



HELM HILL WINTER LEAGUE 2023 - Sedbergh



DIFFERENT STROKES
PAINTING & DECORATING LTD

U11 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0611	Bleu	Bailey	u11G	Staffordshire Moorlands AC	0:08:18	1
0305	Martha	Hart	u11G	None	0:09:20	2
0268	Iris	Thwaites	u11G	Ambleside A	0:09:40	3
0167	Lucy	Ward	u11G	Settle Harriers	0:10:20	4
1011	Betsy	Fairhurst	u11G	Settle Harriers	0:10:26	5
0219	Sophie	Wright	u11G	Settle Harriers	0:10:37	6
0218	Megan	Wright	u11G	Settle Harriers	0:10:47	7
0110	Jesse	Pease	u11G	Howgill Harriers	0:10:51	8
1034	Jessica	Norman	u11G	Howgill Harriers	0:11:00	9
0250	Lana	Fosker	u11G	Bowland Fell Runners	0:11:22	10
0514	Maya	Zaboklicka	u11G	Furness Fell Runners	0:11:29	11
0157	Amelie	Angus	u11G	Settle Harriers	0:11:31	12
0815	Maia	Dacre	u11G	Helm Hill	0:11:34	13
0956	Harriet	Coward	u11G	Ambleside	0:11:42	14
0062	Emily	Lawton	u11G	Helm Hill	0:12:23	15
0280	Flo	Evans	u11G	Settle Harriers	0:12:37	16

U11 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0267	Dallas	Machell	u11B	Ambleside	0:08:12	1
0639	Calum	McGoldrick	u11B	Settle Harriers	0:08:26	2
0449	Kit	Evans	u11B	Ambleside AC	0:08:54	3
0229	Olly	Fox	u11B	Settle Harriers	0:09:26	4
0964	Zach	Harris	u11B	Howgill Harriers	0:09:33	5
0369	Peter	Butler	u11B	Ambleside AC	0:09:48	6
0233	Dougie	Giles	u11B	Settle Harriers	0:09:53	7
0641	Finlay	McGoldrick	u11B	Settle Harriers	0:09:59	8
0869	Haris	Riaz	u11B	Sedbergh School	0:10:07	9
0974	Philip	Bolland	u11B	Helm Hill	0:10:29	10
0279	Stanley	Evans	u11B	Settle Harriers	0:10:40	11
0813	ROWAN	Griffiths	u11B	Furness Fell Runners	0:10:57	12
0068	Danny	Nunns	u11B	Helm Hill	0:11:08	13
0519	William	Evans	u11B	Settle Harriers	0:11:11	14
0796	Oliver	Stockton	u11B	Settle Harriers	0:11:36	15
0451	Oliver	Shannon	u11B	Helm Hill Runner	0:11:38	16
0065	Andrew	Skeldon	u11B	Settle Harriers	0:11:48	17

U13 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0226	Fay	Thomas	u13G	Helm Hill	0:08:40	1
0691	Mila	Barron	u13G	Ambleside AC	0:08:43	2
0642	Mia	McGoldrick	u13G	Settle Harriers	0:08:50	3
0072	Imogen	Moore	u13G	Leven Valley	0:09:13	4
0826	Freya	Hodgson-Jones	u13G	Ambleside	0:11:26	5
0494	Annabelle	Atkinson	u13G		0:11:45	6

U13 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0442	Joseph	Green	u13B	Ambleside AC	0:07:41	1
0464	Theo	Zaboklicki	u13B	Furness Fell Runners	0:07:48	2
0668	HARRI	TANCREL	u13B	Helm Hill	0:07:59	3
0950	Magnus	Foxwell	u13B	Ambleside AC	0:08:02	4
0840	Dougal	Houston	u13B	Helm Hill	0:08:14	5
1019	Archie	Cole	u13B	Settle Harriers	0:08:19	6
0246	Herbie	Marston	u13B	Helm Hill	0:08:47	7
0609	Charlie	Hodgson	u13B	Helm hill	0:08:57	8
0377	Ben	Mulvany	u13B	Helm Hill	0:09:01	9
0064	James	Skeldon	u13B	Settle Harriers	0:09:10	10
0995	Alexander	Bolland	u13B	Helm Hill	0:09:35	11
0207	Joss	Wood	u13B	Helm hill	0:10:17	12
0658	Gus	Campbell	u13B	Howgill Harrier	0:11:16	13
0270	F	D	u13B	Ambleside AC	0:11:19	14

U15 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0983	Lucy	Bell	u15G	Leven Valley	00:10:14	1
0384	Holly	Fitch	u15G	Wharfedale Harriers	00:10:20	2
0304	Camilla	Hart	u15G	Settle Harriers	00:10:28	3
0507	Lily	Slater	u15G	Ambleside	00:10:36	4
0682	Rosie	Scott	u15G	Ambleside	00:10:38	5
0192	Katelyn	Douglas	u15G	Leven valley ac	00:10:41	6
0495	Bridget	Atkinson	u15G	Howgill Harrier	00:11:09	7
0484	Francesca	Bagot	u15G	Settle	00:11:16	8
0291	Lydia	Benson	u15G	Settle Harriers	00:11:24	9
1026	Mabel	Whitaker	u15G	Settle Harriers	00:12:05	10
0343	Eleanor	King	u15G	Helm Hill	00:12:09	11

U15 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
1022	Ben	Brassington	u15B	Lancaster & Morecambe AC	00:08:48	1
0300	Will	Pease	u15B	Barlick Fell Runners	00:08:57	2
0538	Zeke	Sumner	u15B	Ambleside AC	00:09:04	3
0376	Evan	Mulvany	u15B	Helm Hill	00:09:35	4
0345	Oscar	Timbers	u15B	Keighley and Craven	00:09:44	5
0285	Oliver	Scott	u15B	Leven valley	00:09:48	6
0608	Demitri	Kyriacou	u15B	Leven valley	00:09:58	7
0286	Riley	Scott	u15B	Leven valley	00:10:02	8
0468	Thomas	Iveson	u15B	Ambleside	00:10:16	9
0463	Noah	Zaboklicki	u15B	Furness Fell Runners	00:10:23	10
0026	Edward	Shawcross	u15B	Ambleside	00:10:26	11
0292	Carl	Sanderson	u15B	Settle Harriers	00:10:53	12
0247	Stan	Marston	u15B	Helm Hill	00:11:05	13
0380	Henry	Murray	u15B	Levens Valley	00:11:19	14
0225	Zach	Thomas	u15B	Helm Hill	00:11:34	15

U17 GIRLS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0021	Olivia	Aldham	u17G	Wharfedale Harriers	00:20:04	1
0358	Marina	Bailey	u17G	Leven Valley AC	00:20:23	2
0191	Ellen	Douglas	u17G	Leven valley ac	00:21:01	3
0022	Iona	Barrowdale-Smith	u17G	Leven Valley AC	00:21:29	4
0085	Emily	MacPherson-Littler	u17G	Bowland Fell Runners	00:25:11	5
0702	Lucy	Howard	u17G	Preston Harriers	00:27:06	6

U17 BOYS						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0251	Jack	Sanderson	u17B	Settle Harriers	00:16:28	1
0610	Oliver	Bailey	u17B	Staffordshire Moorlands AC	00:17:42	2
0057	Max	Hazlehurst	u17B	Leven Valley AC	00:17:49	3
0087	Oliver	Oldham	u17B	Leven Valley AC	00:18:34	4
0581	Josh	Todd	u17B	Kendal AC	00:18:37	5
0265	John	Williamson	u17B	Leven Valley AC	00:18:41	6
0258	Robbie	Watmough	u17B	Settle harriers	00:18:44	7
0817	Jahryn	MAY	u17B	HELM HILL	00:19:04	8
0580	Alfie	Todd	u17B	Kendal Ac	00:19:43	9
0052	Logan	McCredie	u17B	Blackburn Harriers	00:19:59	10
0439	Theo	Robinson	u17B	Howgill Harriers	00:21:34	11

U21 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0982	Georgia	Bell	FU21	Leven Valley	0:29:07	1
0699	Sarah	Smith	FU21	Helm Hill	0:31:48	2
1023	Ellie	Simmonds	FU21	Hoad Hill Harriers	0:36:17	3

U21 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0656	George	Campbell	MU21	Howgill Harrier	0:36:30	1
0050	Benji	Grundy	MU21	Wharfedale Harriers	0:38:19	2

OVERALL WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0982	Georgia	Bell	FU21	Leven Valley	0:29:07	1
0147	Alice	Rea	FSEN	Helm Hill	0:31:28	2
0480	Ellie	Mather	FSEN	Lonsdale Fell Runners	0:31:43	3
0699	Sarah	Smith	FU21	Helm Hill	0:31:48	4
0490	Connie	Hurton	FSEN	Eden Runners	0:32:04	5
0375	Emma	Kearsey	FSEN	Helm Hill Runners	0:32:22	6
0148	Deborah	Gowans	FV50	Todmorden Harriers	0:34:04	7
0456	Lisa	Parker	FV40	Rosendale Harriers	0:34:13	8
0503	Katie	Milburn	FSEN	Eden Runners	0:34:39	9
0613	Kirstin	Bailey	FV50	Staffordshire Moorlands AC	0:34:45	10
0474	Lorna	Askew	FV50	Helm Hill	0:35:04	11
0800	Karen	Bridge	FV50	Eden Runners	0:35:28	12
0076	Leanne	Scott	FV40	Leven valley	0:36:03	13
1023	Ellie	Simmonds	FU21	Hoad Hill Harriers	0:36:17	14
0400	Esther	Lambert	FSEN	Helm Hill	0:36:50	15
0781	Sarah	Batten	FSEN	Helm Hill	0:36:57	16
0121	Alison	Eagle	FV60	Wharfedale Harriers	0:37:09	17
0156	Kirsten	Angus	FV40	Settle Harriers	0:37:26	18
0334	Eleanor	Knowles	FV50	Ambleside AC	0:37:45	19
0187	Liz	Whitfield	FV40	Helm Hill	0:38:24	20
0721	Rachael	Mellor	FV50	Howgill Harriers	0:38:28	21
0189	Sarah	Welsh	FV40	Bowland Fell Runners	0:38:43	22
0164	Lucy	Spain	FSEN	Helm Hill	0:38:53	23
1025	Erin	Bagge	FSEN	U/A	0:39:11	24
0761	Maggie	Wild	FV40	COLT	0:39:39	25
0242	Tessa	Higgs	FSEN		0:39:47	26
0462	Lucy	Zaboklicka	FV40	Furness Fell Runners	0:40:12	27
0622	Emma	Blundell	FSEN	Lonsdale Fell Runners	0:40:51	28
1030	Sally	Brassington	FV40	Lancaster & Morecambe AC	0:41:00	29
0679	Judith	Marshall	FV40	Settle harriers	0:41:25	30

0088	Colleen	Oldham	FV40	Leven Valley AC	0:41:47	31
0281	Beth	Evans	FSEN	Settle Harriers	0:42:16	32
0092	Denise	Tunstall	FV50	Durham Fell Runners	0:42:36	33
0626	Ruth	Webster	FV50	non	0:43:28	34
0440	Zoe	Robinson	FV40	Howgill Harriers	0:44:07	35
0482	Pam	Bagot	FV40	Settle	0:44:10	36
0744	Eve	Howard	FV40		0:44:20	37
0492	Rebecca	Atkinson	FV40		0:44:26	38
0895	Andrena	Ball	FSEN		0:44:29	39
0844	Caroline	D'Arcy	FV50	Helm Hill	0:44:43	40
0015	Lynn	Whittaker	FV60	Wharfedale Harriers	0:45:14	41
0763	Marian	de Silver	FV60	Dallam	0:46:40	42
0810	Emma	Griffiths	FV40	Furness Fell Runners	0:47:41	43
0224	Katharine	Shrine	FV40	Helm Hill	0:47:52	44
0141	Anna	Baker	FV40	Helm Hill Runners	0:48:18	45
0847	Jayne	Scott	FV50		0:48:48	46
0108	Laura	Cole	FV50	Howgill Harriers	0:49:02	47
0665	ALISON	TANCREL	FV50	Helm Hill	0:49:25	48
0873	Sarah	Wright	FV40	Eden Runners	0:49:58	49
0016	Jill	Gates	FV60	Settle Harriers	0:50:32	50
0528	Sonja	Vietoris	FV60	Dallam Running	0:51:20	51

OVERALL MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0612	Simon	Bailey	MV40	Staffordshire Moorlands AC	0:24:39	1
0196	Peter	Stock	MSEN	Helm Hill	0:24:52	2
0994	Alasdair	Russell	MSEN	Kendal ac	0:25:24	3
0098	Sam	Burnstone	MSEN	Helm Hill	0:25:33	4
0264	Lewis	Bowness	MSEN	Helm Hill	0:25:59	5
0643	Mark	McGoldrick	MV40	Settle Harriers	0:26:15	6
1017	Charlie	Lowther	MV40	Eden Runners	0:26:42	7
0009	Andy	F	MSEN	Unaffiliated	0:27:00	8
0638	Sam	Harrison	MSEN	Bowland Fell Runners	0:27:25	9
0469	Brian	Pennington	MV40	Howgill Harriers	0:27:33	10
1016	Michael	Harcourt	MSEN	Darlington Harriers	0:27:39	11
0579	Joe	Todd	MV40	Kendal Ac	0:27:43	12
0614	Peter	Baxendale	MSEN		0:27:49	13
0042	Alastair	Dunn	MV50	Helm Hill Runners	0:27:53	14
0209	Jos	Addison	MSEN	Helm Hill	0:28:01	15
0038	Javier	Simon	MV40	Helm hill	0:28:11	16
0165	Padraig	Spillane	MSEN	Helm Hill	0:28:50	17
0275	derek	hurton	MV50	Eden Runners	0:28:55	18
0039	Rory	Addison	MSEN	Helm Hill	0:28:58	19
0338	Ben	Timbers	MV40	Keighley and Craven	0:29:02	20
0217	James	Wright	MV40	Settle Harriers	0:29:15	21
1031	Tom	Addison	MSEN	Helm Hill	0:29:46	22
1021	Jamie	Partridge	MSEN	Eden Runners	0:30:03	23
0906	colin	houston	MV40	helm hill	0:30:19	24
0984	John	Bell	MSEN	Leven Valley	0:30:24	25
1018	Mark	Irving	MSEN	Ellenborough	0:30:28	26
0301	David	Pease	MV40	Barlick Fell Runners	0:30:46	27
0073	Joe	Hobbs	MSEN	Lonsdale Fell Runners	0:30:57	28
0856	Henry	James	MSEN	Helm Hill	0:31:18	29
0607	David	Kyriacou	MSEN	Leven valley	0:31:39	30

0178	David	Wilson	MV50	Bowland	0:31:59	31
1029	Steven	Baker	MV40	Independent	0:32:09	32
0531	Daz	Slater	MV40	Ambleside AC	0:32:12	33
0040	David	Griffin	MV60	Helm Hill Runners	0:32:16	34
0521	Peter	Lawson	MSEN	Howgill Harriers	0:32:25	35
0767	Billy	Stephens	MSEN	Helm Hill	0:32:29	36
0025	Alistair	Shawcross	MV40	Dallam	0:32:32	37
0437	Sean	Robinson	MV40	Howgill Harriers	0:32:44	38
0045	Steve	King	MV50	Helm Hill	0:32:58	39
0777	Matthew	Swallow	MSEN		0:33:05	40
0099	Patrick	Burns	MV40	Helm Hill	0:33:09	41
0457	Michael	Toman	MV50	Rosendale Harriers	0:33:12	42
0961	Jeffrey	Chadwick	MV50	Glaxo Hoad Hill Harriers	0:33:25	43
0655	Jonathan	Boadle	MV40	None	0:34:18	44
0018	Paul	Revell	MV60		0:34:24	45
0094	Ray	Gill	MV60	Helm Hill	0:35:08	46
0150	Brian	Hickey	MV60	Cheshire Hill Racers	0:35:16	47
0326	Jonathan	Tombs	MV50	Eden Runners	0:35:22	48
0082	Jamie	Jephcott	MV50	Eden runners	0:35:57	49
0656	George	Campbell	MU21	Howgill Harrier	0:36:30	50
0240	Andy	Ward	MV40	Settle Harriers	0:36:45	51
0311	Andrew	Russell	MV50	Helm Hill	0:36:53	52
0188	Alistair	Welsh	MV60	Bowland Fell Runners	0:37:02	53
0720	David	Roper	MV60	Howgill Harriers	0:37:06	54
0069	Steve	Wathall	MV60		0:37:21	55
0991	Mark	Benson	MV50		0:37:52	56
0262	Mike	Falgate	MV60	Helm Hill	0:38:09	57
0050	Benji	Grundy	MU21	Wharfedale Harriers	0:38:19	58
1033	david	martin	MSEN	None	0:38:31	59
1010	Toby	Campbell	MV50	Unattached	0:39:22	60
0793	Andy	Evans	MV60	Settle Harriers	0:39:33	61

1020	Matthew	Cannon	MSEN		0:39:53	62
0523	daniel	Rayson	MV50		0:39:56	63
0661	Richard	Campbell	MV40	Howgill Harrier	0:39:59	64
0700	David	Mainwaring	MV60		0:40:15	65
0043	Keith	Masser	MV60	Helm Hill Runners	0:40:45	66
0584	Colin	Valentine	MV60	Keswick	0:41:30	67
0493	Matt	Atkinson	MV40		0:42:06	68
0363	John	Taylor	MV70	Bowland FR	0:42:39	69
0716	david	downes	MV60	WCOC	0:43:31	70
0256	Andy	Connor	MV50	Ambleside	0:43:49	71

FV40 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0456	Lisa	Parker	FV40	Rosendale Harriers	0:34:13	1
0076	Leanne	Scott	FV40	Leven valley	0:36:03	2
0156	Kirsten	Angus	FV40	Settle Harriers	0:37:26	3
0187	Liz	Whitfield	FV40	Helm Hill	0:38:24	4
0189	Sarah	Welsh	FV40	Bowland Fell Runners	0:38:43	5
0761	Maggie	Wild	FV40	COLT	0:39:39	6
0462	Lucy	Zaboklicka	FV40	Furness Fell Runners	0:40:12	7
1030	Sally	Brassington	FV40	Lancaster & Morecambe AC	0:41:00	8
0679	Judith	Marshall	FV40	Settle harriers	0:41:25	9
0088	Colleen	Oldham	FV40	Leven Valley AC	0:41:47	10
0440	Zoe	Robinson	FV40	Howgill Harriers	0:44:07	11
0482	Pam	Bagot	FV40	Settle	0:44:10	12
0744	Eve	Howard	FV40		0:44:20	13
0492	Rebecca	Atkinson	FV40		0:44:26	14
0810	Emma	Griffiths	FV40	Furness Fell Runners	0:47:41	15
0224	Katharine	Shrine	FV40	Helm Hill	0:47:52	16
0141	Anna	Baker	FV40	Helm Hill Runners	0:48:18	17
0873	Sarah	Wright	FV40	Eden Runners	0:49:58	18

MV40 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0612	Simon	Bailey	MV40	Staffordshire Moorlands AC	0:24:39	1
0643	Mark	McGoldrick	MV40	Settle Harriers	0:26:15	2
1017	Charlie	Lowther	MV40	Eden Runners	0:26:42	3
0469	Brian	Pennington	MV40	Howgill Harriers	0:27:33	4
0579	Joe	Todd	MV40	Kendal Ac	0:27:43	5
0038	Javier	Simon	MV40	Helm hill	0:28:11	6
0338	Ben	Timbers	MV40	Keighley and Craven	0:29:02	7
0217	James	Wright	MV40	Settle Harriers	0:29:15	8
0906	colin	houston	MV40	helm hill	0:30:19	9
0301	David	Pease	MV40	Barlick Fell Runners	0:30:46	10
1029	Steven	Baker	MV40	Independent	0:32:09	11
0531	Daz	Slater	MV40	Ambleside AC	0:32:12	12
0025	Alistair	Shawcross	MV40	Dallam	0:32:32	13
0437	Sean	Robinson	MV40	Howgill Harriers	0:32:44	14
0099	Patrick	Burns	MV40	Helm Hill	0:33:09	15
0655	Jonathan	Boadle	MV40	None	0:34:18	16
0240	Andy	Ward	MV40	Settle Harriers	0:36:45	17
0661	Richard	Campbell	MV40	Howgill Harrier	0:39:59	18
0493	Matt	Atkinson	MV40		0:42:06	19

FV50 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0148	Deborah	Gowans	FV50	Todmorden Harriers	0:34:04	1
0613	Kirstin	Bailey	FV50	Staffordshire Moorlands AC	0:34:45	2
0474	Lorna	Askew	FV50	Helm Hill	0:35:04	3
0800	Karen	Bridge	FV50	Eden Runners	0:35:28	4
0334	Eleanor	Knowles	FV50	Ambleside AC	0:37:45	5
0721	Rachael	Mellor	FV50	Howgill Harriers	0:38:28	6
0092	Denise	Tunstall	FV50	Durham Fell Runners	0:42:36	7
0626	Ruth	Webster	FV50	non	0:43:28	8
0844	Caroline	D'Arcy	FV50	Helm Hill	0:44:43	9
0847	Jayne	Scott	FV50		0:48:48	10
0108	Laura	Cole	FV50	Howgill Harriers	0:49:02	11
0665	ALISON	TANCREL	FV50	Helm Hill	0:49:25	12

MV50 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0042	Alastair	Dunn	MV50	Helm Hill Runners	0:27:53	1
0275	derek	hurton	MV50	Eden Runners	0:28:55	2
0178	David	Wilson	MV50	Bowland	0:31:59	3
0045	Steve	King	MV50	Helm Hill	0:32:58	4
0457	Michael	Toman	MV50	Rossendale Harriers	0:33:12	5
0961	Jeffrey	Chadwick	MV50	Glaxo Hoad Hill Harriers	0:33:25	6
0326	Jonathan	Tombs	MV50	Eden Runners	0:35:22	7
0082	Jamie	Jephcott	MV50	Eden runners	0:35:57	8
0311	Andrew	Russell	MV50	Helm Hill	0:36:53	9
0991	Mark	Benson	MV50		0:37:52	10
1010	Toby	Campbell	MV50	Unattached	0:39:22	11
0523	daniel	Rayson	MV50		0:39:56	12
0256	Andy	Connor	MV50	Ambleside	0:43:49	13

FV60 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0121	Alison	Eagle	FV60	Wharfedale Harriers	0:37:09	1
0015	Lynn	Whittaker	FV60	Wharfedale Harriers	0:45:14	2
0763	Marian	de Silver	FV60	Dallam	0:46:40	3
0016	Jill	Gates	FV60	Settle Harriers	0:50:32	4
0528	Sonja	Vietoris	FV60	Dallam Running	0:51:20	5

MV60 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0040	David	Griffin	MV60	Helm Hill Runners	0:32:16	1
0018	Paul	Revell	MV60		0:34:24	2
0094	Ray	Gill	MV60	Helm Hill	0:35:08	3
0150	Brian	Hickey	MV60	Cheshire Hill Racers	0:35:16	4
0188	Alistair	Welsh	MV60	Bowland Fell Runners	0:37:02	5
0720	David	Roper	MV60	Howgill Harriers	0:37:06	6
0069	Steve	Wathall	MV60		0:37:21	7
0262	Mike	Falgate	MV60	Helm Hill	0:38:09	8
0793	Andy	Evans	MV60	Settle Harriers	0:39:33	9
0700	David	Mainwaring	MV60		0:40:15	10
0043	Keith	Masser	MV60	Helm Hill Runners	0:40:45	11
0584	Colin	Valentine	MV60	Keswick	0:41:30	12
0716	david	downes	MV60	WCOC	0:43:31	13

FV70 WOMEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
#N/A						#N/A

MV70 MEN						
NUMBER		NAME	CAT	CLUB	TIME	POSITION
0363	John	Taylor	MV70	Bowland FR	0:42:39	1