

SHIPMAN KNOTTS FELL RACE**RESULTS 2017**

POS	NAME	CLUB	CAT
1	Matt Elkington	Dark Peak	M
2	Tim Cowin	Helm Hill	M40
3	Shane Ohly	Helm Hill	M40
4	Lee Procter	Helm Hill	M
5	Darren Fishwick	Chorley	M40
6	Paul Reilly	Helm Hill	M40
7	David Cope	Howgill	M
8	Jacob Aubrey	Helm Hill	M
9	Jack Simpson	Helm Hill	M
10	James Chapman	U/A	M
11	Sean Robinson	Howgill	M
12	Hannah Russell	Helm Hill	L
13	Pete German	Helm Hill	M
14	Guy Bradford	Weston AC	M40
15	Bianca Dyer	Helm Hill	L40
16	Jennifer Hutchinson	Helm Hill	L
17	Katie Wright	Ambleside	L
18	Mark Nutter	Clayton	M50
19	Gary Lane	Howgill	M40
20	Rachel Simpson	U/A	L
21	Dominic Hoare	Bowland	M40
22	Richard Smith	Helm Hill	M
23	William Coupe	Helm Hill	M50
24	Ali Richards	Helm Hill	L40
25	Chris Schofield	Helm Hill	M50
26	Alan Miller	Kendal	M50
27	Kate Simpson	Helm Hill	L40
28	Kerry Cornforth	Borrowdale	L40
29	Ivan Whigham	Clayton	M50
30	Jo Wilcox	Helm Hill	L50
31	Rara Robb	Lowfell	L
32	Marie Robson	Helm Hill	L40
33	Dave Appleyard	Helm Hill	M50
34	Jayne Rigby	Helm Hill	L40

35	Jonny Gridale	Helm Hill	M40
SHIPMAN KNOTTS FELL RACE			
RESULTS 2017			
36	Andrew Russll	Helm Hill	M50
37	Victoria Upton	Helm Hill	L
38	Vicky Atkinson	Helm Hill	L40
39	Quentin Merritt	U/A	M50
40	Andrew Firth	Clayton	M50
41	Ella Waddington	Wimbledon	L
42	Pete Dugdale	Clayton	M60
43	Keely Smith	Helm Hill	L
44	Lindsay Harrod	Helm Hill	L50
45	Patty Davies	Helm Hill	L40
46	Anna Stevens	Helm Hill	L40
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