



HELM HILL WINTER LEAGUE 2023 - BIRKRIGG

A special thanks to Keiran Hodgson, Matt Ready, and Phil Mather who stopped to aid another runner today



U11 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0611	Bleu	Bailey	u11G	Staffordshire Moorlands AC	0:05:31	1
0268	Iris	Thwaites	u11G	Ambleside A	0:06:01	2
0152	Izzy	Leigh	u11G	Helm Hill	0:06:35	3
0219	Sophie	Wright	u11G	Settle Harriers	0:06:46	4
0167	Lucy	Ward	u11G	Settle Harriers	0:06:49	5
0837	Rona	Houston	u11G	Helm Hill	0:06:56	6
0250	Lana	Fosker	u11G	Bowland Fell Runners	0:06:59	7
0149	Martha	Johnson	u11G	Helm Hill	0:07:01	8
0218	Megan	Wright	u11G	Settle Harriers	0:07:04	9
0815	Maia	Dacre	u11G	Helm Hill	0:07:20	10
0956	Harriet	Coward	u11G	Ambleside	0:07:24	11
0514	Maya	Zaboklicka	u11G	Furness Fell Runners	0:07:31	12
0062	Emily	Lawton	u11G	Helm Hill	0:07:33	13
0945	Emma	Stonier	u11G	Settle Harriers	0:07:38	14

U11 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0323	Jos	Jebb	u11B	Helm Hill Runners	0:05:19	1
0639	Calum	McGoldrick	u11B	Settle Harriers	0:05:39	2
0449	Kit	Evans	u11B	Ambleside AC	0:05:55	3
0369	Peter	Butler	u11B	Ambleside AC	0:06:16	4
0269	James	McAleese	u11B	Ambleside AC	0:06:21	5
0803	Arthur	Smith	u11B	Ambleside	0:06:22	6
0771	Charlie	Potter	u11B	Helm Hill Runners	0:06:24	7
0229	Olly	Fox	u11B	Settle Harriers	0:06:26	8
0233	Dougie	Giles	u11B	Settle Harriers	0:06:32	9
0519	William	Evans	u11B	Settle Harriers	0:06:42	10
0641	Finlay	McGoldrick	u11B	Settle Harriers	0:06:44	11
0958	Kornel	Devlin	u11B		0:06:47	12
0780	Oscar	Ralph	u11B	Settle Harriers	0:06:53	13
0919	Lewis	Bell	u11B		0:07:02	14
0068	Danny	Nunns	u11B	Helm Hill	0:07:08	15
0813	ROWAN	Griffiths	u11B	Furness Fell Runners	0:07:15	16
0231	Layton	Ashton	u11B	Settle Harriers	0:07:41	17
0227	Ewan	Stephenson	u11B	Settle Harriers	0:11:05	18

U13 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0322	Isla	Jebb	u13G	Helm Hill Runners	0:05:07	1
0642	Mia	McGoldrick	u13G	Settle Harriers	0:05:29	2
0072	Imogen	Moore	u13G	Leven Valley	0:06:10	3
0348	Maisie	Oddy	u13G	Wharfedale Harriers	0:06:15	4
0414	Loppy	Wadsworth	u13G	Helm Hill	0:06:29	5
0444	Tess	Reedy	u13G	Ambleside AC	0:06:45	6
0826	Freya	Hodgson-Jones	u13G	Ambleside	0:06:59	7
0920	Caitlin	Bell	u13G		0:07:04	8
0734	Bethany	Swarbrick	u13G	Furness Fell Runners	0:07:18	9
0494	Annabelle	Atkinson	u13G		0:07:37	10

U13 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0442	Joseph	Green	u13B	Ambleside AC	0:05:06	1
0464	Theo	Zaboklicki	u13B	Furness Fell Runners	0:05:15	2
0840	Dougal	Houston	u13B	Helm Hill	0:05:28	3
0246	Herbie	Marston	u13B	Helm Hill	0:05:51	4
0142	Ghyll	Baker	u13B	Helm Hill Runners	0:05:57	5
0609	Charlie	Hodgson	u13B	Helm hill	0:05:59	6
0742	Rowan	Bradley	u13B	Ambleside	0:06:20	7
0478	Albert	Little	u13B	Bowland	0:06:21	8
0207	Joss	Wood	u13B	Helm hill	0:06:27	9
0041	Lewis	Dalton	u13B	Helm Hill	0:06:31	10
0658	Gus	Campbell	u13B	Howgill Harrier	0:07:22	11

U15 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0390	Penelope	Boyle	u15G	Leven Valley	00:10:11	1
0321	Millie	Jebb	u15G	Helm Hill Runners	00:10:48	2
0126	Isla	Pearman	u15G	Helm Hill	00:11:33	3
0384	Holly	Fitch	u15G	Wharfedale Harriers	00:11:36	4
0509	Isabelle	Jebb	u15G	Bingley	00:11:59	5
0740	Ellie	Todhunter	u15G	Helm Hill	00:12:02	6
0682	Rosie	Scott	u15G	Ambleside	00:12:28	7
0507	Lily	Slater	u15G	Ambleside	00:12:42	8
0495	Bridget	Atkinson	u15G	Howgill Harrier	00:12:47	9
0484	Francesca	Bagot	u15G	Settle	00:13:06	10
0192	Katelyn	Douglas	u15G	Leven valley ac	00:13:12	11

U15 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0667	JOSEFF	TANCREL	u15B	Helm Hill	00:09:58	1
0115	Will	Brayshaw	u15B	Helm Hill	00:09:59	2
0300	Will	Pease	u15B	Barlick Fell Runners	00:10:10	3
0538	Zeke	Sumner	u15B	Ambleside AC	00:10:49	4
0078	Sam	Oldham	u15B	Leven Valley AC	00:11:11	5
0286	Riley	Scott	u15B	Leven valley	00:11:13	6
0285	Oliver	Scott	u15B	Leven valley	00:11:24	7
0608	Demitri	Kyriacou	u15B	Leven valley	00:11:37	8
0468	Thomas	Iveson	u15B	Ambleside	00:11:38	9
0026	Edward	Shawcross	u15B	Ambleside	00:11:41	10
0292	Carl	Sanderson	u15B	Settle Harriers	00:12:16	11
0247	Stan	Marston	u15B	Helm Hill	00:12:24	12
0463	Noah	Zaboklicki	u15B	Furness Fell Runners	00:12:35	13
0380	Henry	Murray	u15B	Levens Valley	00:13:34	14
0034	Freddie	Crawford	u15B	Helm Hill Runners	00:14:54	15

U17 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0021	Olivia	Aldham	u17G	Wharfedale Harriers	00:16:00	1
0483	Lucy	Bagot	u17G	Settle	00:17:49	2
0191	Ellen	Douglas	u17G	Leven valley ac	00:17:54	3
0733	Olivia	Swarbrick	u17G	Furness Fell Runners	00:18:06	4
0085	Emily	MacPherson-Littler	u17G	Bowland Fell Runners	00:18:54	5
0985	Finlay	Knott	u17G		00:19:03	6

U17 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0251	Jack	Sanderson	u17B	Settle Harriers	00:13:01	1
0610	Oliver	Bailey	u17B	Staffordshire Moorlands AC	00:13:26	2
0057	Max	Hazlehurst	u17B	Leven Valley AC	00:13:54	3
0087	Oliver	Oldham	u17B	Leven Valley AC	00:14:00	4
0817	Jahryn	MAY	u17B	HELM HILL	00:14:07	5
0052	Logan	McCredie	u17B	Clayton-le-Moor Harriers	00:14:33	6
0265	John	Williamson	u17B	Leven Valley AC	00:14:35	7
0589	James	Clarke	u17B	Levens Valley AC	00:14:42	8
0258	Robbie	Watmough	u17B	Settle harriers	00:14:50	9
0585	Edward	Jermy	u17B	Howgill Harriers	00:15:01	10
0340	Alex	Speight	u17B	Helm Hill Runners	00:15:48	11
0738	Ben	Todhunter	u17B	Helm Hill	00:16:02	12
0154	Toby	Acland	u17B	Helm Hill Runners	00:16:12	13
0239	Thomas	Hearn	u17B	Helm Hill	00:16:39	14

U21 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0982	Georgia	Bell	FU21	Leven Valley	0:24:31	1
0990	Ruby	Woodward	FU21	Helm hill	0:28:08	2
0055	Vicky	Woof	FU21	Howgill Harriers	0:30:42	3

U21 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0336	Harry	Bowen	MU21	Kendal AC	0:23:28	1
0890	Dylan	Kenny	MU21		0:28:09	2
0656	George	Campbell	MU21	Howgill Harrier	0:29:43	3
0908	Oliver	Potts	MU21		0:34:25	4

OVERALL WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0982	Georgia	Bell	FU21	Leven Valley	0:24:31	1
0366	Katie	Lord	FSEN	Ambleside AC	0:25:03	2
0539	Lauren	Munro-Bennett	FSEN	Ambleside	0:26:11	3
0480	Ellie	Mather	FSEN	Lonsdale Fell Runners	0:26:28	4
0103	Bianca	Dyer	FV40	Helm Hill Runners	0:26:47	5
0375	Emma	Kearsey	FSEN	Helm Hill Runners	0:27:09	6
0203	Holly	Gordon	FSEN	Ambleside AC	0:27:57	7
0990	Ruby	Woodward	FU21	Helm hill	0:28:08	8
0736	Lucie-Eller	Todhunter	FV40	Helm Hill	0:28:19	9
0456	Lisa	Parker	FV40	Rossendale Harriers	0:28:45	10
0855	Liz	McNally	FSEN	Leven Valley AC	0:29:13	11
0467	Ruth	Bell	FSEN	Helm Hill	0:29:45	12
0076	Leanne	Scott	FV40	Leven valley	0:30:04	13
0613	Kirstin	Bailey	FV50	Staffordshire Moorlands AC	0:30:23	14
0102	Rebecca	Howard	FSEN	AAC	0:30:31	15
0055	Vicky	Woof	FU21	Howgill Harriers	0:30:42	16
0249	Sophie	Fosker	FV40	Bowland Fell Runers	0:30:44	17
0400	Esther	Lambert	FSEN	Helm Hill	0:31:31	18
0121	Alison	Eagle	FV60	Wharfedale Harriers	0:31:43	19
0144	Jenna	Butler	FV40	Helm Hill	0:31:45	20
0721	Rachael	Mellor	FV50	Howgill Harriers	0:32:02	21
0242	Tessa	Higgs	FSEN		0:32:06	22
0953	Emily	Thwaites	FV40	Allithwaite Running Club	0:32:11	23
0334	Eleanor	Knowles	FV50	Ambleside AC	0:32:16	24
0017	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:32:25	25
0187	Liz	Whitfield	FV40	Helm Hill	0:32:37	26
0907	Benjamin	Mossman	FSEN	No Club	0:32:41	27
0015	Lynn	Whittaker	FV60	Wharfedale Harriers	0:32:47	28

0565	Mary	Ockenden	FV60	Bowland Fell Runners	0:32:52	29
0462	Lucy	Zaboklicka	FV40	Furness Fell Runners	0:34:02	30
0525	Libby	DIXON	FV40	Ambleside AC	0:34:29	31
0486	Paula	Bowen	FV50	Ambleside	0:34:29	32
0088	Colleen	Oldham	FV40	Leven Valley AC	0:34:45	33
0339	vicki	sherrington	FV50	Helm Hill	0:35:29	34
0679	Judith	Marshall	FV40	Settle harriers	0:36:23	35
0895	Andrena	Ball	FSEN		0:36:26	36
0492	Rebecca	Atkinson	FV40		0:37:00	37
0844	Caroline	D'Arcy	FV50	Helm Hill	0:37:50	38
0092	Denise	Tunstall	FV50	Durham Fell Runners	0:37:50	39
0455	Victoria	Pearman	FV40	Allithwaite Running Club	0:38:23	40
0626	Ruth	Webster	FV50	non	0:38:26	41
0224	Katharine	Shrine	FV40	Helm Hill	0:38:36	42
0763	Marian	de Silver	FV60	Dallam	0:39:30	43
0763	Marian	de Silver	FV60	Dallam	0:39:34	44
0364	Joanne	Taylor	FV50	Bowland FR	0:39:42	45
0810	Emma	Griffiths	FV40	Furness Fell Runners	0:39:51	46
0371	Laura	Nield	FV40	Allithwaite Running Club	0:40:14	47
0141	Anna	Baker	FV40	Helm Hill Runners	0:40:16	48
0847	Jayne	Scott	FV50		0:41:50	49
0016	Jill	Gates	FV60	Settle Harriers	0:42:19	50
0665	ALISON	TANCREL	FV50	Helm Hill	0:43:48	51
0528	Sonja	Vietoris	FV60	Dallam Running	0:46:51	52
0857	Katherin	James	FV50	None	0:51:02	53

OVERALL MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0058	Tim	Lamont	MSEN	Helm Hill	0:19:56	1
0196	Peter	Stock	MSEN	Helm Hill	0:21:19	2
0612	Simon	Bailey	MV40	Staffordshire Moorlands AC	0:21:34	3
0098	Sam	Burnstone	MSEN	Helm Hill	0:21:40	4
0009	Andy	F	MSEN	Unaffiliated	0:22:49	5
0336	Harry	Bowen	MU21	Kendal AC	0:23:28	6
0638	Sam	Harrison	MSEN	Bowland Fell Runners	0:23:34	7
0541	Andrew	Scott	MSEN	U/A	0:23:51	8
0217	James	Wright	MV40	Settle Harriers	0:23:52	9
0460	John	Horrocks	MSEN	Blackburn Harriers	0:23:56	10
0579	Joe	Todd	MV40	Kendal Ac	0:23:58	11
0039	Rory	Addison	MSEN	Helm Hill	0:24:03	12
0209	Jos	Addison	MSEN	Helm Hill	0:24:04	13
0955	Dave	Thorp	MSEN	Ambleside AC	0:24:06	14
0223	kieran	hodgson	MV40	Helm	0:24:09	15
0308	James	Pell	MSEN	Helm Hill	0:24:15	16
0419	Josh	Murphy	MSEN	Black Combe Runners	0:24:34	17
0446	Matt	Reedy	MV40	Ambleside AC	0:24:49	18
0957	Steven	Devlun	MV40		0:25:08	19
0211	Nigel	Wood	MV40	Helmhill	0:25:22	20
0301	David	Pease	MV40	Barlick Fell Runners	0:25:26	21
0089	Ben	Oldham	MV40	Leven Valley AC	0:25:55	22
0906	colin	houston	MV40	helm hill	0:26:04	23
0684	Paul	Dugdale	MV50	Helm Hill Runners	0:26:09	24
0607	David	Kyriacou	MSEN	Leven valley	0:26:12	25
0980	Jamie	Luxmoore	MV40	Ambleside AC	0:26:15	26
0178	David	Wilson	MV50	Bowland	0:26:41	27
0856	Henry	James	MSEN	Helm Hill	0:26:53	28

0777	Matthew	Swallow	MSEN		0:26:59	29
0735	James	Todhunter	MV40	Helm Hill	0:27:03	30
0045	Steve	King	MV50	Helm Hill	0:27:09	31
0040	David	Griffin	MV60	Helm Hill Runners	0:27:12	32
0025	Alistair	Shawcross	MV40	Dallam	0:27:18	33
0531	Daz	Slater	MV40	Ambleside AC	0:27:33	34
0457	Michael	Toman	MV50	Rosendale Harriers	0:27:56	35
0521	Peter	Lawson	MSEN	Howgill Harriers	0:28:07	36
0890	Dylan	Kenny	MU21		0:28:09	37
0245	Peter	Marston	MV40	Helm Hill	0:29:07	38
0773	Seren	Darrell	MSEN	Helm Hill	0:29:09	39
0018	Paul	Revell	MV60		0:29:18	40
0656	George	Campbell	MU21	Howgill Harrier	0:29:43	41
0675	Paul	Johnson	MV60	Bowland Fell Runners	0:29:52	42
0091	John	Jones	MV60	Helm Hill	0:30:04	43
0937	Jack	Taylor	MSEN		0:30:11	44
0311	Andrew	Russell	MV50	Helm Hill	0:30:15	45
0188	Alistair	Welsh	MV60	Bowland Fell Runners	0:30:35	46
0387	Chris	Evans	MV50	Ambleside AC	0:30:40	47
0240	Andy	Ward	MV40	Settle Harriers	0:30:52	48
0476	Tony	Little	MV40	Bowland	0:31:02	49
0747	Stefan	Bradley	MV40	Unattached	0:31:20	50
0116	Stuart	Lockton	MV50	Helm Hill	0:31:20	51
0617	ANDY	HOLDEN	MV50	Achille Ratti CC	0:31:25	52
0720	David	Roper	MV60	Howgill Harriers	0:31:28	53
0882	Matt	Davis	MV40	Howgill Harriers	0:31:29	54
0331	Jeremy	Wilkinson	MV50	Keighley & Craven	0:32:37	55
0793	Andy	Evans	MV60	Settle Harriers	0:32:49	56
0403	Pete	Davison	MV50	Hoad Hill Harriers	0:33:07	57
0094	Ray	Gill	MV60	Helm Hill	0:33:31	58

0368	Peter	Ellwood	MV50	Settle Harriers	0:33:40	59
0659	Allan	Miller	MV60		0:33:42	60
0584	Colin	Valentine	MV60	Keswick	0:33:45	61
0523	daniel	Rayson	MV50		0:33:55	62
0481	Phil	Mather	MSEN	Lonsdale Fell Runners	0:33:57	63
0661	Richard	Campbell	MV40	Howgill Harrier	0:34:21	64
0908	Oliver	Potts	MU21		0:34:25	65
0493	Matt	Atkinson	MV40		0:34:35	66
0962	Ian	Wilson	MV50	Helm Hill	0:34:52	67
0363	John	Taylor	MV70	Bowland FR	0:34:52	68
0069	Steve	Wathall	MV60		0:35:12	69
0043	Keith	Masser	MV60	Helm Hill Runners	0:35:21	70
0132	Phil	Davies	MV50	Preston Harriers	0:35:33	71
0822	Ralph	Liddell	MV70	Eden Runners	0:35:50	72
0256	Andy	Connor	MV50	Ambleside	0:36:28	73
0257	Mike	Walsh	MV70	Kendal	0:37:35	74
0162	Phil	Hilborne	MV50		0:38:02	75
0183	Trevor	Metcalfe	MV70	Wharfedale Harriers	0:51:04	76

FV40 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0103	Bianca	Dyer	FV40	Helm Hill Runners	0:26:47	1
0736	Lucie-Ellen	Todhunter	FV40	Helm Hill	0:28:19	2
0456	Lisa	Parker	FV40	Rossendale Harriers	0:28:45	3
0076	Leanne	Scott	FV40	Leven valley	0:30:04	4
0249	Sophie	Fosker	FV40	Bowland Fell Runers	0:30:44	5
0144	Jenna	Butler	FV40	Helm Hill	0:31:45	6
0953	Emily	Thwaites	FV40	Allithwaite Running Club	0:32:11	7
0187	Liz	Whitfield	FV40	Helm Hill	0:32:37	8
0462	Lucy	Zaboklicka	FV40	Furness Fell Runners	0:34:02	9
0525	Libby	DIXON	FV40	Ambleside AC	0:34:29	10
0088	Colleen	Oldham	FV40	Leven Valley AC	0:34:45	11
0679	Judith	Marshall	FV40	Settle harriers	0:36:23	12
0492	Rebecca	Atkinson	FV40		0:37:00	13
0455	Victoria	Pearman	FV40	Allithwaite Running Club	0:38:23	14
0224	Katharine	Shrine	FV40	Helm Hill	0:38:36	15
0810	Emma	Griffiths	FV40	Furness Fell Runners	0:39:51	16
0371	Laura	Nield	FV40	Allithwaite Running Club	0:40:14	17
0141	Anna	Baker	FV40	Helm Hill Runners	0:40:16	18

MV40 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0612	Simon	Bailey	MV40	Staffordshire Moorlands AC	0:21:34	1
0217	James	Wright	MV40	Settle Harriers	0:23:52	2
0579	Joe	Todd	MV40	Kendal Ac	0:23:58	3
0223	kieran	hodgson	MV40	Helm	0:24:09	4
0446	Matt	Reedy	MV40	Ambleside AC	0:24:49	5
0957	Steven	Devlun	MV40		0:25:08	6
0211	Nigel	Wood	MV40	Helmhill	0:25:22	7
0301	David	Pease	MV40	Barlick Fell Runners	0:25:26	8
0089	Ben	Oldham	MV40	Leven Valley AC	0:25:55	9
0906	colin	houston	MV40	helm hill	0:26:04	10
0980	Jamie	Luxmoore	MV40	Ambleside AC	0:26:15	11
0735	James	Todhunter	MV40	Helm Hill	0:27:03	12
0025	Alistair	Shawcross	MV40	Dallam	0:27:18	13
0531	Daz	Slater	MV40	Ambleside AC	0:27:33	14
0245	Peter	Marston	MV40	Helm Hill	0:29:07	15
0240	Andy	Ward	MV40	Settle Harriers	0:30:52	16
0476	Tony	Little	MV40	Bowland	0:31:02	17
0747	Stefan	Bradley	MV40	Unattached	0:31:20	18
0882	Matt	Davis	MV40	Howgill Harriers	0:31:29	19
0661	Richard	Campbell	MV40	Howgill Harrier	0:34:21	20
0493	Matt	Atkinson	MV40		0:34:35	21

FV50 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0613	Kirstin	Bailey	FV50	Staffordshire Moorlands AC	0:30:23	1
0721	Rachael	Mellor	FV50	Howgill Harriers	0:32:02	2
0334	Eleanor	Knowles	FV50	Ambleside AC	0:32:16	3
0486	Paula	Bowen	FV50	Ambleside	0:34:29	4
0339	vicki	sherrington	FV50	Helm Hill	0:35:29	5
0844	Caroline	D'Arcy	FV50	Helm Hill	0:37:50	6
0092	Denise	Tunstall	FV50	Durham Fell Runners	0:37:50	7
0626	Ruth	Webster	FV50	non	0:38:26	8
0364	Joanne	Taylor	FV50	Bowland FR	0:39:42	9
0847	Jayne	Scott	FV50		0:41:50	10
0665	ALISON	TANCREL	FV50	Helm Hill	0:43:48	11
0857	Katherin	James	FV50	None	0:51:02	12

MV50 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0684	Paul	Dugdale	MV50	Helm Hill Runners	0:26:09	1
0178	David	Wilson	MV50	Bowland	0:26:41	2
0045	Steve	King	MV50	Helm Hill	0:27:09	3
0457	Michael	Toman	MV50	Rossendale Harriers	0:27:56	4
0311	Andrew	Russell	MV50	Helm Hill	0:30:15	5
0387	Chris	Evans	MV50	Ambleside AC	0:30:40	6
0116	Stuart	Lockton	MV50	Helm Hill	0:31:20	7
0617	ANDY	HOLDEN	MV50	Achille Ratti CC	0:31:25	8
0331	Jeremy	Wilkinson	MV50	Keighley & Craven	0:32:37	9
0403	Pete	Davison	MV50	Hoad Hill Harriers	0:33:07	10
0368	Peter	Ellwood	MV50	Settle Harriers	0:33:40	11
0523	daniel	Rayson	MV50		0:33:55	12
0962	Ian	Wilson	MV50	Helm Hill	0:34:52	13
0132	Phil	Davies	MV50	Preston Harriers	0:35:33	14
0256	Andy	Connor	MV50	Ambleside	0:36:28	15
0162	Phil	Hilborne	MV50		0:38:02	16

FV60 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0121	Alison	Eagle	FV60	Wharfedale Harriers	0:31:43	1
0017	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:32:25	2
0015	Lynn	Whittaker	FV60	Wharfedale Harriers	0:32:47	3
0565	Mary	Ockenden	FV60	Bowland Fell Runners	0:32:52	4
0763	Marian	de Silver	FV60	Dallam	0:39:30	5
0763	Marian	de Silver	FV60	Dallam	0:39:34	6
0016	Jill	Gates	FV60	Settle Harriers	0:42:19	7
0528	Sonja	Vietoris	FV60	Dallam Running	0:46:51	8

MV60 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0040	David	Griffin	MV60	Helm Hill Runners	0:27:12	1
0018	Paul	Revell	MV60		0:29:18	2
0675	Paul	Johnson	MV60	Bowland Fell Runners	0:29:52	3
0091	John	Jones	MV60	Helm Hill	0:30:04	4
0188	Alistair	Welsh	MV60	Bowland Fell Runners	0:30:35	5
0720	David	Roper	MV60	Howgill Harriers	0:31:28	6
0793	Andy	Evans	MV60	Settle Harriers	0:32:49	7
0094	Ray	Gill	MV60	Helm Hill	0:33:31	8
0659	Allan	Miller	MV60		0:33:42	9
0584	Colin	Valentine	MV60	Keswick	0:33:45	10
0069	Steve	Wathall	MV60		0:35:12	11
0043	Keith	Masser	MV60	Helm Hill Runners	0:35:21	12

FV70 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
#N/A						#N/A

MV70 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0363	John	Taylor	MV70	Bowland FR	0:34:52	1
0822	Ralph	Liddell	MV70	Eden Runners	0:35:50	2
0257	Mike	Walsh	MV70	Kendal	0:37:35	3
0183	Trevor	Metcalfe	MV70	Wharfedale Harriers	0:51:04	4