



Supported By
Different Strokes
and
Pete Bland Sports



Cunswick - Results 6 March 2022						
Senior Race						
Position	First Name	Surname	Cat	Time	Club	Comments
1	Tim	Lamont	Man	28:54	Helm Hill	1st Man
2	Charlie	Allmond	MU21	29:22	Ambleside AC	2nd Man/1st MU21
3	Ben	Grayson	Man	31:42	Eden Runners	3rd Man
4	Dylan	Cater	MU21	32:00	Helm Hill	
5	Brian	Pennington	MV40	32:06	Howgill Harriers	1st MV40
6	Sam	Burnstone	Man	32:13	Helm Hill	
7	Andy	F	Man	32:31		
8	Alastair	Dunn	MV40	33:02	Helm Hill Runners	
9	Daniel	Clarke	Man	33:23	Bowland FR	
10	Eric	Beaumont	MU21	33:30	KCAC	
11	Tom	Gibson	Man	33:30		
12	Mike	Holcroft	Man	33:44	Helm Hill	
13	David	Goadby	Man	33:52	Helm Hill	
14	Jethro	Whitfield	MV40	33:59	Wharfedale harriers	
15	William	Laye	Man	34:26	Helm Hill	
16	James	Baron	MV50	34:37	Helm Hill	1st MV50
17	Jacob	Dyer	MV50	35:01	Helm Hill	
18	Niklas	Kox	MU21	35:01	Helm Hill Runners	
19	Padraig	Spillane	Man	35:14		
20	Ronnie	Haddow	MV50	35:17	Furness Fell Runners	
21	Ross	Butler	MV40	35:21	Keswick AC	
22	James	Bailey	MV40	35:47	Leven Valley AC	
23	Paul	Dugdale	MV50	35:55	Helm Hill Runners	
24	Alex	Holme	MU21	36:07	Helm Hill	
25	Adam	Scott	MU21	36:11	Helm Hill Runners	
26	Sam	Almond	MU21	36:14		
27	James	Maher	Man	36:19	Furness Fell Runners	
28	Mark	Brightwell	MV40	36:34	Helm Hill	
29	Tim	Pickering	Man	36:43	Helm Hill	
30	Andrew	Douglas	MV40	37:03	Helm Hill	
31	Sharon	Dixon	LV50	37:43	Glaxo Hoad Hill Harriers	1st Lady/1st LV50
32	Seren	Darrell	Man	37:49	Helm Hill	
33	Peter	Lawson	Man	37:57	Howgill Harriers	
34	Alice	Rea	Lady	38:09	Helm Hill	2nd Lady
35	Daz	Slater	MV40	38:19	Ambleside AC	
36	Ben	Fidrmuc	Man	38:22	Kendal AAC	
37	Simon	Wright	MV50	38:33	Bingley Harriers	
38	Amy	Boustead	Lady	38:43	Helm Hill	3rd Lady
39	Ray	Gill	MV60	39:04	Helm Hill Runners	1st MV60
40	Richard	Timms	MV50	39:26	Settle Harriers	
41	Michael	Toman	MV50	39:29	Accrington Road Runners	
42	Graham	Beaumont	MV60	39:36	Dallam	
43	Sally	Braithwaite	Lady	39:38	Eden Runners	
44	Mark	Cropper	MV40	40:11	Helm Hill	

45	Jake	Hewins	Man	40:14		
46	Emma	Kearsey	Lady	40:27	Helm Hill Runners	
47	Ruth	Bell	Lady	41:02	Helm Hill	
48	Brian	Thompson	MV60	41:14	Helm Hill Runners	
49	Caroline	Holden	LV50	41:17	Helm Hill	
50	Dylan	Kenny	MU21	41:21		
51	Harry	Perkin	Man	41:30		
52	Oliver	Potts	MU21	41:34		
53	Rebecca	Gledhill	Lady	41:36	Black Combe	
54	John	Osborne	MV50	41:46	Settle Harriers	
55	Jonathan	Tombs	MV50	41:59	Eden Runners	
56	Lucie-Ellen	Todhunter	LV40	42:04	Helm Hill	1st LV40
57	Leah	Albion	Lady	42:47	Broughton Runners	
58	Tim	Murray	MV60	42:55	Helm Hill Runners	
59	Andy	Bennett	MV50	43:01	Helm Hill	
60	Katie	Milburn	Lady	43:05	Eden Runners	
61	Liz	Whitfield	LV40	43:12	Helm Hill Runners	
62	Catherine	Houston	LV40	43:15	Helm Hill	
63	Steve	Wathall	MV60	43:20	Black Combe Runners	
64	Andy	Brighouse	Man	43:28	Howgill Harriers	
65	Matt	Davis	MV40	43:49	Howgill Harriers	
66	Stephen	Carr	MV60	44:13		
67	Miriam	Gordon	Lady	44:15		
68	Stefan	Bradley	MV40	44:29		
69	Andy	Ward	MV40	44:30	Settle Harriers	
70	Leanne	Scott	LV40	44:30	Leven Valley	
71	Ali	Welsh	MV60	44:39	Bowland Fellrunners	
72	Rebecca	Cook	Lady	44:54	Furness Fell Runners	
73	Steve	King	MV50	45:18	Helm Hill Runners	
74	David	Hunter	MV50	45:25	Helm Hill	
75	Rowan	Ranner	LV40	45:36	Helm Hill	
76	John	Orrell	MV50	45:40	Blackburn Harriers	
77	Jen	Henry	Lady	46:05		
78	Peter	Ellwood	MV50	46:26	Settle Harriers	
79	Michael	Benson	MV60	46:31	Settle Harriers	
80	Mark	Charnley	MV40	46:38	Settle Harriers	
81	Jo	Cater	LV50	46:49	Helm Hill	
82	Allan	Miller	MV60	47:09		
83	Esther	Lambert	Lady	47:16	Helm Hill	
84	Anna	Gordon	Lady	47:19		
85	Kelly Jo	Tinkler	Lady	47:22		
86	Maria	Hearn	LV40	47:39	Helm Hill	
87	Kate	Brayshaw	LV40	47:48	Helm Hill	
88	Andy	Holme	MV50	48:13	Helm Hill	
89	Vicky	Kirkwood	LV50	48:32	Dallam	
90	Sarah	Senior	LV50	48:36	Helm Hill	
91	Daniel	Rayson	MV50	48:39		
92	Angela	Watson	FV40	48:48	Eden Runners	
93	Judith	Marshall	LV40	49:20	Settle harriers	
94	Mike	Walsh	MV70	49:22	Kendal AAC	1st MV70
95	Lynn	Whittaker	LV60	49:25	Wharfedale Harriers	1st LV60
96	Keith	Masser	MV60	49:38		
97	Vicky	Atkinson	LV40	49:50	Helm Hill	
98	May	Crawford	LV40	50:15	Helm Hill	
99	Justine	Carruthers	LV50	50:24	Eden Runners	
100	Matt	Atkinson	MV40	50:30		
101	Jo	Taylor	LV50	51:09	Bowland FR	

102	Denise	Tunstall	LV50	51:24	Durham Fell Runners	
103	Vicki	Sherrington	LV50	51:30	Helm Hill	
104	Iain	Crossley	MV60	51:38	Settle Harriers	
105	Ruth	Lamont	Lady	51:51	Helm Hill	
106	Colin	Valentine	MV60	52:30	Keswick AC	
107	John	Taylor	MV70	53:12	Bowland FR	
108	Veronica	Waller	LV50	53:44	Dallam	
109	Louise	Dunn	LV60	54:27		
110	Katharine	Shrine	LV40	54:58		
111	Anna	Stevens	LV50	55:43	Helm Hill	
112	Max	Butler	MU21	58:19		
113	Sonja	Vietoris	LV60	58:24	Dallam Running Club	
114	Trevor	Metcalfe	MV70	1:00:03	Wharfedale Harriers	
115	Alison	Almond	LV50	1:00:36		
116	Jill	Gates	LV60	1:01:47	Settle Harriers	
117	Rachel	Brummitt	LV40	1:03:09	Settle Harriers	
118	Kristian	Clayton	MV40	1:11:25	Wharfedale Harriers	
DNF	Rob	Mortimore	MV40	DNF	Helm Hill	

Under 17 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jess	Bailey	Girl	18:32	Leven Valley AC	1st Girl
2	Max	Hazlehurst	Boy	19:15	Levens Valley AC	1st Boy
3	Oliver	Oldham	Boy	19:59	Leven Valley AC	2nd Boy
4	Logan	Mccredie	Boy	20:45	Barlick Fell Runners	3rd Boy
5	Olivia	Aldham	Girl	21:26	Wharfedale Harriers	2nd Girl
6	Edward	Jermy	Boy	22:38		
7	Sarah	Smith	Girl	22:45	Helm Hill	3rd Girl
8	Vicky	Woof	Girl	25:35	Howgill Harriers	
9	Connie-May	Scott	Girl	26:40	Helm Hill Runners	

Under 15 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jack	Sanderson	Boy	13:11	Settle Harriers	1st Boy
2	Noah	Wadsworth	Boy	13:36	Helm Hill	2nd Boy
3	Alfie	Addison	Boy	13:42	Helm Hill	3rd Boy
4	Ewen	Wilkinson	Boy	13:53	Keighley & Craven AC	
5	Joe	Hilborne	Boy	14:09		
6	Oliver	Ball	Boy	14:27	Bowland Fell Runners	
7	Josh	Todd	Boy	14:38	Ambleside AC	
8	John	Williamson	Boy	14:39	Leven Valley AC	
9	Will	Brayshaw	Boy	14:39	Helm Hill	
10	Toby	Acland	Boy	14:40	Helm Hill	
11	Robbie	Watmough	Boy	14:41	Settle harriers	
12	Alfie	Todd	Boy	14:56	Ambleside AC	
13	Joseff	Tancrel	Boy	15:03	Helm Hill	
14	Zeke	Sumner	Boy	15:16	Ambleside AC	
15	Alex	Speight	Boy	15:24	Kendal AAC	
16	Izzy	Wright	Girl	15:29	Keighley & Craven AC	1st Girl
17	Lara	Smith	Girl	15:42	Helm Hill	2nd Girl
18	Ben	Todhunter	Boy	16:01	Dallam	
19	Millie	Jebb	Girl	16:11	Helm Hill Runners	3rd Girl
20	Isla	Pearman	Girl	16:12	Helm Hill	
21	Fraser	Dunn	Boy	16:43	Helm Hill Runners	
22	Iona	Barrowdale-	Girl	16:50	Leven Valley AC	
23	Harvey	Shaw	Boy	17:04	Ambleside AC	
24	Lucy	Bagot	Girl	17:06	Settle	
25	Madeleine	Martindale	Girl	17:17	Helm Hill	
26	Ellie	Todhunter	Girl	17:19	Dallam	
27	Thomas	Hearn	Boy	17:25	Helm Hill	
28	Ellen	Douglas	Girl	17:28	Leven Valley	
29	Mack	Bagnall	Boy	17:30	Settle Harriers	
30	Isabel	Sanderson	Girl	17:41	Helm Hill	
31	Eve	Briffett	Girl	18:04	Dallam Running Club	
32	Isabelle	Teal	Girl	18:13	Wharfedale Harriers	
33	Emily	Macpherson	Girl	18:18	Bowland FR	
34	Lily-Grace	Clayton	Girl	18:23	Wharfedale Harriers	
35	Tess	Evans	Girl	18:31	Ambleside AC	
36	Bridget	Atkinson	Girl	19:13	Howgill	
37	Hannah	Dyer	Girl	19:15	Helm Hill	
38	Charlie	Ellwood	Boy	21:06	Settle	

Under 13 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Cooper	Wadsworth	Boy	08:06	Helm Hill	1st Boy
2	Riley	Scott	Boy	08:12	Leven Valley	2nd Boy
3	Sam	Oldham	Boy	08:51	Leven Valley AC	3rd Boy
4	Oliver	Scott	Boy	08:53	Leven Valley	
5	Joseph	Green	Boy	08:54	Ambleside AC	
6	Dougal	Houston	Boy	08:57	Helm Hill	
7	Joseph	Cook	Boy	08:58	Furness Fell Runners	
8	Bella	Mccredie	Girl	08:59	Clayton-le-Moor Harriers	1st Girl
9	Lily	Slater	Girl	09:10	Ambleside AC	2nd Girl
10	Demitri	Kyriacou	Boy	09:10	Leven Valley AC	
11	Ben	Brummitt	Boy	09:11	Settle Harriers	
12	Jack	Moon	Boy	09:11	Helm Hill	
13	Carl	Sanderson	Boy	09:18	Settle Harriers	
14	Isla	Jebb	Girl	09:19	Helm Hill Runners	3rd Girl
15	Arran	Goodall	Boy	09:26	Dallam	
16	Holly	Nicholls	Girl	09:35	Rosendale AC	
17	Ghyll	Baker	Boy	09:37	Helm Hill Runners	
18	Holly	Nicholls	Girl	09:44	Wigan & District Harriers	
19	Francesca	Bagot	Girl	10:22	Settle	
20	Amelia	Gardner	Girl	10:23	Kendal Athletics	
21	William	Gornall	Boy	10:34		
22	F	Darcy	Boy	11:13	Ambleside AC	
23	Isla	Douglas	Girl	11:25	Helm Hill	

Under 11 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harri	Tancrel	Boy	08:07	Helm Hill	1st Boy
2	Noah	Cook	Boy	08:09	Furness Fell Runners	2nd Boy
3	Harry	Mason	Boy	09:06		3rd Boy
4	Ben	Hollows	Boy	09:23	Dallam	
5	Jos	Jebb	Boy	09:28	Helm Hill Runners	
6	James	Skeldon	Boy	09:32	Settle Harriers	
7	Kit	Evans	Boy	09:43	Ambleside AC	
8	Jonty	Brodie	Boy	09:48	Helm Hill	
9	Mila	Barron	Girl	09:52	Ambleside AC	1st Girl
10	Lewis	Dalton	Boy	10:17	Helm Hill	
11	Sam	Jackson	Boy	10:28		
12	Lucy	Ward	Girl	10:52	Settle Harriers	2nd Girl
13	Maisie	Todhunter	Girl	11:07	Dallam	3rd Girl
14	Harry	Hearn	Boy	11:07	Helm Hill	
15	Kitty	Metcalfe	Girl	11:08		
16	Freya	Hodgson-Jo	Girl	11:13	Ambleside AC	
17	Alice	Briffett	Girl	11:23	Dallam Running Club	
18	Oliver	Shannon	Boy	11:28	Helm Hill Runners	
19	Rona	Houston	Girl	11:32	Helm Hill	
20	Euan	Goodall	Boy	12:04	Dallam	
21	Lana	Fosker	Girl	12:20		
22	Evie	Capstick	Girl	12:34	Helm Hill	
23	Sandy	Whiteley	Boy	13:51		
24	Aart	Whiteley	Boy	13:51	Helm Hill	
DNF	Izzy	Leigh	Girl	DNF	Helm Hill	

Cunswick 2022 Category Results

ALL SENIOR MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Tim	Lamont	Man	28:54	Helm Hill	1st Man
2	Charlie	Allmond	MU21	29:22	Ambleside AC	2nd Man/1st MU21
3	Ben	Grayson	Man	31:42	Eden Runners	3rd Man
4	Dylan	Cater	MU21	32:00	Helm Hill	
5	Brian	Pennington	MV40	32:06	Howgill Harriers	1st MV40
6	Sam	Burnstone	Man	32:13	Helm Hill	
7	Andy	F	Man	32:31		
8	Alastair	Dunn	MV40	33:02	Helm Hill Runners	
9	Daniel	Clarke	Man	33:23	Bowland FR	
10	Eric	Beaumont	MU21	33:30	KCAC	
11	Tom	Gibson	Man	33:30		
12	Mike	Holcroft	Man	33:44	Helm Hill	
13	David	Goadby	Man	33:52	Helm Hill	
14	Jethro	Whitfield	MV40	33:59	Wharfedale harriers	
15	William	Laye	Man	34:26	Helm Hill	
16	James	Baron	MV50	34:37	Helm Hill	1st MV50
17	Jacob	Dyer	MV50	35:01	Helm Hill	
18	Niklas	Kox	MU21	35:01	Helm Hill Runners	
19	Padraig	Spillane	Man	35:14		
20	Ronnie	Haddow	MV50	35:17	Furness Fell Runners	
21	Ross	Butler	MV40	35:21	Keswick AC	
22	James	Bailey	MV40	35:47	Leven Valley AC	
23	Paul	Dugdale	MV50	35:55	Helm Hill Runners	
24	Alex	Holme	MU21	36:07	Helm Hill	
25	Adam	Scott	MU21	36:11	Helm Hill Runners	
26	Sam	Almond	MU21	36:14		
27	James	Maher	Man	36:19	Furness Fell Runners	
28	Mark	Brightwell	MV40	36:34	Helm Hill	
29	Tim	Pickering	Man	36:43	Helm Hill	
30	Andrew	Douglas	MV40	37:03	Helm Hill	
31	Seren	Darrell	Man	37:49	Helm Hill	
32	Peter	Lawson	Man	37:57	Howgill Harriers	
33	Daz	Slater	MV40	38:19	Ambleside AC	
34	Ben	Fidrmuc	Man	38:22	Kendal AAC	
35	Simon	Wright	MV50	38:33	Bingley Harriers	
36	Ray	Gill	MV60	39:04	Helm Hill Runners	1st MV60
37	Richard	Timms	MV50	39:26	Settle Harriers	
38	Michael	Toman	MV50	39:29	Accrington Road Runners	
39	Graham	Beaumont	MV60	39:36	Dallam	
40	Mark	Cropper	MV40	40:11	Helm Hill	
41	Jake	Hewins	Man	40:14		
42	Brian	Thompson	MV60	41:14	Helm Hill Runners	
43	Dylan	Kenny	MU21	41:21		
44	Harry	Perkin	Man	41:30		
45	Oliver	Potts	MU21	41:34		
46	John	Osborne	MV50	41:46	Settle Harriers	
47	Jonathan	Tombs	MV50	41:59	Eden Runners	
48	Tim	Murray	MV60	42:55	Helm Hill Runners	
49	Andy	Bennett	MV50	43:01	Helm Hill	
50	Steve	Wathall	MV60	43:20	Black Combe Runners	
51	Andy	Brighouse	Man	43:28	Howgill Harriers	
52	Matt	Davis	MV40	43:49	Howgill Harriers	
53	Stephen	Carr	MV60	44:13		

54	Stefan	Bradley	MV40	44:29		
55	Andy	Ward	MV40	44:30	Settle Harriers	
56	Ali	Welsh	MV60	44:39	Bowland Fellrunners	
57	Steve	King	MV50	45:18	Helm Hill Runners	
58	David	Hunter	MV50	45:25	Helm Hill	
59	John	Orrell	MV50	45:40	Blackburn Harriers	
60	Peter	Ellwood	MV50	46:26	Settle Harriers	
61	Michael	Benson	MV60	46:31	Settle Harriers	
62	Mark	Charnley	MV40	46:38	Settle Harriers	
63	Allan	Miller	MV60	47:09		
64	Andy	Holme	MV50	48:13	Helm Hill	
65	Daniel	Rayson	MV50	48:39		
66	Mike	Walsh	MV70	49:22	Kendal AAC	1st MV70
67	Keith	Masser	MV60	49:38		
68	Matt	Atkinson	MV40	50:30		
69	Iain	Crossley	MV60	51:38	Settle Harriers	
70	Colin	Valentine	MV60	52:30	Keswick AC	
71	John	Taylor	MV70	53:12	Bowland FR	
72	Max	Butler	MU21	58:19		
73	Trevor	Metcalfe	MV70	1:00:03	Wharfedale Harriers	
74	Kristian	Clayton	MV40	1:11:25	Wharfedale Harriers	
DNF	Rob	Mortimore	MV40	DNF	Helm Hill	

MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Tim	Lamont	Man	28:54	Helm Hill	1st Man
2	Charlie	Allmond	MU21	29:22	Ambleside AC	2nd Man/1st MU21
3	Ben	Grayson	Man	31:42	Eden Runners	3rd Man
4	Dylan	Cater	MU21	32:00	Helm Hill	
5	Sam	Burnstone	Man	32:13	Helm Hill	
6	Andy	F	Man	32:31		
7	Daniel	Clarke	Man	33:23	Bowland FR	
8	Eric	Beaumont	MU21	33:30	KCAC	
9	Tom	Gibson	Man	33:30		
10	Mike	Holcroft	Man	33:44	Helm Hill	
11	David	Goadby	Man	33:52	Helm Hill	
12	William	Laye	Man	34:26	Helm Hill	
13	Niklas	Kox	MU21	35:01	Helm Hill Runners	
14	Padraig	Spillane	Man	35:14		
15	Alex	Holme	MU21	36:07	Helm Hill	
16	Adam	Scott	MU21	36:11	Helm Hill Runners	
17	Sam	Almond	MU21	36:14		
18	James	Maher	Man	36:19	Furness Fell Runners	
19	Tim	Pickering	Man	36:43	Helm Hill	
20	Seren	Darrell	Man	37:49	Helm Hill	
21	Peter	Lawson	Man	37:57	Howgill Harriers	
22	Ben	Fidrmuc	Man	38:22	Kendal AAC	
23	Jake	Hewins	Man	40:14		
24	Dylan	Kenny	MU21	41:21		
25	Harry	Perkin	Man	41:30		
26	Oliver	Potts	MU21	41:34		
27	Andy	Brighouse	Man	43:28	Howgill Harriers	
28	Max	Butler	MU21	58:19		

MEN UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Charlie	Allmond	MU21	29:22	Ambleside AC	2nd Man/1st MU21
2	Dylan	Cater	MU21	32:00	Helm Hill	
3	Eric	Beaumont	MU21	33:30	KCAC	
4	Niklas	Kox	MU21	35:01	Helm Hill Runners	
5	Alex	Holme	MU21	36:07	Helm Hill	
6	Adam	Scott	MU21	36:11	Helm Hill Runners	
7	Sam	Almond	MU21	36:14		
8	Dylan	Kenny	MU21	41:21		
9	Oliver	Potts	MU21	41:34		
10	Max	Butler	MU21	58:19		

MEN - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Brian	Pennington	MV40	32:06	Howgill Harriers	1st MV40
2	Alastair	Dunn	MV40	33:02	Helm Hill Runners	
3	Jethro	Whitfield	MV40	33:59	Wharfedale harriers	
4	Ross	Butler	MV40	35:21	Keswick AC	
5	James	Bailey	MV40	35:47	Leven Valley AC	
6	Mark	Brightwell	MV40	36:34	Helm Hill	
7	Andrew	Douglas	MV40	37:03	Helm Hill	
8	Daz	Slater	MV40	38:19	Ambleside AC	
9	Mark	Cropper	MV40	40:11	Helm Hill	
10	Matt	Davis	MV40	43:49	Howgill Harriers	
11	Stefan	Bradley	MV40	44:29		
12	Andy	Ward	MV40	44:30	Settle Harriers	
13	Mark	Charnley	MV40	46:38	Settle Harriers	
14	Matt	Atkinson	MV40	50:30		
15	Kristian	Clayton	MV40	1:11:25	Wharfedale Harriers	
DNF	Rob	Mortimore	MV40	DNF	Helm Hill	

MEN - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	James	Baron	MV50	34:37	Helm Hill	1st MV50
2	Jacob	Dyer	MV50	35:01	Helm Hill	
3	Ronnie	Haddow	MV50	35:17	Furness Fell Runners	
4	Paul	Dugdale	MV50	35:55	Helm Hill Runners	
5	Simon	Wright	MV50	38:33	Bingley Harriers	
6	Richard	Timms	MV50	39:26	Settle Harriers	
7	Michael	Toman	MV50	39:29	Accrington Road Runners	
8	John	Osborne	MV50	41:46	Settle Harriers	
9	Jonathan	Tombs	MV50	41:59	Eden Runners	
10	Andy	Bennett	MV50	43:01	Helm Hill	
11	Steve	King	MV50	45:18	Helm Hill Runners	
12	David	Hunter	MV50	45:25	Helm Hill	
13	John	Orrell	MV50	45:40	Blackburn Harriers	
14	Peter	Ellwood	MV50	46:26	Settle Harriers	
15	Andy	Holme	MV50	48:13	Helm Hill	
16	Daniel	Rayson	MV50	48:39		

MEN - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Ray	Gill	MV60	39:04	Helm Hill Runners	1st MV60
2	Graham	Beaumont	MV60	39:36	Dallam	
3	Brian	Thompson	MV60	41:14	Helm Hill Runners	
4	Tim	Murray	MV60	42:55	Helm Hill Runners	
5	Steve	Wathall	MV60	43:20	Black Combe Runners	
6	Stephen	Carr	MV60	44:13		
7	Ali	Welsh	MV60	44:39	Bowland Fellrunners	
8	Michael	Benson	MV60	46:31	Settle Harriers	
9	Allan	Miller	MV60	47:09		
10	Keith	Masser	MV60	49:38		
11	Iain	Crossley	MV60	51:38	Settle Harriers	
12	Colin	Valentine	MV60	52:30	Keswick AC	

MEN - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Mike	Walsh	MV70	49:22	Kendal AAC	1st MV70
2	John	Taylor	MV70	53:12	Bowland FR	
3	Trevor	Metcalfe	MV70	1:00:03	Wharfedale Harriers	

ALL SENIOR LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sharon	Dixon	LV50	37:43	Glaxo Hoad Hill Harriers	1st Lady/1st LV50
2	Alice	Rea	Lady	38:09	Helm Hill	2nd Lady
3	Amy	Boustead	Lady	38:43	Helm Hill	3rd Lady
4	Sally	Braithwaite	Lady	39:38	Eden Runners	
5	Emma	Kearsey	Lady	40:27	Helm Hill Runners	
6	Ruth	Bell	Lady	41:02	Helm Hill	
7	Caroline	Holden	LV50	41:17	Helm Hill	
8	Rebecca	Gledhill	Lady	41:36	Black Combe	
9	Lucie-Ellen	Todhunter	LV40	42:04	Helm Hill	1st LV40
10	Leah	Albion	Lady	42:47	Broughton Runners	
11	Katie	Milburn	Lady	43:05	Eden Runners	
12	Liz	Whitfield	LV40	43:12	Helm Hill Runners	
13	Catherine	Houston	LV40	43:15	Helm Hill	
14	Miriam	Gordon	Lady	44:15		
15	Leanne	Scott	LV40	44:30	Leven Valley	
16	Rebecca	Cook	Lady	44:54	Furness Fell Runners	
17	Rowan	Ranner	LV40	45:36	Helm Hill	
18	Jen	Henry	Lady	46:05		
19	Jo	Cater	LV50	46:49	Helm Hill	
20	Esther	Lambert	Lady	47:16	Helm Hill	
21	Anna	Gordon	Lady	47:19		
22	Kelly Jo	Tinkler	Lady	47:22		
23	Maria	Hearn	LV40	47:39	Helm Hill	
24	Kate	Brayshaw	LV40	47:48	Helm Hill	
25	Vicky	Kirkwood	LV50	48:32	Dallam	
26	Sarah	Senior	LV50	48:36	Helm Hill	
27	Judith	Marshall	LV40	49:20	Settle harriers	
28	Lynn	Whittaker	LV60	49:25	Wharfedale Harriers	1st LV60
29	Vicky	Atkinson	LV40	49:50	Helm Hill	
30	May	Crawford	LV40	50:15	Helm Hill	
31	Justine	Carruthers	LV50	50:24	Eden Runners	
32	Jo	Taylor	LV50	51:09	Bowland FR	
33	Denise	Tunstall	LV50	51:24	Durham Fell Runners	
34	Vicki	Sherrington	LV50	51:30	Helm Hill	
35	Ruth	Lamont	Lady	51:51	Helm Hill	
36	Veronica	Waller	LV50	53:44	Dallam	
37	Louise	Dunn	LV60	54:27		
38	Katharine	Shrine	LV40	54:58		
39	Anna	Stevens	LV50	55:43	Helm Hill	
40	Sonja	Vietoris	LV60	58:24	Dallam Running Club	
41	Alison	Almond	LV50	1:00:36		
42	Jill	Gates	LV60	1:01:47	Settle Harriers	
43	Rachel	Brummitt	LV40	1:03:09	Settle Harriers	

LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Alice	Rea	Lady	38:09	Helm Hill	2nd Lady
2	Amy	Boustead	Lady	38:43	Helm Hill	3rd Lady
3	Sally	Braithwaite	Lady	39:38	Eden Runners	
4	Emma	Kearsey	Lady	40:27	Helm Hill Runners	
5	Ruth	Bell	Lady	41:02	Helm Hill	
6	Rebecca	Gledhill	Lady	41:36	Black Combe	
7	Leah	Albion	Lady	42:47	Broughton Runners	
8	Katie	Milburn	Lady	43:05	Eden Runners	
9	Miriam	Gordon	Lady	44:15		
10	Rebecca	Cook	Lady	44:54	Furness Fell Runners	
11	Jen	Henry	Lady	46:05		
12	Esther	Lambert	Lady	47:16	Helm Hill	
13	Anna	Gordon	Lady	47:19		
14	Kelly Jo	Tinkler	Lady	47:22		
15	Ruth	Lamont	Lady	51:51	Helm Hill	

LADIES UNDER 21						
Position	First Name	Surname	Cat	Time	Club	Comments

Position	First Name	Surname	Cat	Time	Club	Comments
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NO LADIES UNDER 21 ENTERED

LADIES - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Lucie-Ellen	Todhunter	LV40	42:04	Helm Hill	1st LV40
2	Liz	Whitfield	LV40	43:12	Helm Hill Runners	
3	Catherine	Houston	LV40	43:15	Helm Hill	
4	Leanne	Scott	LV40	44:30	Leven Valley	
5	Rowan	Ranner	LV40	45:36	Helm Hill	
6	Maria	Hearn	LV40	47:39	Helm Hill	
7	Kate	Brayshaw	LV40	47:48	Helm Hill	
8	Judith	Marshall	LV40	49:20	Settle harriers	
9	Vicky	Atkinson	LV40	49:50	Helm Hill	
10	May	Crawford	LV40	50:15	Helm Hill	
11	Katharine	Shrine	LV40	54:58		
12	Rachel	Brummitt	LV40	1:03:09	Settle Harriers	

LADIES - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sharon	Dixon	LV50	37:43	Glaxo Hoad Hill Harriers	1st Lady/1st LV50
2	Caroline	Holden	LV50	41:17	Helm Hill	
3	Jo	Cater	LV50	46:49	Helm Hill	
4	Vicky	Kirkwood	LV50	48:32	Dallam	
5	Sarah	Senior	LV50	48:36	Helm Hill	
6	Justine	Carruthers	LV50	50:24	Eden Runners	
7	Jo	Taylor	LV50	51:09	Bowland FR	
8	Denise	Tunstall	LV50	51:24	Durham Fell Runners	
9	Vicki	Sherrington	LV50	51:30	Helm Hill	
10	Veronica	Waller	LV50	53:44	Dallam	
11	Anna	Stevens	LV50	55:43	Helm Hill	
12	Alison	Almond	LV50	1:00:36		

LADIES - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Lynn	Whittaker	LV60	49:25	Wharfedale Harriers	1st LV60
2	Louise	Dunn	LV60	54:27		
3	Sonja	Vietoris	LV60	58:24	Dallam Running Club	
4	Jill	Gates	LV60	1:01:47	Settle Harriers	

LADIES - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
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NO LADIES - VET 70 ENTERED

UNDER 17 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Max	Hazlehurst	Boy	19:15	Levens Valley AC	1st Boy
2	Oliver	Oldham	Boy	19:59	Leven Valley AC	2nd Boy
3	Logan	Mccredie	Boy	20:45	Barlick Fell Runners	3rd Boy
4	Edward	Jermy	Boy	22:38		

UNDER 17 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jess	Bailey	Girl	18:32	Leven Valley AC	1st Girl
2	Olivia	Aldham	Girl	21:26	Wharfedale Harriers	2nd Girl
3	Sarah	Smith	Girl	22:45	Helm Hill	3rd Girl
4	Vicky	Woof	Girl	25:35	Howgill Harriers	
5	Connie-May	Scott	Girl	26:40	Helm Hill Runners	

UNDER 15 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Jack	Sanderson	Boy	13:11	Settle Harriers	1st Boy
2	Noah	Wadsworth	Boy	13:36	Helm Hill	2nd Boy
3	Alfie	Addison	Boy	13:42	Helm Hill	3rd Boy
4	Ewen	Wilkinson	Boy	13:53	Keighley & Craven AC	
5	Joe	Hilborne	Boy	14:09		
6	Oliver	Ball	Boy	14:27	Bowland Fell Runners	
7	Josh	Todd	Boy	14:38	Ambleside AC	
8	John	Williamson	Boy	14:39	Leven Valley AC	
9	Will	Brayshaw	Boy	14:39	Helm Hill	
10	Toby	Acland	Boy	14:40	Helm Hill	
11	Robbie	Watmough	Boy	14:41	Settle harriers	
12	Alfie	Todd	Boy	14:56	Ambleside AC	
13	Joseff	Tancrel	Boy	15:03	Helm Hill	
14	Zeke	Sumner	Boy	15:16	Ambleside AC	
15	Alex	Speight	Boy	15:24	Kendal AAC	
16	Ben	Todhunter	Boy	16:01	Dallam	
17	Fraser	Dunn	Boy	16:43	Helm Hill Runners	
18	Harvey	Shaw	Boy	17:04	Ambleside AC	
19	Thomas	Hearn	Boy	17:25	Helm Hill	
20	Mack	Bagnall	Boy	17:30	Settle Harriers	
21	Charlie	Ellwood	Boy	21:06	Settle	

UNDER 15 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Izzy	Wright	Girl	15:29	Keighley & Craven AC	1st Girl
2	Lara	Smith	Girl	15:42	Helm Hill	2nd Girl
3	Millie	Jebb	Girl	16:11	Helm Hill Runners	3rd Girl
4	Isla	Pearman	Girl	16:12	Helm Hill	
5	Iona	Barrowdale-	Girl	16:50	Leven Valley AC	
6	Lucy	Bagot	Girl	17:06	Settle	
7	Madeleine	Martindale	Girl	17:17	Helm Hill	
8	Ellie	Todhunter	Girl	17:19	Dallam	
9	Ellen	Douglas	Girl	17:28	Leven Valley	
10	Isabel	Sanderson	Girl	17:41	Helm Hill	
11	Eve	Briffett	Girl	18:04	Dallam Running Club	
12	Isabelle	Teal	Girl	18:13	Wharfedale Harriers	
13	Emily	Macpherson	Girl	18:18	Bowland FR	
14	Lily-Grace	Clayton	Girl	18:23	Wharfedale Harriers	
15	Tess	Evans	Girl	18:31	Ambleside AC	
16	Bridget	Atkinson	Girl	19:13	Howgill	
17	Hannah	Dyer	Girl	19:15	Helm Hill	

UNDER 13 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Cooper	Wadsworth	Boy	08:06	Helm Hill	1st Boy
2	Riley	Scott	Boy	08:12	Leven Valley	2nd Boy
3	Sam	Oldham	Boy	08:51	Leven Valley AC	3rd Boy
4	Oliver	Scott	Boy	08:53	Leven Valley	
5	Joseph	Green	Boy	08:54	Ambleside AC	
6	Dougal	Houston	Boy	08:57	Helm Hill	
7	Joseph	Cook	Boy	08:58	Furness Fell Runners	
8	Demitri	Kyriacou	Boy	09:10	Leven Valley AC	
9	Ben	Brummitt	Boy	09:11	Settle Harriers	
10	Jack	Moon	Boy	09:11	Helm Hill	
11	Carl	Sanderson	Boy	09:18	Settle Harriers	
12	Arran	Goodall	Boy	09:26	Dallam	
13	Ghyll	Baker	Boy	09:37	Helm Hill Runners	
14	William	Gornall	Boy	10:34		
15	F	Darcy	Boy	11:13	Ambleside AC	

UNDER 13 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Bella	Mccredie	Girl	08:59	Clayton-le-Moor Harriers	1st Girl
2	Lily	Slater	Girl	09:10	Ambleside AC	2nd Girl
3	Isla	Jebb	Girl	09:19	Helm Hill Runners	3rd Girl
4	Holly	Nicholls	Girl	09:35	Rosendale AC	
5	Holly	Nicholls	Girl	09:44	Wigan & District Harriers	
6	Francesca	Bagot	Girl	10:22	Settle	
7	Amelia	Gardner	Girl	10:23	Kendal Athletics	
8	Isla	Douglas	Girl	11:25	Helm Hill	

UNDER 11 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harri	Tancrel	Boy	08:07	Helm Hill	1st Boy
2	Noah	Cook	Boy	08:09	Furness Fell Runners	2nd Boy
3	Harry	Mason	Boy	09:06		3rd Boy
4	Ben	Hollows	Boy	09:23	Dallam	
5	Jos	Jebb	Boy	09:28	Helm Hill Runners	
6	James	Skeldon	Boy	09:32	Settle Harriers	
7	Kit	Evans	Boy	09:43	Ambleside AC	
8	Jonty	Brodie	Boy	09:48	Helm Hill	
9	Lewis	Dalton	Boy	10:17	Helm Hill	
10	Sam	Jackson	Boy	10:28		
11	Harry	Hearn	Boy	11:07	Helm Hill	
12	Oliver	Shannon	Boy	11:28	Helm Hill Runners	
13	Euan	Goodall	Boy	12:04	Dallam	
14	Sandy	Whiteley	Boy	13:51		
15	Aart	Whiteley	Boy	13:51	Helm Hill	

UNDER 11 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Mila	Barron	Girl	09:52	Ambleside AC	1st Girl
2	Lucy	Ward	Girl	10:52	Settle Harriers	2nd Girl
3	Maisie	Todhunter	Girl	11:07	Dallam	3rd Girl
4	Kitty	Metcalfe	Girl	11:08		
5	Freya	Hodgson-Jo	Girl	11:13	Ambleside AC	
6	Alice	Briffett	Girl	11:23	Dallam Running Club	
7	Rona	Houston	Girl	11:32	Helm Hill	
8	Lana	Fosker	Girl	12:20		
9	Evie	Capstick	Girl	12:34	Helm Hill	
DNF	Izzy	Leigh	Girl	DNF	Helm Hill	

