



Supported By
Different Strokes
and
Pete Bland Sports



Longsleddale - Results 17 February 2019

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	971	Rob	Jebb	MV40	36:20	Helm Hill	1st Man/1st MV40
2	1008	Ted	Mason	MV40	36:31	Wharfedale	2nd Man
3	765	Jack	Wright	Man	36:40	Ambleside	3rd Man
4	962	Martin	Mikkelson-Barron	Man	37:01	Borrowdale	
5	781	John	Helme	MV40	37:04	Ambleside	
6	525	Jon	Rylance	MV40	37:29	Ambleside AC	
7	718	Charlie	Ing	Man	38:01	Unattached	
8	531	Alastair	Dunn	MV40	39:43	Helm Hill	
9	991	Sam	Soles	MU21	40:02	Buxton	1st MU21
10	882	John	Murfin	MV50	40:40	Settle Harriers	1st MV50
11	994	Pete	Rigby	Man	40:50	Helm Hill	
12	551	Will	Acland	MV40	40:57	Helm Hill	
13	924	Joe	Todd	MV40	41:25	Kendal AAC	
14	574	Harvey	Lord	Man	41:31	Black Combe	
15	722	Jack	Simpson	Man	41:59	Helm	
16	1009	Hannah	Russell	Lady	42:06	Helm Hill	1st Lady
17	593	Scott	Umpleby	MV50	42:17	Kendal AAC	
18	993	Kelli	Roberts	Lady	42:35	Helm Hill	2nd Lady
19	868	Phil	Mather	Man	42:38	Lonsdale	
20	824	Craig	Burrow	MV40	42:49	Helm Hill	
21	632	James	Baron	MV50	42:55	Helm Hill	
22	767	Tim	Pickering	Man	43:01	Helm Hill	
23	638	Simon	Mounsey	MV40	43:08	Howgill Harriers	
24	972	Ben	Timbers	MV40	43:16	Keighley and Craven AC	
25	650	Laurie	Kearsey	Man	43:40	Helm Hill	
26	987	Joe	Blackett	MV50	43:45	Dark Peak	
27	633	Steven	Middleton	MV40	44:01	Howgill Harriers	
28	918	Jon	Green	MV40	44:28	Preston Harriers	
29	1006	David	Goadby	Man	44:50	Helm Hill	
30	1007	Joe	Parsons	Man	44:51		
31	921	Jack	Walton	MU21	44:55	Keighley and Craven AC	
32	805	Robert	Moffat	Man	45:39		
33	603	Peter	German	Man	45:39	Helm Hill	
34	509	Chris	Green	MV40	45:53	Ambleside AC	
35	990	Dave	Soles	MV50	45:54	Pennine	
36	559	Sean	Robinson	MV40	45:54	Howgill Harriers	
37	931	John	Bowman	Man	45:55		
38	549	Graham	Schofield	MV60	46:02	Horwich RMI Harriers	1st MV60
39	888	Roger	Laycock	MV60	46:14	Settle Harriers	
40	648	David	Banks	MV50	46:53	Kendal AAC	
41	989	Alex	Hogford	Man	46:54	Woking	
42	591	Joey	Umpleby	MU21	47:05	Kendal AAC	
43	596	Alistair	Hearn	MV40	47:09	Helm Hill	
44	649	Emma	Johnston	Lady	47:23	Helm Hill	3rd Lady
45	545	Dave	Bottomley	Man	47:23	Helm Hill	
46	719	Matthew	Crawford	Man	47:26	Coniston	
47	883	Richard	Timms	MV50	47:56	Settle Harriers	
48	584	James	Todhunter	Man	48:00	Helm Hill	
49	922	Stuart	Walton	MV40	48:01	Keighley and Craven AC	
50	582	Colin	Houston	MV40	48:04		
51	676	Wilfred	Bell	MV60	48:45	Howgill Harriers	
52	861	Roger	Taylor	MV50	48:49	Preston Harriers	
53	836	David	Kyriacou	Man	49:01	Levens Valley AC	

54	520	Alistair	Shawcross	MV40	49:08		
55	709	Ronald	Hummelink	MV40	49:26	Lonsdale Fell Runners	
56	869	Ellie	Mather	Lady	49:33	Lonsdale	
57	694	Celia	Powell	Lady	49:41		
58	889	Ray	Gill	MV50	50:06	Dallam	
59	710	Andrew	Douglas	MV40	50:09	Kendal Tri	
60	711	Chloe	Lumsdon	Lady	50:11	Helm Hill	
61	838	Natasha	Geere	LV50	50:13	Spensorough	1st LV50
62	1001	Rob	Gothard	MV40	50:31		
63	609	Simon	Waller	MV50	50:39	Helm Hill	
64	624	Michael	Toman	MV50	50:42	Accrington RR	
65	758	Graham	Beaumont	MV50	51:21	Dallam	
66	998	Graham	Moffat	MV60	51:29	Howgill Harriers	
67	823	Steve	Wathall	MV60	51:33	Black Combe	
68	660	John	Robson	MV50	51:34	Helm Hill	
69	700	Jenny	Lyon	Lady	51:38	Dallam Running Club	
70	982	Calvin	Ferguson	Man	51:40	Calder Valley FR	
71	845	Kirsten	Angus	Lady	51:44	Settle Harriers	
72	988	Lucie-Ellen	Todhunter	Lady	52:03	Unattached	
73	865	Angela	Brand-Barker	LV50	52:06		
74	579	David	Barnes	MV60	52:06	Horwich RMI Harriers	
75	916	Philippe	Jumeaur	MV50	52:07		
76	938	Sarah	Gerrish	Lady	52:12	Helm Hill	
77	580	John	Jones	MV50	52:13	Helm Hill	
78	818	Beth	Dutson	Lady	52:32	Westerlands	
79	995	Alice	Steel	Lady	52:42	Dallam	
80	543	Mark	Villiers	MV40	52:43	Unattached	
81	986	Rowena	Browne	LV50	53:03	Bowland	
82	598	Lorna	Askew	LV40	53:06	Helm Hill	1st LV40
83	507	Andy	Holden	MV50	53:23	Wharfedale Harriers	
84	546	Jo	Appleby	LV40	53:37	Helm Hill	
85	680	Andrew	Stokes	MV60	53:43	Dallam	
86	512	Jonny	Grisedale	MV40	53:52	Helm Hill	
87	750	Richard	Halliday	Man	53:55	Howgill Harriers	
88	561	Toby	Smith	Man	53:55		
89	934	Richard	Simpson	MV60	54:00	Dallam	
90	997	Jim	Clapp	MV60	54:01	Durham Fell Runners	
91	661	Peter	Singleton	MV60	54:02	Blackpool	
92	612	Eleanor	Parker	Lady	54:13	Preston Harriers	
93	992	Paul	Swyers	MV50	54:33	Radcliffe AC	
94	532	Maia	Doherty	LU21	54:34	Helm Hill	1st LU21
95	597	Maria	Hearn	LV40	54:35	Helm Hill	
96	748	Andrew	Leach	Man	54:41	Howgill Harriers	
97	849	Colin	Valentine	MV50	54:48	Keswick AC	
98	570	Andy	Mingay	Man	55:12	Dallam	
99	553	Kate	Brayshaw	LV40	55:59	Helm Hill	
100	721	Grace	Leedham	LV50	56:00	Dallam	
101	610	Michael	McLoughlin	MV60	56:59	Preston Harriers	
102	619	Chris	Lawrence	MV50	57:06	Clayton le Moors	
103	646	Mark	Charnley	MV40	57:30	Settle Harriers	
104	674	Andy	Monk	MV60	57:37	FRA	
105	984	Alan	Miller	MV60	57:46	Kendal AAC	
106	853	Jonathan	Gibson	MV50	57:50	Wharfedale Harriers	
107	506	Lynn	Whittaker	LV50	57:53	Wharfedale Harriers	
108	685	John	Wood	MV40	58:05		
109	741	David	Roper	MV60	58:11	Howgill Harriers	
110	764	Vicky	Atkinson	LV40	58:20	Helm Hill	
111	1004	Rebekah	Beadle	LV50	58:21		
112	573	Andy	Evans	MV50	58:34	Settle Harriers	
113	936	Quentin	Merritt	MV50	58:41		
114	682	Mike	Binks	Man	58:50	Unattached	
115	831	Jill	Ecclestone	LV40	58:57	Settle Harriers	
116	862	Robyn	Anderson	LV40	59:14	Preston Harriers	
117	833	Helen	Greenep	LV50	59:49	Settle Harriers	
118	1005	Debbie	Thompson	LV60	59:50		1st LV60

119	1002	Judith	Marshall	LV40	1:01:09	Settle Harriers	
120	812	Amanda	Burrow	LV40	1:01:33	Helm Hill	
121	775	Lindsay	Harrod	LV50	1:01:39	Helm Hill	
122	847	Denise	Tunstall	LV50	1:02:13	Durham Fell Runners	
123	684	Sarah	Senior	LV50	1:02:20	Helm Hill	
124	558	Zoe	Robinson	Lady	1:03:59	Howgill Harriers	
125	557	May	Crawford	LV40	1:04:03	Helm Hill	
126	518	Rob	Crawford	MV40	1:04:09	Howgill Harriers	
127	544	Hanna	Latty	LV40	1:04:26		
128	645	Simone	Rigby	LU21	1:04:51	Settle Harriers	
129	511	Jo	Grisedale	LV40	1:04:55	Helm Hill	
130	999	Victoria	Leedham	LU21	1:05:33	Dallam	
131	552	Ian	Oakey	MV40	1:06:22	Settle Harriers	
132	689	Emma	Blundell	Lady	1:06:39	Lonsdale	
133	957	Dorcas	Doolan	LV60	1:06:51	Dallam	
134	608	Veronica	Waller	LV40	1:07:11	Dallam	
135	635	Tyla	Crook	LU21	1:08:05	Helm Hill	
136	979	Matthew	Laxton	Man	1:08:10		
137	654	Emily	Crossley	LU21	1:08:28	Settle Harriers	
138	651	Jill	Gates	LV50	1:08:29	Settle Harriers	
139	963	Iain	Crossley	MV60	1:09:10	AcHille Ratti	
140	526	Wendy	Smith	LV40	1:09:56	Helm Hill	
141	693	Leanne	Richie	Lady	1:12:35		
142	691	Scott	Thwaites	Man	1:12:35		
143	870	Anna	Stevens	LV40	1:14:00	Helm Hill	
144	1003	Teresa	Onions	LV60	1:14:25		
145	681	Phil	Kirkby	MV60	1:18:49	Coniston	
146	810	Sonja	Vietoris	LV50	1:19:13		
147	510	Kristian	Clayton	MV40	1:25:23	Barlick Fell Runners	
148	501	Denis	Wood	MV70	1:37:26	Borrowdale	1st MV70
149	996	Antonio	Cardinale	MV60	1:37:30	Otley	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Eric	Beaumont	Boy	14:50	Keighley & Craven AC	1st Boy
2	49	Alex	Tallon	Boy	14:55	Helm Hill	2nd Boy
3	159	Henry	Hunter	Boy	15:26	Helm Hill	3rd Boy
4	158	Jacob	Smith	Boy	15:49	Helm Hill	
5	901	Daniel	Sanderson	Boy	16:23	Ambleside	
6	67	Jack	Villiers	Boy	16:34	Barlick Fell Runners	
7	36	Chloe	Rylance	Girl	17:07	Ambleside AC	1st Girl
8	87	Adam	Scott	Boy	17:39	Helm Hill	
9	147	Sonny	Ashton-Fitch	Boy	18:22	Settle Harriers	
10	234	Bernadette	Raven	Girl	18:29	Ilkley Harriers	2nd Girl
11	73	Emily	Swarbrick	Girl	20:36	Cumberland Fell Runners	3rd Girl
12	248	David	Blenman	Boy	24:43	Helm Hill	

Under 15 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	206	James	Bowen	Boy	11:27	Ambleside	1st Boy
2	205	Harry	Bowen	Boy	11:41	Ambleside	2nd Boy
3	65	Thomas	Brailsford	Boy	11:57	Ambleside	3rd Boy
4	121	Ben	Greenep	Boy	12:04	Kendal AAC	
5	91	Amelie	Lane	Girl	12:14	Wharfedale Harriers	1st Girl
6	59	Sarah	Smith	Girl	12:50	Helm Hill	2nd Girl
7	35	Sophie	Rylance	Girl	13:05	Ambleside AC	3rd Girl
8	139	Jamie	Waller	Boy	13:26	Dallam	
9	37	Joseph	Rigby	Boy	13:31	Helm Hill	
10	99	Isaac	Robinson	Boy	13:35	Howgill Harriers	
11	69	Oliver	Willoughby	Boy	15:22	Helm Hill	
12	165	Martha	Rigby	Girl	15:42	Settle Harriers	
13	90	Nathon	Ritchie	Boy	16:01	Levens Valley AC	
14	62	Vicky	Woof	Girl	16:05	Howgill Harriers	
15	98	Ciara	Duffy	Girl	16:33	Barlick Fell Runners	
16	101	George	Campbell	Boy	17:11	Howgill Harriers	
17	89	Megan	de Lacy-Perkins	Girl	17:22	Lancaster & Morecambe AC	
18	16	Finley	Grisedale	Boy	17:42	Helm Hill	

Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	5	Rowan	Ashworth	Boy	05:59	Ambleside	1st Boy
2	262	James	Brassington	Boy	06:15	Lancaster & Morecambe A	2nd Boy
3	120	Leo	Ranner	Boy	06:21	Helm Hill	3rd Boy
4	13	Ben	Allmond	Boy	06:31	Ambleside	
5	117	Lucille	Pickles	Girl	06:32	Barlick Fell Runners	1st Girl
6	171	Jack	Sanderson	Boy	06:49	Settle Harriers	
7	259	Riley	Merryfield	Boy	06:51	Ambleside	
8	50	Cameron	Dunn	Boy	07:01	Helm Hill	
9	124	Finn	Houston	Boy	07:01	Helm Hill	
10	100	Toby	Acland	Boy	07:10	Helm Hill	
11	251	Milly	Timbers	Girl	07:11	Keighley and Craven AC	2nd Girl
12	74	Hester	Metcalfe	Girl	07:12	Ambleside AC	3rd Girl
13	166	Oliver	Ball	Boy	07:17	Lancaster & Morecambe A	
14	38	Aaron	Smith	Boy	07:18	Howgill Harriers	
15	97	Ewan	Black	Boy	07:23	Helm Hill	
16	42	Jude	Evans	Boy	07:25	Ambleside	
17	44	Charlotte	Peart	Girl	07:31	Settle Harriers	
18	106	Olivia	Swarbrick	Girl	07:33	Cumberland Fell Runners	
19	182	Oliver	Brummitt	Boy	07:39	Settle Harriers	
20	33	Emma	Duxbury	Girl	07:44	Ambleside	
21	103	Madeleine	Martindale	Girl	07:44	Helm Hill	
22	137	Thomas	Hearn	Boy	07:45	Helm Hill	
23	247	Jody	Whitfield	Girl	07:58	Barlick Fell Runners	
24	53	Finlay	Aitken	Boy	08:07	Helm Hill	
25	239	Amber	Muller	Girl	08:11	Barlick Fell Runners	
26	84	Connie-May	Scott	Girl	08:19	Kendal AAC	
27	48	Jasmine	Bottomley	Girl	08:21	Helm Hill	
28	17	Lily -Grace	Clayton	Girl	08:22	Barlick Fell Runners	
29	200	John	Williamson	Boy	08:23	Levens Valley AC	
30	113	Theo	Robinson	Boy	08:29	Howgill Harriers	
31	102	Ella	Martindale	Girl	08:46	Helm Hill	
32	122	Alicia	Crawford	Girl	08:51	Helm Hill	
33	130	Daisy	Lees	Girl	09:01	Ambleside	
34	12	Seren	Green	Girl	09:03	Ambleside AC	
35	126	Sophie	Goodall	Girl	09:37		
36	58	Jessica	Oakey	Girl	09:45	Settle Harriers	
37	77	Isabella	Latty	Girl	11:40	Settle Harriers	
DNF	156	Alex	Graham	Boy	DNF	Ambleside	

Under 11 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	15	Harvey	Shaw	Boy	06:22	Ambleside	1st Boy
2	21	Joseff	Tancrel	Boy	06:30	Helm Hill	2nd Boy
3	66	Blake	Fleming	Boy	06:50	Ambleside AC	3rd Boy
4	6	Tom	Ashworth	Boy	07:05	Ambleside	
5	204	Zeke	Sumner	Boy	07:11	Ambleside	
6	263	Ben	Brassington	Boy	07:11	Lancaster & Morecambe A	
7	155	Jamie	Graham	Boy	07:15	Ambleside	
8	45	Millie	Jebb	Girl	07:26	Helm Hill	1st Girl
9	104	Will	Brayshaw	Boy	07:27	Helm Hill	
10	170	Carl	Sanderson	Boy	07:30	Settle Harriers	
11	51	Fraser	Dunn	Boy	07:37	Helm Hill	
12	47	Jackson	Bottomley	Boy	07:43	Helm Hill	
13	119	Emmy	Ranner	Girl	07:47	Helm Hill	2nd Girl
14	244	Isla	Jebb	Girl	07:50	Helm Hill	3rd Girl
15	252	Oscar	Timbers	Boy	07:54	Keighley and Craven AC	
16	109	William	Hargreaves	Boy	07:55	Ambleside	
17	260	Joe	Green	Boy	07:57	Ambleside AC	
18	114	Gus	Campbell	Boy	08:11	Howgill Harriers	
19	93	Peter	de Lacy-Perkins	Boy	08:18	Lancaster & Morecambe A	
20	125	Aaron	Goodall	Boy	08:18		
21	34	Ruby	Duxbury	Girl	08:19	Ambleside	
22	221	William	Gornall	Boy	08:24		
23	31	Tommy	Brodrick	Boy	08:40	Ambleside	
24	134	Ben	Todhunter	Boy	08:48	Unattached	
25	26	Edward	Shawcross	Boy	08:50	Dallam	
26	43	Tess	Evans	Girl	08:51	Ambleside	
27	238	Alfie	Muller	Boy	08:52	Barlick Fell Runners	
28	92	Robyn	de Lacy-Perkins	Girl	08:56	Lancaster & Morecambe A	
29	261	Arthur	Kirby	Boy	08:56	Ambleside	
30	183	Demitri	Kyriacou	Boy	08:59	Levens Valley AC	
31	173	Ella	Stamp	Girl	09:07	Helm Hill	
32	55	Zach	Thomas	Boy	09:44	COLT	
33	135	Ellie	Todhunter	Girl	09:47	Unattached	
34	132	Thomas	Iveson	Boy	09:50	Ambleside AC	
35	123	Freddie	Crawford	Boy	09:52	Helm Hill	
36	197	Jera	Beaumont	Boy	10:16	Ambleside	

Longsleddale 2019 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	971	Rob	Jebb	MV40	36:20	Helm Hill	1st Man/1st MV40
2	1008	Ted	Mason	MV40	36:31	Wharfedale	2nd Man
3	765	Jack	Wright	Man	36:40	Ambleside	3rd Man
4	962	Martin	Mikkelson-Barron	Man	37:01	Borrowdale	
5	781	John	Helme	MV40	37:04	Ambleside	
6	525	Jon	Rylance	MV40	37:29	Ambleside AC	
7	718	Charlie	Ing	Man	38:01	Unattached	
8	531	Alastair	Dunn	MV40	39:43	Helm Hill	
9	991	Sam	Soles	MU21	40:02	Buxton	1st MU21
10	882	John	Murfin	MV50	40:40	Settle Harriers	1st MV50
11	994	Pete	Rigby	Man	40:50	Helm Hill	
12	551	Will	Acland	MV40	40:57	Helm Hill	
13	924	Joe	Todd	MV40	41:25	Kendal AAC	
14	574	Harvey	Lord	Man	41:31	Black Combe	
15	722	Jack	Simpson	Man	41:59	Helm	
16	593	Scott	Umpleby	MV50	42:17	Kendal AAC	
17	868	Phil	Mather	Man	42:38	Lonsdale	
18	824	Craig	Burrow	MV40	42:49	Helm Hill	
19	632	James	Baron	MV50	42:55	Helm Hill	
20	767	Tim	Pickering	Man	43:01	Helm Hill	
21	638	Simon	Mounsey	MV40	43:08	Howgill Harriers	
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27	1006	David	Goadby	Man	44:50	Helm Hill	
28	1007	Joe	Parsons	Man	44:51		
29	921	Jack	Walton	MU21	44:55	Keighley and Craven AC	
30	805	Robert	Moffat	Man	45:39		
31	603	Peter	German	Man	45:39	Helm Hill	
32	509	Chris	Green	MV40	45:53	Ambleside AC	
33	990	Dave	Soles	MV50	45:54	Pennine	
34	559	Sean	Robinson	MV40	45:54	Howgill Harriers	
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44	883	Richard	Timms	MV50	47:56	Settle Harriers	
45	584	James	Todhunter	Man	48:00	Helm Hill	
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47	582	Colin	Houston	MV40	48:04		
48	676	Wilfred	Bell	MV60	48:45	Howgill Harriers	
49	861	Roger	Taylor	MV50	48:49	Preston Harriers	
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51	520	Alistair	Shawcross	MV40	49:08		
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54	710	Andrew	Douglas	MV40	50:09	Kendal Tri	
55	1001	Rob	Gothard	MV40	50:31		
56	609	Simon	Waller	MV50	50:39	Helm Hill	
57	624	Michael	Toman	MV50	50:42	Accrington RR	
58	758	Graham	Beaumont	MV50	51:21	Dallam	
59	998	Graham	Moffat	MV60	51:29	Howgill Harriers	
60	823	Steve	Wathall	MV60	51:33	Black Combe	
61	660	John	Robson	MV50	51:34	Helm Hill	

62	982	Calvin	Ferguson	Man	51:40	Calder Valley FR	
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69	512	Jonny	Grisedale	MV40	53:52	Helm Hill	
70	750	Richard	Halliday	Man	53:55	Howgill Harriers	
71	561	Toby	Smith	Man	53:55		
72	934	Richard	Simpson	MV60	54:00	Dallam	
73	997	Jim	Clapp	MV60	54:01	Durham Fell Runners	
74	661	Peter	Singleton	MV60	54:02	Blackpool	
75	992	Paul	Swyers	MV50	54:33	Radcliffe AC	
76	748	Andrew	Leach	Man	54:41	Howgill Harriers	
77	849	Colin	Valentine	MV50	54:48	Keswick AC	
78	570	Andy	Mingay	Man	55:12	Dallam	
79	610	Michael	McLoughlin	MV60	56:59	Preston Harriers	
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81	646	Mark	Charnley	MV40	57:30	Settle Harriers	
82	674	Andy	Monk	MV60	57:37	FRA	
83	984	Alan	Miller	MV60	57:46	Kendal AAC	
84	853	Jonathan	Gibson	MV50	57:50	Wharfedale Harriers	
85	685	John	Wood	MV40	58:05		
86	741	David	Roper	MV60	58:11	Howgill Harriers	
87	573	Andy	Evans	MV50	58:34	Settle Harriers	
88	936	Quentin	Merritt	MV50	58:41		
89	682	Mike	Binks	Man	58:50	Unattached	
90	518	Rob	Crawford	MV40	1:04:09	Howgill Harriers	
91	552	Ian	Oakey	MV40	1:06:22	Settle Harriers	
92	979	Matthew	Laxton	Man	1:08:10		
93	963	Iain	Crossley	MV60	1:09:10	AcHille Ratti	
94	691	Scott	Thwaites	Man	1:12:35		
95	681	Phil	Kirkby	MV60	1:18:49	Coniston	
96	510	Kristian	Clayton	MV40	1:25:23	Barlick Fell Runners	
97	501	Denis	Wood	MV70	1:37:26	Borrowdale	1st MV70
98	996	Antonio	Cardinale	MV60	1:37:30	Otley	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	765	Jack	Wright	Man	36:40	Ambleside	3rd Man
2	962	Martin	Mikkelson-Barron	Man	37:01	Borrowdale	
3	718	Charlie	Ing	Man	38:01	Unattached	
4	991	Sam	Soles	MU21	40:02	Buxton	1st MU21
5	994	Pete	Rigby	Man	40:50	Helm Hill	
6	574	Harvey	Lord	Man	41:31	Black Combe	
7	722	Jack	Simpson	Man	41:59	Helm	
8	868	Phil	Mather	Man	42:38	Lonsdale	
9	767	Tim	Pickering	Man	43:01	Helm Hill	
10	650	Laurie	Kearsey	Man	43:40	Helm Hill	
11	1006	David	Goadby	Man	44:50	Helm Hill	
12	1007	Joe	Parsons	Man	44:51		
13	921	Jack	Walton	MU21	44:55	Keighley and Craven AC	
14	805	Robert	Moffat	Man	45:39		
15	603	Peter	German	Man	45:39	Helm Hill	
16	931	John	Bowman	Man	45:55		
17	989	Alex	Hogford	Man	46:54	Woking	
18	591	Joey	Umpleby	MU21	47:05	Kendal AAC	
19	545	Dave	Bottomley	Man	47:23	Helm Hill	
20	719	Matthew	Crawford	Man	47:26	Coniston	
21	584	James	Todhunter	Man	48:00	Helm Hill	
22	836	David	Kyriacou	Man	49:01	Levens Valley AC	
23	982	Calvin	Ferguson	Man	51:40	Calder Valley FR	
24	750	Richard	Halliday	Man	53:55	Howgill Harriers	
25	561	Toby	Smith	Man	53:55		
26	748	Andrew	Leach	Man	54:41	Howgill Harriers	
27	570	Andy	Mingay	Man	55:12	Dallam	
28	682	Mike	Binks	Man	58:50	Unattached	
29	979	Matthew	Laxton	Man	1:08:10		
30	691	Scott	Thwaites	Man	1:12:35		

MEN UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	991	Sam	Soles	MU21	40:02	Buxton	1st MU21
2	921	Jack	Walton	MU21	44:55	Keighley and Craven AC	
3	591	Joey	Umpleby	MU21	47:05	Kendal AAC	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	971	Rob	Jebb	MV40	36:20	Helm Hill	1st Man/1st MV40
2	1008	Ted	Mason	MV40	36:31	Wharfedale	2nd Man
3	781	John	Helme	MV40	37:04	Ambleside	
4	525	Jon	Rylance	MV40	37:29	Ambleside AC	
5	531	Alastair	Dunn	MV40	39:43	Helm Hill	
6	551	Will	Acland	MV40	40:57	Helm Hill	
7	924	Joe	Todd	MV40	41:25	Kendal AAC	
8	824	Craig	Burrow	MV40	42:49	Helm Hill	
9	638	Simon	Mounsey	MV40	43:08	Howgill Harriers	
10	972	Ben	Timbers	MV40	43:16	Keighley and Craven AC	
11	633	Steven	Middleton	MV40	44:01	Howgill Harriers	
12	918	Jon	Green	MV40	44:28	Preston Harriers	
13	509	Chris	Green	MV40	45:53	Ambleside AC	
14	559	Sean	Robinson	MV40	45:54	Howgill Harriers	
15	596	Alistair	Hearn	MV40	47:09	Helm Hill	
16	922	Stuart	Walton	MV40	48:01	Keighley and Craven AC	
17	582	Colin	Houston	MV40	48:04		
18	520	Alistair	Shawcross	MV40	49:08		
19	709	Ronald	Hummelink	MV40	49:26	Lonsdale Fell Runners	
20	710	Andrew	Douglas	MV40	50:09	Kendal Tri	
21	1001	Rob	Gothard	MV40	50:31		
22	543	Mark	Villiers	MV40	52:43	Unattached	
23	512	Jonny	Grisedale	MV40	53:52	Helm Hill	
24	646	Mark	Charnley	MV40	57:30	Settle Harriers	
25	685	John	Wood	MV40	58:05		
26	518	Rob	Crawford	MV40	1:04:09	Howgill Harriers	
27	552	Ian	Oakey	MV40	1:06:22	Settle Harriers	
28	510	Kristian	Clayton	MV40	1:25:23	Barlick Fell Runners	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	882	John	Murfin	MV50	40:40	Settle Harriers	1st MV50
2	593	Scott	Umpleby	MV50	42:17	Kendal AAC	
3	632	James	Baron	MV50	42:55	Helm Hill	
4	987	Joe	Blackett	MV50	43:45	Dark Peak	
5	990	Dave	Soles	MV50	45:54	Pennine	
6	648	David	Banks	MV50	46:53	Kendal AAC	
7	883	Richard	Timms	MV50	47:56	Settle Harriers	
8	861	Roger	Taylor	MV50	48:49	Preston Harriers	
9	889	Ray	Gill	MV50	50:06	Dallam	
10	609	Simon	Waller	MV50	50:39	Helm Hill	
11	624	Michael	Toman	MV50	50:42	Accrington RR	
12	758	Graham	Beaumont	MV50	51:21	Dallam	
13	660	John	Robson	MV50	51:34	Helm Hill	
14	916	Philippe	Jumeaur	MV50	52:07		
15	580	John	Jones	MV50	52:13	Helm Hill	
16	507	Andy	Holden	MV50	53:23	Wharfedale Harriers	
17	992	Paul	Swyers	MV50	54:33	Radcliffe AC	
18	849	Colin	Valentine	MV50	54:48	Keswick AC	
19	619	Chris	Lawrence	MV50	57:06	Clayton le Moors	
20	853	Jonathan	Gibson	MV50	57:50	Wharfedale Harriers	
21	573	Andy	Evans	MV50	58:34	Settle Harriers	
22	936	Quentin	Merritt	MV50	58:41		

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	549	Graham	Schofield	MV60	46:02	Horwich RMI Harriers	1st MV60
2	888	Roger	Laycock	MV60	46:14	Settle Harriers	
3	676	Wilfred	Bell	MV60	48:45	Howgill Harriers	
4	998	Graham	Moffat	MV60	51:29	Howgill Harriers	
5	823	Steve	Wathall	MV60	51:33	Black Combe	
6	579	David	Barnes	MV60	52:06	Horwich RMI Harriers	
7	680	Andrew	Stokes	MV60	53:43	Dallam	
8	934	Richard	Simpson	MV60	54:00	Dallam	
9	997	Jim	Clapp	MV60	54:01	Durham Fell Runners	
10	661	Peter	Singleton	MV60	54:02	Blackpool	
11	610	Michael	McLoughlin	MV60	56:59	Preston Harriers	
12	674	Andy	Monk	MV60	57:37	FRA	
13	984	Alan	Miller	MV60	57:46	Kendal AAC	
14	741	David	Roper	MV60	58:11	Howgill Harriers	
15	963	Iain	Crossley	MV60	1:09:10	AcHille Ratti	
16	681	Phil	Kirkby	MV60	1:18:49	Coniston	
17	996	Antonio	Cardinale	MV60	1:37:30	Otley	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	501	Denis	Wood	MV70	1:37:26	Borrowdale	1st MV70

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1009	Hannah	Russell	Lady	42:06	Helm Hill	1st Lady
2	993	Kelli	Roberts	Lady	42:35	Helm Hill	2nd Lady
3	649	Emma	Johnston	Lady	47:23	Helm Hill	3rd Lady
4	869	Ellie	Mather	Lady	49:33	Lonsdale	
5	694	Celia	Powell	Lady	49:41		
6	711	Chloe	Lumsdon	Lady	50:11	Helm Hill	
7	838	Natasha	Geere	LV50	50:13	Spensborough	1st LV50
8	700	Jenny	Lyon	Lady	51:38	Dallam Running Club	
9	845	Kirsten	Angus	Lady	51:44	Settle Harriers	
10	988	Lucie-Ellen	Todhunter	Lady	52:03	Unattached	
11	865	Angela	Brand-Barker	LV50	52:06		
12	938	Sarah	Gerrish	Lady	52:12	Helm Hill	
13	818	Beth	Dutson	Lady	52:32	Westerlands	
14	995	Alice	Steel	Lady	52:42	Dallam	
15	986	Rowena	Browne	LV50	53:03	Bowland	
16	598	Lorna	Askew	LV40	53:06	Helm Hill	1st LV40
17	546	Jo	Appleby	LV40	53:37	Helm Hill	
18	612	Eleanor	Parker	Lady	54:13	Preston Harriers	
19	532	Maia	Doherty	LU21	54:34	Helm Hill	1st LU21
20	597	Maria	Hearn	LV40	54:35	Helm Hill	
21	553	Kate	Brayshaw	LV40	55:59	Helm Hill	
22	721	Grace	Leedham	LV50	56:00	Dallam	
23	506	Lynn	Whittaker	LV50	57:53	Wharfedale Harriers	
24	764	Vicky	Atkinson	LV40	58:20	Helm Hill	
25	1004	Rebekah	Beadle	LV50	58:21		
26	831	Jill	Ecclestone	LV40	58:57	Settle Harriers	
27	862	Robyn	Anderson	LV40	59:14	Preston Harriers	
28	833	Helen	Greenep	LV50	59:49	Settle Harriers	
29	1005	Debbie	Thompson	LV60	59:50		1st LV60
30	1002	Judith	Marshall	LV40	1:01:09	Settle harriers	
31	812	Amanda	Burrow	LV40	1:01:33	Helm Hill	
32	775	Lindsay	Harrod	LV50	1:01:39	Helm Hill	
33	847	Denise	Tunstall	LV50	1:02:13	Durham Fell Runners	
34	684	Sarah	Senior	LV50	1:02:20	Helm Hill	
35	558	Zoe	Robinson	Lady	1:03:59	Howgill Harriers	
36	557	May	Crawford	LV40	1:04:03	Helm Hill	
37	544	Hanna	Latty	LV40	1:04:26		
38	645	Simone	Rigby	LU21	1:04:51	Settle Harriers	
39	511	Jo	Grisedale	LV40	1:04:55	Helm Hill	
40	999	Victoria	Leedham	LU21	1:05:33	Dallam	
41	689	Emma	Blundell	Lady	1:06:39	Lonsdale	
42	957	Dorcas	Doolan	LV60	1:06:51	Dallam	
43	608	Veronica	Waller	LV40	1:07:11	Dallam	
44	635	Tyla	Crook	LU21	1:08:05	Helm Hill	
45	654	Emily	Crossley	LU21	1:08:28	Settle Harriers	
46	651	Jill	Gates	LV50	1:08:29	Settle Harriers	
47	526	Wendy	Smith	LV40	1:09:56	Helm Hill	
48	693	Leanne	Richie	Lady	1:12:35		
49	870	Anna	Stevens	LV40	1:14:00	Helm Hill	
50	1003	Teresa	Onions	LV60	1:14:25		
51	810	Sonja	Vietoris	LV50	1:19:13		

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1009	Hannah	Russell	Lady	42:06	Helm Hill	1st Lady
2	993	Kelli	Roberts	Lady	42:35	Helm Hill	2nd Lady
3	649	Emma	Johnston	Lady	47:23	Helm Hill	3rd Lady
4	869	Ellie	Mather	Lady	49:33	Lonsdale	
5	694	Celia	Powell	Lady	49:41		
6	711	Chloe	Lumsdon	Lady	50:11	Helm Hill	
7	700	Jenny	Lyon	Lady	51:38	Dallam Running Club	
8	845	Kirsten	Angus	Lady	51:44	Settle Harriers	
9	988	Lucie-Ellen	Todhunter	Lady	52:03	Unattached	
10	938	Sarah	Gerrish	Lady	52:12	Helm Hill	
11	818	Beth	Dutson	Lady	52:32	Westerlands	
12	995	Alice	Steel	Lady	52:42	Dallam	
13	612	Eleanor	Parker	Lady	54:13	Preston Harriers	
14	532	Maia	Doherty	LU21	54:34	Helm Hill	1st LU21
15	558	Zoe	Robinson	Lady	1:03:59	Howgill Harriers	
16	645	Simone	Rigby	LU21	1:04:51	Settle Harriers	
17	999	Victoria	Leedham	LU21	1:05:33	Dallam	
18	689	Emma	Blundell	Lady	1:06:39	Lonsdale	
19	635	Tyla	Crook	LU21	1:08:05	Helm Hill	
20	654	Emily	Crossley	LU21	1:08:28	Settle Harriers	
21	693	Leanne	Richie	Lady	1:12:35		

LADIES UNDER 21

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	532	Maia	Doherty	LU21	54:34	Helm Hill	1st LU21
2	645	Simone	Rigby	LU21	1:04:51	Settle Harriers	
3	999	Victoria	Leedham	LU21	1:05:33	Dallam	
4	635	Tyla	Crook	LU21	1:08:05	Helm Hill	
5	654	Emily	Crossley	LU21	1:08:28	Settle Harriers	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	598	Lorna	Askew	LV40	53:06	Helm Hill	1st LV40
2	546	Jo	Appleby	LV40	53:37	Helm Hill	
3	597	Maria	Hearn	LV40	54:35	Helm Hill	
4	553	Kate	Brayshaw	LV40	55:59	Helm Hill	
5	764	Vicky	Atkinson	LV40	58:20	Helm Hill	
6	831	Jill	Ecclestone	LV40	58:57	Settle Harriers	
7	862	Robyn	Anderson	LV40	59:14	Preston Harriers	
8	1002	Judith	Marshall	LV40	1:01:09	Settle harriers	
9	812	Amanda	Burrow	LV40	1:01:33	Helm Hill	
10	557	May	Crawford	LV40	1:04:03	Helm Hill	
11	544	Hanna	Latty	LV40	1:04:26		
12	511	Jo	Grisedale	LV40	1:04:55	Helm Hill	
13	608	Veronica	Waller	LV40	1:07:11	Dallam	
14	526	Wendy	Smith	LV40	1:09:56	Helm Hill	
15	870	Anna	Stevens	LV40	1:14:00	Helm Hill	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	838	Natasha	Geere	LV50	50:13	Spenborough	1st LV50
2	865	Angela	Brand-Barker	LV50	52:06		
3	986	Rowena	Browne	LV50	53:03	Bowland	
4	721	Grace	Leedham	LV50	56:00	Dallam	
5	506	Lynn	Whittaker	LV50	57:53	Wharfedale Harriers	
6	1004	Rebekah	Beadle	LV50	58:21		
7	833	Helen	Greenep	LV50	59:49	Settle Harriers	
8	775	Lindsay	Harrod	LV50	1:01:39	Helm Hill	
9	847	Denise	Tunstall	LV50	1:02:13	Durham Fell Runners	
10	684	Sarah	Senior	LV50	1:02:20	Helm Hill	
11	651	Jill	Gates	LV50	1:08:29	Settle Harriers	
12	810	Sonja	Vietoris	LV50	1:19:13		

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1005	Debbie	Thompson	LV60	59:50		1st LV60
2	957	Dorcas	Doolan	LV60	1:06:51	Dallam	
3	1003	Teresa	Onions	LV60	1:14:25		

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Eric	Beaumont	Boy	14:50	Keighley & Craven AC	1st Boy
2	49	Alex	Tallon	Boy	14:55	Helm Hill	2nd Boy
3	159	Henry	Hunter	Boy	15:26	Helm Hill	3rd Boy
4	158	Jacob	Smith	Boy	15:49	Helm Hill	
5	901	Daniel	Sanderson	Boy	16:23	Ambleside	
6	67	Jack	Villiers	Boy	16:34	Barlick Fell Runners	
7	87	Adam	Scott	Boy	17:39	Helm Hill	
8	147	Sonny	Ashton-Fitch	Boy	18:22	Settle Harriers	
9	248	David	Blenman	Boy	24:43	Helm Hill	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	36	Chloe	Rylance	Girl	17:07	Ambleside AC	1st Girl
2	234	Bernadette	Raven	Girl	18:29	Ilkley Harriers	2nd Girl
3	73	Emily	Swarbrick	Girl	20:36	Cumberland Fell Runners	3rd Girl

UNDER 15 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	206	James	Bowen	Boy	11:27	Ambleside	1st Boy
2	205	Harry	Bowen	Boy	11:41	Ambleside	2nd Boy
3	65	Thomas	Brailsford	Boy	11:57	Ambleside	3rd Boy
4	121	Ben	Greenep	Boy	12:04	Kendal AAC	
5	139	Jamie	Waller	Boy	13:26	Dallam	
6	37	Joseph	Rigby	Boy	13:31	Helm Hill	
7	99	Isaac	Robinson	Boy	13:35	Howgill Harriers	
8	69	Oliver	Willoughby	Boy	15:22	Helm Hill	
9	90	Nathon	Ritchie	Boy	16:01	Levens Valley AC	
10	101	George	Campbell	Boy	17:11	Howgill Harriers	
11	16	Finley	Grisedale	Boy	17:42	Helm Hill	

UNDER 15 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	91	Amelie	Lane	Girl	12:14	Wharfedale Harriers	1st Girl
2	59	Sarah	Smith	Girl	12:50	Helm Hill	2nd Girl
3	35	Sophie	Rylance	Girl	13:05	Ambleside AC	3rd Girl
4	165	Martha	Rigby	Girl	15:42	Settle Harriers	
5	62	Vicky	Woof	Girl	16:05	Howgill Harriers	
6	98	Ciara	Duffy	Girl	16:33	Barlick Fell Runners	
7	89	Megan	de Lacy-Perkins	Girl	17:22	Lancaster & Morecambe AC	

UNDER 13 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	5	Rowan	Ashworth	Boy	05:59	Ambleside	1st Boy
2	262	James	Brassington	Boy	06:15	Lancaster & Morecambe A	2nd Boy
3	120	Leo	Ranner	Boy	06:21	Helm Hill	3rd Boy
4	13	Ben	Allmond	Boy	06:31	Ambleside	
5	171	Jack	Sanderson	Boy	06:49	Settle Harriers	
6	259	Riley	Merryfield	Boy	06:51	Ambleside	
7	50	Cameron	Dunn	Boy	07:01	Helm Hill	
8	124	Finn	Houston	Boy	07:01	Helm Hill	
9	100	Toby	Acland	Boy	07:10	Helm Hill	
10	166	Oliver	Ball	Boy	07:17	Lancaster & Morecambe A	
11	38	Aaron	Smith	Boy	07:18	Howgill Harriers	
12	97	Ewan	Black	Boy	07:23	Helm Hill	
13	42	Jude	Evans	Boy	07:25	Ambleside	
14	182	Oliver	Brummitt	Boy	07:39	Settle Harriers	
15	137	Thomas	Hearn	Boy	07:45	Helm Hill	
16	53	Finlay	Aitken	Boy	08:07	Helm Hill	
17	200	John	Williamson	Boy	08:23	Levens Valley AC	
18	113	Theo	Robinson	Boy	08:29	Howgill Harriers	
DNF	156	Alex	Graham	Boy	DNF	Ambleside	

UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	117	Lucille	Pickles	Girl	06:32	Barlick Fell Runners	1st Girl
2	251	Milly	Timbers	Girl	07:11	Keighley and Craven AC	2nd Girl
3	74	Hester	Metcalfe	Girl	07:12	Ambleside AC	3rd Girl
4	44	Charlotte	Pearl	Girl	07:31	Settle Harriers	
5	106	Olivia	Swarbrick	Girl	07:33	Cumberland Fell Runners	
6	33	Emma	Duxbury	Girl	07:44	Ambleside	
7	103	Madeleine	Martindale	Girl	07:44	Helm Hill	
8	247	Jody	Whitfield	Girl	07:58	Barlick Fell Runners	
9	239	Amber	Muller	Girl	08:11	Barlick Fell Runners	
10	84	Connie-May	Scott	Girl	08:19	Kendal AAC	
11	48	Jasmine	Bottomley	Girl	08:21	Helm Hill	
12	17	Lily -Grace	Clayton	Girl	08:22	Barlick Fell Runners	
13	102	Ella	Martindale	Girl	08:46	Helm Hill	
14	122	Alicia	Crawford	Girl	08:51	Helm Hill	
15	130	Daisy	Lees	Girl	09:01	Ambleside	
16	12	Seren	Green	Girl	09:03	Ambleside AC	
17	126	Sophie	Goodall	Girl	09:37		
18	58	Jessica	Oakey	Girl	09:45	Settle Harriers	
19	77	Isabella	Latty	Girl	11:40	Settle Harriers	

UNDER 11 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	15	Harvey	Shaw	Boy	06:22	Ambleside	1st Boy
2	21	Joseff	Tancrel	Boy	06:30	Helm Hill	2nd Boy
3	66	Blake	Fleming	Boy	06:50	Ambleside AC	3rd Boy
4	6	Tom	Ashworth	Boy	07:05	Ambleside	
5	204	Zeke	Sumner	Boy	07:11	Ambleside	
6	263	Ben	Brassington	Boy	07:11	Lancaster & Morecambe A	
7	155	Jamie	Graham	Boy	07:15	Ambleside	
8	104	Will	Brayshaw	Boy	07:27	Helm Hill	
9	170	Carl	Sanderson	Boy	07:30	Settle Harriers	
10	51	Fraser	Dunn	Boy	07:37	Helm Hill	
11	47	Jackson	Bottomley	Boy	07:43	Helm Hill	
12	252	Oscar	Timbers	Boy	07:54	Keighley and Craven AC	
13	109	William	Hargreaves	Boy	07:55	Ambleside	
14	260	Joe	Green	Boy	07:57	Ambleside AC	
15	114	Gus	Campbell	Boy	08:11	Howgill Harriers	
16	93	Peter	de Lacy-Perkins	Boy	08:18	Lancaster & Morecambe A	
17	125	Aaron	Goodall	Boy	08:18		
18	221	William	Gornall	Boy	08:24		
19	31	Tommy	Brodrick	Boy	08:40	Ambleside	
20	134	Ben	Todhunter	Boy	08:48	Unattached	
21	26	Edward	Shawcross	Boy	08:50	Dallam	
22	238	Alfie	Muller	Boy	08:52	Barlick Fell Runners	
23	261	Arthur	Kirby	Boy	08:56	Ambleside	
24	183	Demitri	Kyriacou	Boy	08:59	Levens Valley AC	
25	55	Zach	Thomas	Boy	09:44	COLT	
26	132	Thomas	Iveson	Boy	09:50	Ambleside AC	
27	123	Freddie	Crawford	Boy	09:52	Helm Hill	
28	197	Jera	Beaumont	Boy	10:16	Ambleside	

UNDER 11 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	Millie	Jebb	Girl	07:26	Helm Hill	1st Girl
2	119	Emmy	Ranner	Girl	07:47	Helm Hill	2nd Girl
3	244	Isla	Jebb	Girl	07:50	Helm Hill	3rd Girl
4	34	Ruby	Duxbury	Girl	08:19	Ambleside	
5	43	Tess	Evans	Girl	08:51	Ambleside	
6	92	Robyn	de Lacy-Perkins	Girl	08:56	Lancaster & Morecambe A	
7	173	Ella	Stamp	Girl	09:07	Helm Hill	
8	135	Ellie	Todhunter	Girl	09:47	Unattached	