u13B		0:08:21	26
0868	Louis	Hoskin	u13B	Helm Hill	0:08:25	27
0815	Austin	Staveley	u13B	Settle Harriers	0:08:35	28

0187	Harry	Gould	u13B	Unattached	0:08:48	29
0521	Oliver	Shannon	u13B	Helm Hill	0:09:03	30
0235	Rhuari	Trott	u13B	Helm Hill	0:09:05	31
0337	Murray	Page	u13B	Helm Hill	0:09:31	32
0814	Oscar	Staveley	u13B	Settle Harriers	0:10:33	33

U15 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0473	Mia	McGoldrick	u15G	Settle Harriers	00:11:04	1
0775	Emmy	Ranner	u15G	Helm hill	00:11:53	2
0618	Camilla	Hart	u15G	Settle Harriers	00:12:01	3
0004	Maisie	Oddy	u15G	Keighley and Craven	00:12:07	4
0006	Lily	Slater	u15G	Ambleside AC	00:12:29	5
0491	Isabelle	Jebb	u15G	Bingley harriers	00:12:35	6
0076	Fay	Thomas	u15G	Helm Hill	00:12:43	7
0720	Macie	Donaldson	u15G	Bingley Harriers	00:12:51	8
0222	Rosie	Scott	u15G	Ambleside	00:13:04	9
0331	Lydia	Benson	u15G	Settle Harriers	00:13:08	10
0693	Sophie	Edwards	u15G	Bingley Harriers	00:13:32	11
0562	Ava	Brierley	u15G	Ambleside AC	00:13:54	12
0847	Lilly	Bowness	u15G	Settle Harries	00:13:55	13
0760	Millie	Porteous	u15G	Bingley	00:13:58	14
0781	Megan	Griffiths	u15G	Bingley Harriers	00:14:00	15

U15 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0221	Joseph	Green	u15B	Ambleside AC	00:10:49	1
0232	Evan	Mulvany	u15B	Helm Hill Runners	00:11:11	2
0420	Edward	Shawcross	u15B	Ambleside AC	00:11:18	3
0251	Riley	Scott	u15B	Leven valley	00:11:42	4
0250	Oliver	Scott	u15B	Leven valley	00:11:48	5
0193	Henry	Murray	u15B	Leven Valley	00:12:04	6
0465	Noah	Zaboklicki	u15B	Furness Fell Runners	00:12:20	7
0127	Carl	Sanderson	u15B	Settle Harriers	00:12:53	8
0805	Edward	Walker	u15B	Settle Harriers	00:12:57	9
0804	Samuel	Lephard	u15B	Bingley Harriers	00:13:06	10
0585	Francesca	Bagot	u15B	Settle	00:13:26	11
0437	Stan	Marston	u15B	Helm Hill	00:13:31	12
0015	Aaron	Richardson	u15B	Helm Hill	00:13:48	13
0824	Tristan	Rennie	u15B	Settle Harriers	00:17:18	14



U17 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0403	Millie	Jebb	u17G	Helm Hill Runners	00:14:33	1
0316	Isla	Pearman	u17G	Helm hill	00:15:23	2
0439	Holly	Fitch	u17G	Wharfedale Harriers	00:16:26	3
0394	Tess	Evans	u17G	Ambleside AC	00:16:35	4

U17 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0215	Will	Brayshaw	u17B	Helm Hill	00:12:59	1
0508	Zac	Jardine	u17B	KCAC	00:13:11	2
0309	Joseff	Tancrel	u17B	Helm Hill	00:13:34	3
0350	Joe	Hilborne	u17B	Helm Hill	00:13:40	4
0507	John	Williamson	u17B	Leven Valley Athletic Club	00:13:41	5
0294	Robbie	Watmough	u17B	Settle harriers	00:13:43	6
0502	Zeke	Sumner	u17B	Ambleside AC	00:13:45	7
0354	Joseph	Smith	u17B	Wharfedale harriers	00:14:39	8
0040	Fraser	Dunn	u17B	Helm Hill Runners	00:14:43	9
0117	Toby	Acland	u17B	Helm Hill Runners	00:14:53	10
0048	Alex	Speight	u17B	Helm Hill Runners	00:14:58	11
0583	Lucy	Bagot	u17B	Settle	00:17:35	12
0077	Zach	Thomas	u17B	Helm Hill	00:19:28	13

U21 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0121	Vicky	Woof	FU21	Howgill Harriers	0:39:47	1

U21 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0072	Oliver	Bailey	MU21	Staffordshire Moorlands AC	0:23:52	1
0476	James	Bowen	MU21	Ambleside AC	0:24:19	2
0267	Sonny	Ashton fitch	MU21	settle harriers	0:25:54	3
0416	Tom	Ward	MU21	Helm Hill	0:30:14	4

OVERALL WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0315	Lizzy	Allison	FSEN	Settle Harriers	0:27:31	1
0155	Rosie	Parkinson	FSEN	Helm Hill Runners	0:30:10	2
0364	Emma	Kearsey	FSEN	Helm Hill Runners	0:30:27	3
0501	Charlotte	Seward	FSEN	Unaffiliated	0:32:19	4
0249	Leanne	Scott	FV40	Leven valley	0:32:22	5
0497	Gemma	Lane	FSEN	Eden	0:32:25	6
0335	Rhiannon	Page	FV40	Lonsdale Fell Runners	0:32:30	7
0275	Jane	Reedy	FV40	Ambleside AC	0:33:02	8
0419	Emma	Shawcross	FV40	Ambleside AC	0:33:11	9
0103	Sophie	Fosker	FV40	Bowland Fell Runners	0:33:14	10
0667	Catherine	Houston	FV40	Helm Hill	0:33:38	11
0051	Corrin	Stock	FSEN	Helm Hill	0:33:50	12
0656	Steph	Jones	FV40	Ambleside ac	0:33:56	13
0616	Amy	Pearman	FV40	Helm Hill	0:34:01	14
0844	Emma	Fairley	FSEN		0:34:25	15
0363	Esther	Lambert	FSEN	Helm Hill	0:34:33	16
0374	Jayne	Rigby	FV40	Helm hill	0:34:35	17
0069	Natasha	Geere	FV50	Spennorth	0:34:38	18
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:35:13	19
0010	Jo	Cater	FV50	Helm Hill	0:35:36	20
0025	Katie	Milburn	FV40	Eden Runners	0:35:40	21
0572	Maria	Hearn	FV40	Helm	0:36:04	22
0211	Beth	Evans	FSEN	Settle Harriers	0:36:16	23
0392	Lauren	Davies	FSEN	Helm hill	0:36:20	24
0843	Catherine	Speakman	FV40	Settle Harriers	0:36:43	25
0806	Alison	Eagle	FV60	Upper Wharfedale Runners	0:37:18	26
0098	Liz	Whitfield	FV40	Helm Hill	0:37:29	27
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:38:09	28

0511	Vicky	Kirkwood	FV50	Dallam	0:38:18	29
0554	Laurs	Boyd	FV40	Settle Harriers	0:38:25	30
0297	Helen	Greenep	FV50	Settle Harriers	0:38:29	31
0287	Olivia	Hawkins	FV40	Settle Harriers	0:38:43	32
0377	Fliss	Milner	FV60	Helm Hill	0:39:06	33
0292	Julia	Murfin	FV50	Settle Harriers	0:39:24	34
0468	Libby	Dixon	FV40	Ambleside AC	0:39:30	35
0464	Lucy	Zaboklicka	FV40	Furness Fell Runners	0:39:33	36
0036	Vicky	Atkinson	FV50	Helm Hill	0:39:43	37
0121	Vicky	Woof	FU21	Howgill Harriers	0:39:47	38
0443	Paula	Bowen	FV50	Ambleside AC	0:39:55	39
0199	Wendy	Dodds	FV70	Dallam Running Club	0:39:59	40
0162	Caroline	White	FSEN	Helm Hill	0:40:04	41
0365	Vicki	Sherrington	FV50	Helm Hill	0:40:36	42
0854	Carol	Life	FV50	Clayton-Le-Moors	0:41:02	43
0370	Jo	Taylor	FV60	Bowland FR	0:42:42	44
0590	Katy	Thompson	FV70	Clayton le Moors Harriers	0:43:11	45
0715	Veronica	Waller	FV50	Dallam	0:43:19	46
0679	Anna	Stevens	FV50	Helm Hill	0:44:32	47
0075	Katharine	Shrine	FV40	Helm Hill	0:45:05	48
0223	Jayne	Scott	FV50	Helm Hill	0:46:06	49
0432	Angela	Burley	FV60	Helm Hill	0:46:45	50
0874	Naomi	Jones	FV40		0:46:59	51
0308	Alison	Tancrel	FV50	Helm Hill	0:47:33	52
0291	Miriam	Burton	FV40	Settle Harriers	0:48:17	53
0023	Sonia	Woods	FV50	Bowland Fell Runners	0:48:24	54
0293	Jill	Gates	FV60	Settle Harriers	0:49:42	55
0126	Victoria	McGarry	FV50	Helm Hill Runners	0:51:12	56
0153	Caroline	Holden	FV50	Helm Hill	1:00:49	57

OVERALL MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0065	Sam	Burnstone	MSEN	Helm Hill	0:23:40	1
0073	Simon	Bailey	MV40	Staffordshire Moorlands AC	0:23:49	2
0072	Oliver	Bailey	MU21	Staffordshire Moorlands AC	0:23:52	3
0035	Peter	Stock	MSEN	Helm Hill	0:24:04	4
0472	Mark	McGoldrick	MV40	Settle Harriers	0:24:05	5
0476	James	Bowen	MU21	Ambleside AC	0:24:19	6
0298	Matthew	Fretwell	MSEN	Settle Harriers	0:24:49	7
0552	Felix	Barker	MSEN	Ambleside AC	0:25:03	8
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:25:22	9
0629	Gary	Gregory	MV40	Helm hill	0:25:25	10
0278	Andy	Fidrmuc	MSEN		0:25:35	11
0633	Ross	Bibby	MV40	Helm Hill	0:25:45	12
0267	Sonny	Ashton fitch	MU21	settle harriers	0:25:54	13
0290	Zach	Jennings	MSEN	Settle Harriers	0:26:02	14
0588	Michael	Barron	MSEN	Ambleside	0:26:07	15
0506	Jethro	Whitfield	MV40		0:26:09	16
0832	Joseph	Dunn	MV40	Settle Harriers	0:26:12	17
0085	James	Parsons	MV40	Helm Hill	0:26:23	18
0529	James	Byrne	MV40	Ambleside AC	0:26:43	19
0725	Alistair	Hanna	MSEN	Howgill Harrier	0:27:45	20
0246	Ross	Butler	MV40	Keswick AC	0:27:47	21
0326	Scott	Newburn	MV40	None	0:27:49	22
0658	Jack	Wilcock	MSEN	St Orth	0:27:51	23
0045	Jack	Waterhouse	MSEN	Helm Hill	0:28:06	24
0446	James	Pell	MSEN	Helm Hill	0:28:24	25
0307	Justin	Tancrel	MV40	Helm Hill	0:28:41	26
0734	James	Cater	MV50	Helm Hill	0:29:11	27
0680	Martin	Barnes	MSEN	Helm hill	0:29:33	28

0759	Steve	Devlin	MV40	Swaledale runners	0:29:42	29
0064	Matthew	Swallow	MSEN		0:29:49	30
0349	Luke	Appleyard	MV40	Wharfedale	0:29:54	31
0630	Adam	Oliver	MV40	Helm Hill	0:29:58	32
0747	Mike	Berners-Lee	MV50	Helm Hill	0:30:04	33
0161	Peter	German	MV40	Helm Hill	0:30:06	34
0416	Tom	Ward	MU21	Helm Hill	0:30:14	35
0820	Tom	Batty	MSEN	N/A	0:30:17	36
0575	Alistair	Hearn	MV50	Helm	0:30:23	37
0421	Alistair	Shawcross	MV40	Dallam	0:30:53	38
0757	Rob	Porteous	MV40	Bingley	0:31:01	39
0600	James	Edwards	MV40	Dallam	0:31:03	40
0841	Ralph	Baines	MV50	Clayton	0:31:07	41
0740	Pete	Bagnall	MV50	Settle Harriers	0:31:10	42
0198	Mark	Rogerson	MV40	Settle harriers	0:31:24	43
0514	Peter	Lawson	MSEN	Howgill Harriers	0:31:28	44
0819	Andrew	Priory	MV50	Clayton le Moors Harriers	0:31:30	45
0869	Andy	Roberts	MV40	Settle Harriers	0:31:31	46
0873	Sam	Hart	MV40	Settle Harriers	0:31:33	47
0206	Paul	Revell	MV60	FRA	0:31:43	48
0614	Paul	Atkinson	MV40	None	0:31:51	49
0870	Matt	Hollows	MV40	Dallam	0:31:54	50
0054	Ray	Gill	MV60	Helm Hill	0:32:07	51
0011	James	Bellarby	MV50	Bowland Fell Runners	0:32:10	52
0289	Pete	Marston	MV40	Helm Hill	0:32:13	53
0217	Tom	Matthew	MV50	Bowland	0:32:17	54
0851	Alan	Life	MV50	Clayton-Le-Moors	0:32:45	55
0587	Rob	Bagot	MV40	Settle	0:32:50	56
0522	Tom	Wilcox	MSEN	Helm Hill	0:33:06	57
0599	Paul	Trott	MV50	Helm Hill	0:33:26	58



0078	Ian	Thomas	MV50		0:33:52	59
0532	Graham	Beaumont	MV60	Dallam	0:33:54	60
0748	Jack	Taylor	MSEN		0:34:06	61
0494	Andy	Ward	MV40	Settle Harriers	0:34:11	62
0550	Roger	Laycock	MV60	Settle Harriers	0:34:19	63
0311	Joe	Curran	MV60	Accrington Road Runners	0:34:27	64
0220	Chris	Green	MV40	Ambleside AC	0:34:29	65
0852	Tim	Roe	MV40	Helm Hill	0:34:58	66
0520	Jonathan	Tombs	MV50	Eden Runners	0:35:07	67
0547	Ben	Lane	MSEN		0:35:29	68
0196	Stuart	Lockton	MV60	Helm Hill Runners	0:35:34	69
0067	Simon	Thomas	MV40	Eden Runners	0:35:54	70
0628	Nicholas	Hutchinson	MV50	Hyndburn AC	0:35:57	71
0195	Tony	Murray	MV40	Leven Valley	0:36:10	72
0286	Chris	Moore	MV40	Leven Valley AC	0:36:13	73
0813	Mark	Cropper	MV40	Helm Hill	0:36:32	74
0296	Mike	Benson	MV60	Settle Harriers	0:36:44	75
0646	Richard	Briscoe	MV40	Clayton-le-Moors Harriers	0:36:46	76
0208	Mark	Cottam	MSEN	None	0:36:49	77
0413	Mark	Charnley	MV50	Settle Harriers	0:37:03	78
0001	David	Appleyard	MV60	Helm Hill	0:37:09	79
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:37:27	80
0128	Tim	Field	MV50	Helm Hill Runners	0:37:36	81
0050	Colin	Valentine	MV60	Keswick	0:37:46	82
0624	Max	Nicholson	MSEN		0:37:55	83
0261	William	Buckton	MSEN	Skipton AC	0:38:12	84
0528	Andy	Evans	MV60	Settle Harriers	0:38:22	85
0687	Charles	Hallett	MSEN	Swinton Running Club	0:38:27	86
0881	David	Ashton	MV60	Todmorden Harriers	0:38:34	87
0234	Stuart	Bell	MV60	Kendal AAC	0:38:45	88

0369	John	Taylor	MV70	Bowland FR	0:40:16	89
0362	Ian	Oakey	MV50	Settle Harriers	0:41:09	90
0591	Clive	Hodgson	MV60	Bowland Fell Runners	0:41:34	91
0265	Trevor	Metcalfe	MV70	Wharfedale Harriers	0:50:52	92
0366	David	Rosen	MV70	Lancaster & Morecambe AC	1:00:22	93

FV40 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0249	Leanne	Scott	FV40	Leven valley	0:32:22	1
0335	Rhiannon	Page	FV40	Lonsdale Fell Runners	0:32:30	2
0275	Jane	Reedy	FV40	Ambleside AC	0:33:02	3
0419	Emma	Shawcross	FV40	Ambleside AC	0:33:11	4
0103	Sophie	Fosker	FV40	Bowland Fell Runners	0:33:14	5
0667	Catherine	Houston	FV40	Helm Hill	0:33:38	6
0656	Steph	Jones	FV40	Ambleside ac	0:33:56	7
0616	Amy	Pearman	FV40	Helm Hill	0:34:01	8
0374	Jayne	Rigby	FV40	Helm hill	0:34:35	9
0025	Katie	Milburn	FV40	Eden Runners	0:35:40	10
0572	Maria	Hearn	FV40	Helm	0:36:04	11
0843	Catherine	Speakman	FV40	Settle Harriers	0:36:43	12
0098	Liz	Whitfield	FV40	Helm Hill	0:37:29	13
0554	Laurs	Boyd	FV40	Settle Harriers	0:38:25	14
0287	Olivia	Hawkins	FV40	Settle Harriers	0:38:43	15
0468	Libby	Dixon	FV40	Ambleside AC	0:39:30	16
0464	Lucy	Zaboklicka	FV40	Furness Fell Runners	0:39:33	17
0075	Katharine	Shrine	FV40	Helm Hill	0:45:05	18
0874	Naomi	Jones	FV40		0:46:59	19
0291	Miriam	Burton	FV40	Settle Harriers	0:48:17	20

MV40 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0073	Simon	Bailey	MV40	Staffordshire Moorlands AC	0:23:49	1
0472	Mark	McGoldrick	MV40	Settle Harriers	0:24:05	2
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:25:22	3
0629	Gary	Gregory	MV40	Helm hill	0:25:25	4
0633	Ross	Bibby	MV40	Helm Hill	0:25:45	5
0506	Jethro	Whitfield	MV40		0:26:09	6
0832	Joseph	Dunn	MV40	Settle Harriers	0:26:12	7
0085	James	Parsons	MV40	Helm Hill	0:26:23	8
0529	James	Byrne	MV40	Ambleside AC	0:26:43	9
0246	Ross	Butler	MV40	Keswick AC	0:27:47	10
0326	Scott	Newburn	MV40	None	0:27:49	11
0307	Justin	Tancred	MV40	Helm Hill	0:28:41	12
0759	Steve	Devlin	MV40	Swaledale runners	0:29:42	13
0349	Luke	Appleyard	MV40	Wharfedale	0:29:54	14
0630	Adam	Oliver	MV40	Helm Hill	0:29:58	15
0161	Peter	German	MV40	Helm Hill	0:30:06	16
0421	Alistair	Shawcross	MV40	Dallam	0:30:53	17
0757	Rob	Porteous	MV40	Bingley	0:31:01	18
0600	James	Edwards	MV40	Dallam	0:31:03	19
0198	Mark	Rogerson	MV40	Settle harriers	0:31:24	20
0869	Andy	Roberts	MV40	Settle Harriers	0:31:31	21
0873	Sam	Hart	MV40	Settle Harriers	0:31:33	22
0614	Paul	Atkinson	MV40	None	0:31:51	23
0870	Matt	Hollows	MV40	Dallam	0:31:54	24
0289	Pete	Marston	MV40	Helm Hill	0:32:13	25
0587	Rob	Bagot	MV40	Settle	0:32:50	26
0494	Andy	Ward	MV40	Settle Harriers	0:34:11	27
0220	Chris	Green	MV40	Ambleside AC	0:34:29	28

0852	Tim	Roe	MV40	Helm Hill	0:34:58	29
0067	Simon	Thomas	MV40	Eden Runners	0:35:54	30
0195	Tony	Murray	MV40	Leven Valley	0:36:10	31
0286	Chris	Moore	MV40	Leven Valley AC	0:36:13	32
0813	Mark	Cropper	MV40	Helm Hill	0:36:32	33
0646	Richard	Briscoe	MV40	Clayton-le-Moors Harriers	0:36:46	34
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:37:27	35

FV50 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0069	Natasha	Geere	FV50	Spensorborough	0:34:38	1
0010	Jo	Cater	FV50	Helm Hill	0:35:36	2
0511	Vicky	Kirkwood	FV50	Dallam	0:38:18	3
0297	Helen	Greenep	FV50	Settle Harriers	0:38:29	4
0292	Julia	Murfin	FV50	Settle Harriers	0:39:24	5
0036	Vicky	Atkinson	FV50	Helm Hill	0:39:43	6
0443	Paula	Bowen	FV50	Ambleside AC	0:39:55	7
0365	Vicki	Sherrington	FV50	Helm Hill	0:40:36	8
0854	Carol	Life	FV50	Clayton-Le-Moors	0:41:02	9
0715	Veronica	Waller	FV50	Dallam	0:43:19	10
0679	Anna	Stevens	FV50	Helm Hill	0:44:32	11
0223	Jayne	Scott	FV50	Helm Hill	0:46:06	12
0308	Alison	Tancred	FV50	Helm Hill	0:47:33	13
0023	Sonia	Woods	FV50	Bowland Fell Runners	0:48:24	14
0126	Victoria	McGarry	FV50	Helm Hill Runners	0:51:12	15
0153	Caroline	Holden	FV50	Helm Hill	1:00:49	16

MV50 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0734	James	Cater	MV50	Helm Hill	0:29:11	1
0747	Mike	Berners-Lee	MV50	Helm Hill	0:30:04	2
0575	Alistair	Hearn	MV50	Helm	0:30:23	3
0841	Ralph	Baines	MV50	Clayton	0:31:07	4
0740	Pete	Bagnall	MV50	Settle Harriers	0:31:10	5
0819	Andrew	Priory	MV50	Clayton le Moors Harriers	0:31:30	6
0011	James	Bellarby	MV50	Bowland Fell Runners	0:32:10	7
0217	Tom	Matthew	MV50	Bowland	0:32:17	8
0851	Alan	Life	MV50	Clayton-Le-Moors	0:32:45	9
0599	Paul	Trott	MV50	Helm Hill	0:33:26	10
0078	Ian	Thomas	MV50		0:33:52	11
0520	Jonathan	Tombs	MV50	Eden Runners	0:35:07	12
0628	Nicholas	Hutchinson	MV50	Hyndburn AC	0:35:57	13
0413	Mark	Charnley	MV50	Settle Harriers	0:37:03	14
0128	Tim	Field	MV50	Helm Hill Runners	0:37:36	15
0362	Ian	Oakey	MV50	Settle Harriers	0:41:09	16

FV60 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:35:13	1
0806	Alison	Eagle	FV60	Upper Wharfedale Runners	0:37:18	2
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:38:09	3
0377	Fliss	Milner	FV60	Helm Hill	0:39:06	4
0370	Jo	Taylor	FV60	Bowland FR	0:42:42	5
0432	Angela	Burley	FV60	Helm Hill	0:46:45	6
0293	Jill	Gates	FV60	Settle Harriers	0:49:42	7



MV60 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0206	Paul	Revell	MV60	FRA	0:31:43	1
0054	Ray	Gill	MV60	Helm Hill	0:32:07	2
0532	Graham	Beaumont	MV60	Dallam	0:33:54	3
0550	Roger	Laycock	MV60	Settle Harriers	0:34:19	4
0311	Joe	Curran	MV60	Accrington Road Runners	0:34:27	5
0196	Stuart	Lockton	MV60	Helm Hill Runners	0:35:34	6
0296	Mike	Benson	MV60	Settle Harriers	0:36:44	7
0001	David	Appleyard	MV60	Helm Hill	0:37:09	8
0050	Colin	Valentine	MV60	Keswick	0:37:46	9
0528	Andy	Evans	MV60	Settle Harriers	0:38:22	10
0881	David	Ashton	MV60	Todmorden Harriers	0:38:34	11
0234	Stuart	Bell	MV60	Kendal AAC	0:38:45	12
0591	Clive	Hodgson	MV60	Bowland Fell Runners	0:41:34	13

FV70 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0199	Wendy	Dodds	FV70	Dallam Running Club	0:39:59	1
0590	Katy	Thompson	FV70	Clayton le Moors Harriers	0:43:11	2

MV70 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0369	John	Taylor	MV70	Bowland FR	0:40:16	1
0265	Trevor	Metcalfe	MV70	Wharfedale Harriers	0:50:52	2
0366	David	Rosen	MV70	Lancaster & Morecambe AC	1:00:22	3