



HELM HILL WINTER LEAGUE - Elterwater



DIFFERENT STROKES
PAINTING & DECORATING LTD

U11 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0066	Lola	Hodgson	u11G	Ambleside AC	0:09:37	1
0191	Isla	Dalton	u11G	Helm Hill	0:10:07	2
0582	Romy	Barron	u11G	Ambleside	0:10:22	3
0565	Iris	Lodge	u11G	Settle Harriers	0:10:41	4
0690	Amika Rose	Gregory	u11G	Helm Hill	0:10:58	5
0355	Teigan	Wilcock	u11G	Ambleside AC	0:11:05	6
0853	Izzy	Lambert	u11G	Settle Harriers	0:11:09	7
0594	Harriet Lily	Coward	u11G	Ambleside AC	0:11:58	8
0322	Beau	Smith	u11G	Ambleside AC	0:12:20	9
0931	Mila	Lefton	u11G	Ambleside AC	0:12:27	10
1038	Ruby	Taylforth	u11G	Ambleside	0:13:39	11
0536	Nieve	Stephenson	u11G	Ambleside AC	0:13:54	12

U11 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0474	Calum	McGoldrick	u11B	Settle Harriers	0:08:30	1
0299	Freddie	Fretwell	u11B	Settle Harriers	0:09:28	2
0328	Bobby	France	u11B	Settle Harriers	0:09:31	3
1060	Archie	Pilling	u11B	Rossendale Harriers A/C	0:09:38	4
0096	Sean	Wild -Garcia	u11B	Kendal athletics club	0:09:39	5
0458	Luca	Crawshaw	u11B	Bowland Fell Runners	0:09:46	6
0333	Haris	Riaz	u11B	Sedbergh School	0:09:47	7
1048	William	Bamforth	u11B	Ambleside AC	0:10:13	8
0171	Callum	Ainsworth	u11B	Helm Hill	0:10:15	9
0052	Danny	Nunns	u11B	Helm Hill	0:10:28	10
0926	Harrison	Reid	u11B	N/a	0:10:34	11
1009	Fabian	Bulprich	u11B	Ambleside	0:10:52	12
1049	Sam	Bamforth	u11B	Ambleside AC	0:11:40	13
0032	Ted	McAleese	u11B	Ambleside AC	0:11:44	14
0282	Seth	Parker	u11B	Settle Harriers	0:12:41	15

U13 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0584	Mila	Barron	u13G	Ambleside	0:08:33	1
0016	Charlotte	Richardson	u13G	Helm Hill	0:09:01	2
0107	Imogen	Moore	u13G	Leven Valley	0:09:50	3
1058	Ivy	Pilkington	u13G	Rosendale Harriers	0:10:24	4
0055	Elodie	Haslett	u13G	Helm Hill	0:10:26	5
0615	Islay	Atkinson	u13G	None	0:10:30	6
0277	Tess	Reedy	u13G	Ambleside AC	0:10:49	7
0651	Freya	Hodgson-Jones	u13G	Ambleside AC	0:10:50	8
0087	Silvie	Parsons	u13G	Helm Hill	0:11:55	9
0104	Lana	Fosker	u13G	Bowland Fell Runners	0:12:04	10
0172	Jessica	Ainsworth	u13G	Helm Hill	0:12:56	11
1063	Chloe	Walker	u13G		0:16:07	12

U13 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0095	Tom	Craker	u13B	Ambleside AC	0:07:47	1
0401	Jos	Jebb	u13B	Helm Hill Runners	0:07:53	2
0131	Charlie	Hodgson	u13B	Helm Hill	0:08:09	3
0393	Kit	Evans	u13B	Ambleside AC	0:08:09	4
0112	Lawrie	Belshaw	u13B	Ambleside	0:08:36	5
0183	Charlie	Potter	u13B	Helm Hill	0:08:39	6
0346	Ben	Ryan	u13B	Helm Hill	0:08:47	7
0005	Rhys	Price	u13B	Darlington Harriers	0:08:58	8
0637	Peter	Butler	u13B	Ambleside AC	0:09:20	9
0031	James	McAleese	u13B	Ambleside AC	0:09:26	10
0839	George	Bromley	u13B	Settle Harriers	0:09:59	11
0444	Jonty	Brodie	u13B	Helm Hill	0:10:05	12
0670	Philip	Bolland	u13B	Helm Hill	0:10:10	13
0531	Stanley	Atkinson	u13B	Helm	0:10:36	14
0385	Kit	Grandison	u13B	Helm Hill	0:11:06	15
0337	Murray	Page	u13B	Helm Hill	0:12:02	16

U15 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0402	Isla	Jebb	u15G	Helm Hill Runners	00:10:08	1
0473	Mia	McGoldrick	u15G	Settle Harriers	00:11:08	2
0004	Maisie	Oddy	u15G	Keighley and Craven	00:12:03	3
0006	Lily	Slater	u15G	Ambleside AC	00:12:52	4
0562	Ava	Brierley	u15G	Ambleside AC	00:13:14	5
0222	Rosie	Scott	u15G	Ambleside	00:13:24	6
0176	Katelyn	Douglas	u15G	Leven valley ac	00:14:00	7

U15 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0232	Evan	Mulvany	u15B	Helm Hill Runners	00:10:55	1
0251	Riley	Scott	u15B	Leven valley	00:11:41	2
0420	Edward	Shawcross	u15B	Ambleside AC	00:11:53	3
0250	Oliver	Scott	u15B	Leven valley	00:12:17	4
0301	Thomas	Iveson	u15B	Ambleside AC	00:12:34	5
0451	Joss	Wood	u15B	Helm Hill Runners	00:13:53	6
0737	Freddie	Crawford	u15B	Helm Hill Runners	00:17:12	7

U17 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0403	Millie	Jebb	u17G	Helm Hill Runners	00:14:01	1
0570	Ellie	Todhunter	u17G	Helm Hill	00:14:27	2
0316	Isla	Pearman	u17G	Helm hill	00:14:37	3
1018	Izzy	Wright	u17G	Keighley and Craven AC	00:14:42	4
0439	Holly	Fitch	u17G	Wharfedale Harriers	00:15:46	5
0611	Cara	Bradley	u17G	Ambleside	00:15:57	6
0394	Tess	Evans	u17G	Ambleside AC	00:17:06	7
0008	Emily	MacPherson-Littler	u17G	Bowland Fell Runners	00:17:35	8
0331	Lydia	Benson	u17G	Settle Harriers	00:19:10	9
0358	Bridget	Atkinson	u17G	Howgill Harriers	00:21:23	10

U17 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0502	Zeke	Sumner	u17B	Ambleside AC	00:12:53	1
0040	Fraser	Dunn	u17B	Helm Hill Runners	00:13:01	2
0215	Will	Brayshaw	u17B	Helm Hill	00:13:20	3
0048	Alex	Speight	u17B	Helm Hill Runners	00:13:33	4
0309	Joseff	Tancrel	u17B	Helm Hill	00:13:48	5
0569	Ben	Todhunter	u17B	Helm Hill	00:15:01	6
0117	Toby	Acland	u17B	Helm Hill Runners	00:16:41	7
0508	Zac	Jardine	u17B	KCAC	00:16:52	8
0713	Theo	Robinson	u17B	Howgill Harriers	00:17:04	9
0077	Zach	Thomas	u17B	Helm Hill	00:18:37	10

U21 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0121	Vicky	Woof	FU21	Howgill Harriers	0:39:02	1

U21 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0477	Harry	Bowen	MU21	Ambleside AC	0:28:43	1
0605	George	Campbell	MU21	Howgill Harrier	0:33:36	2
0663	Edward	Jermy	MU21	Howgill Harriers	0:34:03	3
0712	Isaac	Robinson	MU21	Howgill Harriers	0:36:21	4
0361	Benji	Grundy	MU21	Wharfedale Harriers	0:42:09	5

Seniors' Race						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0314	Rupert	Allison	MSEN	Dark Peak Fell Runners	0:26:57	1
0065	Sam	Burnstone	MSEN	Helm Hill	0:27:21	2
0039	Alastair	Dunn	MV50	Helm Hill Runners	0:27:22	3
0548	Callum	Lambert	MSEN	Unattached	0:27:33	4
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:28:13	5
1024	Padraig	Spillane	MSEN	Helm Hill Runners	0:28:19	6
0360	Ben	Procter	MV40	Helm Hill Runners	0:28:34	7
0529	James	Byrne	MV40	Ambleside AC	0:28:35	8
0477	Harry	Bowen	MU21	Ambleside AC	0:28:43	9
0629	Gary	Gregory	MV40	Helm hill	0:28:52	10
1059	Jack	Simpson	MSEN	Helm	0:29:09	11
0315	Lizzy	Allison	FSEN	Settle Harriers	0:30:14	12
1005	Kelli	Roberts	FSEN	Helm Hill	0:30:29	13
0452	Nigel	Wood	MV40	Helm Hill Runners	0:30:46	14
0342	Scott	Morley	MSEN	Eden Runners	0:30:49	15
0033	James	Baron	MV50	Helm Hill	0:30:56	16
0307	Justin	Tancrel	MV40	Helm Hill	0:31:31	17
0630	Adam	Oliver	MV40	Helm Hill	0:32:16	18
0244	Jacob	Dyer	MV50	Helm Hill	0:32:19	19
0747	Mike	Berners-Lee	MV50	Helm Hill	0:32:29	20
0734	James	Cater	MV50	Helm Hill	0:32:36	21
0777	Neil	Robinson	MV40	COLT	0:32:38	22
0348	Joe	Blackett	MV60	DarkPeakFellRunners	0:32:53	23
0243	Bianca	Dyer	FV50	Helm Hill	0:33:24	24
0064	Matthew	Swallow	MSEN		0:33:30	25
0820	Tom	Batty	MSEN	N/A	0:33:34	26
0605	George	Campbell	MU21	Howgill Harrier	0:33:36	27
0680	Martin	Barnes	MSEN	Helm hill	0:33:38	28
0161	Peter	German	MV40	Helm Hill	0:33:40	29

0125	David	Griffin	MV60	Helm Hill Runners	0:33:58	30
0663	Edward	Jermy	MU21	Howgill Harriers	0:34:03	31
0364	Emma	Kearsey	FSEN	Helm Hill Runners	0:34:11	32
0614	Paul	Atkinson	MV40	None	0:34:46	33
0522	Tom	Willox	MSEN	Helm Hill	0:34:50	34
0206	Paul	Revell	MV60	FRA	0:34:57	35
0416	Tom	Ward	MSEN	Helm Hill	0:34:59	36
0155	Rosie	Parkinson	FSEN	Helm Hill Runners	0:35:03	37
0567	James	Todhunter	MV40	Helm Hill	0:35:23	38
0275	Jane	Reedy	FV40	Ambleside AC	0:35:45	39
0421	Alistair	Shawcross	MV40	Dallam	0:35:47	40
0514	Peter	Lawson	MSEN	Howgill Harriers	0:35:56	41
0167	Alice	Rea	FSEN	Helm Hill	0:36:16	42
1036	Rachel	Simpson	FSEN	Helm Hill	0:36:18	43
0712	Isaac	Robinson	MU21	Howgill Harriers	0:36:21	44
0710	Sean	Robinson	MV40	Howgill Harriers	0:36:25	45
0501	Charlotte	Seward	FSEN	Unaffiliated	0:36:36	46
0082	Matt	Davis	MV40	Howgill Harriers	0:36:39	47
0286	Chris	Moore	MV40	Leven Valley AC	0:36:48	48
0387	Tom	Grandison	MV50	Helm Hill	0:37:06	49
0826	Simon	Denny	MSEN	Bentham Beagles	0:37:39	50
0249	Leanne	Scott	FV40	Leven valley	0:38:18	51
0343	Claire	Kennedy	FSEN		0:38:38	52
0208	Mark	Cottam	MSEN	None	0:38:44	53
0103	Sophie	Fosker	FV40	Bowland Fell Runners	0:38:50	54
0121	Vicky	Woof	FU21	Howgill Harriers	0:39:02	55
0608	Stefan	Bradley	MV40		0:39:24	56
0050	Colin	Valentine	MV60	Keswick	0:39:37	57
0566	Charlotte	Williamson	FSEN	Helm Hill	0:39:59	58
0457	Rebecca	Crawshaw	FV40	BOWLAND FELL Runners	0:40:05	59
0674	Nick	Kitching	MV50	None	0:40:13	60

0579	Andy	Stokes	MV70	Dallam	0:40:22	61
0504	Sophie	Owen	FSEN	Ambleside AC	0:40:44	62
0010	Jo	Cater	FV50	Helm Hill	0:40:46	63
0907	Russell	Cannon	MV60	Helm Hill Runners	0:41:49	64
0182	John	Jones	MV60	Helm Hill	0:42:06	65
0361	Benji	Grundy	MU21	Wharfedale Harriers	0:42:09	66
0199	Wendy	Dodds	FV70	Dallam Running Club	0:42:14	67
0520	Jonathan	Tombs	MV50	Eden Runners	0:42:17	68
0001	David	Appleyard	MV60	Helm Hill	0:42:20	69
0025	Katie	Milburn	FV40	Eden Runners	0:42:30	70
0099	Debbie	Howard	FV50	Furness Fell Runners	0:42:44	71
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:42:53	72
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:43:08	73
0413	Mark	Charnley	MV50	Settle Harriers	0:43:14	74
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:43:51	75
0363	Esther	Lambert	FSEN	Helm Hill	0:43:57	76
1057	Alex	Fairer	FSEN		0:44:25	77
0657	Caroline	D'Arcy	FV50	Helm Hill	0:44:55	78
0533	Debbie	Thompson	FV60	Eden runners	0:45:15	79
0234	Stuart	Bell	MV60	Kendal AAC	0:46:33	80
0369	John	Taylor	MV70	Bowland FR	0:46:51	81
0624	Max	Nicholson	MSEN		0:46:55	82
0739	Allan	Miller	MV60	N/a	0:47:04	83
0456	Denise	Tunstall	FV50	Durham Fell Runners	0:47:04	84
0762	Richard	Cater	MV50	Helm Hill	0:47:25	85
0067	Simon	Thomas	MV40	Eden Runners	0:47:54	86
0365	Vicki	Sherrington	FV50	Helm Hill	0:48:26	87
0283	Ellie	Parker	FV40	Settle Harriers	0:48:54	88
0527	Jill	Libby	FV60	Eden Runners	0:48:59	89
0356	Rebecca	Atkinson	FV40	Howgill Harriers	0:49:12	90
0709	Zoe	Robinson	FV40	Howgill Harrier	0:49:45	91

0443	Paula	Bowen	FV50	Ambleside AC	0:50:02	92
0370	Jo	Taylor	FV60	Bowland FR	0:50:16	93
0075	Katharine	Shrine	FV40	Helm Hill	0:50:40	94
0706	Sonja	Vietoris	FV60	Dallam Running Club	0:50:53	95
0609	Dawn	Bradley	FV40		0:51:03	96
0124	Lou	Bland	FV50	Helm Hill	0:52:19	97
0293	Jill	Gates	FV60	Settle Harriers	0:52:40	98
0558	Andy	Connor	FV60	Ambleside AC	0:52:58	99
0885	Andy	Robinson	MV60	Thanes Hare & Hounds	0:55:11	100
1056	Teresa	Onions	FV60	None	0:56:08	101
0308	Alison	Tancred	FV50	Helm Hill	0:56:28	102
0019	Hilary	Coates	FV40	None	1:06:50	103
0126	Victoria	McGarry	FV50	Helm Hill Runners	1:07:23	104
0445	Phil	Kirby	MV70	Coniston	1:07:25	105

OVERALL WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0315	Lizzy	Allison	FSEN	Settle Harriers	0:30:14	1
1005	Kelli	Roberts	FSEN	Helm Hill	0:30:29	2
0243	Bianca	Dyer	FV50	Helm Hill	0:33:24	3
0364	Emma	Kearsey	FSEN	Helm Hill Runners	0:34:11	4
0155	Rosie	Parkinson	FSEN	Helm Hill Runners	0:35:03	5
0275	Jane	Reedy	FV40	Ambleside AC	0:35:45	6
0167	Alice	Rea	FSEN	Helm Hill	0:36:16	7
1036	Rachel	Simpson	FSEN	Helm Hill	0:36:18	8
0501	Charlotte	Seward	FSEN	Unaffiliated	0:36:36	9
0249	Leanne	Scott	FV40	Leven valley	0:38:18	10
0343	Claire	Kennedy	FSEN		0:38:38	11
0103	Sophie	Fosker	FV40	Bowland Fell Runners	0:38:50	12
0121	Vicky	Woof	FU21	Howgill Harriers	0:39:02	13
0566	Charlotte	Williamson	FSEN	Helm Hill	0:39:59	14
0457	Rebecca	Crawshaw	FV40	BOWLAND FELL Runners	0:40:05	15
0504	Sophie	Owen	FSEN	Ambleside AC	0:40:44	16
0010	Jo	Cater	FV50	Helm Hill	0:40:46	17
0199	Wendy	Dodds	FV70	Dallam Running Club	0:42:14	18
0025	Katie	Milburn	FV40	Eden Runners	0:42:30	19
0099	Debbie	Howard	FV50	Furness Fell Runners	0:42:44	20
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:42:53	21
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:43:51	22
0363	Esther	Lambert	FSEN	Helm Hill	0:43:57	23
1057	Alex	Fairer	FSEN		0:44:25	24
0657	Caroline	D'Arcy	FV50	Helm Hill	0:44:55	25
0533	Debbie	Thompson	FV60	Eden runners	0:45:15	26
0456	Denise	Tunstall	FV50	Durham Fell Runners	0:47:04	27
0365	Vicki	Sherrington	FV50	Helm Hill	0:48:26	28
0283	Ellie	Parker	FV40	Settle Harriers	0:48:54	29
0527	Jill	Libby	FV60	Eden Runners	0:48:59	30

0356	Rebecca	Atkinson	FV40	Howgill Harriers	0:49:12	31
0709	Zoe	Robinson	FV40	Howgill Harrier	0:49:45	32
0443	Paula	Bowen	FV50	Ambleside AC	0:50:02	33
0370	Jo	Taylor	FV60	Bowland FR	0:50:16	34
0075	Katharine	Shrine	FV40	Helm Hill	0:50:40	35
0706	Sonja	Vietoris	FV60	Dallam Running Club	0:50:53	36
0609	Dawn	Bradley	FV40		0:51:03	37
0124	Lou	Bland	FV50	Helm Hill	0:52:19	38
0293	Jill	Gates	FV60	Settle Harriers	0:52:40	39
0558	Andy	Connor	FV60	Ambleside AC	0:52:58	40
1056	Teresa	Onions	FV60	None	0:56:08	41
0308	Alison	Tancred	FV50	Helm Hill	0:56:28	42
0019	Hilary	Coates	FV40	None	1:06:50	43
0126	Victoria	McGarry	FV50	Helm Hill Runners	1:07:23	44

OVERALL MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0314	Rupert	Allison	MSEN	Dark Peak Fell Runners	0:26:57	1
0065	Sam	Burnstone	MSEN	Helm Hill	0:27:21	2
0039	Alastair	Dunn	MV50	Helm Hill Runners	0:27:22	3
0548	Callum	Lambert	MSEN	Unattached	0:27:33	4
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:28:13	5
1024	Padraig	Spillane	MSEN	Helm Hill Runners	0:28:19	6
0360	Ben	Procter	MV40	Helm Hill Runners	0:28:34	7
0529	James	Byrne	MV40	Ambleside AC	0:28:35	8
0477	Harry	Bowen	MU21	Ambleside AC	0:28:43	9
0629	Gary	Gregory	MV40	Helm hill	0:28:52	10
1059	Jack	Simpson	MSEN	Helm	0:29:09	11
0452	Nigel	Wood	MV40	Helm Hill Runners	0:30:46	12
0342	Scott	Morley	MSEN	Eden Runners	0:30:49	13
0033	James	Baron	MV50	Helm Hill	0:30:56	14
0307	Justin	Tancred	MV40	Helm Hill	0:31:31	15
0630	Adam	Oliver	MV40	Helm Hill	0:32:16	16
0244	Jacob	Dyer	MV50	Helm Hill	0:32:19	17
0747	Mike	Berners-Lee	MV50	Helm Hill	0:32:29	18
0734	James	Cater	MV50	Helm Hill	0:32:36	19
0777	Neil	Robinson	MV40	COLT	0:32:38	20
0348	Joe	Blackett	MV60	DarkPeakFellRunners	0:32:53	21
0064	Matthew	Swallow	MSEN		0:33:30	22
0820	Tom	Batty	MSEN	N/A	0:33:34	23
0605	George	Campbell	MU21	Howgill Harrier	0:33:36	24
0680	Martin	Barnes	MSEN	Helm hill	0:33:38	25
0161	Peter	German	MV40	Helm Hill	0:33:40	26
0125	David	Griffin	MV60	Helm Hill Runners	0:33:58	27
0663	Edward	Jermy	MU21	Howgill Harriers	0:34:03	28
0614	Paul	Atkinson	MV40	None	0:34:46	29
0522	Tom	Wilcox	MSEN	Helm Hill	0:34:50	30

0206	Paul	Revell	MV60	FRA	0:34:57	31
0416	Tom	Ward	MSEN	Helm Hill	0:34:59	32
0567	James	Todhunter	MV40	Helm Hill	0:35:23	33
0421	Alistair	Shawcross	MV40	Dallam	0:35:47	34
0514	Peter	Lawson	MSEN	Howgill Harriers	0:35:56	35
0712	Isaac	Robinson	MU21	Howgill Harriers	0:36:21	36
0710	Sean	Robinson	MV40	Howgill Harriers	0:36:25	37
0082	Matt	Davis	MV40	Howgill Harriers	0:36:39	38
0286	Chris	Moore	MV40	Leven Valley AC	0:36:48	39
0387	Tom	Grandison	MV50	Helm Hill	0:37:06	40
0826	Simon	Denny	MSEN	Bentham Beagles	0:37:39	41
0208	Mark	Cottam	MSEN	None	0:38:44	42
0608	Stefan	Bradley	MV40		0:39:24	43
0050	Colin	Valentine	MV60	Keswick	0:39:37	44
0674	Nick	Kitching	MV50	None	0:40:13	45
0579	Andy	Stokes	MV70	Dallam	0:40:22	46
0907	Russell	Cannon	MV60	Helm Hill Runners	0:41:49	47
0182	John	Jones	MV60	Helm Hill	0:42:06	48
0361	Benji	Grundy	MU21	Wharfedale Harriers	0:42:09	49
0520	Jonathan	Tombs	MV50	Eden Runners	0:42:17	50
0001	David	Appleyard	MV60	Helm Hill	0:42:20	51
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:43:08	52
0413	Mark	Charnley	MV50	Settle Harriers	0:43:14	53
0234	Stuart	Bell	MV60	Kendal AAC	0:46:33	54
0369	John	Taylor	MV70	Bowland FR	0:46:51	55
0624	Max	Nicholson	MSEN		0:46:55	56
0739	Allan	Miller	MV60	N/a	0:47:04	57
0762	Richard	Cater	MV50	Helm Hill	0:47:25	58
0067	Simon	Thomas	MV40	Eden Runners	0:47:54	59
0885	Andy	Robinson	MV60	Thanes Hare & Hounds	0:55:11	60
0445	Phil	Kirby	MV70	Coniston	1:07:25	61

FV40 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0275	Jane	Reedy	FV40	Ambleside AC	0:35:45	1
0249	Leanne	Scott	FV40	Leven valley	0:38:18	2
0103	Sophie	Fosker	FV40	Bowland Fell Runners	0:38:50	3
0457	Rebecca	Crawshaw	FV40	BOWLAND FELL Runners	0:40:05	4
0025	Katie	Milburn	FV40	Eden Runners	0:42:30	5
0283	Ellie	Parker	FV40	Settle Harriers	0:48:54	6
0356	Rebecca	Atkinson	FV40	Howgill Harriers	0:49:12	7
0709	Zoe	Robinson	FV40	Howgill Harrier	0:49:45	8
0075	Katharine	Shrine	FV40	Helm Hill	0:50:40	9
0609	Dawn	Bradley	FV40		0:51:03	10
0019	Hilary	Coates	FV40	None	1:06:50	11

MV40 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0639	Phil	Mather	MV40	Lonsdale Fell Runners	0:28:13	1
0360	Ben	Procter	MV40	Helm Hill Runners	0:28:34	2
0529	James	Byrne	MV40	Ambleside AC	0:28:35	3
0629	Gary	Gregory	MV40	Helm hill	0:28:52	4
0452	Nigel	Wood	MV40	Helm Hill Runners	0:30:46	5
0307	Justin	Tancred	MV40	Helm Hill	0:31:31	6
0630	Adam	Oliver	MV40	Helm Hill	0:32:16	7
0777	Neil	Robinson	MV40	COLT	0:32:38	8
0161	Peter	German	MV40	Helm Hill	0:33:40	9
0614	Paul	Atkinson	MV40	None	0:34:46	10
0567	James	Todhunter	MV40	Helm Hill	0:35:23	11
0421	Alistair	Shawcross	MV40	Dallam	0:35:47	12
0710	Sean	Robinson	MV40	Howgill Harriers	0:36:25	13
0082	Matt	Davis	MV40	Howgill Harriers	0:36:39	14
0286	Chris	Moore	MV40	Leven Valley AC	0:36:48	15
0608	Stefan	Bradley	MV40		0:39:24	16
0226	Chris	Heaton	MV40	Lakeland Orienteering Club	0:43:08	17
0067	Simon	Thomas	MV40	Eden Runners	0:47:54	18

FV50 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0243	Bianca	Dyer	FV50	Helm Hill	0:33:24	1
0010	Jo	Cater	FV50	Helm Hill	0:40:46	2
0099	Debbie	Howard	FV50	Furness Fell Runners	0:42:44	3
0657	Caroline	D'Arcy	FV50	Helm Hill	0:44:55	4
0456	Denise	Tunstall	FV50	Durham Fell Runners	0:47:04	5
0365	Vicki	Sherrington	FV50	Helm Hill	0:48:26	6
0443	Paula	Bowen	FV50	Ambleside AC	0:50:02	7
0124	Lou	Bland	FV50	Helm Hill	0:52:19	8
0308	Alison	Tancred	FV50	Helm Hill	0:56:28	9
0126	Victoria	McGarry	FV50	Helm Hill Runners	1:07:23	10

MV50 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0039	Alastair	Dunn	MV50	Helm Hill Runners	0:27:22	1
0033	James	Baron	MV50	Helm Hill	0:30:56	2
0244	Jacob	Dyer	MV50	Helm Hill	0:32:19	3
0747	Mike	Berners-Lee	MV50	Helm Hill	0:32:29	4
0734	James	Cater	MV50	Helm Hill	0:32:36	5
0387	Tom	Grandison	MV50	Helm Hill	0:37:06	6
0674	Nick	Kitching	MV50	None	0:40:13	7
0520	Jonathan	Tombs	MV50	Eden Runners	0:42:17	8
0413	Mark	Charnley	MV50	Settle Harriers	0:43:14	9
0762	Richard	Cater	MV50	Helm Hill	0:47:25	10

FV60 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0205	Suzanne	Budgett	FV60	Horwich RMI Harriers	0:42:53	1
0397	Lynn	Whittaker	FV60	Wharfedale Harriers	0:43:51	2
0533	Debbie	Thompson	FV60	Eden runners	0:45:15	3
0527	Jill	Libby	FV60	Eden Runners	0:48:59	4
0370	Jo	Taylor	FV60	Bowland FR	0:50:16	5
0706	Sonja	Vietoris	FV60	Dallam Running Club	0:50:53	6
0293	Jill	Gates	FV60	Settle Harriers	0:52:40	7
0558	Andy	Connor	FV60	Ambleside AC	0:52:58	8
1056	Teresa	Onions	FV60	None	0:56:08	9

MV60 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0348	Joe	Blackett	MV60	DarkPeakFellRunners	0:32:53	1
0125	David	Griffin	MV60	Helm Hill Runners	0:33:58	2
0206	Paul	Revell	MV60	FRA	0:34:57	3
0050	Colin	Valentine	MV60	Keswick	0:39:37	4
0907	Russell	Cannon	MV60	Helm Hill Runners	0:41:49	5
0182	John	Jones	MV60	Helm Hill	0:42:06	6
0001	David	Appleyard	MV60	Helm Hill	0:42:20	7
0234	Stuart	Bell	MV60	Kendal AAC	0:46:33	8
0739	Allan	Miller	MV60	N/a	0:47:04	9
0885	Andy	Robinson	MV60	Thanes Hare & Hounds	0:55:11	10

FV70 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0199	Wendy	Dodds	FV70	Dallam Running Club	0:42:14	1

MV70 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0579	Andy	Stokes	MV70	Dallam	0:40:22	1
0369	John	Taylor	MV70	Bowland FR	0:46:51	2
0445	Phil	Kirby	MV70	Coniston	1:07:25	3