



Supported By  
Different Strokes  
and  
Pete Bland Sports



## Birkrigg Common - Results 27 January 2019

### Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	956	Matthew	Elkington	Man	21:00	Ambleside AC	1st Man
2	666	Matthew	Knowles	MU21	21:47	Lancaster & Morecambe AC	2nd Man/1st MU21
3	718	Charlie	Ing	Man	21:48	Calder Valley	3rd Man
4	790	Pete	Harrison	Man	22:11	Helm Hill	
5	765	Jack	Wright	Man	22:39	Ambleside	
6	962	Martin	Mikkelson-Barron	Man	22:50	Borrowdale	
7	525	Jon	Rylance	MV40	23:01	Ambleside AC	1st MV40
8	778	Steve	Jacques	MV40	23:12	Unattached	
9	789	Paul	Upton	Man	23:39	Helm Hill	
10	531	Alastair	Dunn	MV40	23:43	Helm Hill	
11	968	Sarah	McCormack	Lady	23:46	Ambleside	1st Lady
12	959	Lewis	Bowness	MU21	23:52	Helm Hill	
13	642	Michael	Gregory	MV40	24:10	Ulverston Triathlon Club	
14	868	Phil	Mather	Man	24:11	Lonsdale	
15	940	Bobby	Gard-Storey	Man	24:12		
16	924	Joe	Todd	MV40	24:14	Kendal AAC	
17	687	Josh	Murphy	Man	24:30	Black Combe	
18	593	Scott	Umpleby	MV50	24:32	Kendal AAC	1st MV50
19	761	Rob	Mortimore	Man	24:34	Helm Hill	
20	786	Joseph	Conner	MU21	24:47	Helm Hill	
21	954	Will	Sisson	Man	24:52	Kendal AAC	
22	918	Jon	Green	MV40	24:54	Preston Harriers	
23	930	Declan	Bulmer	Man	25:08	Wharfedale Harriers	
24	722	Jack	Simpson	Man	25:10	Helm	
25	632	James	Baron	MV50	25:14	Helm Hill	
26	805	Robert	Moffat	Man	25:15		
27	554	Luke	Appleyard	Man	25:29	Wharfedale Harriers	
28	513	Justin	Tancrel	MV40	25:33	Helm Hill	
29	950	Jethro	Whitfield	MV40	25:37	Borrowdale	
30	945	Gary	Brohent	MV40	25:41	Walney Windcheater	
31	603	Peter	German	Man	25:45	Helm Hill	
32	946	Liam	Taylor	Man	25:52		
33	9999	Unknown	Runner	MV100	25:58		
34	701	Sam	Moon	MV40	26:04	Helm Hill	
35	633	Steven	Middleton	MV40	26:07	Howgill Harriers	
36	9999	Unknown	Runner	MV100	26:10		
37	601	Ben	Kirkman	MU21	26:12	Rosendale Harriers	
38	927	Karl	Robb	Man	26:14	Wharfedale Harriers	
39	567	Jacob	Dyer	MV40	26:16	Helm Hill	
40	767	Tim	Pickering	Man	26:30	Helm Hill	
41	591	Joey	Umpleby	MU21	26:37	Kendal AAC	
42	735	Joanna	Rycroft	Lady	26:47	Helm Hill	2nd Lady
43	559	Sean	Robinson	MV40	26:51	Howgill Harriers	
44	958	Anothony	Bowness	MV40	26:55	Kendal AAC	
45	953	Dave	Parker	MV50	27:07	Levens Valley AC	
46	582	Colin	Houston	MV40	27:08		
47	644	David	Griffin	MV50	27:17	Helm Hill	
48	694	Celia	Powell	Lady	27:20		3rd Lady
49	509	Chris	Green	MV40	27:23	Ambleside AC	
50	717	Kaisleigh	Atkinson	Lady	27:26		

51	709	Ronald	Hummelink	MV40	27:27	Lonsdale Fell Runners	
52	964	Mark	Simmons	MV50	27:30	Levens Valley AC	
53	859	Matthew	Taylor	MU21	27:31	Bury AC	
54	866	John	Rainford	MV50	27:33	Preston Harriers	
55	505	Tom	Matthew	MV40	27:34	Bowland	
56	596	Alistair	Hearn	MV40	27:38	Helm Hill	
57	609	Simon	Waller	MV50	27:41	Helm Hill	
58	624	Michael	Toman	MV50	27:50	Accrington RR	
59	869	Elie	Mather	Lady	27:53	Lonsdale	
60	955	Lawrence	Friell	MV40	27:57		
61	560	Sheldan	Pickles	MV40	27:59	Unattached	
62	520	Alistair	Shawcross	MV40	28:03		
63	858	Simon	Taylor	MV50	28:07		
64	707	Tony	Little	MV40	28:13	Bowland	
65	861	Roger	Taylor	MV50	28:16	Preston Harriers	
66	967	Rebecca	Gledhill	Lady	28:20	Black Combe	
67	636	Brian	Thompson	MV60	28:26	Helm Hill	1st MV60
68	700	Jenny	Lyon	Lady	28:32	Dallam Running Club	
69	889	Ray	Gill	MV50	28:41	Dallam	
70	565	Andy	Bennett	MV40	28:48	Helm Hill	
71	843	Simon	Wright	MV50	28:49	Bingley Harriers	
72	948	Shane	Muller	MV40	28:55	Barlick Fell Runners	
73	952	Shaun	Addison	MV50	28:58	Helm Hill	
74	580	John	Jones	MV50	29:07	Helm Hill	
75	899	Lucas	Carrillo Mas	MU21	29:09	Stonyhurst	
76	758	Graham	Beaumont	MV50	29:11	Dallam	
77	561	Toby	Smith	Man	29:24		
78	657	Konstantinos	Georgalos	Man	29:26		
79	727	Paul	Corkill	Man	29:30	Levens Valley AC	
80	529	Jean	Brown	LV50	29:32	Clayton le Moors	1st LV50
81	676	Wilfred	Bell	MV60	29:35	Howgill Harriers	
82	898	Paul	Wilmore	Man	29:36	Stonyhurst	
83	966	Stuart	McGurk	MV50	29:38	Kendal AAC	
84	969	Leila	Armouth	Lady	29:43		
85	573	Andy	Evans	MV50	29:44	Settle Harriers	
86	841	David	Hunter	MV50	29:45	Helm Hill	
87	583	Roger	Aubrey	MV50	29:47	Helm Hill	
88	543	Mark	Villiers	MV40	29:49	Unattached	
89	602	Mick	Kirkman	MV50	29:55	Rosendale Harriers	
90	949	Kristina	Jackson	Lady	30:00	Allithwaite Running Club	
91	744	Megan	Fitzpatrick	Lady	30:02	Helm Hill	
92	838	Natasha	Geere	LV50	30:02	Spenborough	
93	745	John	Fitzpatrick	MV50	30:06	Helm Hill	
94	823	Steve	Wathall	MV60	30:17	Black Combe	
95	555	Colin	Briffett	MV40	30:21	Lancaster Runners	
96	579	David	Barnes	MV60	30:22	Horwich RMI Harriers	
97	619	Chris	Lawrence	MV50	30:26	Clayton le Moors	
98	518	Rob	Crawford	MV40	30:32	Howgill Harriers	
99	532	Maia	Doherty	LU21	30:51	Helm Hill	1st LU21
100	942	Kerri	Wadsworth	LV40	31:02	Helm Hill	1st LV40
101	749	Will	Douthwaite	Man	31:03	Helm Hill	
102	661	Peter	Singleton	MV60	31:07	Blackpool	
103	680	Andrew	Stokes	MV60	31:08	Dallam	
104	900	Tony	Duffy	MV40	31:11	Barlick Fell Runners	
105	517	Tim	Murray	MV50	31:13	Helm Hill	
106	621	Mike	Walsh	MV60	31:16	Kendal AAC	
107	759	Phil	Harrington	MV40	31:32	Helm Hill	
108	598	Lorna	Askew	LV40	31:37	Helm Hill	
109	682	Mike	Binks	Man	31:38	Unattached	
110	503	Pam	Bagot	LV40	31:53	Settle Harriers	
111	646	Mark	Charnley	MV40	31:54	Settle Harriers	
112	9999	Unknown	Runner	MV100	31:59		

113	965	Michael	Jewell	MV60	32:00	Black Combe	
114	832	Stefan	Bradley	MV40	32:05		
115	553	Kate	Brayshaw	LV40	32:12	Helm Hill	
116	626	Joanne	Taylor	LV40	32:14	Kendal AAC	
117	617	David	Johnson	MV50	32:20	Ambleside	
118	807	Fay	Tuffen	LV40	32:21		
119	630	Jo	Taylor	LV50	32:29	Bowland FR	
120	865	Angela	Brand-Barker	LV50	32:32		
121	934	Richard	Simpson	MV60	32:34	Dallam	
122	506	Lynn	Whittaker	LV50	32:35	Wharfedale Harriers	
123	714	Pete	Coe	MV60	32:36	Helm Hill	
124	685	John	Wood	MV40	32:38		
125	839	Malcolm	Campbell	MV40	32:53		
126	833	Helen	Greenep	LV50	33:13	Settle Harriers	
127	515	Jeremy	Wilkinson	MV50	33:18	Keighley and Craven AC	
128	240	Peter	Acland	MV50	33:23	Kendal AAC	
129	674	Andy	Monk	MV60	33:26	FRA	
130	757	Greg	Tagney	MV60	33:31	Dallam	
131	586	Eilidh	Miller	LU21	33:33	Broughton Runners	
132	550	Libby	Dixon	LV40	33:34	Ambleside	
133	548	Paula	Bowen	LV40	33:38	Ambleside	
134	847	Denise	Tunstall	LV50	34:21	Durham Fell Runners	
135	610	Michael	McLoughlin	MV60	34:30	Preston Harriers	
136	511	Jo	Grisedale	LV40	34:41	Helm Hill	
137	608	Veronica	Waller	LV40	34:50	Dallam	
138	815	Daniel	Rayson	MV50	35:02		
139	756	John	Hodgson	MV70	35:23	Dallam	1st MV70
140	787	Ian	Peters	MV60	35:30	Hoad Hill Harriers	
141	627	Graham	Breeze	MV70	35:37	Wharfedale Harriers	
142	611	Kevin	Cooke	MV40	35:52		
143	656	Leslie	Pateloup	Lady	36:06		
144	961	Mark	Williamson	MV50	36:18	Levens Valley AC	
145	544	Hanna	Latty	LV40	36:30		
146	552	Ian	Oakey	MV40	36:33	Settle Harriers	
147	654	Emily	Crossley	LU21	36:51	Settle Harriers	
148	665	Katy	Thompson	LV60	36:56	Clayton le Moors	1st LV60
149	963	Iain	Crossley	MV60	36:58	AcHille Ratti	
150	514	Helen	Wilkinson	LV40	36:59	Keighley and Craven AC	
151	951	Peter	Stanley	MV60	37:27	Paristone Footpath Runners	
152	779	Elaine	Cowperthwaite	LV50	38:09		
153	557	May	Crawford	LV40	38:27	Helm Hill	
154	957	Dorcas	Doolan	LV60	38:40	Dallam	
155	635	Tyla	Crook	LU21	38:46	Helm Hill	
156	645	Simone	Rigby	LU21	38:54	Settle Harriers	
157	589	Andrew	Dewhurst	MV50	38:58	MS Running Club	
158	870	Anna	Stevens	LV40	39:15	Helm Hill	
159	504	Jo	Matthew	LV40	39:19	Dallam	
160	651	Jill	Gates	LV50	39:38	Settle Harriers	
161	578	Leonie	Black	LV40	40:15	Helm Hill	
162	947	Rich	Hill	MV50	40:33	Eden Runners	
163	663	George	James	MV70	41:55	Blackpool	
164	904	Elizabeth	Williams	LV40	43:32	Levens Valley AC	
165	510	Kristian	Clayton	MV40	43:36	Barlick Fell Runners	
166	681	Phil	Kirby	MV60	44:32	Coniston	
167	806	Jill	Leader	LV60	45:56	Kendal Tri	
168	944	Phil	Martin	MV70	46:21	Bowland	
169	501	Denis	Wood	MV70	51:09	Borrowdale	
170	615	Joe	Howard	MV70	53:45	Preston Harriers	
DNF	821	Neil	Robinson	MV40	DNF	COLT	

**Under 17 Race**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Eric	Beaumont	Boy	13:45	Keighley & Craven AC	1st Boy
2	67	Jack	Villiers	Boy	14:11	Barlick Fell Runners	2nd Boy
3	25	Ollie	Sanders	Boy	14:15	Helm Hill	3rd Boy
4	49	Alex	Tallon	Boy	14:18	Helm Hill	
5	159	Henry	Hunter	Boy	14:30	Helm Hill	
6	158	Jacob	Smith	Boy	14:58	Helm Hill	
7	213	Jacob	Nelson	Boy	15:16	Levens Valley AC	
8	147	Sonny	Ashton-Fitch	Boy	16:15	Settle Harriers	
9	87	Adam	Scott	Boy	16:19	Helm Hill	
10	146	Alfie	Thorpe	Boy	16:42	Broughton Runners	
11	188	Holly	Dobson	Girl	17:12	Ambleside AC	1st Girl
12	234	Bernadette	Raven	Girl	17:20	Ilkley Harriers	2nd Girl
13	73	Emily	Swarbrick	Girl	17:41	Cumberland Fell Runners	3rd Girl
14	199	Adam	Williamson	Boy	17:45	Levens Valley AC	
15	9	Alex	Matthew	Boy	18:22	Dallam	
16	94	Freya	Richards	Girl	19:23	Helm Hill	

**Under 15 Race**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	121	Ben	Greenep	Boy	10:13	Kendal AAC	1st Boy
2	91	Amelie	Lane	Girl	10:23	Wharfedale Harriers	1st Girl
3	209	Jessica	Bailey	Girl	10:25	Levens Valley AC	2nd Girl
4	230	Will	Hall	Boy	10:30	Keighley and Craven AC	2nd Boy
5	229	James	Dufty	Boy	10:32	Cumberland Fell Runners	3rd Boy
6	212	Finley	Corkill	Boy	10:34	Levens Valley AC	
7	32	John	Bardsley	Boy	10:40		
8	59	Sarah	Smith	Girl	10:41	Helm Hill	3rd Girl
9	235	Georgia	Bell	Girl	10:47		
10	237	Evan	Allan	Boy	10:50	Helm Hill	
11	35	Sophie	Ryland	Girl	11:01	Ambleside AC	
12	139	Jamie	Waller	Boy	11:04	Dallam	
13	57	Jack	Dixon	Boy	11:18	Ambleside	
14	99	Isaac	Robinson	Boy	11:19	Howgill Harriers	
15	241	Owain	Clark	Boy	11:28	Levens Valley AC	
16	7	Elodie	Malcolm	Girl	11:37	Helm Hill	
17	81	Thomas	Adams	Boy	11:44	CFR	
18	185	John-Gerard	Turner	Boy	11:46	Stonyhurst	
19	211	Hal	Saner-Haigh	Boy	11:54	Helm Hill	
20	46	Elise	Tallon	Girl	12:07	Helm Hill	
21	69	Oliver	Willoughby	Boy	12:21	Helm Hill	
22	228	Euan	Hoadson	Boy	12:25	Stonyhurst	
23	220	Mia	Brayshaw	Girl	12:26	Lancaster & Morecambe AC	
24	76	Fayth	Bowness	Girl	12:30	CFR	
25	226	Cian	Carnegie	Boy	12:41	Stonyhurst	
26	96	Toby	Harper	Boy	12:42	Ambleside	
27	165	Martha	Rigby	Girl	12:51	Settle Harriers	
28	98	Ciara	Duffy	Girl	13:08	Barlick Fell Runners	
29	227	Paul	O'Connor	Boy	13:31	Stonyhurst	
30	62	Vicky	Woof	Girl	13:38	Howgill Harriers	
31	8	Cate	Matthew	Girl	13:39	Dallam	
32	101	George	Campbell	Boy	13:48	Howgill Harriers	
33	90	Nathon	Ritchie	Boy	14:21	Levens Valley AC	
34	219	Alice	Sanderson	Girl	14:36	Helm Hill	
35	16	Finley	Grisedale	Boy	14:54	Helm Hill	
36	10	Benjamin	Grundy	Boy	16:16	Wharfedale Harriers	

### Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	63	Archie	Peaker	Boy	05:08	Keighley and Craven AC	1st Boy
2	224	Noah	Wadsworth	Boy	05:15	Helm Hill	2nd Boy
3	5	Rowan	Ashworth	Boy	05:20	Ambleside	3rd Boy
4	120	Leo	Ranner	Boy	05:25	Helm Hill	
5	24	Ewen	Wilkinson	Boy	05:28	Keighley and Craven AC	
6	117	Lucille	Pickles	Girl	05:32	Barlick Fell Runners	1st Girl
7	156	Alex	Graham	Boy	05:35	Ambleside	
8	13	Ben	Allmond	Boy	05:37	Ambleside	
9	171	Jack	Sanderson	Boy	05:38	Settle Harriers	
10	166	Oliver	Ball	Boy	05:39	Lancaster & Morecambe AC	
11	153	Freddie	Dixon	Boy	05:40	Ambleside	
12	100	Toby	Acland	Boy	05:41	Helm Hill	
13	97	Ewan	Black	Boy	05:42	Helm Hill	
14	218	Josh	Todd	Boy	05:50	Kendal AAC	
15	141	Aaran	Revill	Boy	05:59	Helm Hill	
16	106	Olivia	Swarbrick	Girl	06:00	Cumberland Fell Runners	2nd Girl
17	50	Cameron	Dunn	Boy	06:03	Helm Hill	
18	3	Lucy	Bagot	Girl	06:08	Settle Harriers	3rd Girl
19	38	Aaron	Smith	Boy	06:10	Howgill Harriers	
20	11	Lara	Smith	Girl	06:13	Helm Hill	
21	74	Hester	Metcalfe	Girl	06:15	Ambleside AC	
22	182	Oliver	Brummitt	Boy	06:16	Settle Harriers	
23	44	Charlotte	Pear	Girl	06:17	Settle Harriers	
24	137	Thomas	Hearn	Boy	06:33	Helm Hill	
25	33	Emma	Duxbury	Girl	06:39	Ambleside	
26	231	Leah	Darbyshire	Girl	06:41	ambleside	
27	222	Ethan	MacIntyre	Boy	06:42	Keighley and Craven AC	
28	247	Jody	Whitfield	Girl	06:44	Barlick Fell Runners	
29	200	John	Williamson	Boy	06:46	Levens Valley AC	
30	239	Amber	Muller	Girl	07:10	Barlick Fell Runners	
31	82	Ned	Whitaker	Boy	07:12	Settle Harriers	
32	17	Lily -Grace	Clayton	Girl	07:14	Barlick Fell Runners	
33	113	Theo	Robinson	Boy	07:26	Howgill Harriers	
34	128	Hannah	Dyer	Girl	07:29	Helm Hill	
35	180	Poppy	Scott	Girl	07:32		
36	58	Jessica	Oakey	Girl	07:34	Settle Harriers	
37	84	Connie-Maye	Scott	Girl	07:36	Kendal AAC	
38	48	Jasmine	Bottomley	Girl	07:37	Helm Hill	
39	122	Alicia	Crawford	Girl	07:39	Helm Hill	
40	60	Katie	Lowis	Girl	07:57	Howgill Harriers	
41	12	Seren	Green	Girl	08:01	Ambleside AC	
42	77	Isabella	Latty	Girl	08:08	Settle Harriers	
43	223	Jake	Honeysett	Boy	08:19	Lancaster and Morecambe	

### Under 11 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	15	Harvey	Shaw	Boy	05:27	Ambleside	1st Boy
2	21	Joseff	Tancrel	Boy	05:40	Helm Hill	2nd Boy
3	66	Blake	Fleming	Boy	05:47	Ambleside AC	3rd Boy
4	208	Oliver	Oldham	Boy	05:57	Levens Valley AC	
5	164	Daisy	Fielding	Girl	06:00	SSRC	1st Girl
6	225	Cooper	Wadsworth	Boy	06:02	Helm Hill	
7	51	Fraser	Dunn	Boy	06:06	Helm Hill	
8	104	Will	Brayshaw	Boy	06:07	Helm Hill	
9	170	Carl	Sanderson	Boy	06:09	Settle Harriers	
10	204	Zeke	Sumner	Boy	06:12	Ambleside	
11	167	Harry	Ball	Boy	06:14	Lancaster & Morecambe AC	
12	207	Sam	Oldham	Boy	06:19	Levens Valley AC	
13	56	Ivan	Winder	Boy	06:22	Levens Valley AC	
14	155	Jamie	Graham	Boy	06:25	Ambleside	
15	80	Isabella	Wright	Girl	06:29	Wharfedale Harriers	2nd Girl
16	114	Gus	Campbell	Boy	06:31	Howgill Harriers	
17	47	Jackson	Bottomley	Boy	06:32	Helm Hill	
18	107	Ella	Brayshaw	Girl	06:35	Lancaster & Morecambe AC	3rd Girl
19	34	Ruby	Duxbury	Girl	06:37	Ambleside	
20	119	Emmy	Ranner	Girl	07:00	Helm Hill	
21	232	Isaac	Davies	Boy	07:03	Darwen Dashers	
22	181	Rosie	Scott	Girl	07:05	Ambleside	
23	178	Cara	Bradley	Girl	07:07	Ambleside	
24	109	William	Hargreaves	Boy	07:08	Ambleside	
25	201	Jai	Mitchell Whiteside	Boy	07:09	Howgill Harriers	
26	183	Demitri	Kyriacou	Boy	07:11	Levens Valley AC	
27	61	Thomas	Lewis	Boy	07:13	Howgill Harriers	
28	210	Holly	Jenner	Girl	07:15	Ambleside	
29	26	Edward	Shawcross	Boy	07:16	Dallam	
30	18	Oscar	Clayton	Boy	07:19	Barlick Fell Runners	
31	221	William	Gornall	Boy	07:30		
32	140	Brodie	Revill	Boy	07:41	Helm Hill	
33	198	Eleanor	King	Girl	07:56	Helm Hill	
34	4	Francesca	Bagot	Girl	08:00	Settle Harriers	
35	132	Thomas	Iveson	Boy	08:03	Ambleside AC	
36	83	Mabel	Whitaker	Girl	08:05	Settle Harriers	
37	238	Alfie	Muller	Boy	08:09	Barlick Fell Runners	
38	123	Freddie	Crawford	Boy	08:10	Helm Hill	
39	187	Jonah	Hughes	Boy	08:41	Helm Hill	
DNF	6	Tom	Ashworth	Boy	DNF	Ambleside	
DNF	197	Jera	Beaumont	Boy	DNF	Ambleside	

# Birkrigg Common 2019 Category Results

## ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	956	Matthew	Elkington	Man	21:00	Ambleside AC	1st Man
2	666	Matthew	Knowles	MU21	21:47	Lancaster & Morecambe AC	2nd Man/1st MU21
3	718	Charlie	Ing	Man	21:48	Calder Valley	3rd Man
4	790	Pete	Harrison	Man	22:11	Helm Hill	
5	765	Jack	Wright	Man	22:39	Ambleside	
6	962	Martin	Mikkelson-Barron	Man	22:50	Borrowdale	
7	525	Jon	Rylance	MV40	23:01	Ambleside AC	1st MV40
8	778	Steve	Jacques	MV40	23:12	Unattached	
9	789	Paul	Upton	Man	23:39	Helm Hill	
10	531	Alastair	Dunn	MV40	23:43	Helm Hill	
11	959	Lewis	Bowness	MU21	23:52	Helm Hill	
12	642	Michael	Gregory	MV40	24:10	Ulverston Triathlon Club	
13	868	Phil	Mather	Man	24:11	Lonsdale	
14	940	Bobby	Gard-Storey	Man	24:12		
15	924	Joe	Todd	MV40	24:14	Kendal AAC	
16	687	Josh	Murphy	Man	24:30	Black Combe	
17	593	Scott	Umpleby	MV50	24:32	Kendal AAC	1st MV50
18	761	Rob	Mortimore	Man	24:34	Helm Hill	
19	786	Joseph	Conner	MU21	24:47	Helm Hill	
20	954	Will	Sisson	Man	24:52	Kendal AAC	
21	918	Jon	Green	MV40	24:54	Preston Harriers	
22	930	Declan	Bulmer	Man	25:08	Wharfedale Harriers	
23	722	Jack	Simpson	Man	25:10	Helm	
24	632	James	Baron	MV50	25:14	Helm Hill	
25	805	Robert	Moffat	Man	25:15		
26	554	Luke	Appleyard	Man	25:29	Wharfedale Harriers	
27	513	Justin	Tancred	MV40	25:33	Helm Hill	
28	950	Jethro	Whitfield	MV40	25:37	Borrowdale	
29	945	Gary	Brohent	MV40	25:41	Walney Windcheater	
30	603	Peter	German	Man	25:45	Helm Hill	
31	946	Liam	Taylor	Man	25:52		
32	9999	Unknown	Runner	MV100	25:58		
33	701	Sam	Moon	MV40	26:04	Helm Hill	
34	633	Steven	Middleton	MV40	26:07	Howgill Harriers	
35	9999	Unknown	Runner	MV100	26:10		
36	601	Ben	Kirkman	MU21	26:12	Rosendale Harriers	
37	927	Karl	Robb	Man	26:14	Wharfedale Harriers	
38	567	Jacob	Dyer	MV40	26:16	Helm Hill	
39	767	Tim	Pickering	Man	26:30	Helm Hill	
40	591	Joey	Umpleby	MU21	26:37	Kendal AAC	
41	559	Sean	Robinson	MV40	26:51	Howgill Harriers	
42	958	Anothony	Bowness	MV40	26:55	Kendal AAC	
43	953	Dave	Parker	MV50	27:07	Levens Valley AC	
44	582	Colin	Houston	MV40	27:08		
45	644	David	Griffin	MV50	27:17	Helm Hill	
46	509	Chris	Green	MV40	27:23	Ambleside AC	
47	709	Ronald	Hummelink	MV40	27:27	Lonsdale Fell Runners	
48	964	Mark	Simmons	MV50	27:30	Levens Valley AC	
49	859	Matthew	Taylor	MU21	27:31	Bury AC	
50	866	John	Rainford	MV50	27:33	Preston Harriers	
51	505	Tom	Matthew	MV40	27:34	Bowland	
52	596	Alistair	Hearn	MV40	27:38	Helm Hill	
53	609	Simon	Waller	MV50	27:41	Helm Hill	
54	624	Michael	Toman	MV50	27:50	Accrington RR	
55	955	Lawrence	Friell	MV40	27:57		
56	560	Sheldan	Pickles	MV40	27:59	Unattached	
57	520	Alistair	Shawcross	MV40	28:03		
58	858	Simon	Taylor	MV50	28:07		
59	707	Tony	Little	MV40	28:13	Bowland	



60	861	Roger	Taylor	MV50	28:16	Preston Harriers	
61	636	Brian	Thompson	MV60	28:26	Helm Hill	1st MV60
62	889	Ray	Gill	MV50	28:41	Dallam	
63	565	Andy	Bennett	MV40	28:48	Helm Hill	
64	843	Simon	Wright	MV50	28:49	Bingley Harriers	
65	948	Shane	Muller	MV40	28:55	Barlick Fell Runners	
66	952	Shaun	Addison	MV50	28:58	Helm Hill	
67	580	John	Jones	MV50	29:07	Helm Hill	
68	899	Lucas	Carrillo Mas	MU21	29:09	Stonyhurst	
69	758	Graham	Beaumont	MV50	29:11	Dallam	
70	561	Toby	Smith	Man	29:24		
71	657	Konstantinos	Georgalos	Man	29:26		
72	727	Paul	Corkill	Man	29:30	Levens Valley AC	
73	676	Wilfred	Bell	MV60	29:35	Howgill Harriers	
74	898	Paul	Wilmore	Man	29:36	Stonyhurst	
75	966	Stuart	McGurk	MV50	29:38	Kendal AAC	
76	573	Andy	Evans	MV50	29:44	Settle Harriers	
77	841	David	Hunter	MV50	29:45	Helm Hill	
78	583	Roger	Aubrey	MV50	29:47	Helm Hill	
79	543	Mark	Villiers	MV40	29:49	Unattached	
80	602	Mick	Kirkman	MV50	29:55	Rosendale Harriers	
81	745	John	Fitzpatrick	MV50	30:06	Helm Hill	
82	823	Steve	Wathall	MV60	30:17	Black Combe	
83	555	Colin	Briffett	MV40	30:21	Lancaster Runners	
84	579	David	Barnes	MV60	30:22	Horwich RMI Harriers	
85	619	Chris	Lawrence	MV50	30:26	Clayton le Moors	
86	518	Rob	Crawford	MV40	30:32	Howgill Harriers	
87	749	Will	Douthwaite	Man	31:03	Helm Hill	
88	661	Peter	Singleton	MV60	31:07	Blackpool	
89	680	Andrew	Stokes	MV60	31:08	Dallam	
90	900	Tony	Duffy	MV40	31:11	Barlick Fell Runners	
91	517	Tim	Murray	MV50	31:13	Helm Hill	
92	621	Mike	Walsh	MV60	31:16	Kendal AAC	
93	759	Phil	Harrington	MV40	31:32	Helm Hill	
94	682	Mike	Binks	Man	31:38	Unattached	
95	646	Mark	Charnley	MV40	31:54	Settle Harriers	
96	9999	Unknown	Runner	MV100	31:59		
97	965	Michael	Jewell	MV60	32:00	Black Combe	
98	832	Stefan	Bradley	MV40	32:05		
99	617	David	Johnson	MV50	32:20	Ambleside	
100	934	Richard	Simpson	MV60	32:34	Dallam	
101	714	Pete	Coe	MV60	32:36	Helm Hill	
102	685	John	Wood	MV40	32:38		
103	839	Malcolm	Campbell	MV40	32:53		
104	515	Jeremy	Wilkinson	MV50	33:18	Keighley and Craven AC	
105	240	Peter	Acland	MV50	33:23	Kendal AAC	
106	674	Andy	Monk	MV60	33:26	FRA	
107	757	Greg	Tagney	MV60	33:31	Dallam	
108	610	Michael	McLoughlin	MV60	34:30	Preston Harriers	
109	815	Daniel	Rayson	MV50	35:02		
110	756	John	Hodgson	MV70	35:23	Dallam	1st MV70
111	787	Ian	Peters	MV60	35:30	Hoad Hill Harriers	
112	627	Graham	Breeze	MV70	35:37	Wharfedale Harriers	
113	611	Kevin	Cooke	MV40	35:52		
114	961	Mark	Williamson	MV50	36:18	Levens Valley AC	
115	552	Ian	Oakey	MV40	36:33	Settle Harriers	
116	963	Iain	Crossley	MV60	36:58	AcHille Ratti	
117	951	Peter	Stanley	MV60	37:27	Paristone Footpath Runners	
118	589	Andrew	Dewhurst	MV50	38:58	MS Running Club	
119	947	Rich	Hill	MV50	40:33	Eden Runners	
120	663	George	James	MV70	41:55	Blackpool	
121	510	Kristian	Clayton	MV40	43:36	Barlick Fell Runners	

122	681	Phil	Kirby	MV60	44:32	Coniston	
123	944	Phil	Martin	MV70	46:21	Bowland	
124	501	Denis	Wood	MV70	51:09	Borrowdale	
125	615	Joe	Howard	MV70	53:45	Preston Harriers	
DNF	821	Neil	Robinson	MV40	DNF	COLT	

**MEN**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	956	Matthew	Elkington	Man	21:00	Ambleside AC	1st Man
2	666	Matthew	Knowles	MU21	21:47	Lancaster & Morecambe AC	2nd Man/1st MU21
3	718	Charlie	Ing	Man	21:48	Calder Valley	3rd Man
4	790	Pete	Harrison	Man	22:11	Helm Hill	
5	765	Jack	Wright	Man	22:39	Ambleside	
6	962	Martin	Mikkelson-Barron	Man	22:50	Borrowdale	
7	789	Paul	Upton	Man	23:39	Helm Hill	
8	959	Lewis	Bowness	MU21	23:52	Helm Hill	
9	868	Phil	Mather	Man	24:11	Lonsdale	
10	940	Bobby	Gard-Storey	Man	24:12		
11	687	Josh	Murphy	Man	24:30	Black Combe	
12	761	Rob	Mortimore	Man	24:34	Helm Hill	
13	786	Joseph	Conner	MU21	24:47	Helm Hill	
14	954	Will	Sisson	Man	24:52	Kendal AAC	
15	930	Declan	Bulmer	Man	25:08	Wharfedale Harriers	
16	722	Jack	Simpson	Man	25:10	Helm	
17	805	Robert	Moffat	Man	25:15		
18	554	Luke	Appleyard	Man	25:29	Wharfedale Harriers	
19	603	Peter	German	Man	25:45	Helm Hill	
20	946	Liam	Taylor	Man	25:52		
21	601	Ben	Kirkman	MU21	26:12	Rosendale Harriers	
22	927	Karl	Robb	Man	26:14	Wharfedale Harriers	
23	767	Tim	Pickering	Man	26:30	Helm Hill	
24	591	Joey	Umpleby	MU21	26:37	Kendal AAC	
25	859	Matthew	Taylor	MU21	27:31	Bury AC	
26	899	Lucas	Carrillo Mas	MU21	29:09	Stonyhurst	
27	561	Toby	Smith	Man	29:24		
28	657	Konstantinos	Georgalos	Man	29:26		
29	727	Paul	Corkill	Man	29:30	Levens Valley AC	
30	898	Paul	Wilmore	Man	29:36	Stonyhurst	
31	749	Will	Douthwaite	Man	31:03	Helm Hill	
32	682	Mike	Binks	Man	31:38	Unattached	

**MEN UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	666	Matthew	Knowles	MU21	21:47	Lancaster & Morecambe AC	2nd Man/1st MU21
2	959	Lewis	Bowness	MU21	23:52	Helm Hill	
3	786	Joseph	Conner	MU21	24:47	Helm Hill	
4	601	Ben	Kirkman	MU21	26:12	Rosendale Harriers	
5	591	Joey	Umpleby	MU21	26:37	Kendal AAC	
6	859	Matthew	Taylor	MU21	27:31	Bury AC	
7	899	Lucas	Carrillo Mas	MU21	29:09	Stonyhurst	

**MEN - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	525	Jon	Rylance	MV40	23:01	Ambleside AC	1st MV40
2	778	Steve	Jacques	MV40	23:12	Unattached	
3	531	Alastair	Dunn	MV40	23:43	Helm Hill	
4	642	Michael	Gregory	MV40	24:10	Ulverston Triathlon Club	
5	924	Joe	Todd	MV40	24:14	Kendal AAC	
6	918	Jon	Green	MV40	24:54	Preston Harriers	
7	513	Justin	Tancrel	MV40	25:33	Helm Hill	
8	950	Jethro	Whitfield	MV40	25:37	Borrowdale	
9	945	Gary	Brohbent	MV40	25:41	Walney Windcheater	
10	701	Sam	Moon	MV40	26:04	Helm Hill	
11	633	Steven	Middleton	MV40	26:07	Howgill Harriers	
12	567	Jacob	Dyer	MV40	26:16	Helm Hill	
13	559	Sean	Robinson	MV40	26:51	Howgill Harriers	
14	958	Anothony	Bowness	MV40	26:55	Kendal AAC	
15	582	Colin	Houston	MV40	27:08		
16	509	Chris	Green	MV40	27:23	Ambleside AC	
17	709	Ronald	Hummelink	MV40	27:27	Lonsdale Fell Runners	
18	505	Tom	Matthew	MV40	27:34	Bowland	
19	596	Alistair	Hearn	MV40	27:38	Helm Hill	
20	955	Lawrence	Friell	MV40	27:57		
21	560	Sheldan	Pickles	MV40	27:59	Unattached	
22	520	Alistair	Shawcross	MV40	28:03		
23	707	Tony	Little	MV40	28:13	Bowland	
24	565	Andy	Bennett	MV40	28:48	Helm Hill	
25	948	Shane	Muller	MV40	28:55	Barlick Fell Runners	
26	543	Mark	Villiers	MV40	29:49	Unattached	
27	555	Colin	Briffett	MV40	30:21	Lancaster Runners	
28	518	Rob	Crawford	MV40	30:32	Howgill Harriers	
29	900	Tony	Duffy	MV40	31:11	Barlick Fell Runners	
30	759	Phil	Harrington	MV40	31:32	Helm Hill	
31	646	Mark	Charnley	MV40	31:54	Settle Harriers	
32	832	Stefan	Bradley	MV40	32:05		
33	685	John	Wood	MV40	32:38		
34	839	Malcolm	Campbell	MV40	32:53		
35	611	Kevin	Cooke	MV40	35:52		
36	552	Ian	Oakey	MV40	36:33	Settle Harriers	
37	510	Kristian	Clayton	MV40	43:36	Barlick Fell Runners	
DNF	821	Neil	Robinson	MV40	DNF	COLT	

**MEN - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	593	Scott	Umpleby	MV50	24:32	Kendal AAC	1st MV50
2	632	James	Baron	MV50	25:14	Helm Hill	
3	953	Dave	Parker	MV50	27:07	Levens Valley AC	
4	644	David	Griffin	MV50	27:17	Helm Hill	
5	964	Mark	Simmons	MV50	27:30	Levens Valley AC	
6	866	John	Rainford	MV50	27:33	Preston Harriers	
7	609	Simon	Waller	MV50	27:41	Helm Hill	
8	624	Michael	Toman	MV50	27:50	Accrington RR	
9	858	Simon	Taylor	MV50	28:07		
10	861	Roger	Taylor	MV50	28:16	Preston Harriers	
11	889	Ray	Gill	MV50	28:41	Dallam	
12	843	Simon	Wright	MV50	28:49	Bingley Harriers	
13	952	Shaun	Addison	MV50	28:58	Helm Hill	
14	580	John	Jones	MV50	29:07	Helm Hill	
15	758	Graham	Beaumont	MV50	29:11	Dallam	
16	966	Stuart	McGurk	MV50	29:38	Kendal AAC	
17	573	Andy	Evans	MV50	29:44	Settle Harriers	
18	841	David	Hunter	MV50	29:45	Helm Hill	
19	583	Roger	Aubrey	MV50	29:47	Helm Hill	
20	602	Mick	Kirkman	MV50	29:55	Rosendale Harriers	
21	745	John	Fitzpatrick	MV50	30:06	Helm Hill	
22	619	Chris	Lawrence	MV50	30:26	Clayton le Moors	
23	517	Tim	Murray	MV50	31:13	Helm Hill	
24	617	David	Johnson	MV50	32:20	Ambleside	
25	515	Jeremy	Wilkinson	MV50	33:18	Keighley and Craven AC	
26	240	Peter	Acland	MV50	33:23	Kendal AAC	
27	815	Daniel	Rayson	MV50	35:02		
28	961	Mark	Williamson	MV50	36:18	Levens Valley AC	
29	589	Andrew	Dewhurst	MV50	38:58	MS Running Club	
30	947	Rich	Hill	MV50	40:33	Eden Runners	

**MEN - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	636	Brian	Thompson	MV60	28:26	Helm Hill	1st MV60
2	676	Wilfred	Bell	MV60	29:35	Howgill Harriers	
3	823	Steve	Wathall	MV60	30:17	Black Combe	
4	579	David	Barnes	MV60	30:22	Horwich RMI Harriers	
5	661	Peter	Singleton	MV60	31:07	Blackpool	
6	680	Andrew	Stokes	MV60	31:08	Dallam	
7	621	Mike	Walsh	MV60	31:16	Kendal AAC	
8	965	Michael	Jewell	MV60	32:00	Black Combe	
9	934	Richard	Simpson	MV60	32:34	Dallam	
10	714	Pete	Coe	MV60	32:36	Helm Hill	
11	674	Andy	Monk	MV60	33:26	FRA	
12	757	Greg	Tagney	MV60	33:31	Dallam	
13	610	Michael	McLoughlin	MV60	34:30	Preston Harriers	
14	787	Ian	Peters	MV60	35:30	Hoad Hill Harriers	
15	963	Iain	Crossley	MV60	36:58	AcHille Ratti	
16	951	Peter	Stanley	MV60	37:27	Paristone Footpath Runners	
17	681	Phil	Kirby	MV60	44:32	Coniston	

**MEN - VET 70**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	756	John	Hodgson	MV70	35:23	Dallam	1st MV70
2	627	Graham	Breeze	MV70	35:37	Wharfedale Harriers	
3	663	George	James	MV70	41:55	Blackpool	
4	944	Phil	Martin	MV70	46:21	Bowland	
5	501	Denis	Wood	MV70	51:09	Borrowdale	
6	615	Joe	Howard	MV70	53:45	Preston Harriers	



**ALL SENIOR LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	968	Sarah	McCormack	Lady	23:46	Ambleside	1st Lady
2	735	Joanna	Rycroft	Lady	26:47	Helm Hill	2nd Lady
3	694	Celia	Powell	Lady	27:20		3rd Lady
4	717	Kaisleigh	Atkinson	Lady	27:26		
5	869	Ellie	Mather	Lady	27:53	Lonsdale	
6	967	Rebecca	Gledhill	Lady	28:20	Black Combe	
7	700	Jenny	Lyon	Lady	28:32	Dallam Running Club	
8	529	Jean	Brown	LV50	29:32	Clayton le Moors	1st LV50
9	969	Leila	Armouth	Lady	29:43		
10	949	Kristina	Jackson	Lady	30:00	Allithwaite Running Club	
11	744	Megan	Fitzpatrick	Lady	30:02	Helm Hill	
12	838	Natasha	Geere	LV50	30:02	Spensorough	
13	532	Maia	Doherty	LU21	30:51	Helm Hill	1st LU21
14	942	Kerri	Wadsworth	LV40	31:02	Helm Hill	1st LV40
15	598	Lorna	Askew	LV40	31:37	Helm Hill	
16	503	Pam	Bagot	LV40	31:53	Settle Harriers	
17	553	Kate	Brayshaw	LV40	32:12	Helm Hill	
18	626	Joanne	Taylor	LV40	32:14	Kendal AAC	
19	807	Fay	Tuffen	LV40	32:21		
20	630	Jo	Taylor	LV50	32:29	Bowland FR	
21	865	Angela	Brand-Barker	LV50	32:32		
22	506	Lynn	Whittaker	LV50	32:35	Wharfedale Harriers	
23	833	Helen	Greenep	LV50	33:13	Settle Harriers	
24	586	Eilidh	Miller	LU21	33:33	Broughton Runners	
25	550	Libby	Dixon	LV40	33:34	Ambleside	
26	548	Paula	Bowen	LV40	33:38	Ambleside	
27	847	Denise	Tunstall	LV50	34:21	Durham Fell Runners	
28	511	Jo	Grisedale	LV40	34:41	Helm Hill	
29	608	Veronica	Waller	LV40	34:50	Dallam	
30	656	Leslie	Pateloup	Lady	36:06		
31	544	Hanna	Latty	LV40	36:30		
32	654	Emily	Crossley	LU21	36:51	Settle Harriers	
33	665	Katy	Thompson	LV60	36:56	Clayton le Moors	1st LV60
34	514	Helen	Wilkinson	LV40	36:59	Keighley and Craven AC	
35	779	Elaine	Cowperthwaite	LV50	38:09		
36	557	May	Crawford	LV40	38:27	Helm Hill	
37	957	Dorcas	Doolan	LV60	38:40	Dallam	
38	635	Tyla	Crook	LU21	38:46	Helm Hill	
39	645	Simone	Rigby	LU21	38:54	Settle Harriers	
40	870	Anna	Stevens	LV40	39:15	Helm Hill	
41	504	Jo	Matthew	LV40	39:19	Dallam	
42	651	Jill	Gates	LV50	39:38	Settle Harriers	
43	578	Leonie	Black	LV40	40:15	Helm Hill	
44	904	Elizabeth	Williams	LV40	43:32	Levens Valley AC	
45	806	Jill	Leader	LV60	45:56	Kendal Tri	

**LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	968	Sarah	McCormack	Lady	23:46	Ambleside	1st Lady
2	735	Joanna	Rycroft	Lady	26:47	Helm Hill	2nd Lady
3	694	Celia	Powell	Lady	27:20		3rd Lady
4	717	Kaisleigh	Atkinson	Lady	27:26		
5	869	Ellie	Mather	Lady	27:53	Lonsdale	
6	967	Rebecca	Gledhill	Lady	28:20	Black Combe	
7	700	Jenny	Lyon	Lady	28:32	Dallam Running Club	
8	969	Leila	Armouth	Lady	29:43		
9	949	Kristina	Jackson	Lady	30:00	Allithwaite Running Club	
10	744	Megan	Fitzpatrick	Lady	30:02	Helm Hill	
11	532	Maia	Doherty	LU21	30:51	Helm Hill	1st LU21
12	586	Eilidh	Miller	LU21	33:33	Broughton Runners	
13	656	Leslie	Pateloup	Lady	36:06		
14	654	Emily	Crossley	LU21	36:51	Settle Harriers	
15	635	Tyla	Crook	LU21	38:46	Helm Hill	
16	645	Simone	Rigby	LU21	38:54	Settle Harriers	

**LADIES UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	532	Maia	Doherty	LU21	30:51	Helm Hill	1st LU21
2	586	Eilidh	Miller	LU21	33:33	Broughton Runners	
3	654	Emily	Crossley	LU21	36:51	Settle Harriers	
4	635	Tyla	Crook	LU21	38:46	Helm Hill	
5	645	Simone	Rigby	LU21	38:54	Settle Harriers	

**LADIES - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	942	Kerri	Wadsworth	LV40	31:02	Helm Hill	1st LV40
2	598	Lorna	Askew	LV40	31:37	Helm Hill	
3	503	Pam	Bagot	LV40	31:53	Settle Harriers	
4	553	Kate	Brayshaw	LV40	32:12	Helm Hill	
5	626	Joanne	Taylor	LV40	32:14	Kendal AAC	
6	807	Fay	Tuffen	LV40	32:21		
7	550	Libby	Dixon	LV40	33:34	Ambleside	
8	548	Paula	Bowen	LV40	33:38	Ambleside	
9	511	Jo	Grisedale	LV40	34:41	Helm Hill	
10	608	Veronica	Waller	LV40	34:50	Dallam	
11	544	Hanna	Latty	LV40	36:30		
12	514	Helen	Wilkinson	LV40	36:59	Keighley and Craven AC	
13	557	May	Crawford	LV40	38:27	Helm Hill	
14	870	Anna	Stevens	LV40	39:15	Helm Hill	
15	504	Jo	Matthew	LV40	39:19	Dallam	
16	578	Leonie	Black	LV40	40:15	Helm Hill	
17	904	Elizabeth	Williams	LV40	43:32	Levens Valley AC	

**LADIES - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	529	Jean	Brown	LV50	29:32	Clayton le Moors	1st LV50
2	838	Natasha	Geere	LV50	30:02	Spensorborough	
3	630	Jo	Taylor	LV50	32:29	Bowland FR	
4	865	Angela	Brand-Barker	LV50	32:32		
5	506	Lynn	Whittaker	LV50	32:35	Wharfedale Harriers	
6	833	Helen	Greenep	LV50	33:13	Settle Harriers	
7	847	Denise	Tunstall	LV50	34:21	Durham Fell Runners	
8	779	Elaine	Cowperthwaite	LV50	38:09		
9	651	Jill	Gates	LV50	39:38	Settle Harriers	

**LADIES - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	665	Katy	Thompson	LV60	36:56	Clayton le Moors	1st LV60
2	957	Dorcas	Doolan	LV60	38:40	Dallam	
3	806	Jill	Leader	LV60	45:56	Kendal Tri	

**UNDER 17 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Eric	Beaumont	Boy	13:45	Keighley & Craven AC	1st Boy
2	67	Jack	Villiers	Boy	14:11	Barlick Fell Runners	2nd Boy
3	25	Ollie	Sanders	Boy	14:15	Helm Hill	3rd Boy
4	49	Alex	Tallon	Boy	14:18	Helm Hill	
5	159	Henry	Hunter	Boy	14:30	Helm Hill	
6	158	Jacob	Smith	Boy	14:58	Helm Hill	
7	213	Jacob	Nelson	Boy	15:16	Levens Valley AC	
8	147	Sonny	Ashton-Fitch	Boy	16:15	Settle Harriers	
9	87	Adam	Scott	Boy	16:19	Helm Hill	
10	146	Alfie	Thorpe	Boy	16:42	Broughton Runners	
11	199	Adam	Williamson	Boy	17:45	Levens Valley AC	
12	9	Alex	Matthew	Boy	18:22	Dallam	

**UNDER 17 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	188	Holly	Dobson	Girl	17:12	Ambleside AC	1st Girl
2	234	Bernadette	Raven	Girl	17:20	Ilkley Harriers	2nd Girl
3	73	Emily	Swarbrick	Girl	17:41	Cumberland Fell Runners	3rd Girl
4	94	Freya	Richards	Girl	19:23	Helm Hill	



**UNDER 15 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	121	Ben	Greenep	Boy	10:13	Kendal AAC	1st Boy
2	230	Will	Hall	Boy	10:30	Keighley and Craven AC	2nd Boy
3	229	James	Dufty	Boy	10:32	Cumberland Fell Runners	3rd Boy
4	212	Finley	Corkill	Boy	10:34	Levens Valley AC	
5	32	John	Bardsley	Boy	10:40		
6	237	Evan	Allan	Boy	10:50	Helm Hill	
7	139	Jamie	Waller	Boy	11:04	Dallam	
8	57	Jack	Dixon	Boy	11:18	Ambleside	
9	99	Isaac	Robinson	Boy	11:19	Howgill Harriers	
10	241	Owain	Clark	Boy	11:28	Levens Valley AC	
11	81	Thomas	Adams	Boy	11:44	CFR	
12	185	John-Gerard	Turner	Boy	11:46	Stonyhurst	
13	211	Hal	Saner-Haigh	Boy	11:54	Helm Hill	
14	69	Oliver	Willoughby	Boy	12:21	Helm Hill	
15	228	Euan	Hoadson	Boy	12:25	Stonyhurst	
16	226	Cian	Carnegie	Boy	12:41	Stonyhurst	
17	96	Toby	Harper	Boy	12:42	Ambleside	
18	227	Paul	O'Connor	Boy	13:31	Stonyhurst	
19	101	George	Campbell	Boy	13:48	Howgill Harriers	
20	90	Nathon	Ritchie	Boy	14:21	Levens Valley AC	
21	16	Finley	Grisedale	Boy	14:54	Helm Hill	
22	10	Benjamin	Grundy	Boy	16:16	Wharfedale Harriers	

**UNDER 15 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	91	Amelie	Lane	Girl	10:23	Wharfedale Harriers	1st Girl
2	209	Jessica	Bailey	Girl	10:25	Levens Valley AC	2nd Girl
3	59	Sarah	Smith	Girl	10:41	Helm Hill	3rd Girl
4	235	Georgia	Bell	Girl	10:47		
5	35	Sophie	Rylance	Girl	11:01	Ambleside AC	
6	7	Elodie	Malcolm	Girl	11:37	Helm Hill	
7	46	Elise	Tallon	Girl	12:07	Helm Hill	
8	220	Mia	Brayshaw	Girl	12:26	Lancaster & Morecambe AC	
9	76	Fayth	Bowness	Girl	12:30	CFR	
10	165	Martha	Rigby	Girl	12:51	Settle Harriers	
11	98	Ciara	Duffy	Girl	13:08	Barlick Fell Runners	
12	62	Vicky	Woof	Girl	13:38	Howgill Harriers	
13	8	Cate	Matthew	Girl	13:39	Dallam	
14	219	Alice	Sanderson	Girl	14:36	Helm Hill	

**UNDER 13 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	63	Archie	Peaker	Boy	05:08	Keighley and Craven AC	1st Boy
2	224	Noah	Wadsworth	Boy	05:15	Helm Hill	2nd Boy
3	5	Rowan	Ashworth	Boy	05:20	Ambleside	3rd Boy
4	120	Leo	Ranner	Boy	05:25	Helm Hill	
5	24	Ewen	Wilkinson	Boy	05:28	Keighley and Craven AC	
6	156	Alex	Graham	Boy	05:35	Ambleside	
7	13	Ben	Allmond	Boy	05:37	Ambleside	
8	171	Jack	Sanderson	Boy	05:38	Settle Harriers	
9	166	Oliver	Ball	Boy	05:39	Lancaster & Morecambe AC	
10	153	Freddie	Dixon	Boy	05:40	Ambleside	
11	100	Toby	Acland	Boy	05:41	Helm Hill	
12	97	Ewan	Black	Boy	05:42	Helm Hill	
13	218	Josh	Todd	Boy	05:50	Kendal AAC	
14	141	Aaran	Revill	Boy	05:59	Helm Hill	
15	50	Cameron	Dunn	Boy	06:03	Helm Hill	
16	38	Aaron	Smith	Boy	06:10	Howgill Harriers	
17	182	Oliver	Brummitt	Boy	06:16	Settle Harriers	
18	137	Thomas	Hearn	Boy	06:33	Helm Hill	
19	222	Ethan	MacIntyre	Boy	06:42	Keighley and Craven AC	
20	200	John	Williamson	Boy	06:46	Levens Valley AC	
21	82	Ned	Whitaker	Boy	07:12	Settle Harriers	
22	113	Theo	Robinson	Boy	07:26	Howgill Harriers	
23	223	Jake	Honeysett	Boy	08:19	Lancaster and Morecambe	

### UNDER 13 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	117	Lucille	Pickles	Girl	05:32	Barlick Fell Runners	1st Girl
2	106	Olivia	Swarbrick	Girl	06:00	Cumberland Fell Runners	2nd Girl
3	3	Lucy	Bagot	Girl	06:08	Settle Harriers	3rd Girl
4	11	Lara	Smith	Girl	06:13	Helm Hill	
5	74	Hester	Metcalfe	Girl	06:15	Ambleside AC	
6	44	Charlotte	Peart	Girl	06:17	Settle Harriers	
7	33	Emma	Duxbury	Girl	06:39	Ambleside	
8	231	Leah	Darbyshire	Girl	06:41	ambleside	
9	247	Jody	Whitfield	Girl	06:44	Barlick Fell Runners	
10	239	Amber	Muller	Girl	07:10	Barlick Fell Runners	
11	17	Lily -Grace	Clayton	Girl	07:14	Barlick Fell Runners	
12	128	Hannah	Dyer	Girl	07:29	Helm Hill	
13	180	Poppy	Scott	Girl	07:32		
14	58	Jessica	Oakey	Girl	07:34	Settle Harriers	
15	84	Connie-Maye	Scott	Girl	07:36	Kendal AAC	
16	48	Jasmine	Bottomley	Girl	07:37	Helm Hill	
17	122	Alicia	Crawford	Girl	07:39	Helm Hill	
18	60	Katie	Lowis	Girl	07:57	Howgill Harriers	
19	12	Seren	Green	Girl	08:01	Ambleside AC	
20	77	Isabella	Latty	Girl	08:08	Settle Harriers	

**UNDER 11 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	15	Harvey	Shaw	Boy	05:27	Ambleside	1st Boy
2	21	Joseff	Tancrel	Boy	05:40	Helm Hill	2nd Boy
3	66	Blake	Fleming	Boy	05:47	Ambleside AC	3rd Boy
4	208	Oliver	Oldham	Boy	05:57	Levens Valley AC	
5	225	Cooper	Wadsworth	Boy	06:02	Helm Hill	
6	51	Fraser	Dunn	Boy	06:06	Helm Hill	
7	104	Will	Brayshaw	Boy	06:07	Helm Hill	
8	170	Carl	Sanderson	Boy	06:09	Settle Harriers	
9	204	Zeke	Sumner	Boy	06:12	Ambleside	
10	167	Harry	Ball	Boy	06:14	Lancaster & Morecambe AC	
11	207	Sam	Oldham	Boy	06:19	Levens Valley AC	
12	56	Ivan	Winder	Boy	06:22	Levens Valley AC	
13	155	Jamie	Graham	Boy	06:25	Ambleside	
14	114	Gus	Campbell	Boy	06:31	Howgill Harriers	
15	47	Jackson	Bottomley	Boy	06:32	Helm Hill	
16	232	Isaac	Davies	Boy	07:03	Darwen Dashers	
17	109	William	Hargreaves	Boy	07:08	Ambleside	
18	201	Jai	Mitchell Whiteside	Boy	07:09	Howgill Harriers	
19	183	Demitri	Kyriacou	Boy	07:11	Levens Valley AC	
20	61	Thomas	Lowis	Boy	07:13	Howgill Harriers	
21	26	Edward	Shawcross	Boy	07:16	Dallam	
22	18	Oscar	Clayton	Boy	07:19	Barlick Fell Runners	
23	221	William	Gornall	Boy	07:30		
24	140	Brodie	Revill	Boy	07:41	Helm Hill	
25	132	Thomas	Iveson	Boy	08:03	Ambleside AC	
26	238	Alfie	Muller	Boy	08:09	Barlick Fell Runners	
27	123	Freddie	Crawford	Boy	08:10	Helm Hill	
28	187	Jonah	Hughes	Boy	08:41	Helm Hill	
DNF	6	Tom	Ashworth	Boy	DNF	Ambleside	
DNF	197	Jera	Beaumont	Boy	DNF	Ambleside	

**UNDER 11 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	164	Daisy	Fielding	Girl	06:00	SSRC	1st Girl
2	80	Isabella	Wright	Girl	06:29	Wharfedale Harriers	2nd Girl
3	107	Ella	Brayshaw	Girl	06:35	Lancaster & Morecambe AC	3rd Girl
4	34	Ruby	Duxbury	Girl	06:37	Ambleside	
5	119	Emmy	Ranner	Girl	07:00	Helm Hill	
6	181	Rosie	Scott	Girl	07:05	Ambleside	
7	178	Cara	Bradley	Girl	07:07	Ambleside	
8	210	Holly	Jenner	Girl	07:15	Ambleside	
9	198	Eleanor	King	Girl	07:56	Helm Hill	
10	4	Francesca	Bagot	Girl	08:00	Settle Harriers	
11	83	Mabel	Whitaker	Girl	08:05	Settle Harriers	