



Supported by Different Strokes

## Whitestone - Results 28 January 2018

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Michael	Ainsworth	Man	32:58	Helm Hill	1st Man
2	244	Adam	Perry	Man	32:59	Helm Hill	2nd Man
3	29	Jon	Rylance	MV40	33:34	Ambleside	3rd Man/1st MV40
4	1152	Benjamin	Forrest	MU21	33:49	Rosendale	1st MU21
5	91	Ben	Procter	Man	34:45	Helm Hill	
6	248	Tim	Cowin	MV40	35:21	Helm Hill	
7	367	Mark	O'Connor	Man	35:41	Calder Valley	
8	368	Harry	Swell	Man	35:45	Ambleside	
9	347	Kirk	Wadsworth	MV40	36:09	Helm Hill	
10	280	Harvey	Lord	Man	36:14	Black Combe	
11	51	Tom	Addison	Man	36:21	Helm Hill	
12	87	Scott	Umpleby	MV50	37:17	Kendal AAC	1st MV50
13	228	Peter	Rigby	Man	37:25		
14	256	Richard	Stevens	MV40	37:29	Ambleside	
15	69	Sam	Thom	MU21	37:30	KCAC	
16	30	Brian	Pennington	MV40	37:31	Howgill Harriers	
17	284	Justin	Tancrel	MV40	37:39		
18	49	Jacob	Dyer	MV40	37:50	Helm Hill	
19	225	Kelli	Roberts	Lady	37:54		1st Lady
20	260	Laurie	Kearsey	Man	38:01	Helm Hill	
21	361	George	Attwood	MU21	38:05	Dallam	
22	342	Andrew	Holt	MV40	38:11	Clayton le Moors	
23	187	Peter	Lawson	Man	38:16		
24	36	Joe	Todd	MV40	38:25	Kendal	
25	363	Simon	Whittaker	Man	38:45	Helm Hill	
26	45	James	Baron	MV50	39:47	Helm Hill	
27	183	Ben	Whitham	Man	39:48		
28	50	Rob	Harper	MV40	39:52	Ambleside	
29	71	Sean	Robinson	Man	39:59	Howgill Harriers	
30	350	Conor	Jardine	MU21	40:24		
31	366	Gavin	Lloyd	Man	40:32	Black Combe	
32	136	Declan	Bulmer	Man	40:34	Wharfedale	
33	23	Imogen	Burrow	LU21	40:35	Helm Hill	2nd Lady/1st LU21
34	16	Graham	Schofield	MV60	40:38	Horwich Harriers	1st MV60
35	177	David	Griffin	MV50	40:46	Dallam	
36	356	John	Douglas	MV40	40:46	Allithwaite	
37	53	Steven	Middleton	MV40	41:09	Howgill Harriers	
38	25	Tom	Matthew	MV40	41:28	Bowland	
39	117	Simon	Fox	MV50	41:52	Darwen Dashers	
40	1190	Ben	Kirkman	MU21	42:04	Rosendale	
41	299	Karl	Robb	Man	42:46		
42	128	James	Coulthard	MV40	42:48	Howgill Harriers	
43	362	Mark	Cropper	MV40	43:00	Helm Hill	
44	314	Ray	Gill	MV50	43:01	Dallam	
45	79	Jake	Cooper	MU21	43:17	Leven Valley	
46	364	Brian	Kennedy	MV50	43:25	Settle	
47	142	Michael	Toman	MV50	43:57	Rosendale	
48	261	Emma	Johnston	Lady	44:03	Helm Hill	3rd Lady
49	35	Craig	Peart	Man	44:10	Lancaster & Morecambe	
50	147	Matt	Bourne	MV40	44:18	Bowland	
51	346	Colin	Valentine	MV50	45:08	Keswick AC	
52	17	Ali	Richards	LV40	45:09	Helm Hill	1st LV40
53	291	Jonathan	Gibson	MV50	45:11	Wharfedale	

54	295	James	Mellor	Man	45:12		
55	12	Tim	Murray	MV50	45:13	Helm Hill	
56	85	Ian	Hutchinson	MV50	45:16	Bowland Fell Runners	
57	352	Edwin	Sherstone	MV50	45:28	Deeside OC	
58	351	Christopher	Laird	Man	45:39	Leven Valley	
59	360	Katherine	Lawson	LU21	45:41		
60	40	Jonny	Grisedale	MV40	45:45	Helm Hill	
61	322	Kate	Simpson	LV40	45:52	Helm Hill	
62	357	Jonathon	Stubbs	MV50	46:00	Darwen Dashers	
63	178	Caroline	Lambert	LV40	46:07		
64	194	Dominic	Merchant	Man	46:45	Helm Hill	
65	78	Peter	Bascombe	MV40	46:50	Bowness Badminton	
66	353	Jo	Wilcox	LV50	46:55	Helm Hill	1st LV50
67	251	Steve	Wathall	MV50	47:02	Black Combe	
68	1209	Thomas	Ward	MU21	47:07	Helm Hill	
69	8	Jayne	Rigby	LV40	47:16	Helm Hill	
70	343	Mick	Kirkman	MV50	47:20	Rosendale	
71	358	Ruth	Pettit	Lady	47:43		
72	349	Bruce	Jardine	MV50	47:48		
73	272	Tim	Winder	MV50	48:12	Leven Valley	
74	306	Caroline	Holden	LV50	48:14	Helm Hill	
75	6	David	Barnes	MV60	48:15	Horwich	
76	341	Georgia	Stevens	LU21	48:16	Helm Hill	
77	106	Peter	Singleton	MV60	48:58	Blackpool	
78	309	Joseph	Sharples	Man	49:00	Preston Harriers	
79	119	Mark	Charnley	MV40	49:32	Settle	
80	34	Joanne	Pennington	LV40	49:58	Kendal AAC	
81	28	Niki	Rylance	LV40	50:03	Ambleside	
82	247	Alan	Miller	MV60	50:05	Kendal	
83	348	Matt	Atkinson	Man	50:09		
84	65	Katherine	France	LV40	50:22	Helm Hill	
85	204	Gary	Lane	MV40	50:27	Howgill Harriers	
86	266	Andy	Evans	MV50	50:34	Settle	
87	148	John	Graham	MV50	50:37	Bowland	
88	105	Paul	Corkill	Man	50:38	Levens Valley AC	
89	173	Michael	McLoughlin	MV60	50:41	Preston Harriers	
90	193	Daniel	Rayson	MV40	50:44		
91	201	Katie	Palmer	LV40	51:01	Helm Hill	
92	102	Jo	Taylor	LV50	51:07	Bowland	
93	55	Barry	Scholes	MV60	51:08	Settle	
94	161	Libby	Dixon	LV40	51:09	Ambleside	
95	231	Victoria	Upton	Lady	51:17	Helm Hill	
96	359	James	Gooding	Man	51:31		
97	81	Meredith	Revill	Lady	51:35	Helm Hill	
98	215	Philip	Harrington	MV40	51:47	Helm Hill	
99	70	Tim	Thom	MV50	52:32	KCAC	
100	64	Kate	Brayshaw	LV40	52:49	Helm Hill	
101	103	John	Taylor	MV60	53:06	Bowland	
102	132	Robin	Haywood	MV40	53:17	Howgill Harriers	
103	250	David	Cowperthwaite	MV50	55:15	N/A	
104	305	Steve	Taylor	MV60	55:27	Preston Harriers	
105	345	Stephen	Fish	MV60	55:41	Clayton Le Moors	
106	230	Ian	Peters	MV60	55:52	Glaxo	
107	359	James	Gooding	Man	55:53		
108	334	Elizabeth	Adams	LV40	56:09	Helm Hill	
109	180	Grant	Remington	Man	56:38		
110	249	Elaine	Cowperthwaite	LV40	56:40	N/A	
111	39	Joanne	Grisedale	LV40	57:09	Helm Hill	
112	133	Gareth	Bradburn-Sims	MV40	57:11	Howgill Harriers	
113	68	Pam	Bagot	LV40	57:48	Settle	
114	340	Ruth	O'dowd	LV50	57:55	Northern Fell	
115	3	May	Crawford	Lady	58:03	Helm Hill	

116	246	John	Hodgson	MV70	58:23	Dallam	1st MV70
117	344	Graham	Schofield	MV60	58:39	Chorley	
118	354	Wayne	Walsh	MV50	1:00:36	Bowland	
119	273	Trevor	Metcalfe	MV60	1:01:38	Wharfedale	
120	93	Jill	Gates	LV50	1:02:49	Settle	
121	155	Miriam	Rosen	LV60	1:03:30	Lancaster & Morecambe	1st LV60
122	83	Rebecca	Atkinson	Lady	1:03:37		
123	7	Anna	Stevens	LV40	1:04:18	Helm hill	
124	125	Mark	Birbeck	MV50	1:04:40	Achille Ratti	
125	120	Philip	Kirkby	MV60	1:06:36	Coniston	
126	2	Wendy	Smith	LV40	1:06:50	Helm Hill	
127	365	Brian	Carlisle	MV60	1:07:12	Askrigg	
128	369	Sonja	Vietoris	MV50	1:13:51		
129	154	David	Rosen	MV60	1:16:16	Lancaster & Morecambe	

### Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1081	Matthew	Knowles	Boy	11:11	Lancaster & Morecambe	1st Boy
2	1189	Eric	Beaumont	Boy	11:39	KCAC	2nd Boy
3	1133	Toby	Umpleby	Boy	11:45	Kendal AAC	3rd Boy
4	1018	Ben	Edmondson	Boy	12:12	Ambleside	
5	1038	Jacob	Smith	Boy	12:22	Kendal AAC	
6	1202	sam	almond	Boy	12:25	Eden	
7	1029	Chloe	Rylance	Girl	12:28	Ambleside	1st Girl
8	1208	Adam	Gibson	Boy	12:51	Wharfedale	
9	1178	Matthew	Holroyd	Boy	13:08	Settle	
10	1261	Briony	Holt	Girl	13:13	Clayton le Moors	2nd Girl
11	1207	Bernadette	Raven	Girl	13:28	Ilkley	3rd Girl
12	1182	Brodie	Weymouth	Boy	14:07		
13	1130	Harvey	Cooper	Boy	14:20	Leven Valley	
14	1154	Daniel	Harris	Boy	14:24	Helm Hill	
15	1120	Adam	Scott	Boy	14:33	Kendal	
16	1074	Maia	Doherty	Girl	15:00	Helm Hill	
17	1097	Lottie	Beardwood	Girl	15:40	Helm Hill	
18	1073	Becky	Dyer	Girl	17:36	Helm Hill	
19	1134	Emily	Crossley	Girl	19:15	Settle	

**Under 15 Race**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1006	Ollie	Sanders	Boy	07:47	Helm Hill	1st Boy
2	1179	Jack	Villiers	Boy	08:06	Barlick Fell Runners	2nd Boy
3	1049	Cameron	Coates	Boy	08:21	Ambleside	3rd Boy
4	1037	Ben	Smith	Boy	08:44	Kendal AAC	
5	1046	Joe	Ligema	Boy	08:57	Ambleside	
6	1100	Joe	Clayton	Boy	08:58	Helm Hill	
7	1030	Sophie	Rylance	Girl	09:03	Ambleside	1st Girl
8	1053	Christopher	Brown	Boy	09:14	Clayton le Moors	
9	1040	John	Bardsley	Boy	09:21	Unattached	
10	1076	Zach	Doherty	Boy	09:22	Dallam	
11	1193	Gemma	O'dowd	Girl	09:22	Eden	2nd Girl
12	1205	Edward	Sargent	Boy	09:28	Hoad Hill Harriers	
13	1098	Ella	Beardwood	Girl	09:46	Helm Hill	3rd Girl
14	1126	Freya	Richards	Girl	10:36	Helm Hill	
15	1113	Nathan	Ritchie	Boy	11:12	Hoad Hill Harriers	
16	1204	Isabel	Corfield	Girl	11:12	Ambleside	
17	1051	Finley	Grisedale	Boy	12:14	Helm Hill	

### Under 13 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1164	Harry	Ewbank	Boy	06:33	Eden	1st Boy
2	1166	Will	McNally	Boy	06:36	Leven Valley	2nd Boy
3	1165	Jack	Dixon	Boy	06:39	Ambleside	3rd Boy
4	1035	Sarah	Smith	Girl	06:42	Helm Hill	1st Girl
5	1141	Alex	Graham	Boy	06:48	Ambleside	
6	1192	Louis	Bigland	Boy	06:49	Kendal	
7	1143	Matti	Ligema	Boy	07:06	Ambleside	
8	1042	Joshua	Todd	Boy	07:17		
9	1197	Noah	Wadsworth	Boy	07:19	Helm Hill	
10	1027	Tom	Ashworth	Boy	07:20	Ambleside	
11	1052	Harvey	Shaw	Boy	07:22	Ambleside	
12	1005	Richard	Goode-Smith	Boy	07:24	Ambleside	
13	1082	Jody	Middleton	Boy	07:25	Howgill Harriers	
14	1198	Evie	Taylor	Girl	07:28	Rosendale	2nd Girl
15	1044	Alfie	Todd	Boy	07:32		
16	1127	Arran	Revill	Boy	07:33	Helm Hill	
17	1148	Jack	Sanderson	Boy	07:35	Settle	
18	1194	Theo	Coates	Boy	07:36	Ambleside	
19	1199	Oliver	Ball	Boy	07:36	Lancaster & Morecambe	
20	1184	Joseff	Tancrel	Boy	07:48		
21	1032	Aaron	Smith	Boy	07:51	Howgill Harriers	
22	1001	Joseph	Rigby	Boy	07:52	Helm Hill	
23	1115	Samuel	Jackson	Boy	07:55	Helm Hill	
24	1022	Jamie	Graham	Boy	07:58	Ambleside	
25	1103	Joel	Saunders	Boy	08:01	Helm Hill	
26	1099	Charlie	Clayton	Boy	08:06	Helm Hill	
27	1020	Jessica	Edmondson	Girl	08:08	Ambleside	3rd Girl
28	1078	Toby	Harper	Boy	08:09	Ambleside	
29	1077	Vicky	Woof	Girl	08:11	Howgill Harriers	
30	1153	Finlay	Aitken	Boy	08:24	Helm Hill	
31	1111	Jude	Evans	Boy	08:26	Ambleside	
32	1114	Will	Brayshaw	Boy	08:28	Helm Hill	
33	1117	Lucy	Bagot	Girl	08:30	Settle	
34	1206	Zeke	Sumner	Boy	08:40	Ambleside	
35	1093	Charlotte	Pearl	Girl	08:49	Settle	
36	1095	Thomas	Hearn	Boy	08:51	Helm Hill	
37	1019	Emma	Duxbury	Girl	08:54	Ambleside	
38	1033	Ellen	Dickson	Girl	09:02	Ambleside	
39	1118	Connie-May	Scott	Girl	09:07	Kendal	
40	1195	Alaana	Coates	Girl	09:12	Ambleside	
41	1105	Sophie	Goodall	Girl	09:16		
42	1021	Ruby	Duxbury	Girl	09:17	Ambleside	
43	1200	Harry	Ball	Boy	09:21	Lancaster & Morecambe	
44	1203	Holly	Jenner	Girl	09:24	Dallam	
45	1041	Oliver	Willoughby	Boy	09:28	Helm Hill	
46	1012	Emily	Pearl	Girl	09:30	Lancaster & Morecambe	
47	1091	Ella	Martindale	Girl	09:33	Helm Hill	
48	1092	Madeleine	Martindale	Girl	09:34		
49	1172	Arran	Goodall	Boy	09:39		
50	1096	Alicia	Crawford	Girl	09:49	Helm Hill	
51	1059	Bobby	Wilkin	Boy	09:51	Ambleside	
52	1016	Cate	Matthew	Girl	09:53		
53	1075	Katie	Lowis	Girl	10:09	Howgill Harriers	
54	1071	Hannah	Dyer	Girl	10:12	Helm Hill	
55	1196	William	Hargreaves	Boy	10:15	Ambleside	
56	1094	Sophie	Hearn	Girl	10:16		
57	1146	Ella	Stamp	Girl	10:17	Dallam	
58	1024	Rory	Knowles	Boy	10:26	Ambleside	
59	1168	Broadie	Revill	Boy	10:28	Helm Hill	
60	1102	Ava	Saunders	Girl	10:36		

61	1065	Eleanor	King	Girl	11:15	Helm Hill	
62	1055	Megan	Harris	Girl	12:09	Helm Hill	
63	1132	Bridget	Atkinson	Girl	12:10		

## Whitestone 2018 Category Results

## ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Michael	Ainsworth	Man	32:58	Helm Hill	1st Man
2	244	Adam	Perry	Man	32:59	Helm Hill	2nd Man
3	29	Jon	Rylance	MV40	33:34	Ambleside	3rd Man/1st MV40
4	1152	Benjamin	Forrest	MU21	33:49	Rosendale	1st MU21
5	91	Ben	Procter	Man	34:45	Helm Hill	
6	248	Tim	Cowin	MV40	35:21	Helm Hill	
7	367	Mark	O'Connor	Man	35:41	Calder Valley	
8	368	Harry	Swell	Man	35:45	Ambleside	
9	347	Kirk	Wadsworth	MV40	36:09	Helm Hill	
10	280	Harvey	Lord	Man	36:14	Black Combe	
11	51	Tom	Addison	Man	36:21	Helm Hill	
12	87	Scott	Umpleby	MV50	37:17	Kendal AAC	1st MV50
13	228	Peter	Rigby	Man	37:25		
14	256	Richard	Stevens	MV40	37:29	Ambleside	
15	69	Sam	Thom	MU21	37:30	KCAC	
16	30	Brian	Pennington	MV40	37:31	Howgill Harriers	
17	284	Justin	Tancrel	MV40	37:39		
18	49	Jacob	Dyer	MV40	37:50	Helm Hill	
19	260	Laurie	Kearsey	Man	38:01	Helm Hill	
20	361	George	Attwood	MU21	38:05	Dallam	
21	342	Andrew	Holt	MV40	38:11	Clayton le Moors	
22	187	Peter	Lawson	Man	38:16		
23	36	Joe	Todd	MV40	38:25	Kendal	
24	363	Simon	Whittaker	Man	38:45	Helm Hill	
25	45	James	Baron	MV50	39:47	Helm Hill	
26	183	Ben	Whitham	Man	39:48		
27	50	Rob	Harper	MV40	39:52	Ambleside	
28	71	Sean	Robinson	Man	39:59	Howgill Harriers	
29	350	Conor	Jardine	MU21	40:24		
30	366	Gavin	Lloyd	Man	40:32	Black Combe	
31	136	Declan	Bulmer	Man	40:34	Wharfedale	
32	16	Graham	Schofield	MV60	40:38	Horwich Harriers	1st MV60
33	177	David	Griffin	MV50	40:46	Dallam	
34	356	John	Douglas	MV40	40:46	Allithwaite	
35	53	Steven	Middleton	MV40	41:09	Howgill Harriers	
36	25	Tom	Matthew	MV40	41:28	Bowland	
37	117	Simon	Fox	MV50	41:52	Darwen Dashers	
38	1190	Ben	Kirkman	MU21	42:04	Rosendale	
39	299	Karl	Robb	Man	42:46		
40	128	James	Coulthard	MV40	42:48	Howgill Harriers	
41	362	Mark	Cropper	MV40	43:00	Helm Hill	
42	314	Ray	Gill	MV50	43:01	Dallam	
43	79	Jake	Cooper	MU21	43:17	Leven Valley	
44	364	Brian	Kennedy	MV50	43:25	Settle	
45	142	Michael	Toman	MV50	43:57	Rosendale	
46	35	Craig	Peart	Man	44:10	Lancaster & Morecambe	
47	147	Matt	Bourne	MV40	44:18	Bowland	
48	346	Colin	Valentine	MV50	45:08	Keswick AC	
49	291	Jonathan	Gibson	MV50	45:11	Wharfedale	
50	295	James	Mellor	Man	45:12		
51	12	Tim	Murray	MV50	45:13	Helm Hill	
52	85	Ian	Hutchinson	MV50	45:16	Bowland Fell Runners	
53	352	Edwin	Sherstone	MV50	45:28	Deeside OC	
54	351	Christopher	Laird	Man	45:39	Leven Valley	
55	40	Jonny	Grisedale	MV40	45:45	Helm Hill	
56	357	Jonathon	Stubbs	MV50	46:00	Darwen Dashers	
57	194	Dominic	Merchant	Man	46:45	Helm Hill	
58	78	Peter	Bascombe	MV40	46:50	Bowness Badminton	



59	251	Steve	Wathall	MV50	47:02	Black Combe	
60	1209	Thomas	Ward	MU21	47:07	Helm Hill	
61	343	Mick	Kirkman	MV50	47:20	Rosendale	
62	349	Bruce	Jardine	MV50	47:48		
63	272	Tim	Winder	MV50	48:12	Leven Valley	
64	6	David	Barnes	MV60	48:15	Horwich	
65	106	Peter	Singleton	MV60	48:58	Blackpool	
66	309	Joseph	Sharples	Man	49:00	Preston Harriers	
67	119	Mark	Charnley	MV40	49:32	Settle	
68	247	Alan	Miller	MV60	50:05	Kendal	
69	348	Matt	Atkinson	Man	50:09		
70	204	Gary	Lane	MV40	50:27	Howgill Harriers	
71	266	Andy	Evans	MV50	50:34	Settle	
72	148	John	Graham	MV50	50:37	Bowland	
73	105	Paul	Corkill	Man	50:38	Levens Valley AC	
74	173	Michael	McLoughlin	MV60	50:41	Preston Harriers	
75	193	Daniel	Rayson	MV40	50:44		
76	55	Barry	Scholes	MV60	51:08	Settle	
77	359	James	Gooding	Man	51:31		
78	215	Philip	Harrington	MV40	51:47	Helm Hill	
79	70	Tim	Thom	MV50	52:32	KCAC	
80	103	John	Taylor	MV60	53:06	Bowland	
81	132	Robin	Haywood	MV40	53:17	Howgill Harriers	
82	250	David	Cowperthwaite	MV50	55:15	N/A	
83	305	Steve	Taylor	MV60	55:27	Preston Harriers	
84	345	Stephen	Fish	MV60	55:41	Clayton Le Moors	
85	230	Ian	Peters	MV60	55:52	Glaxo	
86	359	James	Gooding	Man	55:53		
87	180	Grant	Remington	Man	56:38		
88	133	Gareth	Bradburn-Sims	MV40	57:11	Howgill Harriers	
89	246	John	Hodgson	MV70	58:23	Dallam	1st MV70
90	344	Graham	Schofield	MV60	58:39	Chorley	
91	354	Wayne	Walsh	MV50	1:00:36	Bowland	
92	273	Trevor	Metcalfe	MV60	1:01:38	Wharfedale	
93	125	Mark	Birbeck	MV50	1:04:40	Achille Ratti	
94	120	Philip	Kirkby	MV60	1:06:36	Coniston	
95	365	Brian	Carlisle	MV60	1:07:12	Askrigg	
96	369	Sonja	Vietoris	MV50	1:13:51		
97	154	David	Rosen	MV60	1:16:16	Lancaster & Morecambe	

**MEN**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Michael	Ainsworth	Man	32:58	Helm Hill	1st Man
2	244	Adam	Perry	Man	32:59	Helm Hill	2nd Man
3	1152	Benjamin	Forrest	MU21	33:49	Rosendale	1st MU21
4	91	Ben	Procter	Man	34:45	Helm Hill	
5	367	Mark	O'Connor	Man	35:41	Calder Valley	
6	368	Harry	Swell	Man	35:45	Ambleside	
7	280	Harvey	Lord	Man	36:14	Black Combe	
8	51	Tom	Addison	Man	36:21	Helm Hill	
9	228	Peter	Rigby	Man	37:25		
10	69	Sam	Thom	MU21	37:30	KCAC	
11	260	Laurie	Kearsey	Man	38:01	Helm Hill	
12	361	George	Attwood	MU21	38:05	Dallam	
13	187	Peter	Lawson	Man	38:16		
14	363	Simon	Whittaker	Man	38:45	Helm Hill	
15	183	Ben	Whitham	Man	39:48		
16	71	Sean	Robinson	Man	39:59	Howgill Harriers	
17	350	Conor	Jardine	MU21	40:24		
18	366	Gavin	Lloyd	Man	40:32	Black Combe	
19	136	Declan	Bulmer	Man	40:34	Wharfedale	
20	1190	Ben	Kirkman	MU21	42:04	Rosendale	
21	299	Karl	Robb	Man	42:46		
22	79	Jake	Cooper	MU21	43:17	Leven Valley	
23	35	Craig	Peart	Man	44:10	Lancaster & Morecambe	
24	295	James	Mellor	Man	45:12		
25	351	Christopher	Laird	Man	45:39	Leven Valley	
26	194	Dominic	Merchant	Man	46:45	Helm Hill	
27	1209	Thomas	Ward	MU21	47:07	Helm Hill	
28	309	Joseph	Sharples	Man	49:00	Preston Harriers	
29	348	Matt	Atkinson	Man	50:09		
30	105	Paul	Corkill	Man	50:38	Levens Valley AC	
31	359	James	Gooding	Man	51:31		
32	359	James	Gooding	Man	55:53		
33	180	Grant	Remington	Man	56:38		

**MEN UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1152	Benjamin	Forrest	MU21	33:49	Rosendale	1st MU21
2	69	Sam	Thom	MU21	37:30	KCAC	
3	361	George	Attwood	MU21	38:05	Dallam	
4	350	Conor	Jardine	MU21	40:24		
5	1190	Ben	Kirkman	MU21	42:04	Rosendale	
6	79	Jake	Cooper	MU21	43:17	Leven Valley	
7	1209	Thomas	Ward	MU21	47:07	Helm Hill	

**MEN - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	29	Jon	Rylance	MV40	33:34	Ambleside	3rd Man/1st MV40
2	248	Tim	Cowin	MV40	35:21	Helm Hill	
3	347	Kirk	Wadsworth	MV40	36:09	Helm Hill	
4	256	Richard	Stevens	MV40	37:29	Ambleside	
5	30	Brian	Pennington	MV40	37:31	Howgill Harriers	
6	284	Justin	Tancrel	MV40	37:39		
7	49	Jacob	Dyer	MV40	37:50	Helm Hill	
8	342	Andrew	Holt	MV40	38:11	Clayton le Moors	
9	36	Joe	Todd	MV40	38:25	Kendal	
10	50	Rob	Harper	MV40	39:52	Ambleside	
11	356	John	Douglas	MV40	40:46	Allithwaite	
12	53	Steven	Middleton	MV40	41:09	Howgill Harriers	
13	25	Tom	Matthew	MV40	41:28	Bowland	
14	128	James	Coulthard	MV40	42:48	Howgill Harriers	
15	362	Mark	Cropper	MV40	43:00	Helm Hill	
16	147	Matt	Bourne	MV40	44:18	Bowland	
17	40	Jonny	Grisedale	MV40	45:45	Helm Hill	
18	78	Peter	Bascombe	MV40	46:50	Bowness Badminton	
19	119	Mark	Charnley	MV40	49:32	Settle	
20	204	Gary	Lane	MV40	50:27	Howgill Harriers	
21	193	Daniel	Rayson	MV40	50:44		
22	215	Philip	Harrington	MV40	51:47	Helm Hill	
23	132	Robin	Haywood	MV40	53:17	Howgill Harriers	
24	133	Gareth	Bradburn-Sims	MV40	57:11	Howgill Harriers	

**MEN - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	87	Scott	Umpleby	MV50	37:17	Kendal AAC	1st MV50
2	45	James	Baron	MV50	39:47	Helm Hill	
3	177	David	Griffin	MV50	40:46	Dallam	
4	117	Simon	Fox	MV50	41:52	Darwen Dashers	
5	314	Ray	Gill	MV50	43:01	Dallam	
6	364	Brian	Kennedy	MV50	43:25	Settle	
7	142	Michael	Toman	MV50	43:57	Rosendale	
8	346	Colin	Valentine	MV50	45:08	Keswick AC	
9	291	Jonathan	Gibson	MV50	45:11	Wharfedale	
10	12	Tim	Murray	MV50	45:13	Helm Hill	
11	85	Ian	Hutchinson	MV50	45:16	Bowland Fell Runners	
12	352	Edwin	Sherstone	MV50	45:28	Deeside OC	
13	357	Jonathon	Stubbs	MV50	46:00	Darwen Dashers	
14	251	Steve	Wathall	MV50	47:02	Black Combe	
15	343	Mick	Kirkman	MV50	47:20	Rosendale	
16	349	Bruce	Jardine	MV50	47:48		
17	272	Tim	Winder	MV50	48:12	Leven Valley	
18	266	Andy	Evans	MV50	50:34	Settle	
19	148	John	Graham	MV50	50:37	Bowland	
20	70	Tim	Thom	MV50	52:32	KCAC	
21	250	David	Cowperthwaite	MV50	55:15	N/A	
22	354	Wayne	Walsh	MV50	1:00:36	Bowland	
23	125	Mark	Birbeck	MV50	1:04:40	Achille Ratti	
24	369	Sonja	Vietoris	MV50	1:13:51		

**MEN - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	16	Graham	Schofield	MV60	40:38	Horwich Harriers	1st MV60
2	6	David	Barnes	MV60	48:15	Horwich	
3	106	Peter	Singleton	MV60	48:58	Blackpool	
4	247	Alan	Miller	MV60	50:05	Kendal	
5	173	Michael	McLoughlin	MV60	50:41	Preston Harriers	
6	55	Barry	Scholes	MV60	51:08	Settle	
7	103	John	Taylor	MV60	53:06	Bowland	
8	305	Steve	Taylor	MV60	55:27	Preston Harriers	
9	345	Stephen	Fish	MV60	55:41	Clayton Le Moors	
10	230	Ian	Peters	MV60	55:52	Glaxo	
11	344	Graham	Schofield	MV60	58:39	Chorley	
12	273	Trevor	Metcalfe	MV60	1:01:38	Wharfedale	
13	120	Philip	Kirkby	MV60	1:06:36	Coniston	
14	365	Brian	Carlisle	MV60	1:07:12	Askrigg	
15	154	David	Rosen	MV60	1:16:16	Lancaster & Morecambe	

**MEN - VET 70**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	246	John	Hodgson	MV70	58:23	Dallam	1st MV70

**ALL SENIOR LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	225	Kelli	Roberts	Lady	37:54		1st Lady
2	23	Imogen	Burrow	LU21	40:35	Helm Hill	2nd Lady/1st LU21
3	261	Emma	Johnston	Lady	44:03	Helm Hill	3rd Lady
4	17	Ali	Richards	LV40	45:09	Helm Hill	1st LV40
5	360	Katherine	Lawson	LU21	45:41		
6	322	Kate	Simpson	LV40	45:52	Helm Hill	
7	178	Caroline	Lambert	LV40	46:07		
8	353	Jo	Wilcox	LV50	46:55	Helm Hill	1st LV50
9	8	Jayne	Rigby	LV40	47:16	Helm Hill	
10	358	Ruth	Pettit	Lady	47:43		
11	306	Caroline	Holden	LV50	48:14	Helm Hill	
12	341	Georgia	Stevens	LU21	48:16	Helm Hill	
13	34	Joanne	Pennington	LV40	49:58	Kendal AAC	
14	28	Niki	Rylance	LV40	50:03	Ambleside	
15	65	Katherine	France	LV40	50:22	Helm Hill	
16	201	Katie	Palmer	LV40	51:01	Helm Hill	
17	102	Jo	Taylor	LV50	51:07	Bowland	
18	161	Libby	Dixon	LV40	51:09	Ambleside	
19	231	Victoria	Upton	Lady	51:17	Helm Hill	
20	81	Meredith	Revill	Lady	51:35	Helm Hill	
21	64	Kate	Brayshaw	LV40	52:49	Helm Hill	
22	334	Elizabeth	Adams	LV40	56:09	Helm Hill	
23	249	Elaine	Cowperthwaite	LV40	56:40	N/A	
24	39	Joanne	Grisedale	LV40	57:09	Helm Hill	
25	68	Pam	Bagot	LV40	57:48	Settle	
26	340	Ruth	O'dowd	LV50	57:55	Northern Fell	
27	3	May	Crawford	Lady	58:03	Helm Hill	
28	93	Jill	Gates	LV50	1:02:49	Settle	
29	155	Miriam	Rosen	LV60	1:03:30	Lancaster & Morecambe	1st LV60
30	83	Rebecca	Atkinson	Lady	1:03:37		
31	7	Anna	Stevens	LV40	1:04:18	Helm hill	
32	2	Wendy	Smith	LV40	1:06:50	Helm Hill	



**LADIES**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	225	Kelli	Roberts	Lady	37:54		1st Lady
2	23	Imogen	Burrow	LU21	40:35	Helm Hill	2nd Lady/1st LU21
3	261	Emma	Johnston	Lady	44:03	Helm Hill	3rd Lady
4	360	Katherine	Lawson	LU21	45:41		
5	358	Ruth	Pettit	Lady	47:43		
6	341	Georgia	Stevens	LU21	48:16	Helm Hill	
7	231	Victoria	Upton	Lady	51:17	Helm Hill	
8	81	Meredith	Revill	Lady	51:35	Helm Hill	
9	3	May	Crawford	Lady	58:03	Helm Hill	
10	83	Rebecca	Atkinson	Lady	1:03:37		

**LADIES UNDER 21**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	23	Imogen	Burrow	LU21	40:35	Helm Hill	2nd Lady/1st LU21
2	360	Katherine	Lawson	LU21	45:41		
3	341	Georgia	Stevens	LU21	48:16	Helm Hill	

**LADIES - VET 40**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	17	Ali	Richards	LV40	45:09	Helm Hill	1st LV40
2	322	Kate	Simpson	LV40	45:52	Helm Hill	
3	178	Caroline	Lambert	LV40	46:07		
4	8	Jayne	Rigby	LV40	47:16	Helm Hill	
5	34	Joanne	Pennington	LV40	49:58	Kendal AAC	
6	28	Niki	Rylance	LV40	50:03	Ambleside	
7	65	Katherine	France	LV40	50:22	Helm Hill	
8	201	Katie	Palmer	LV40	51:01	Helm Hill	
9	161	Libby	Dixon	LV40	51:09	Ambleside	
10	64	Kate	Brayshaw	LV40	52:49	Helm Hill	
11	334	Elizabeth	Adams	LV40	56:09	Helm Hill	
12	249	Elaine	Cowperthwaite	LV40	56:40	N/A	
13	39	Joanne	Grisedale	LV40	57:09	Helm Hill	
14	68	Pam	Bagot	LV40	57:48	Settle	
15	7	Anna	Stevens	LV40	1:04:18	Helm hill	
16	2	Wendy	Smith	LV40	1:06:50	Helm Hill	

**LADIES - VET 50**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	353	Jo	Wilcox	LV50	46:55	Helm Hill	1st LV50
2	306	Caroline	Holden	LV50	48:14	Helm Hill	
3	102	Jo	Taylor	LV50	51:07	Bowland	
4	340	Ruth	O'dowd	LV50	57:55	Northern Fell	
5	93	Jill	Gates	LV50	1:02:49	Settle	

**LADIES - VET 60**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	155	Miriam	Rosen	LV60	1:03:30	Lancaster & Morecambe	1st LV60

**UNDER 17 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1081	Matthew	Knowles	Boy	11:11	Lancaster & Morecambe	1st Boy
2	1189	Eric	Beaumont	Boy	11:39	KCAC	2nd Boy
3	1133	Toby	Umpleby	Boy	11:45	Kendal AAC	3rd Boy
4	1018	Ben	Edmondson	Boy	12:12	Ambleside	
5	1038	Jacob	Smith	Boy	12:22	Kendal AAC	
6	1202	sam	almond	Boy	12:25	Eden	
7	1208	Adam	Gibson	Boy	12:51	Wharfedale	
8	1178	Matthew	Holroyd	Boy	13:08	Settle	
9	1182	Brodie	Weymouth	Boy	14:07		
10	1130	Harvey	Cooper	Boy	14:20	Leven Valley	
11	1154	Daniel	Harris	Boy	14:24	Helm Hill	
12	1120	Adam	Scott	Boy	14:33	Kendal	

**UNDER 17 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1029	Chloe	Rylance	Girl	12:28	Ambleside	1st Girl
2	1261	Briony	Holt	Girl	13:13	Clayton le Moors	2nd Girl
3	1207	Bernadette	Raven	Girl	13:28	Ilkley	3rd Girl
4	1074	Maia	Doherty	Girl	15:00	Helm Hill	
5	1097	Lottie	Beardwood	Girl	15:40	Helm Hill	
6	1073	Becky	Dyer	Girl	17:36	Helm Hill	
7	1134	Emily	Crossley	Girl	19:15	Settle	

**UNDER 15 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1006	Ollie	Sanders	Boy	07:47	Helm Hill	1st Boy
2	1179	Jack	Villiers	Boy	08:06	Barlick Fell Runners	2nd Boy
3	1049	Cameron	Coates	Boy	08:21	Ambleside	3rd Boy
4	1037	Ben	Smith	Boy	08:44	Kendal AAC	
5	1046	Joe	Ligema	Boy	08:57	Ambleside	
6	1100	Joe	Clayton	Boy	08:58	Helm Hill	
7	1053	Christopher	Brown	Boy	09:14	Clayton le Moors	
8	1040	John	Bardsley	Boy	09:21	Unattached	
9	1076	Zach	Doherty	Boy	09:22	Dallam	
10	1205	Edward	Sargent	Boy	09:28	Hoad Hill Harriers	
11	1113	Nathan	Ritchie	Boy	11:12	Hoad Hill Harriers	
12	1051	Finley	Grisedale	Boy	12:14	Helm Hill	



**UNDER 15 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1030	Sophie	Rylance	Girl	09:03	Ambleside	1st Girl
2	1193	Gemma	O'dowd	Girl	09:22	Eden	2nd Girl
3	1098	Ella	Beardwood	Girl	09:46	Helm Hill	3rd Girl
4	1126	Freya	Richards	Girl	10:36	Helm Hill	
5	1204	Isabel	Corfield	Girl	11:12	Ambleside	

**UNDER 13 BOYS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1164	Harry	Ewbank	Boy	06:33	Eden	1st Boy
2	1166	Will	McNally	Boy	06:36	Leven Valley	2nd Boy
3	1165	Jack	Dixon	Boy	06:39	Ambleside	3rd Boy
4	1141	Alex	Graham	Boy	06:48	Ambleside	
5	1192	Louis	Bigland	Boy	06:49	Kendal	
6	1143	Matti	Ligema	Boy	07:06	Ambleside	
7	1042	Joshua	Todd	Boy	07:17		
8	1197	Noah	Wadsworth	Boy	07:19	Helm Hill	
9	1027	Tom	Ashworth	Boy	07:20	Ambleside	
10	1052	Harvey	Shaw	Boy	07:22	Ambleside	
11	1005	Richard	Goode-Smith	Boy	07:24	Ambleside	
12	1082	Jody	Middleton	Boy	07:25	Howgill Harriers	
13	1044	Alfie	Todd	Boy	07:32		
14	1127	Arran	Revill	Boy	07:33	Helm Hill	
15	1148	Jack	Sanderson	Boy	07:35	Settle	
16	1194	Theo	Coates	Boy	07:36	Ambleside	
17	1199	Oliver	Ball	Boy	07:36	Lancaster & Morecambe	
18	1184	Joseff	Tancrel	Boy	07:48		
19	1032	Aaron	Smith	Boy	07:51	Howgill Harriers	
20	1001	Joseph	Rigby	Boy	07:52	Helm Hill	
21	1115	Samuel	Jackson	Boy	07:55	Helm Hill	
22	1022	Jamie	Graham	Boy	07:58	Ambleside	
23	1103	Joel	Saunders	Boy	08:01	Helm Hill	
24	1099	Charlie	Clayton	Boy	08:06	Helm Hill	
25	1078	Toby	Harper	Boy	08:09	Ambleside	
26	1153	Finlay	Aitken	Boy	08:24	Helm Hill	
27	1111	Jude	Evans	Boy	08:26	Ambleside	
28	1114	Will	Brayshaw	Boy	08:28	Helm Hill	
29	1206	Zeke	Sumner	Boy	08:40	Ambleside	
30	1095	Thomas	Hearn	Boy	08:51	Helm Hill	
31	1200	Harry	Ball	Boy	09:21	Lancaster & Morecambe	
32	1041	Oliver	Willoughby	Boy	09:28	Helm Hill	
33	1172	Arran	Goodall	Boy	09:39		
34	1059	Bobby	Wilkin	Boy	09:51	Ambleside	
35	1196	William	Hargreaves	Boy	10:15	Ambleside	
36	1024	Rory	Knowles	Boy	10:26	Ambleside	
37	1168	Broadie	Revill	Boy	10:28	Helm Hill	

**UNDER 13 GIRLS**

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	1035	Sarah	Smith	Girl	06:42	Helm Hill	1st Girl
2	1198	Evie	Taylor	Girl	07:28	Rosendale	2nd Girl
3	1020	Jessica	Edmondson	Girl	08:08	Ambleside	3rd Girl
4	1077	Vicky	Woof	Girl	08:11	Howgill Harriers	
5	1117	Lucy	Bagot	Girl	08:30	Settle	
6	1093	Charlotte	Peart	Girl	08:49	Settle	
7	1019	Emma	Duxbury	Girl	08:54	Ambleside	
8	1033	Ellen	Dickson	Girl	09:02	Ambleside	
9	1118	Connie-May	Scott	Girl	09:07	Kendal	
10	1195	Alaana	Coates	Girl	09:12	Ambleside	
11	1105	Sophie	Goodall	Girl	09:16		
12	1021	Ruby	Duxbury	Girl	09:17	Ambleside	
13	1203	Holly	Jenner	Girl	09:24	Dallam	
14	1012	Emily	Peart	Girl	09:30	Lancaster & Morecambe	
15	1091	Ella	Martindale	Girl	09:33	Helm Hill	
16	1092	Madeleine	Martindale	Girl	09:34		
17	1096	Alicia	Crawford	Girl	09:49	Helm Hill	
18	1016	Cate	Matthew	Girl	09:53		
19	1075	Katie	Lowis	Girl	10:09	Howgill Harriers	
20	1071	Hannah	Dyer	Girl	10:12	Helm Hill	
21	1094	Sophie	Hearn	Girl	10:16		
22	1146	Ella	Stamp	Girl	10:17	Dallam	
23	1102	Ava	Saunders	Girl	10:36		
24	1065	Eleanor	King	Girl	11:15	Helm Hill	
25	1055	Megan	Harris	Girl	12:09	Helm Hill	
26	1132	Bridget	Atkinson	Girl	12:10		