



Supported By
Different Strokes
and
Pete Bland Sports



Cautley - Results 8 March 2020

Senior Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	00:31:12	Lancaster & Morecambe AC	1st Man/1st MU21
2	Adam	Perry	Man	00:32:04	Helm Hill	2nd Man
3	Shane	Ohly	MV40	00:32:29	Helm Hill	3rd Man/1st MV40
4	Matthew	Fretwell	Man	00:33:00	Settle Harriers	
5	Jon	Rylance	MV40	00:33:08	Ambleside	
6	Jack	Walton	MU21	00:33:15	Keighley & Craven AC	
7	Hannah	Russell	Lady	00:33:33	Helm Hill	1st Lady
8	Rod	Scott	MV40	00:33:45	Helm Hill	
9	Phil	Mather	Man	00:34:07	Lonsdale	
10	Seb	Sillito	Man	00:34:39	Helm Hill	
11	Jethro	Whitfield	MV40	00:34:54	Barlick Fell Runners	
12	Tom	Simpson	Man	00:35:05		
13	kieran	hodgson	MV40	00:35:16	Helm Hill	
14	James	Byrne	MV40	00:35:32	Ambleside	
15	Brian	Pennington	MV40	00:35:59	Howgill Harriers	
16	Rory	Addison	Man	00:36:02		
17	James	Baron	MV50	00:36:12	Helm Hill	1st MV50
18	Jack	Simpson	Man	00:36:36	Helm Hill	
19	Declan	Bulmer	Man	00:36:48	Wharfedale Harriers	
20	Justin	Tancrel	MV40	00:37:06	Helm Hill	
21	Tim	Pickering	Man	00:37:17	Helm Hill	
22	Ben	Kirkman	MU21	00:37:26	Rosendale Harriers	
23	Bianca	Dyer	LV40	00:37:36	Helm Hill	2nd Lady/1st LV40
24	Aaron	Wamsley	Man	00:39:15	Bowland	
25	Jacob	Dyer	MV40	00:39:35	Helm Hill	
26	Andy	F	Man	00:39:41		
27	Peter	German	Man	00:40:06	Helm Hill	
28	Alistair	Hearn	MV40	00:40:33	Helm Hill	
29	Toby	Johnson	MV40	00:40:44	Helm Hill	
30	Ellie	Mather	Lady	00:40:49	Lonsdale	3rd Lady
31	Chloe	Rylance	LU21	00:41:04	Ambleside	1st LU21
32	Chris	Whitfield	MV40	00:41:07	Sue Me DH Team	
33	John	Rainford	MV50	00:41:11	Preston Harriers	
34	Stuart	Walton	MV40	00:41:38	Kendal AC	
35	Adam	Scott	MU21	00:42:14	Helm Hill	
36	Graham	Beaumont	MV60	00:42:38	Dallam	1st MV60
37	Alistair	Shawcross	MV40	00:42:47	Dallam	
38	Andrew	Douglas	MV40	00:43:07		
39	Tyron	Lewis	MV50	00:43:16	Dallam	
40	Matt	Pearman	MV40	00:43:19	Helm Hill	
41	Stephanie	Jones	Lady	00:43:27	Ambleside	
42	Raymond	Gill	MV50	00:43:52	Dallam	
43	Steve	Wathall	MV60	00:44:23	Black Combe	
44	Roger	Aubrey	MV50	00:44:34	Helm Hill	

45	Harry	Steele	MU21	00:45:07		
46	Mark	Cropper	MV40	00:45:14	Helm Hill	
47	Roger	Taylor	MV50	00:45:20	Preston Harriers	
48	Tim	Murray	MV50	00:45:27	Helm Hill	
49	Ken	Taylor	MV70	00:46:45	Rossendale Harriers	1st MV70
50	Ali	Welsh	MV50	00:47:07	Bowland	
51	Jonnathan	Stubbs	MV50	00:47:58		
52	Allan	Miller	MV60	00:48:10	Kendal	
53	Mick	Kirkman	MV50	00:48:20	Rossendale Harriers	
54	John	Jones	MV50	00:48:37	Helm Hill	
55	Masie	Gough	LU21	00:48:43		
56	Wendy	Dodds	LV60	00:49:02	Dallam	1st LV60
57	Maria	Hearn	LV40	00:49:04	Helm Hill	
58	Peter	Ellwood	MV50	00:49:13	Settle Harriers	
59	Shane	Muller	MV40	00:50:12	Barlick	
60	Kate	Brayshaw	LV40	00:50:23	Helm Hill	
61	Jenny	Rice	Lady	00:50:30	Helm Hill	
62	Niki	Rylance	LV40	00:50:41	Ambleside	
63	Stefan	Bradley	MV40	00:50:50		
64	Simon	Theobald	MV50	00:51:19	Helm Hill	
65	Mark	Charnley	MV40	00:51:34	Settle harriers	
66	Jeremy	Wilkinson	MV50	00:51:49	Keighley and Craven	
67	John	Orrell	MV50	00:52:03	Blackburn Harriers	
68	Saul	Bradley	MU21	00:52:05	Manx Fell Runners	
69	Peter	Bradley	MV40	00:52:06	Manx Fell Runners	
70	Becky	Stones	Lady	00:52:14		
71	Lindsay	Harrod	LV50	00:52:46	Helm Hill	1st LV50
72	Sarah	Welsh	LV40	00:53:47		
73	Jo	Cater	LV40	00:54:03	Helm Hill	
74	Robyn	Anderson	LV40	00:54:38	Preston Harriers	
75	Laura	Potter	Lady	00:54:41	Helm Hill	
76	Richard	Simpson	MV60	00:54:46	Dallam	
77	Denise	Tunstall	LV50	00:54:57	Durham Fell Runners	
78	Robin	Haywood	MV50	00:55:13	Howgill Harriers	
79	Vicky	Atkinson	LV40	00:55:17	Helm Hill	
80	Michael	McLoughlin	MV60	00:55:38	Preston Harriers	
81	Steve	King	MV40	00:56:38	Kendal Tri Club	
82	Rebecca	Wilson	Lady	00:57:03	Helm Hill	
83	Olga	Wiggins	LV40	00:57:42	Preston Harriers	
84	Richard	Cater	MV40	00:57:45	Helm Hill	
85	May	Crawford	LV40	00:57:58	Helm Hill	
86	Daniel	Rayson	MV50	00:58:07		
87	Helen	Wilkinson	LV40	00:58:41	Keighley and Craven	
88	Mark	Latham	MV60	00:59:01	Northumberland Fell Runners	
89	Emily	Crossley	LU21	00:59:57	Settle Harriers	
90	Nicola	Muller	LV40	01:01:26	Barlick	
91	Sim	Rigby	LU21	01:05:07	Settle Harriers	
92	Trevor	Metcalfe	MV60	01:05:13	Wharfedale harriers	
93	Chris	Lees	MV40	01:06:09		
94	Katharine	Shrine	LV40	01:08:11		
95	Jill	Gates	LV50	01:08:20	Settle Harriers	
96	Miriam	Rosen	LV70	01:10:33	Lancaster & Morecambe AC	1st LV70
97	Ed	Key	MV40	01:11:13		
98	David	Rosen	MV60	01:36:43	Lancaster & Morecambe AC	

Under 17 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Henry	Hunter	Boy	22:48	Helm Hill	1st Boy
2	William	Hall	Boy	23:41	Keighley and Craven	2nd Boy
3	Jenson	Brogden	Boy	23:56	Otley AC	3rd Boy
4	Alexander	Holme	Boy	27:17	Helm Hill	
5	Isaac	Robinson	Boy	28:33	Howgill Harriers	
6	Nathan	Ritchie	Boy	29:46	Leven Valley	
7	Sophie	Rylance	Girl	30:14	Ambleside	1st Girl
8	Thomas	Bradley	Boy	33:56	Manx Fell Runners	
9	Ella	Dorrington	Girl	39:26	Clayton le Moors Harriers	2nd Girl
10	Benjamin	Grundy	Boy	50:41	Wharfedale Harriers	

Under 15 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harry	Ewbank	Boy	14:52	Eden Runners	1st Boy
2	Oliver	Willoughby	Boy	15:15	Helm Hill	2nd Boy
3	Amelie	Lane	Girl	15:22	Wharfedale Harriers	1st Girl
4	Oliver	Oldham	Boy	15:25	Leven Valley	3rd Boy
5	Aston	Brogden	Boy	16:07	Otley AC	
6	Logan	McCredie	Boy	16:37	Barlick	
7	Caius	Pennington	Boy	16:45	Howgill Harriers	
8	Callum	Osborne	Boy	16:50	Trawden AC	
9	Charlotte	Peart	Girl	17:56	Settle Harriers	2nd Girl
10	Vicky	Woof	Girl	18:13	Howgill Harriers	3rd Girl
11	Connie Ma	Scott	Girl	18:23	Helm Hill	
12	Megan	Wilkinson	Girl	18:45	Keighley and Craven	
13	Riley	Merryfield	Boy	18:50	Ambleside	
14	Joss	Evans	Girl	20:28	Ambleside	
15	Jody	Whitfield	Girl	20:32	Wharfedale Harriers	
16	Alicia	Crawford	Girl	22:45	Helm Hill	
17	George	Campbell	Boy	24:18	Howgill Harriers	
18	Amber	Muller	Girl	25:03	Barlick	
19	Louie	Earp	Boy	27:52		

Under 13 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Archie	Peaker	Boy	10:22	Keighley and Craven	1st Boy
2	Jack	Sanderson	Boy	10:53	Settle Harriers	2nd Boy
3	Ewen	Wilkinson	Boy	11:04	Keighley and Craven	3rd Boy
4	Joseff	Tancrel	Boy	11:19	Helm Hill	
5	Josh	Todd	Boy	11:34	Ambleside	
6	Tom	Ashworth	Boy	11:38	Ambleside	
7	Harvey	Shaw	Boy	11:58	Ambleside	
8	Alfie	Todd	Boy	12:03	Ambleside	
9	Millie	Jebb	Girl	12:09	Helm Hill	1st Girl
10	Toby	Acland	Boy	12:11	Helm Hill	
11	Fraser	Dunn	Boy	12:15	Helm Hill	
12	Aaron	Smith	Boy	12:16	Howgill Harriers	
13	Will	Pease	Boy	12:23	Barlick	
14	Jack	Pearman	Boy	12:30	Helm Hill	
15	Zeke	Sumner	Boy	12:33	Ambleside	
16	Daisy	Fielding	Girl	12:41	Sedbergh School RC	2nd Girl
17	Finn	Durkin	Boy	13:01	Settle Harriers	
18	Ewan	Black	Boy	13:04	Helm Hill	
19	Will	Brayshaw	Boy	13:05	Helm Hill	
20	Alfie	Addison	Boy	13:07	Helm Hill	
21	Max	Hazlehurst	Boy	13:15	Hoad Hill Harriers	
22	Lara	Smith	Girl	13:25	Helm Hill	3rd Girl
23	Lucy	Bagot	Girl	13:42	Settle Harriers	
24	William	Hargreaves	Boy	13:55	Ambleside	
25	Thomas	Hearn	Boy	13:57	Helm Hill	
26	Elissa	Kinley	Girl	13:58	Helm Hill	
27	Isla	Pearman	Girl	13:59	Helm Hill	
28	Cara	Bradley	Girl	14:25	Ambleside	
29	Leon	Parker	Boy	14:28	Leven Valley	
30	Alfie	Muller	Boy	14:44	Barlick	
31	Theo	Robinson	Boy	15:20	Howgill Harriers	
32	Lily-Grace	Clayton	Girl	15:23	Wharfedale Harriers	
33	Hannah	Dyer	Girl	15:24	Helm Hill	
34	Zach	Thomas	Boy	15:35		
35	Elijah	Bradley	Boy	15:50	Manx Fell Runners	
36	Jasmine	Bottomley	Girl	15:51	Helm Hill	
37	Isabelle	Teal	Girl	15:52	Barlick	
38	Coen	Edwards	Boy	16:16	Helm Hill	
39	Megan	Harris	Girl	16:23	Helm Hill	
40	Seren	Green	Girl	16:49	Ambleside	
41	Jai	Mitchell-Whi	Boy	16:58	Howgill Harriers	
42	Charlie	Ellwood	Boy	17:50	Settle Harriers	
43	Izzy	Gardner	Girl	18:52		
44	Katie	Lewis	Girl	19:18	Howgill Harriers	
45	Alex	Charnley	Boy	19:38		

Under 11 Race

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sam	Oldham	Boy	11:17	Leven Valley	1st Boy
2	Joe	Green	Boy	12:32	Ambleside	2nd Boy
3	Evan	Mulvany	Boy	12:51	Helm Hill	3rd Boy
4	Emmy	Ranner	Girl	12:56	Helm Hill	1st Girl
5	Noah	Zaboklicki	Boy	13:00	Hoad Hill Harriers	
6	Carl	Sanderson	Boy	13:06	Settle Harriers	
7	Isla	Jebb	Girl	13:12	Helm Hill	2nd Girl
8	Julia	Fielding	Girl	13:22	Sedbergh School RC	3rd Girl
9	Magnus	Foxwell	Boy	13:29	Ambleside	
10	Harry	Fife	Boy	13:29		
11	Theo	Zaboklicki	Boy	13:45	Hoad Hill Harriers	
12	Freddie	Byrne	Boy	13:48	Ambleside	
13	Floyd	Palmer	Boy	14:07	Helm Hill	
14	William	Gornall	Boy	14:08		
15	Dougie	Mitchell	Boy	14:32		
16	Annabel	Hinds	Girl	14:33	Settle Harriers	
17	Demitri	Kyriacou	Boy	14:35	Leven Valley	
18	Joe	Gargner	Boy	14:56	Ambleside	
19	Bella	McCredie	Girl	14:57	Barlick	
20	Gus William	Campbell	Boy	15:15	Howgill Harriers	
21	Ghyll	Baker	Boy	15:18	Helm Hill	
22	Jackson	Bottomley	Boy	15:29	Helm Hill	
23	Arthur	Kirby	Boy	15:34	Ambleside	
24	Joss	Wood	Boy	15:37	Helm Hill	
25	Fay	Thomas	Girl	15:49		
26	Oscar	Clayton	Boy	16:00	Wharfedale Harriers	
27	Edward	Shawcross	Boy	16:31	Dallam	
28	Ned	Brayshaw	Boy	16:55	Helm Hill	
29	Elise	Davies	Girl	16:57		
30	Freddie	Crawford	Boy	17:00	Helm Hill	
31	Isla	Douglas	Girl	17:36	Helm Hill	
32	Oliver	Charnley	Boy	18:03		
33	Mia	McGoldrick	Girl	18:44	Wharfedale Harriers	
34	Matthew	Nugent	Boy	18:53	Helm Hill	
35	Rowan	Bradley	Boy	19:11		
36	Martha	Booth	Girl	19:47	Settle Harriers	
37	Andrew	Dent	Boy	22:36		
38	Harry	Gould	Boy	24:25	Settle Harriers	

Cautley 2020 Category Results

ALL SENIOR MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	00:31:12	Lancaster & Morecambe AC	1st Man/1st MU21
2	Adam	Perry	Man	00:32:04	Helm Hill	2nd Man
3	Shane	Ohly	MV40	00:32:29	Helm Hill	3rd Man/1st MV40
4	Matthew	Fretwell	Man	00:33:00	Settle Harriers	
5	Jon	Rylance	MV40	00:33:08	Ambleside	
6	Jack	Walton	MU21	00:33:15	Keighley & Craven AC	
7	Rod	Scott	MV40	00:33:45	Helm Hill	
8	Phil	Mather	Man	00:34:07	Lonsdale	
9	Seb	Sillito	Man	00:34:39	Helm Hill	
10	Jethro	Whitfield	MV40	00:34:54	Barlick Fell Runners	
11	Tom	Simpson	Man	00:35:05		
12	kieran	hodgson	MV40	00:35:16	Helm Hill	
13	James	Byrne	MV40	00:35:32	Ambleside	
14	Brian	Pennington	MV40	00:35:59	Howgill Harriers	
15	Rory	Addison	Man	00:36:02		
16	James	Baron	MV50	00:36:12	Helm Hill	1st MV50
17	Jack	Simpson	Man	00:36:36	Helm Hill	
18	Declan	Bulmer	Man	00:36:48	Wharfedale Harriers	
19	Justin	Tancrel	MV40	00:37:06	Helm Hill	
20	Tim	Pickering	Man	00:37:17	Helm Hill	
21	Ben	Kirkman	MU21	00:37:26	Rosendale Harriers	
22	Aaron	Wamsley	Man	00:39:15	Bowland	
23	Jacob	Dyer	MV40	00:39:35	Helm Hill	
24	Andy	F	Man	00:39:41		
25	Peter	German	Man	00:40:06	Helm Hill	
26	Alistair	Hearn	MV40	00:40:33	Helm Hill	
27	Toby	Johnson	MV40	00:40:44	Helm Hill	
28	Chris	Whitfield	MV40	00:41:07	Sue Me DH Team	
29	John	Rainford	MV50	00:41:11	Preston Harriers	
30	Stuart	Walton	MV40	00:41:38	Kendal AC	
31	Adam	Scott	MU21	00:42:14	Helm Hill	
32	Graham	Beaumont	MV60	00:42:38	Dallam	1st MV60
33	Alistair	Shawcross	MV40	00:42:47	Dallam	
34	Andrew	Douglas	MV40	00:43:07		
35	Tyron	Lewis	MV50	00:43:16	Dallam	
36	Matt	Pearman	MV40	00:43:19	Helm Hill	
37	Raymond	Gill	MV50	00:43:52	Dallam	
38	Steve	Wathall	MV60	00:44:23	Black Combe	
39	Roger	Aubrey	MV50	00:44:34	Helm Hill	
40	Harry	Steele	MU21	00:45:07		
41	Mark	Cropper	MV40	00:45:14	Helm Hill	
42	Roger	Taylor	MV50	00:45:20	Preston Harriers	
43	Tim	Murray	MV50	00:45:27	Helm Hill	
44	Ken	Taylor	MV70	00:46:45	Rosendale Harriers	1st MV70
45	Ali	Welsh	MV50	00:47:07	Bowland	
46	Jonnathan	Stubbs	MV50	00:47:58		
47	Allan	Miller	MV60	00:48:10	Kendal	
48	Mick	Kirkman	MV50	00:48:20	Rosendale Harriers	
49	John	Jones	MV50	00:48:37	Helm Hill	
50	Peter	Ellwood	MV50	00:49:13	Settle Harriers	
51	Shane	Muller	MV40	00:50:12	Barlick	
52	Stefan	Bradley	MV40	00:50:50		
53	Simon	Theobald	MV50	00:51:19	Helm Hill	

54	Mark	Charnley	MV40	00:51:34	Settle harriers	
55	Jeremy	Wilkinson	MV50	00:51:49	Keighley and Craven	
56	John	Orrell	MV50	00:52:03	Blackburn Harriers	
57	Saul	Bradley	MU21	00:52:05	Manx Fell Runners	
58	Peter	Bradley	MV40	00:52:06	Manx Fell Runners	
59	Richard	Simpson	MV60	00:54:46	Dallam	
60	Robin	Haywood	MV50	00:55:13	Howgill Harriers	
61	Michael	McLoughlin	MV60	00:55:38	Preston Harriers	
62	Steve	King	MV40	00:56:38	Kendal Tri Club	
63	Richard	Cater	MV40	00:57:45	Helm Hill	
64	Daniel	Rayson	MV50	00:58:07		
65	Mark	Latham	MV60	00:59:01	Northumberland Fell Runners	
66	Trevor	Metcalfe	MV60	01:05:13	Wharfedale harriers	
67	Chris	Lees	MV40	01:06:09		
68	Ed	Key	MV40	01:11:13		
69	David	Rosen	MV60	01:36:43	Lancaster & Morecambe AC	

MEN

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	00:31:12	Lancaster & Morecambe AC	1st Man/1st MU21
2	Adam	Perry	Man	00:32:04	Helm Hill	2nd Man
3	Matthew	Fretwell	Man	00:33:00	Settle Harriers	
4	Jack	Walton	MU21	00:33:15	Keighley & Craven AC	
5	Phil	Mather	Man	00:34:07	Lonsdale	
6	Seb	Sillito	Man	00:34:39	Helm Hill	
7	Tom	Simpson	Man	00:35:05		
8	Rory	Addison	Man	00:36:02		
9	Jack	Simpson	Man	00:36:36	Helm Hill	
10	Declan	Bulmer	Man	00:36:48	Wharfedale Harriers	
11	Tim	Pickering	Man	00:37:17	Helm Hill	
12	Ben	Kirkman	MU21	00:37:26	Rosendale Harriers	
13	Aaron	Wamsley	Man	00:39:15	Bowland	
14	Andy	F	Man	00:39:41		
15	Peter	German	Man	00:40:06	Helm Hill	
16	Adam	Scott	MU21	00:42:14	Helm Hill	
17	Harry	Steele	MU21	00:45:07		
18	Saul	Bradley	MU21	00:52:05	Manx Fell Runners	

MEN UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Matthew	Knowles	MU21	00:31:12	Lancaster & Morecambe AC	1st Man/1st MU21
2	Jack	Walton	MU21	00:33:15	Keighley & Craven AC	
3	Ben	Kirkman	MU21	00:37:26	Rosendale Harriers	
4	Adam	Scott	MU21	00:42:14	Helm Hill	
5	Harry	Steele	MU21	00:45:07		
6	Saul	Bradley	MU21	00:52:05	Manx Fell Runners	

MEN - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Shane	Ohly	MV40	00:32:29	Helm Hill	3rd Man/1st MV40
2	Jon	Rylance	MV40	00:33:08	Ambleside	
3	Rod	Scott	MV40	00:33:45	Helm Hill	
4	Jethro	Whitfield	MV40	00:34:54	Barlick Fell Runners	
5	kieran	hodgson	MV40	00:35:16	Helm Hill	
6	James	Byrne	MV40	00:35:32	Ambleside	
7	Brian	Pennington	MV40	00:35:59	Howgill Harriers	
8	Justin	Tancrel	MV40	00:37:06	Helm Hill	
9	Jacob	Dyer	MV40	00:39:35	Helm Hill	
10	Alistair	Hearn	MV40	00:40:33	Helm Hill	
11	Toby	Johnson	MV40	00:40:44	Helm Hill	
12	Chris	Whitfield	MV40	00:41:07	Sue Me DH Team	
13	Stuart	Walton	MV40	00:41:38	Kendal AC	
14	Alistair	Shawcross	MV40	00:42:47	Dallam	
15	Andrew	Douglas	MV40	00:43:07		
16	Matt	Pearman	MV40	00:43:19	Helm Hill	
17	Mark	Cropper	MV40	00:45:14	Helm Hill	
18	Shane	Muller	MV40	00:50:12	Barlick	
19	Stefan	Bradley	MV40	00:50:50		
20	Mark	Charnley	MV40	00:51:34	Settle harriers	
21	Peter	Bradley	MV40	00:52:06	Manx Fell Runners	
22	Steve	King	MV40	00:56:38	Kendal Tri Club	
23	Richard	Cater	MV40	00:57:45	Helm Hill	
24	Chris	Lees	MV40	01:06:09		
25	Ed	Key	MV40	01:11:13		

MEN - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	James	Baron	MV50	00:36:12	Helm Hill	1st MV50
2	John	Rainford	MV50	00:41:11	Preston Harriers	
3	Tyron	Lewis	MV50	00:43:16	Dallam	
4	Raymond	Gill	MV50	00:43:52	Dallam	
5	Roger	Aubrey	MV50	00:44:34	Helm Hill	
6	Roger	Taylor	MV50	00:45:20	Preston Harriers	
7	Tim	Murray	MV50	00:45:27	Helm Hill	
8	Ali	Welsh	MV50	00:47:07	Bowland	
9	Jonnathan	Stubbs	MV50	00:47:58		
10	Mick	Kirkman	MV50	00:48:20	Rossendale Harriers	
11	John	Jones	MV50	00:48:37	Helm Hill	
12	Peter	Ellwood	MV50	00:49:13	Settle Harriers	
13	Simon	Theobald	MV50	00:51:19	Helm Hill	
14	Jeremy	Wilkinson	MV50	00:51:49	Keighley and Craven	
15	John	Orrell	MV50	00:52:03	Blackburn Harriers	
16	Robin	Haywood	MV50	00:55:13	Howgill Harriers	
17	Daniel	Rayson	MV50	00:58:07		

MEN - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Graham	Beaumont	MV60	00:42:38	Dallam	1st MV60
2	Steve	Wathall	MV60	00:44:23	Black Combe	
3	Allan	Miller	MV60	00:48:10	Kendal	
4	Richard	Simpson	MV60	00:54:46	Dallam	
5	Michael	McLoughlin	MV60	00:55:38	Preston Harriers	
6	Mark	Latham	MV60	00:59:01	Northumberland Fell Runners	
7	Trevor	Metcalfe	MV60	01:05:13	Wharfedale harriers	
8	David	Rosen	MV60	01:36:43	Lancaster & Morecambe AC	

MEN - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Ken	Taylor	MV70	00:46:45	Rossendale Harriers	1st MV70

ALL SENIOR LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Hannah	Russell	Lady	00:33:33	Helm Hill	1st Lady
2	Bianca	Dyer	LV40	00:37:36	Helm Hill	2nd Lady/1st LV40
3	Ellie	Mather	Lady	00:40:49	Lonsdale	3rd Lady
4	Chloe	Rylance	LU21	00:41:04	Ambleside	1st LU21
5	Stephanie	Jones	Lady	00:43:27	Ambleside	
6	Masie	Gough	LU21	00:48:43		
7	Wendy	Dodds	LV60	00:49:02	Dallam	1st LV60
8	Maria	Hearn	LV40	00:49:04	Helm Hill	
9	Kate	Brayshaw	LV40	00:50:23	Helm Hill	
10	Jenny	Rice	Lady	00:50:30	Helm Hill	
11	Niki	Rylance	LV40	00:50:41	Ambleside	
12	Becky	Stones	Lady	00:52:14		
13	Lindsay	Harrod	LV50	00:52:46	Helm Hill	1st LV50
14	Sarah	Welsh	LV40	00:53:47		
15	Jo	Cater	LV40	00:54:03	Helm Hill	
16	Robyn	Anderson	LV40	00:54:38	Preston Harriers	
17	Laura	Potter	Lady	00:54:41	Helm Hill	
18	Denise	Tunstall	LV50	00:54:57	Durham Fell Runners	
19	Vicky	Atkinson	LV40	00:55:17	Helm Hill	
20	Rebecca	Wilson	Lady	00:57:03	Helm Hill	
21	Olga	Wiggins	LV40	00:57:42	Preston Harriers	
22	May	Crawford	LV40	00:57:58	Helm Hill	
23	Helen	Wilkinson	LV40	00:58:41	Keighley and Craven	
24	Emily	Crossley	LU21	00:59:57	Settle Harriers	
25	Nicola	Muller	LV40	01:01:26	Barlick	
26	Sim	Rigby	LU21	01:05:07	Settle Harriers	
27	Katharine	Shrine	LV40	01:08:11		
28	Jill	Gates	LV50	01:08:20	Settle Harriers	
29	Miriam	Rosen	LV70	01:10:33	Lancaster & Morecambe AC	1st LV70

LADIES

Position	First Name	Surname	Cat	Time	Club	Comments
1	Hannah	Russell	Lady	00:33:33	Helm Hill	1st Lady
2	Ellie	Mather	Lady	00:40:49	Lonsdale	3rd Lady
3	Chloe	Rylance	LU21	00:41:04	Ambleside	1st LU21
4	Stephanie	Jones	Lady	00:43:27	Ambleside	
5	Masie	Gough	LU21	00:48:43		
6	Jenny	Rice	Lady	00:50:30	Helm Hill	
7	Becky	Stones	Lady	00:52:14		
8	Laura	Potter	Lady	00:54:41	Helm Hill	
9	Rebecca	Wilson	Lady	00:57:03	Helm Hill	
10	Emily	Crossley	LU21	00:59:57	Settle Harriers	
11	Sim	Rigby	LU21	01:05:07	Settle Harriers	

LADIES UNDER 21

Position	First Name	Surname	Cat	Time	Club	Comments
1	Chloe	Rylance	LU21	00:41:04	Ambleside	1st LU21
2	Masie	Gough	LU21	00:48:43		
3	Emily	Crossley	LU21	00:59:57	Settle Harriers	
4	Sim	Rigby	LU21	01:05:07	Settle Harriers	

LADIES - VET 40

Position	First Name	Surname	Cat	Time	Club	Comments
1	Bianca	Dyer	LV40	00:37:36	Helm Hill	2nd Lady/1st LV40
2	Maria	Hearn	LV40	00:49:04	Helm Hill	
3	Kate	Brayshaw	LV40	00:50:23	Helm Hill	
4	Niki	Rylance	LV40	00:50:41	Ambleside	
5	Sarah	Welsh	LV40	00:53:47		
6	Jo	Cater	LV40	00:54:03	Helm Hill	
7	Robyn	Anderson	LV40	00:54:38	Preston Harriers	
8	Vicky	Atkinson	LV40	00:55:17	Helm Hill	
9	Olga	Wiggins	LV40	00:57:42	Preston Harriers	
10	May	Crawford	LV40	00:57:58	Helm Hill	
11	Helen	Wilkinson	LV40	00:58:41	Keighley and Craven	
12	Nicola	Muller	LV40	01:01:26	Barlick	
13	Katharine	Shrine	LV40	01:08:11		

LADIES - VET 50

Position	First Name	Surname	Cat	Time	Club	Comments
1	Lindsay	Harrod	LV50	00:52:46	Helm Hill	1st LV50
2	Denise	Tunstall	LV50	00:54:57	Durham Fell Runners	
3	Jill	Gates	LV50	01:08:20	Settle Harriers	

LADIES - VET 60

Position	First Name	Surname	Cat	Time	Club	Comments
1	Wendy	Dodds	LV60	00:49:02	Dallam	1st LV60

LADIES - VET 70

Position	First Name	Surname	Cat	Time	Club	Comments
1	Miriam	Rosen	LV70	01:10:33	Lancaster & Morecambe AC	1st LV70

UNDER 17 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Henry	Hunter	Boy	22:48	Helm Hill	1st Boy
2	William	Hall	Boy	23:41	Keighley and Craven	2nd Boy
3	Jenson	Brogden	Boy	23:56	Otley AC	3rd Boy
4	Alexander	Holme	Boy	27:17	Helm Hill	
5	Isaac	Robinson	Boy	28:33	Howgill Harriers	
6	Nathan	Ritchie	Boy	29:46	Leven Valley	
7	Thomas	Bradley	Boy	33:56	Manx Fell Runners	
8	Benjamin	Grundy	Boy	50:41	Wharfedale Harriers	

UNDER 17 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sophie	Rylance	Girl	30:14	Ambleside	1st Girl
2	Ella	Dorrington	Girl	39:26	Clayton le Moors Harriers	2nd Girl

UNDER 15 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Harry	Ewbank	Boy	14:52	Eden Runners	1st Boy
2	Oliver	Willoughby	Boy	15:15	Helm Hill	2nd Boy
3	Oliver	Oldham	Boy	15:25	Leven Valley	3rd Boy
4	Aston	Brogden	Boy	16:07	Otley AC	
5	Logan	McCredie	Boy	16:37	Barlick	
6	Caius	Pennington	Boy	16:45	Howgill Harriers	
7	Callum	Osborne	Boy	16:50	Trawden AC	
8	Riley	Merryfield	Boy	18:50	Ambleside	
9	George	Campbell	Boy	24:18	Howgill Harriers	
10	Louie	Earp	Boy	27:52		

UNDER 15 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Amelie	Lane	Girl	15:22	Wharfedale Harriers	1st Girl
2	Charlotte	Peart	Girl	17:56	Settle Harriers	2nd Girl
3	Vicky	Woof	Girl	18:13	Howgill Harriers	3rd Girl
4	Connie Ma	Scott	Girl	18:23	Helm Hill	
5	Megan	Wilkinson	Girl	18:45	Keighley and Craven	
6	Joss	Evans	Girl	20:28	Ambleside	
7	Jody	Whitfield	Girl	20:32	Wharfedale Harriers	
8	Alicia	Crawford	Girl	22:45	Helm Hill	
9	Amber	Muller	Girl	25:03	Barlick	

UNDER 13 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Archie	Peaker	Boy	10:22	Keighley and Craven	1st Boy
2	Jack	Sanderson	Boy	10:53	Settle Harriers	2nd Boy
3	Ewen	Wilkinson	Boy	11:04	Keighley and Craven	3rd Boy
4	Joseff	Tancrel	Boy	11:19	Helm Hill	
5	Josh	Todd	Boy	11:34	Ambleside	
6	Tom	Ashworth	Boy	11:38	Ambleside	
7	Harvey	Shaw	Boy	11:58	Ambleside	
8	Alfie	Todd	Boy	12:03	Ambleside	
9	Toby	Acland	Boy	12:11	Helm Hill	
10	Fraser	Dunn	Boy	12:15	Helm Hill	
11	Aaron	Smith	Boy	12:16	Howgill Harriers	
12	Will	Pease	Boy	12:23	Barlick	
13	Jack	Pearman	Boy	12:30	Helm Hill	
14	Zeke	Sumner	Boy	12:33	Ambleside	
15	Finn	Durkin	Boy	13:01	Settle Harriers	
16	Ewan	Black	Boy	13:04	Helm Hill	
17	Will	Brayshaw	Boy	13:05	Helm Hill	
18	Alfie	Addison	Boy	13:07	Helm Hill	
19	Max	Hazlehurst	Boy	13:15	Hoad Hill Harriers	
20	William	Hargreaves	Boy	13:55	Ambleside	
21	Thomas	Hearn	Boy	13:57	Helm Hill	
22	Leon	Parker	Boy	14:28	Leven Valley	
23	Alfie	Muller	Boy	14:44	Barlick	
24	Theo	Robinson	Boy	15:20	Howgill Harriers	
25	Zach	Thomas	Boy	15:35		
26	Elijah	Bradley	Boy	15:50	Manx Fell Runners	
27	Coen	Edwards	Boy	16:16	Helm Hill	
28	Jai	Mitchell-Whi	Boy	16:58	Howgill Harriers	
29	Charlie	Ellwood	Boy	17:50	Settle Harriers	
30	Alex	Charnley	Boy	19:38		

UNDER 13 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Millie	Jebb	Girl	12:09	Helm Hill	1st Girl
2	Daisy	Fielding	Girl	12:41	Sedbergh School RC	2nd Girl
3	Lara	Smith	Girl	13:25	Helm Hill	3rd Girl
4	Lucy	Bagot	Girl	13:42	Settle Harriers	
5	Elissa	Kinley	Girl	13:58	Helm Hill	
6	Isla	Pearman	Girl	13:59	Helm Hill	
7	Cara	Bradley	Girl	14:25	Ambleside	
8	Lily-Grace	Clayton	Girl	15:23	Wharfedale Harriers	
9	Hannah	Dyer	Girl	15:24	Helm Hill	
10	Jasmine	Bottomley	Girl	15:51	Helm Hill	
11	Isabelle	Teal	Girl	15:52	Barlick	
12	Megan	Harris	Girl	16:23	Helm Hill	
13	Seren	Green	Girl	16:49	Ambleside	
14	Izzy	Gardner	Girl	18:52		
15	Katie	Lewis	Girl	19:18	Howgill Harriers	

UNDER 11 BOYS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Sam	Oldham	Boy	11:17	Leven Valley	1st Boy
2	Joe	Green	Boy	12:32	Ambleside	2nd Boy
3	Evan	Mulvany	Boy	12:51	Helm Hill	3rd Boy
4	Noah	Zaboklicki	Boy	13:00	Hoad Hill Harriers	
5	Carl	Sanderson	Boy	13:06	Settle Harriers	
6	Magnus	Foxwell	Boy	13:29	Ambleside	
7	Harry	Fife	Boy	13:29		
8	Theo	Zaboklicki	Boy	13:45	Hoad Hill Harriers	
9	Freddie	Byrne	Boy	13:48	Ambleside	
10	Floyd	Palmer	Boy	14:07	Helm Hill	
11	William	Gornall	Boy	14:08		
12	Dougie	Mitchell	Boy	14:32		
13	Demitri	Kyriacou	Boy	14:35	Leven Valley	
14	Joe	Gargner	Boy	14:56	Ambleside	
15	Gus William	Campbell	Boy	15:15	Howgill Harriers	
16	Ghyll	Baker	Boy	15:18	Helm Hill	
17	Jackson	Bottomley	Boy	15:29	Helm Hill	
18	Arthur	Kirby	Boy	15:34	Ambleside	
19	Joss	Wood	Boy	15:37	Helm Hill	
20	Oscar	Clayton	Boy	16:00	Wharfedale Harriers	
21	Edward	Shawcross	Boy	16:31	Dallam	
22	Ned	Brayshaw	Boy	16:55	Helm Hill	
23	Freddie	Crawford	Boy	17:00	Helm Hill	
24	Oliver	Charnley	Boy	18:03		
25	Matthew	Nugent	Boy	18:53	Helm Hill	
26	Rowan	Bradley	Boy	19:11		
27	Andrew	Dent	Boy	22:36		
28	Harry	Gould	Boy	24:25	Settle Harriers	

UNDER 11 GIRLS

Position	First Name	Surname	Cat	Time	Club	Comments
1	Emmy	Ranner	Girl	12:56	Helm Hill	1st Girl
2	Isla	Jebb	Girl	13:12	Helm Hill	2nd Girl
3	Julia	Fielding	Girl	13:22	Sedbergh School RC	3rd Girl
4	Annabel	Hinds	Girl	14:33	Settle Harriers	
5	Bella	McCredie	Girl	14:57	Barlick	
6	Fay	Thomas	Girl	15:49		
7	Elise	Davies	Girl	16:57		
8	Isla	Douglas	Girl	17:36	Helm Hill	
9	Mia	McGoldrick	Girl	18:44	Wharfedale Harriers	
10	Martha	Booth	Girl	19:47	Settle Harriers	

