



HELM HILL WINTER LEAGUE - Barbondale



U11 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0966	Hannah	Nicholls	u11G	gan and district harriers and	0:07:47	1
0853	Izzy	Lambert	u11G	Settle Harriers	0:08:23	2
0194	Gabrielle	Murray	u11G	Leven Valley	0:08:30	3
0355	Teigan	Wilcock	u11G	Ambleside AC	0:09:06	4
0284	Sienna	Bousfield-Evans	u11G	Settle Harriers	0:09:07	5
0594	Harriet Lily	Coward	u11G	Ambleside AC	0:09:47	6
0213	Flo	Evans	u11G	Settle Harriers	0:10:15	7
0536	Nieve	Stephenson	u11G	Ambleside AC	0:10:27	8
0565	Iris	Lodge	u11G	Settle Harriers	0:10:30	9
0467	Maya	Zaboklicka	u11G	Furness Fell Runners	0:12:07	10

U11 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0474	Calum	McGoldrick	u11B	Settle Harriers	0:06:13	1
0328	Bobby	France	u11B	Settle Harriers	0:06:49	2
0096	Sean	Wild -Garcia	u11B	Kendal athletics club	0:06:54	3
0299	Freddie	Fretwell	u11B	Settle Harriers	0:06:59	4
0281	Olly	Fox	u11B	Settle Harriers	0:07:14	5
0475	Finlay	McGoldrick	u11B	Settle Harriers	0:07:24	6
0458	Luca	Crawshaw	u11B	Bowland Fell Runners	0:07:36	7
0334	Freddie	Brown	u11B	Settle Harriers	0:07:53	8
0052	Danny	Nunns	u11B	Helm Hill	0:07:54	9
0329	Rowan	Griffiths	u11B	Furness Fell Runners	0:07:58	10
0539	Judah	Basham	u11B	Ambleside AC	0:08:19	11
0032	Ted	McAleese	u11B	Ambleside AC	0:08:40	12
0450	Fraser	Hall	u11B	Skyrack AC	0:08:42	13

U13 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0415	Iris	Thwaites	u13G	Ambleside AC	0:06:11	1
0016	Charlotte	Richardson	u13G	Helm Hill	0:06:56	2
0665	Rona	Houston	u13G	Helm Hill	0:07:34	3
0651	Freya	Hodgson-Jones	u13G	Ambleside AC	0:08:15	4
0104	Lana	Fosker	u13G	Bowland Fell Runners	0:08:27	5
0406	Lucy	Ward	u13G	Settle Harriers	0:08:45	6
0836	Lily	Neville	u13G	None	0:09:33	7

U13 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0095	Tom	Craker	u13B	Ambleside AC	0:05:08	1
0466	Theo	Zaboklicki	u13B	Furness Fell Runners	0:05:23	2
0310	Harri	Tancrel	u13B	Helm Hill	0:05:29	3
0401	Jos	Jebb	u13B	Helm Hill Runners	0:05:37	4
0112	Lawrie	Belshaw	u13B	Ambleside	0:05:57	5
0393	Kit	Evans	u13B	Ambleside AC	0:05:59	6
0444	Jonty	Brodie	u13B	Helm Hill	0:06:51	7
0839	George	Bromley	u13B	Settle Harriers	0:07:01	8
0031	James	McAleese	u13B	Ambleside AC	0:07:02	9
0637	Peter	Butler	u13B	Ambleside AC	0:07:11	10
0346	Ben	Ryan	u13B	Helm Hill	0:07:15	11
0212	Stanley	Evans	u13B	Settle Harriers	0:07:20	12
0385	Kit	Grandison	u13B	Helm Hill	0:07:39	13
0531	Stanley	Atkinson	u13B	Helm	0:07:50	14
0337	Murray	Page	u13B	Helm Hill	0:09:45	15

U15 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0402	Isla	Jebb	u15G	Helm Hill Runners	00:10:19	1
0473	Mia	McGoldrick	u15G	Settle Harriers	00:10:47	2
0585	Francesca	Bagot	u15G	Settle	00:12:35	3
0004	Maisie	Oddy	u15G	Keighley and Craven	00:12:47	4
0967	Holly	Nicholls	u15G	gan and district harriers and	00:13:09	5
0006	Lily	Slater	u15G	Ambleside AC	00:13:41	6
0222	Rosie	Scott	u15G	Ambleside	00:14:08	7
0562	Ava	Brierley	u15G	Ambleside AC	00:15:39	8

U15 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0092	Sam	Oldham	u15B	Leven Valley AC	00:09:53	1
0221	Joseph	Green	u15B	Ambleside AC	00:10:24	2
0420	Edward	Shawcross	u15B	Ambleside AC	00:11:56	3
0465	Noah	Zaboklicki	u15B	Furness Fell Runners	00:12:26	4
0193	Henry	Murray	u15B	Leven Valley	00:12:37	5
0790	Ryan	Birt Reed	u15B	Leven Valley	00:12:46	6
0437	Stan	Marston	u15B	Helm Hill	00:12:59	7
0127	Carl	Sanderson	u15B	Settle Harriers	00:13:01	8
0015	Aaron	Richardson	u15B	Helm Hill	00:15:22	9

U17 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0403	Millie	Jebb	u17G	Helm Hill Runners	00:18:14	1
0316	Isla	Pearman	u17G	Helm hill	00:21:34	2
0439	Holly	Fitch	u17G	Wharfedale Harriers	00:23:32	3
0583	Lucy	Bagot	u17G	Settle	00:23:57	4
0008	Emily	MacPherson-Littler	u17G	Bowland Fell Runners	00:24:46	5

U17 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0048	Alex	Speight	u17B	Helm Hill Runners	00:16:44	1
0502	Zeke	Sumner	u17B	Ambleside AC	00:16:52	2
0215	Will	Brayshaw	u17B	Helm Hill	00:17:58	3
0309	Joseff	Tancred	u17B	Helm Hill	00:18:18	4
0040	Fraser	Dunn	u17B	Helm Hill Runners	00:18:21	5
0350	Joe	Hilborne	u17B	Helm Hill	00:18:52	6
0882	Ollie	Holder	u17B	Ilkley Harriers	00:18:57	7
0294	Robbie	Watmough	u17B	Settle harriers	00:19:01	8

U21 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0121	Vicky	Woof	FU21	Howgill Harriers	0:38:10	1

U21 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0091	Oliver	Oldham	MU21	Leven Valley AC	0:23:41	1
0267	Sonny	Ashton fitch	MU21	settle harriers	0:25:05	2
0663	Edward	Jermy	MU21	Howgill Harriers	0:29:25	3
0526	Zach	Doherty	MU21		0:30:29	4
0416	Tom	Ward	MU21	Helm Hill	0:30:51	5
0712	Isaac	Robinson	MU21	Howgill Harriers	0:32:57	6
0361	Benji	Grundy	MU21	Wharfedale Harriers	0:36:15	7

Seniors' Race						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0404	Rob	Jebb	MV40	Helm Hill Runners	0:21:50	1
0298	Matthew	Fretwell	MSEN	Settle Harriers	0:22:28	2
0970	Bobby	Gard-Storry	MSEN	Eden	0:23:00	3
0038	Barney	Plummer	MSEN	Helm Hill	0:23:31	4
0548	Callum	Lambert	MSEN	Unattached	0:23:33	5
0314	Rupert	Allison	MSEN	Dark Peak Fell Runners	0:23:36	6
0091	Oliver	Oldham	MU21	Leven Valley AC	0:23:41	7
0113	Jack	Eyre	MSEN	Eden Runners	0:23:42	8
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:23:59	9
0984	Adam	Perry	MSEN	Helm Hill	0:24:06	10
0529	James	Byrne	MV40	Ambleside AC	0:24:18	11
0342	Scott	Morley	MSEN	Eden Runners	0:24:37	12
0061	Will	Barton	MSEN	Ambleside AC	0:24:55	13
0889	Matt	Fleming	MSEN	Kendal AAC	0:25:00	14
0267	Sonny	Ashton fitch	MU21	settle harriers	0:25:05	15
0033	James	Baron	MV50	Helm Hill	0:26:43	16
0315	Lizzy	Allison	FSEN	Settle Harriers	0:27:04	17
0348	Joe	Blackett	MV60	DarkPeakFellRunners	0:27:16	18
0244	Jacob	Dyer	MV50	Helm Hill	0:27:26	19
0983	Joshua	Jardine	MSEN	Unattached	0:27:33	20
0307	Justin	Tancrel	MV40	Helm Hill	0:28:04	21
0478	David	Yates	MV40		0:28:05	22
0777	Neil	Robinson	MV50	COLT	0:28:15	23
0747	Mike	Berners-Lee	MV50	Helm Hill	0:28:22	24
0490	Rebecca	Hare	FSEN	Ambleside	0:28:31	25
0725	Alistair	Hanna	MSEN	Howgill Harrier	0:28:36	26
0064	Matthew	Swallow	MSEN		0:29:08	27
0206	Paul	Revell	MV60	FRA	0:29:16	28

0976	Matt	Neale	MV50	U/A	0:29:24	29
0663	Edward	Jermy	MU21	Howgill Harriers	0:29:25	30
0975	Georgia	Stevens	FSEN	Ambleside AC	0:29:38	31
0543	Rob	Critchlow	MV40		0:29:40	32
0116	David	Wilson	MV50	Bowland Fell Runners	0:29:41	33
0243	Bianca	Dyer	FV50	Helm Hill	0:29:43	34
0680	Martin	Barnes	MSEN	Helm hill	0:29:46	35
0155	Rosie	Parkinson	FSEN	Helm Hill Runners	0:29:47	36
0266	Tom	Brown	MSEN	Preston Harriers	0:29:53	37
0349	Luke	Appleyard	MV40	Wharfedale	0:30:13	38
0522	Tom	Willox	MSEN	Helm Hill	0:30:15	39
0526	Zach	Doherty	MU21		0:30:29	40
0275	Jane	Reedy	FV40	Ambleside AC	0:30:33	41
0514	Peter	Lawson	MSEN	Howgill Harriers	0:30:39	42
0289	Pete	Marston	MV40	Helm Hill	0:30:42	43
0416	Tom	Ward	MU21	Helm Hill	0:30:51	44
0734	James	Cater	MV50	Helm Hill	0:31:01	45
0156	Ruth	Bell	FSEN	Helm Hill	0:31:13	46
0497	Gemma	Lane	FSEN	Eden	0:31:15	47
0710	Sean	Robinson	MV40	Howgill Harriers	0:31:23	48
0054	Ray	Gill	MV60	Helm Hill	0:31:25	49
0220	Chris	Green	MV40	Ambleside AC	0:31:43	50
0971	katrina	hemingway	FSEN		0:32:09	51
0656	Steph	Jones	FV40	Ambleside ac	0:32:10	52
0501	Charlotte	Seward	FSEN	Unaffiliated	0:32:13	53
0965	Stephen	Nicholls	MV40	an and District Harriers and	0:32:20	54
0311	Joe	Curran	MV60	Accrington Road Runners	0:32:29	55
0712	Isaac	Robinson	MU21	Howgill Harriers	0:32:57	56
0771	Robert	Crawford	MV40	Howgill Harriers	0:33:01	57
0532	Graham	Beaumont	MV60	Dallam	0:33:06	58

0973	Dom	Stanford	MSEN		0:33:19	59
0343	Claire	Kennedy	FSEN		0:33:38	60
0754	Steve	Wathall	MV60		0:33:45	61
0494	Andy	Ward	MV40	Settle Harriers	0:33:56	62
0050	Colin	Valentine	MV60	Keswick	0:34:19	63
0196	Stuart	Lockton	MV60	Helm Hill Runners	0:34:25	64
0264	Brian	Hickey	MV60	Cheshire Hill Racers	0:34:30	65
0025	Katie	Milburn	FV40	Eden Runners	0:35:01	66
0579	Andy	Stokes	MV70	Dallam	0:35:10	67
0457	Rebecca	Crawshaw	FV40	BOWLAND FELL Runners	0:35:19	68
0339	Megan	James	FSEN	Eden Runners	0:35:38	69
0907	Russell	Cannon	MV60	Helm Hill Runners	0:35:39	70
0286	Chris	Moore	MV40	Leven Valley AC	0:35:41	71
0211	Beth	Evans	FSEN	Settle Harriers	0:35:42	72
0208	Mark	Cottam	MSEN	None	0:35:44	73
0164	Daisy	Hollister	FSEN	Helm Hill	0:36:01	74
0894	Matt	Poulton	MSEN		0:36:05	75
0199	Wendy	Dodds	FV70	Dallam Running Club	0:36:10	76
0010	Jo	Cater	FV50	Helm Hill	0:36:14	77
0361	Benji	Grundy	MU21	Wharfedale Harriers	0:36:15	78
0977	Nicholas	Downes	MV40	Cumberland Fell Runners	0:36:20	79
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:36:52	80
0001	David	Appleyard	MV60	Helm Hill	0:36:56	81
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:37:03	82
0978	Jack	Birchall	MSEN		0:37:09	83
0099	Debbie	Howard	FV50	Furness Fell Runners	0:37:15	84
0520	Jonathan	Tombs	MV50	Eden Runners	0:37:39	85
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:37:47	86
0646	Richard	Briscoe	MV40	Clayton-le-Moors Harriers	0:37:56	87
0881	David	Ashton	MV60	Todmorden Harriers	0:38:04	88

0547	Ben	Lane	MSEN		0:38:07	89
0121	Vicky	Woof	FU21	Howgill Harriers	0:38:10	90
0674	Nick	Kitching	MV50	None	0:39:13	91
0413	Mark	Charnley	MV50	Settle Harriers	0:39:16	92
0234	Stuart	Bell	MV60	Kendal AAC	0:39:22	93
0657	Caroline	D'Arcy	FV50	Helm Hill	0:39:47	94
0739	Allan	Miller	MV60	N/a	0:39:51	95
0456	Denise	Tunstall	FV50	Durham Fell Runners	0:40:08	96
0386	Diane	Grandison	FV40	Helm Hill	0:41:27	97
0511	Vicky	Kirkwood	FV50	Dallam	0:41:39	98
0704	Kate	Morley	FSEN		0:41:59	99
0067	Simon	Thomas	MV40	Eden Runners	0:42:33	100
0527	Jill	Libby	FV60	Eden Runners	0:42:48	101
0293	Jill	Gates	FV60	Settle Harriers	0:47:22	102
0772	Karen	Fyles	FV50	Howgill Harriers	0:47:40	103
0023	Sonia	Woods	FV50	Bowland Fell Runners	0:48:24	104
0679	Anna	Stevens	FV50	Helm Hill	0:51:02	105
0265	Trevor	Metcalfe	MV70	Wharfedale Harriers	0:51:12	106
0940	Olga	Wiggins	FV40	Preston Harriers	0:52:03	107
0445	Phil	Kirby	MV70	Coniston	1:03:18	108
0165	Jo	Wilcox	FV50	Helm Hill	1:03:22	109

OVERALL WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0315	Lizzy	Allison	FSEN	Settle Harriers	0:27:04	1
0490	Rebecca	Hare	FSEN	Ambleside	0:28:31	2
0975	Georgia	Stevens	FSEN	Ambleside AC	0:29:38	3
0243	Bianca	Dyer	FV50	Helm Hill	0:29:43	4
0155	Rosie	Parkinson	FSEN	Helm Hill Runners	0:29:47	5
0275	Jane	Reedy	FV40	Ambleside AC	0:30:33	6
0156	Ruth	Bell	FSEN	Helm Hill	0:31:13	7
0497	Gemma	Lane	FSEN	Eden	0:31:15	8
0971	katrina	hemingway	FSEN		0:32:09	9
0656	Steph	Jones	FV40	Ambleside ac	0:32:10	10
0501	Charlotte	Seward	FSEN	Unaffiliated	0:32:13	11
0343	Claire	Kennedy	FSEN		0:33:38	12
0025	Katie	Milburn	FV40	Eden Runners	0:35:01	13
0457	Rebecca	Crawshaw	FV40	BOWLAND FELL Runners	0:35:19	14
0339	Megan	James	FSEN	Eden Runners	0:35:38	15
0211	Beth	Evans	FSEN	Settle Harriers	0:35:42	16
0164	Daisy	Hollister	FSEN	Helm Hill	0:36:01	17
0199	Wendy	Dodds	FV70	Dallam Running Club	0:36:10	18
0010	Jo	Cater	FV50	Helm Hill	0:36:14	19
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:36:52	20
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:37:03	21
0099	Debbie	Howard	FV50	Furness Fell Runners	0:37:15	22
0121	Vicky	Woof	FU21	Howgill Harriers	0:38:10	23
0657	Caroline	D'Arcy	FV50	Helm Hill	0:39:47	24
0456	Denise	Tunstall	FV50	Durham Fell Runners	0:40:08	25
0386	Diane	Grandison	FV40	Helm Hill	0:41:27	26
0511	Vicky	Kirkwood	FV50	Dallam	0:41:39	27
0704	Kate	Morley	FSEN		0:41:59	28

0527	Jill	Libby	FV60	Eden Runners	0:42:48	29
0293	Jill	Gates	FV60	Settle Harriers	0:47:22	30
0772	Karen	Fyles	FV50	Howgill Harriers	0:47:40	31
0023	Sonia	Woods	FV50	Bowland Fell Runners	0:48:24	32
0679	Anna	Stevens	FV50	Helm Hill	0:51:02	33
0940	Olga	Wiggins	FV40	Preston Harriers	0:52:03	34
0165	Jo	Wilcox	FV50	Helm Hill	1:03:22	35

OVERALL MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0404	Rob	Jebb	MV40	Helm Hill Runners	0:21:50	1
0298	Matthew	Fretwell	MSEN	Settle Harriers	0:22:28	2
0970	Bobby	Gard-Storry	MSEN	Eden	0:23:00	3
0038	Barney	Plummer	MSEN	Helm Hill	0:23:31	4
0548	Callum	Lambert	MSEN	Unattached	0:23:33	5
0314	Rupert	Allison	MSEN	Dark Peak Fell Runners	0:23:36	6
0091	Oliver	Oldham	MU21	Leven Valley AC	0:23:41	7
0113	Jack	Eyre	MSEN	Eden Runners	0:23:42	8
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:23:59	9
0984	Adam	Perry	MSEN	Helm Hill	0:24:06	10
0529	James	Byrne	MV40	Ambleside AC	0:24:18	11
0342	Scott	Morley	MSEN	Eden Runners	0:24:37	12
0061	Will	Barton	MSEN	Ambleside AC	0:24:55	13
0889	Matt	Fleming	MSEN	Kendal AAC	0:25:00	14
0267	Sonny	Ashton fitch	MU21	settle harriers	0:25:05	15
0033	James	Baron	MV50	Helm Hill	0:26:43	16
0348	Joe	Blackett	MV60	DarkPeakFellRunners	0:27:16	17
0244	Jacob	Dyer	MV50	Helm Hill	0:27:26	18
0983	Joshua	Jardine	MSEN	Unattached	0:27:33	19
0307	Justin	Tancrel	MV40	Helm Hill	0:28:04	20
0478	David	Yates	MV40		0:28:05	21
0777	Neil	Robinson	MV50	COLT	0:28:15	22
0747	Mike	Berners-Lee	MV50	Helm Hill	0:28:22	23
0725	Alistair	Hanna	MSEN	Howgill Harrier	0:28:36	24
0064	Matthew	Swallow	MSEN		0:29:08	25
0206	Paul	Revell	MV60	FRA	0:29:16	26
0976	Matt	Neale	MV50	U/A	0:29:24	27
0663	Edward	Jermy	MU21	Howgill Harriers	0:29:25	28

0543	Rob	Critchlow	MV40		0:29:40	29
0116	David	Wilson	MV50	Bowland Fell Runners	0:29:41	30
0680	Martin	Barnes	MSEN	Helm hill	0:29:46	31
0266	Tom	Brown	MSEN	Preston Harriers	0:29:53	32
0349	Luke	Appleyard	MV40	Wharfedale	0:30:13	33
0522	Tom	Willox	MSEN	Helm Hill	0:30:15	34
0526	Zach	Doherty	MU21		0:30:29	35
0514	Peter	Lawson	MSEN	Howgill Harriers	0:30:39	36
0289	Pete	Marston	MV40	Helm Hill	0:30:42	37
0416	Tom	Ward	MU21	Helm Hill	0:30:51	38
0734	James	Cater	MV50	Helm Hill	0:31:01	39
0710	Sean	Robinson	MV40	Howgill Harriers	0:31:23	40
0054	Ray	Gill	MV60	Helm Hill	0:31:25	41
0220	Chris	Green	MV40	Ambleside AC	0:31:43	42
0965	Stephen	Nicholls	MV40	an and District Harriers and	0:32:20	43
0311	Joe	Curran	MV60	Accrington Road Runners	0:32:29	44
0712	Isaac	Robinson	MU21	Howgill Harriers	0:32:57	45
0771	Robert	Crawford	MV40	Howgill Harriers	0:33:01	46
0532	Graham	Beaumont	MV60	Dallam	0:33:06	47
0973	Dom	Stanford	MSEN		0:33:19	48
0754	Steve	Wathall	MV60		0:33:45	49
0494	Andy	Ward	MV40	Settle Harriers	0:33:56	50
0050	Colin	Valentine	MV60	Keswick	0:34:19	51
0196	Stuart	Lockton	MV60	Helm Hill Runners	0:34:25	52
0264	Brian	Hickey	MV60	Cheshire Hill Racers	0:34:30	53
0579	Andy	Stokes	MV70	Dallam	0:35:10	54
0907	Russell	Cannon	MV60	Helm Hill Runners	0:35:39	55
0286	Chris	Moore	MV40	Leven Valley AC	0:35:41	56
0208	Mark	Cottam	MSEN	None	0:35:44	57
0894	Matt	Poulton	MSEN		0:36:05	58

0361	Benji	Grundy	MU21	Wharfedale Harriers	0:36:15	59
0977	Nicholas	Downes	MV40	Cumberland Fell Runners	0:36:20	60
0001	David	Appleyard	MV60	Helm Hill	0:36:56	61
0978	Jack	Birchall	MSEN		0:37:09	62
0520	Jonathan	Tombs	MV50	Eden Runners	0:37:39	63
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:37:47	64
0646	Richard	Briscoe	MV40	Clayton-le-Moors Harriers	0:37:56	65
0881	David	Ashton	MV60	Todmorden Harriers	0:38:04	66
0547	Ben	Lane	MSEN		0:38:07	67
0674	Nick	Kitching	MV50	None	0:39:13	68
0413	Mark	Charnley	MV50	Settle Harriers	0:39:16	69
0234	Stuart	Bell	MV60	Kendal AAC	0:39:22	70
0739	Allan	Miller	MV60	N/a	0:39:51	71
0067	Simon	Thomas	MV40	Eden Runners	0:42:33	72
0265	Trevor	Metcalfe	MV70	Wharfedale Harriers	0:51:12	73
0445	Phil	Kirby	MV70	Coniston	1:03:18	74

FV40 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0275	Jane	Reedy	FV40	Ambleside AC	0:30:33	1
0656	Steph	Jones	FV40	Ambleside ac	0:32:10	2
0025	Katie	Milburn	FV40	Eden Runners	0:35:01	3
0457	Rebecca	Crawshaw	FV40	BOWLAND FELL Runners	0:35:19	4
0386	Diane	Grandison	FV40	Helm Hill	0:41:27	5
0940	Olga	Wiggins	FV40	Preston Harriers	0:52:03	6

MV40 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0404	Rob	Jebb	MV40	Helm Hill Runners	0:21:50	1
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:23:59	2
0529	James	Byrne	MV40	Ambleside AC	0:24:18	3
0307	Justin	Tancred	MV40	Helm Hill	0:28:04	4
0478	David	Yates	MV40		0:28:05	5
0543	Rob	Critchlow	MV40		0:29:40	6
0349	Luke	Appleyard	MV40	Wharfedale	0:30:13	7
0289	Pete	Marston	MV40	Helm Hill	0:30:42	8
0710	Sean	Robinson	MV40	Howgill Harriers	0:31:23	9
0220	Chris	Green	MV40	Ambleside AC	0:31:43	10
0965	Stephen	Nicholls	MV40	gan and District Harriers and	0:32:20	11
0771	Robert	Crawford	MV40	Howgill Harriers	0:33:01	12
0494	Andy	Ward	MV40	Settle Harriers	0:33:56	13
0286	Chris	Moore	MV40	Leven Valley AC	0:35:41	14
0977	Nicholas	Downes	MV40	Cumberland Fell Runners	0:36:20	15
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:37:47	16
0646	Richard	Briscoe	MV40	Clayton-le-Moors Harriers	0:37:56	17
0067	Simon	Thomas	MV40	Eden Runners	0:42:33	18

FV50 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0243	Bianca	Dyer	FV50	Helm Hill	0:29:43	1
0010	Jo	Cater	FV50	Helm Hill	0:36:14	2
0099	Debbie	Howard	FV50	Furness Fell Runners	0:37:15	3
0657	Caroline	D'Arcy	FV50	Helm Hill	0:39:47	4
0456	Denise	Tunstall	FV50	Durham Fell Runners	0:40:08	5
0511	Vicky	Kirkwood	FV50	Dallam	0:41:39	6
0772	Karen	Fyles	FV50	Howgill Harriers	0:47:40	7
0023	Sonia	Woods	FV50	Bowland Fell Runners	0:48:24	8
0679	Anna	Stevens	FV50	Helm Hill	0:51:02	9
0165	Jo	Wilcox	FV50	Helm Hill	1:03:22	10

MV50 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0033	James	Baron	MV50	Helm Hill	0:26:43	1
0244	Jacob	Dyer	MV50	Helm Hill	0:27:26	2
0777	Neil	Robinson	MV50	COLT	0:28:15	3
0747	Mike	Berners-Lee	MV50	Helm Hill	0:28:22	4
0976	Matt	Neale	MV50	U/A	0:29:24	5
0116	David	Wilson	MV50	Bowland Fell Runners	0:29:41	6
0734	James	Cater	MV50	Helm Hill	0:31:01	7
0520	Jonathan	Tombs	MV50	Eden Runners	0:37:39	8
0674	Nick	Kitching	MV50	None	0:39:13	9
0413	Mark	Charnley	MV50	Settle Harriers	0:39:16	10

FV60 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:36:52	1
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:37:03	2
0527	Jill	Libby	FV60	Eden Runners	0:42:48	3
0293	Jill	Gates	FV60	Settle Harriers	0:47:22	4

MV60 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0348	Joe	Blackett	MV60	DarkPeakFellRunners	0:27:16	1
0206	Paul	Revell	MV60	FRA	0:29:16	2
0054	Ray	Gill	MV60	Helm Hill	0:31:25	3
0311	Joe	Curran	MV60	Accrington Road Runners	0:32:29	4
0532	Graham	Beaumont	MV60	Dallam	0:33:06	5
0754	Steve	Wathall	MV60		0:33:45	6
0050	Colin	Valentine	MV60	Keswick	0:34:19	7
0196	Stuart	Lockton	MV60	Helm Hill Runners	0:34:25	8
0264	Brian	Hickey	MV60	Cheshire Hill Racers	0:34:30	9
0907	Russell	Cannon	MV60	Helm Hill Runners	0:35:39	10
0001	David	Appleyard	MV60	Helm Hill	0:36:56	11
0881	David	Ashton	MV60	Todmorden Harriers	0:38:04	12
0234	Stuart	Bell	MV60	Kendal AAC	0:39:22	13
0739	Allan	Miller	MV60	N/a	0:39:51	14

FV70 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0199	Wendy	Dodds	FV70	Dallam Running Club	0:36:10	1

MV70 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0579	Andy	Stokes	MV70	Dallam	0:35:10	1
0265	Trevor	Metcalfe	MV70	Wharfedale Harriers	0:51:12	2
0445	Phil	Kirby	MV70	Coniston	1:03:18	3