



Supported by Different Strokes

Whitestone - Results 25 January 2015

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	842	Rob	Jebb	Man	29:59	Bingley Harriers	1st Man
2	737	John	Atkinson	MV40	30:20	Ambleside	2nd Man/1st MV40
3	763	Oscar	Meanwell	Man	30:27	Borrowdale	3rd Man
4	691	Keiran	Hodgson	MV40	30:33	Helm Hill	
5	694	Nigel	Wood	Man	31:12	Helm Hill	
6	506	Paul	Aitken	Man	31:30	Helm Hill	
7	671	Tim	Cowin	MV40	31:31	Howgill Harriers	
8	512	Jon	Rylance	MV40	32:52	Ambleside	
9	741	Andrew	Slattery	MV40	32:58	Keswick	
10	636	Will	Sisson	Man	33:05	Kendal	
11	603	Rob	Dewhurst	MV40	33:42	Ambleside	
12	779	Harvey	Lord	Man	33:52	Black Combe	
13	622	Steve	Angus	MV40	33:53	Keswick	
14	754	David	Thornley	Man	33:56	UA	
15	832	Andy	Preedy	MV40	34:14	Rosendale	
16	750	Jim	Andrews	MV50	34:41	Coniston	1st MV50
17	573	Derek	Hurton	MV40	34:59	Eden Runners	
18	640	Doug	Love	Man	35:00	Bowland Fell Runners	
19	845	Kris	Balrock	Man	35:06	Kendal Tri	
20	593	Heidi	Dent	Lady	35:09	Howgill Harriers	1st Lady
21	690	Sharon	Taylor	Lady	35:24	Helm Hill	2nd Lady
22	627	Alan	Life	MV50	35:27	Clayton-le-Moors	
23	637	Darren	Fishwick	MV40	35:30	Chorley	
24	658	Jonny	Marchant	MV40	35:38	Helm Hill	
25	665	Oliver	Blomfield	MV40	35:57	Eden Runners	
26	591	Brian	Kennedy	MV50	36:02	Settle	
27	648	Leigh	Baron	MV40	36:41	UA	
28	546	Richard	Wells	MV40	37:11	UA	
29	504	Robert	Crawford	Man	37:14	Coniston	
30	767	Charles	Eddy	Man	37:30	Ambleside	
31	661	Peter	German	Man	37:36	Helm Hill	
32	507	Tom	Matthews	MV40	37:40	Hunters Bogtrotters	
33	514	Roger	Aubrey	MV50	37:52	Helm Hill	
34	743	Peter	Lawson	Man	38:17	Helm Hill	
35	530	Simon	Waller	MV40	38:19	Helm Hill	
36	503	Phil	Thurlow	MV40	38:21	Helm Hill	
37	830	Ben	Polkinghorn	Man	38:24	Coniston	
38	562	Colin	Valentine	MV50	38:28	Keswick	
39	747	Mark	Bell	MV50	38:46	Dallam	
40	770	Ali	Richards	Lady	38:51	Helm Hill	3rd Lady
41	600	Wilfred	Bell	MV60	38:55	Crook	1st MV60
42	680	Kirsty	Hall	LV40	38:58	Wharfedale	1st LV40
43	629	Hannah	Russell	Lady	39:03	UA	
44	786	Brian	Thompson	MV60	39:11	Helm Hill	
45	608	Karl	Mason	Man	39:33	Helm Hill	
46	559	Steven	Procter	Man	39:41	Settle	
47	841	John	Crawford	Man	39:42	UA	
48	843	Matthew	Fleming	Man	39:48	Hoad Hill Harriers	
49	844	Matthew	Wilson	Man	39:49	UA	
50	673	Michael	Walsh	MV60	39:53	Kendal	
51	805	Natalie	Beadle	Lady	39:54	UA	
52	502	Tim	Murray	MV50	40:00	Helm Hill	
53	532	Paul	Senior	MV40	40:06	Helm Hill	

54	539	Owen	Mills	MV40	40:26	Keighley and Craven	
55	839	Carrie	Gibson	LV40	40:30	Helm Hill	
56	644	Ray	Gill	MV50	40:38	Dallam	
57	833	James	Todhunter	MV40	40:52	UA	
58	837	Timothy	Miles	Man	40:54	Kendal Tri	
59	541	Tod	Coates	MV40	40:55	Ambleside	
60	804	Hannah	Cleary-Hughes	Lady	40:57	UA	
61	623	Michael	McLoughlin	MV60	42:31	Preston Harriers	
62	537	Martin	Benson	MV40	42:49	Dallam	
63	525	Andy	Evans	MV50	42:53	Settle	
64	840	Simon	Brister	MV60	42:56	Matlock AC	
65	579	Jessica	Goodfellow	LV50	43:02	Dallam	1st LV50
66	670	Mick	Leddy	MV50	43:10	Howgill Harriers	
67	620	Richard	Duckett	Man	43:24	UA	
68	758	Jim	Fisher	MV50	43:28	Howgill Harriers	
69	519	Peter	Singleton	MV50	43:29	Blackpool	
70	710	Jo	Wilcox	LV40	43:35	Helm Hill	
71	617	Andrew	Hewitson	MV40	43:37	Lonsdale	
72	569	Dave	Appleyard	MV50	43:39	Helm Hill	
73	517	Bethan	Procter	Lady	43:40	Helm Hill	
74	632	Stuart	McGurk	MV50	43:46	UA	
75	828	Jayne	Rigby	LV40	43:51	Helm Hill	
76	739	Barry	Scholes	MV60	43:58	UA	
77	571	Caroline	Holmes	Lady	44:02	Helm Hill	
78	693	Allan	Miller	MV50	44:16	Kendal	
79	592	Mo	Kelly	Lady	44:21	Howgill Harriers	
80	709	Sally	Handford	Lady	44:29	Settle	
81	598	Mark	Charnley	MV40	44:33	UA	
82	814	Judith	Marshall	LV40	44:38	Settle	
83	698	Helen	Newton	Lady	44:43	Kendal	
84	568	Mike	Troup	MV60	44:44	Ambleside	
85	561	Daniel	Rayson	MV40	45:06	UA	
86	612	Dave	Hewitt	MV50	45:09	Dallam	
87	585	Stephen	Moor	MV50	45:10	Settle	
88	570	Alice	Steele	Lady	45:15	Dallam	
89	652	Gordon	Thompson	MV50	45:34	Preston Harriers	
90	599	Andy	Monk	MV50	46:04	ABFR	
91	534	Tim	Thom	MV40	46:22	Keighley and Craven	
92	501	Amanda	Burrow	Lady	46:39	Helm Hill	
93	717	Tom	Walton	Man	46:47	Howgill Harriers	
94	838	Amy	Lucas	Lady	46:58	UA	
95	835	Melissa	McGuire	Lady	47:08	Lancaster and Morecambe	
96	836	Vin	McGuire	MV50	47:09	Lancaster and Morecambe	
97	695	David	Mainwaring	MV50	47:10	UA	
98	522	Joanne	Wulf	LV40	47:26	Settle	
99	703	Jack	Taylor	Man	47:44	UA	
100	685	Adam	Baird	MV40	48:16	Ambleside	
101	682	Andrew	Jones	MV40	48:17	Coniston	
102	624	Sabrina	Gilby	Lady	48:20	Settle	
103	544	Andrew	Biddle	MV60	48:23	West Pennine	
104	831	Vincent	Gregg	MV40	49:05	UA	
105	662	Emma	Gill	LV40	49:06	Helm Hill	
106	533	Sarah	Senior	LV40	49:07	Helm Hill	
107	772	Caroline	Wade	Lady	49:47	Helm Hill	
108	834	Vicky	Atkinson	LV40	52:03	UA	
109	736	Lindsay	Harrod	LV40	52:19	Helm Hill	
110	524	Susan	Thompson	LV40	53:35	Wharfedale	
111	618	Chris	Atkinson	LV50	55:03	UA	
112	574	Phil	Kirby	MV60	55:17	Coniston	
113	523	Geoffrey	Thompson	MV50	55:26	Wharfedale	
114	500	Anna	Stevens	LV40	56:04	Helm Hill	
115	716	Chloe	Brown	Lady	56:11	Howgill Harriers	

116	639	Lily	Lowther	Lady	57:14	Helm Hill	
117	829	Phil	Haygarth	MV40	57:15	UA	
118	578	Trevor	Metcalfe	MV60	57:19	Wharfedale	
119	518	George	James	MV70	57:21	Blackpool	1st MV70
120	565	Julie	Laverock	LV40	57:26	Salford Harriers	
121	555	Denis	Wood	MV70	1:04:44	Borrowdale	
122	707	Richard	Handford	MV50	1:04:49	UA	
123	651	Joe	Howard	MV70	1:07:20	Preston Harriers	
124	826	Eva	Bannister	LV40	1:16:56	UA	
125	827	Debra	Ruscillo	LV40	1:16:57	UA	
126	664	Rebecca	Delbridge	Lady	DNF	UA	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	125	Ben	Kent	Boy	11:15	Helm Hill	1st Boy
2	237	Marcus	Preedy	Boy	11:26	Rosendale	2nd Boy
3	49	Jacob	Aubrey	Boy	11:30	Helm Hill	3rd Boy
4	18	Joe	Edmondson	Boy	11:33	Broughton	
5	4	Scarlet	Dale	Girl	12:13	Lancaster and Morecambe	1st Girl
6	161	Laurie	Atkinson	Boy	12:29	Lonsdale	
7	27	Oliver	Gajdowski	Boy	12:32	Ambleside	
8	155	George	Attwood	Boy	12:37	Dallam	
9	267	George	Tostevin	Boy	12:53	Lancaster and Morecambe	
10	206	Ryan	Everett	Boy	13:06	Barrow Strider	
11	149	Connie	Hurton	Girl	13:45	Eden Runners	2nd Girl
12	158	Jamie	Macleod	Boy	14:00	Dallam	
13	242	Robert	Albion	Boy	14:25	Broughton	
14	172	Hannah	Durkin	Girl	14:53	Ambleside	3rd Girl
15	263	Ben	Heath	Boy	15:01	UA	
16	55	Eilidh	Miller	Girl	15:04	Broughton	
17	146	Brandon	Brookes	Boy	15:26	Helm Hill	
18	71	Mia	Senior	Girl	15:36	Helm Hill	
19	156	Sarah	Thompson	Girl	15:41	Dallam	
20	162	Katie	Russell	Girl	16:21	Helm Hill	
21	6	Georgia	Stevens	Girl	16:34	Helm Hill	
22	160	Rosie	Dutson	Girl	16:59	UA	
23	186	Alice	Slattery	Girl	18:11	Helm Hill	
24	197	Maddy	Bell	Girl	18:37	Dallam	
25	241	Leah	Albion	Girl	18:41	Broughton	
26	261	Charlotte	Goodfellow-Fos	Girl	20:07	Dallam	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	112	Euan	Brennan	Boy	07:41	Ilkley Harriers	1st Boy
2	45	Robert	Askew	Boy	07:44	Helm Hill	2nd Boy
3	17	Ben	Edmondson	Boy	07:51	Broughton	3rd Boy
4	248	Thomas	Marshall	Boy	08:14	Settle	
5	166	Jake	Cooper	Boy	08:40	Barrow Strider	
6	163	Logan	Hargreaves-Mac	Boy	08:52	Wharfedale	
7	29	Josh	Roelants	Boy	08:56	Helm Hill	
8	10	Katie	Thurlow	Girl	09:08	Helm Hill	1st Girl
9	33	Sebastian	Segger-Stavely	Boy	09:28	Settle	
10	180	William	Thompson	Boy	09:35	Wharfedale	
11	47	Harry	Sanderson	Boy	09:37	Ambleside	
12	36	Maia	Doherty	Girl	10:00	Helm Hill	2nd Girl
13	81	Lottie	Beardwood	Girl	10:06	Helm Hill	3rd Girl
14	86	Samuel	Thom	Boy	10:17	Keighley and Craven	
15	56	Emelia	Stevens	Girl	10:25	Helm Hill	
16	254	Francesca	Weymouth	Girl	10:49	Aragons Junior Tri	
17	30	Courtney	Hutchinson	Girl	10:51	Broughton	
18	13	Maddie	Sanders	Girl	11:01	Helm Hill	
19	157	Isabel	Sykes Macleod	Girl	11:11	Dallam	
20	198	Lidia	Shenton	Girl	11:16	UA	
21	60	Emily	Carpenter	Girl	11:21	Settle	
22	266	William	Helme	Boy	11:25	UA	
23	15	Gaby	Ansell	Girl	11:33	Helm Hill	
24	80	Abigail	Waller	Girl	11:51	Dallam	
25	154	Grace	Attwood	Girl	11:55	Dallam	
26	151	Jack	Hill	Boy	12:39	UA	
27	103	Jodie	Ritchie	Girl	12:41	Hoad Hill Harriers	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Charlie	Harding	Boy	06:11	Eden Runners	1st Boy
2	164	Sam	Smith	Boy	06:13	Wharfedale	2nd Boy
3	25	Harry	Bowen	Boy	06:15	Ambleside	3rd Boy
4	26	James	Bowen	Boy	06:29	Ambleside	
5	174	Alfie	Thorpe	Boy	06:34	Broughton	
6	63	Alexander	Thompson	Boy	06:34	Wharfedale	
7	37	Chloe	Rylance	Girl	06:36	Ambleside	1st Girl
8	52	Jacob	Smith	Boy	06:49	Kendal	
9	12	Ollie	Sanders	Boy	06:51	Helm Hill	
10	2	Henry	Hunter	Boy	07:04	Helm Hill	
11	40	Lilli	Carr	Girl	07:05	Keighley and Craven	2nd Girl
12	14	Matthew	Ansell	Boy	07:08	Helm Hill	
13	93	Evan	Mills	Boy	07:11	Keighley and Craven	
14	127	Charlotte	Barrett	Girl	07:12	Wharfedale	3rd Girl
15	57	Oliver	Smith	Boy	07:16	Kendal	
16	7	Emily	Swarbrick	Girl	07:28	Broughton	
17	51	Vaughan	Sampson	Boy	07:34	Helm Hill	
18	100	Toby	Umpleby	Boy	07:37	Kendal	
19	78	Joe	Ligema	Boy	07:39	UA	
20	173	Gregory	Miller	Boy	07:39	Broughton	
21	257	James	Kelly	Boy	07:47	Ambleside	
22	250	Joe	Clayton	Boy	07:48	Helm Hill	
23	38	Sophie	Rylance	Girl	07:49	Ambleside	
24	171	William	Durkin	Boy	07:53	Ambleside	
25	32	Douglas	Segger-Stavely	Boy	07:55	Settle	
26	182	Brodie	Weymouth	Boy	08:01	Arragons Junior Tri	
27	177	Harvey	Atkinson	Boy	08:02	Broughton	
28	42	Sam	Thornley	Boy	08:11	Ambleside	
29	5	Maddie	Walsh	Girl	08:17	Helm Hill	
30	252	Joseph	Rigby	Boy	08:18	Helm Hill	
31	240	Euan	Steele	Boy	08:32	Broughton	
32	262	Mia	Heath	Girl	08:33	UA	
33	69	Bethan	Rowley	Girl	08:34	Ambleside	
34	259	Daniel	Brown	Boy	08:35	Heversham	
35	96	Theo	Coates	Boy	08:37	Ambleside	
36	34	Zach	Doherty	Boy	08:38	Dallam	
37	113	Luke	Simmons	Boy	08:43	Hoad Hill Harriers	
38	232	Hamish	Griffiths	Boy	08:44	Settle	
39	137	Alex	Graham	Boy	08:46	Broughton	
40	88	Jamie	Harris	Boy	08:49	Helm Hill	
41	243	Freddie	Dixon	Boy	08:50	Ambleside	
42	245	Charlie	Blackburn	Boy	08:51	Ambleside	
43	256	Edward	Kelly	Boy	08:54	UA	
44	260	Ewan	Magri	Boy	08:55	UA	
45	246	Tom	Nicholson	Boy	09:02	Ambleside	
46	203	Bethan	Saunders	Girl	09:02	Hoad Hill Harriers	
47	251	Simon	Rigby	Boy	09:04	Helm Hill	
48	226	Rhiannon	Winder	Girl	09:04	UA	
49	31	Logan	Hutchinson	Boy	09:05	Broughton	
50	228	Mikey	Charnley	Boy	09:08	UA	
51	239	Ruben	Lancaster	Boy	09:10	Broughton	
52	54	Sarah	Smith	Girl	09:11	Kendal	
53	82	Jamie	Waller	Boy	09:12	Dallam	
54	264	Kitty	Carr	Girl	09:18	UA	
55	253	Helen	Haygarth	Girl	09:21	Dallam	
56	16	Jessica	Edmondson	Girl	09:23	Broughton	
57	227	Charlie	Brownbill	Boy	09:24	UA	
58	244	Charlie	Dixon	Boy	09:25	Ambleside	
59	43	Matthew	Wright	Boy	09:27	Helm Hill	
60	255	Alexa	Weymouth	Girl	09:32	Arragons Junior Tri	

61	225	Ryan	Winder	Boy	09:35	UA	
62	258	Joe	Sowerby	Boy	09:37	Heversham	
63	20	Finlay	Aitken	Boy	09:47	Helm Hill	
64	134	Rowan	Ashworth	Boy	09:51	Ambleside	
65	9	Olivia	Swarbrick	Girl	09:52	Broughton	
66	247	Hannah	Nicholson	Girl	09:53	Ambleside	
67	94	Melissa	McIntosh	Girl	09:57	Carlisle Tri	
68	249	Charlie	Clayton	Boy	10:08	Helm Hill	
69	91	Rowan	Baker	Girl	10:27	Helm Hill	
70	120	Rebecca	Dyer	Girl	10:31	Helm Hill	
71	165	Mollie	Smith	Girl	10:43	Wharfedale	
72	144	Sam	Jackson	Boy	10:48	UA	
73	62	Benji	Grundy	Boy	10:52	Keighley and Craven	
74	143	Harry	Jackson	Boy	10:54	UA	
75	265	Isabelle	Helme	Girl	11:01	UA	
76	92	Isabella	Benson	Girl	12:46	Dallam	
77	28	Rory	Knowles	Boy	13:11	Ambleside	
78	22	Cate	Matthew	Girl	16:18	Lancaster and Morecambe	

Whitestone 2015 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	842	Rob	Jebb	Man	29:59	Bingley Harriers	1st Man
2	737	John	Atkinson	MV40	30:20	Ambleside	2nd Man/1st MV40
3	763	Oscar	Meanwell	Man	30:27	Borrowdale	3rd Man
4	691	Keiran	Hodgson	MV40	30:33	Helm Hill	
5	694	Nigel	Wood	Man	31:12	Helm Hill	
6	506	Paul	Aitken	Man	31:30	Helm Hill	
7	671	Tim	Cowin	MV40	31:31	Howgill Harriers	
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9	741	Andrew	Slattery	MV40	32:58	Keswick	
10	636	Will	Sisson	Man	33:05	Kendal	
11	603	Rob	Dewhurst	MV40	33:42	Ambleside	
12	779	Harvey	Lord	Man	33:52	Black Combe	
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16	750	Jim	Andrews	MV50	34:41	Coniston	1st MV50
17	573	Derek	Hurton	MV40	34:59	Eden Runners	
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22	658	Jonny	Marchant	MV40	35:38	Helm Hill	
23	665	Oliver	Blomfield	MV40	35:57	Eden Runners	
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26	546	Richard	Wells	MV40	37:11	UA	
27	504	Robert	Crawford	Man	37:14	Coniston	
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29	661	Peter	German	Man	37:36	Helm Hill	
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31	514	Roger	Aubrey	MV50	37:52	Helm Hill	
32	743	Peter	Lawson	Man	38:17	Helm Hill	
33	530	Simon	Waller	MV40	38:19	Helm Hill	
34	503	Phil	ThurLOW	MV40	38:21	Helm Hill	
35	830	Ben	Polkinghorn	Man	38:24	Coniston	
36	562	Colin	Valentine	MV50	38:28	Keswick	
37	747	Mark	Bell	MV50	38:46	Dallam	
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39	786	Brian	Thompson	MV60	39:11	Helm Hill	
40	608	Karl	Mason	Man	39:33	Helm Hill	
41	559	Steven	Procter	Man	39:41	Settle	
42	841	John	Crawford	Man	39:42	UA	
43	843	Matthew	Fleming	Man	39:48	Hoad Hill Harriers	
44	844	Matthew	Wilson	Man	39:49	UA	
45	673	Michael	Walsh	MV60	39:53	Kendal	
46	502	Tim	Murray	MV50	40:00	Helm Hill	
47	532	Paul	Senior	MV40	40:06	Helm Hill	
48	539	Owen	Mills	MV40	40:26	Keighley and Craven	
49	644	Ray	Gill	MV50	40:38	Dallam	
50	833	James	Todhunter	MV40	40:52	UA	
51	837	Timothy	Miles	Man	40:54	Kendal Tri	
52	541	Tod	Coates	MV40	40:55	Ambleside	
53	623	Michael	McLoughlin	MV60	42:31	Preston Harriers	
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56	840	Simon	Brister	MV60	42:56	Matlock AC	
57	670	Mick	Leddy	MV50	43:10	Howgill Harriers	
58	620	Richard	Duckett	Man	43:24	UA	

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61	617	Andrew	Hewitson	MV40	43:37	Lonsdale	
62	569	Dave	Appleyard	MV50	43:39	Helm Hill	
63	632	Stuart	McGurk	MV50	43:46	UA	
64	739	Barry	Scholes	MV60	43:58	UA	
65	693	Allan	Miller	MV50	44:16	Kendal	
66	598	Mark	Charnley	MV40	44:33	UA	
67	568	Mike	Troup	MV60	44:44	Ambleside	
68	561	Daniel	Rayson	MV40	45:06	UA	
69	612	Dave	Hewitt	MV50	45:09	Dallam	
70	585	Stephen	Moor	MV50	45:10	Settle	
71	652	Gordon	Thompson	MV50	45:34	Preston Harriers	
72	599	Andy	Monk	MV50	46:04	ABFR	
73	534	Tim	Thom	MV40	46:22	Keighley and Craven	
74	717	Tom	Walton	Man	46:47	Howgill Harriers	
75	836	Vin	McGuire	MV50	47:09	Lancaster and Morecambe	
76	695	David	Mainwaring	MV50	47:10	UA	
77	703	Jack	Taylor	Man	47:44	UA	
78	685	Adam	Baird	MV40	48:16	Ambleside	
79	682	Andrew	Jones	MV40	48:17	Coniston	
80	544	Andrew	Biddle	MV60	48:23	West Pennine	
81	831	Vincent	Gregg	MV40	49:05	UA	
82	574	Phil	Kirby	MV60	55:17	Coniston	
83	523	Geoffrey	Thompson	MV50	55:26	Wharfedale	
84	829	Phil	Haygarth	MV40	57:15	UA	
85	578	Trevor	Metcalfe	MV60	57:19	Wharfedale	
86	518	George	James	MV70	57:21	Blackpool	1st MV70
87	555	Denis	Wood	MV70	1:04:44	Borrowdale	
88	707	Richard	Handford	MV50	1:04:49	UA	
89	651	Joe	Howard	MV70	1:07:20	Preston Harriers	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	842	Rob	Jebb	Man	29:59	Bingley Harriers	1st Man
2	763	Oscar	Meanwell	Man	30:27	Borrowdale	3rd Man
3	694	Nigel	Wood	Man	31:12	Helm Hill	
4	506	Paul	Aitken	Man	31:30	Helm Hill	
5	636	Will	Sisson	Man	33:05	Kendal	
6	779	Harvey	Lord	Man	33:52	Black Combe	
7	754	David	Thornley	Man	33:56	UA	
8	640	Doug	Love	Man	35:00	Bowland Fell Runners	
9	845	Kris	Balrock	Man	35:06	Kendal Tri	
10	504	Robert	Crawford	Man	37:14	Coniston	
11	767	Charles	Eddy	Man	37:30	Ambleside	
12	661	Peter	German	Man	37:36	Helm Hill	
13	743	Peter	Lawson	Man	38:17	Helm Hill	
14	830	Ben	Polkinghorn	Man	38:24	Coniston	
15	608	Karl	Mason	Man	39:33	Helm Hill	
16	559	Steven	Procter	Man	39:41	Settle	
17	841	John	Crawford	Man	39:42	UA	
18	843	Matthew	Fleming	Man	39:48	Hoad Hill Harriers	
19	844	Matthew	Wilson	Man	39:49	UA	
20	837	Timothy	Miles	Man	40:54	Kendal Tri	
21	620	Richard	Duckett	Man	43:24	UA	
22	717	Tom	Walton	Man	46:47	Howgill Harriers	
23	703	Jack	Taylor	Man	47:44	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	737	John	Atkinson	MV40	30:20	Ambleside	2nd Man/1st MV40
2	691	Keiran	Hodgson	MV40	30:33	Helm Hill	
3	671	Tim	Cowin	MV40	31:31	Howgill Harriers	
4	512	Jon	Rylance	MV40	32:52	Ambleside	
5	741	Andrew	Slattery	MV40	32:58	Keswick	
6	603	Rob	Dewhurst	MV40	33:42	Ambleside	
7	622	Steve	Angus	MV40	33:53	Keswick	
8	832	Andy	Preedy	MV40	34:14	Rossendale	
9	573	Derek	Hurton	MV40	34:59	Eden Runners	
10	637	Darren	Fishwick	MV40	35:30	Chorley	
11	658	Jonny	Marchant	MV40	35:38	Helm Hill	
12	665	Oliver	Blomfield	MV40	35:57	Eden Runners	
13	648	Leigh	Baron	MV40	36:41	UA	
14	546	Richard	Wells	MV40	37:11	UA	
15	507	Tom	Matthews	MV40	37:40	Hunters Bogtrotters	
16	530	Simon	Waller	MV40	38:19	Helm Hill	
17	503	Phil	Thurlow	MV40	38:21	Helm Hill	
18	532	Paul	Senior	MV40	40:06	Helm Hill	
19	539	Owen	Mills	MV40	40:26	Keighley and Craven	
20	833	James	Todhunter	MV40	40:52	UA	
21	541	Tod	Coates	MV40	40:55	Ambleside	
22	537	Martin	Benson	MV40	42:49	Dallam	
23	617	Andrew	Hewitson	MV40	43:37	Lonsdale	
24	598	Mark	Charnley	MV40	44:33	UA	
25	561	Daniel	Rayson	MV40	45:06	UA	
26	534	Tim	Thom	MV40	46:22	Keighley and Craven	
27	685	Adam	Baird	MV40	48:16	Ambleside	
28	682	Andrew	Jones	MV40	48:17	Coniston	
29	831	Vincent	Gregg	MV40	49:05	UA	
30	829	Phil	Haygarth	MV40	57:15	UA	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	750	Jim	Andrews	MV50	34:41	Coniston	1st MV50
2	627	Alan	Life	MV50	35:27	Clayton-le-Moors	
3	591	Brian	Kennedy	MV50	36:02	Settle	
4	514	Roger	Aubrey	MV50	37:52	Helm Hill	
5	562	Colin	Valentine	MV50	38:28	Keswick	
6	747	Mark	Bell	MV50	38:46	Dallam	
7	502	Tim	Murray	MV50	40:00	Helm Hill	
8	644	Ray	Gill	MV50	40:38	Dallam	
9	525	Andy	Evans	MV50	42:53	Settle	
10	670	Mick	Leddy	MV50	43:10	Howgill Harriers	
11	758	Jim	Fisher	MV50	43:28	Howgill Harriers	
12	519	Peter	Singleton	MV50	43:29	Blackpool	
13	569	Dave	Appleyard	MV50	43:39	Helm Hill	
14	632	Stuart	McGurk	MV50	43:46	UA	
15	693	Allan	Miller	MV50	44:16	Kendal	
16	612	Dave	Hewitt	MV50	45:09	Dallam	
17	585	Stephen	Moor	MV50	45:10	Settle	
18	652	Gordon	Thompson	MV50	45:34	Preston Harriers	
19	599	Andy	Monk	MV50	46:04	ABFR	
20	836	Vin	McGuire	MV50	47:09	Lancaster and Morecambe	
21	695	David	Mainwaring	MV50	47:10	UA	
22	523	Geoffrey	Thompson	MV50	55:26	Wharfedale	
23	707	Richard	Handford	MV50	1:04:49	UA	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	600	Wilfred	Bell	MV60	38:55	Crook	1st MV60
2	786	Brian	Thompson	MV60	39:11	Helm Hill	
3	673	Michael	Walsh	MV60	39:53	Kendal	
4	623	Michael	McLoughlin	MV60	42:31	Preston Harriers	
5	840	Simon	Brister	MV60	42:56	Matlock AC	
6	739	Barry	Scholes	MV60	43:58	UA	
7	568	Mike	Troup	MV60	44:44	Ambleside	
8	544	Andrew	Biddle	MV60	48:23	West Pennine	
9	574	Phil	Kirby	MV60	55:17	Coniston	
10	578	Trevor	Metcalfe	MV60	57:19	Wharfedale	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	518	George	James	MV70	57:21	Blackpool	1st MV70
2	555	Denis	Wood	MV70	1:04:44	Borrowdale	
3	651	Joe	Howard	MV70	1:07:20	Preston Harriers	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	593	Heidi	Dent	Lady	35:09	Howgill Harriers	1st Lady
2	690	Sharon	Taylor	Lady	35:24	Helm Hill	2nd Lady
3	770	Ali	Richards	Lady	38:51	Helm Hill	3rd Lady
4	680	Kirsty	Hall	LV40	38:58	Wharfedale	1st LV40
5	629	Hannah	Russell	Lady	39:03	UA	
6	805	Natalie	Beadle	Lady	39:54	UA	
7	839	Carrie	Gibson	LV40	40:30	Helm Hill	
8	804	Hannah	Cleary-Hughes	Lady	40:57	UA	
9	579	Jessica	Goodfellow	LV50	43:02	Dallam	1st LV50
10	710	Jo	Wilcox	LV40	43:35	Helm Hill	
11	517	Bethan	Procter	Lady	43:40	Helm Hill	
12	828	Jayne	Rigby	LV40	43:51	Helm Hill	
13	571	Caroline	Holmes	Lady	44:02	Helm Hill	
14	592	Mo	Kelly	Lady	44:21	Howgill Harriers	
15	709	Sally	Handford	Lady	44:29	Settle	
16	814	Judith	Marshall	LV40	44:38	Settle	
17	698	Helen	Newton	Lady	44:43	Kendal	
18	570	Alice	Steele	Lady	45:15	Dallam	
19	501	Amanda	Burrow	Lady	46:39	Helm Hill	
20	838	Amy	Lucas	Lady	46:58	UA	
21	835	Melissa	McGuire	Lady	47:08	Lancaster and Morecambe	
22	522	Joanne	Wulf	LV40	47:26	Settle	
23	624	Sabrina	Gilby	Lady	48:20	Settle	
24	662	Emma	Gill	LV40	49:06	Helm Hill	
25	533	Sarah	Senior	LV40	49:07	Helm Hill	
26	772	Caroline	Wade	Lady	49:47	Helm Hill	
27	834	Vicky	Atkinson	LV40	52:03	UA	
28	736	Lindsay	Harrod	LV40	52:19	Helm Hill	
29	524	Susan	Thompson	LV40	53:35	Wharfedale	
30	618	Chris	Atkinson	LV50	55:03	UA	
31	500	Anna	Stevens	LV40	56:04	Helm Hill	
32	716	Chloe	Brown	Lady	56:11	Howgill Harriers	
33	639	Lily	Lowther	Lady	57:14	Helm Hill	
34	565	Julie	Laverock	LV40	57:26	Salford Harriers	
35	826	Eva	Bannister	LV40	1:16:56	UA	
36	827	Debra	Ruscillo	LV40	1:16:57	UA	
DNF	664	Rebecca	Delbridge	Lady	DNF	UA	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	593	Heidi	Dent	Lady	35:09	Howgill Harriers	1st Lady
2	690	Sharon	Taylor	Lady	35:24	Helm Hill	2nd Lady
3	770	Ali	Richards	Lady	38:51	Helm Hill	3rd Lady
4	629	Hannah	Russell	Lady	39:03	UA	
5	805	Natalie	Beadle	Lady	39:54	UA	
6	804	Hannah	Cleary-Hughes	Lady	40:57	UA	
7	517	Bethan	Procter	Lady	43:40	Helm Hill	
8	571	Caroline	Holmes	Lady	44:02	Helm Hill	
9	592	Mo	Kelly	Lady	44:21	Howgill Harriers	
10	709	Sally	Handford	Lady	44:29	Settle	
11	698	Helen	Newton	Lady	44:43	Kendal	
12	570	Alice	Steele	Lady	45:15	Dallam	
13	501	Amanda	Burrow	Lady	46:39	Helm Hill	
14	838	Amy	Lucas	Lady	46:58	UA	
15	835	Melissa	McGuire	Lady	47:08	Lancaster and Morecambe	
16	624	Sabrina	Gilby	Lady	48:20	Settle	
17	772	Caroline	Wade	Lady	49:47	Helm Hill	
18	716	Chloe	Brown	Lady	56:11	Howgill Harriers	
19	639	Lily	Lowther	Lady	57:14	Helm Hill	
DNF	664	Rebecca	Delbridge	Lady	DNF	UA	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	680	Kirsty	Hall	LV40	38:58	Wharfedale	1st LV40
2	839	Carrie	Gibson	LV40	40:30	Helm Hill	
3	710	Jo	Wilcox	LV40	43:35	Helm Hill	
4	828	Jayne	Rigby	LV40	43:51	Helm Hill	
5	814	Judith	Marshall	LV40	44:38	Settle	
6	522	Joanne	Wulf	LV40	47:26	Settle	
7	662	Emma	Gill	LV40	49:06	Helm Hill	
8	533	Sarah	Senior	LV40	49:07	Helm Hill	
9	834	Vicky	Atkinson	LV40	52:03	UA	
10	736	Lindsay	Harrod	LV40	52:19	Helm Hill	
11	524	Susan	Thompson	LV40	53:35	Wharfedale	
12	500	Anna	Stevens	LV40	56:04	Helm Hill	
13	565	Julie	Laverock	LV40	57:26	Salford Harriers	
14	826	Eva	Bannister	LV40	1:16:56	UA	
15	827	Debra	Ruscillo	LV40	1:16:57	UA	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	579	Jessica	Goodfellow	LV50	43:02	Dallam	1st LV50
2	618	Chris	Atkinson	LV50	55:03	UA	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
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UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	125	Ben	Kent	Boy	11:15	Helm Hill	1st Boy
2	237	Marcus	Preedy	Boy	11:26	Rosendale	2nd Boy
3	49	Jacob	Aubrey	Boy	11:30	Helm Hill	3rd Boy
4	18	Joe	Edmondson	Boy	11:33	Broughton	
5	161	Laurie	Atkinson	Boy	12:29	Lonsdale	
6	27	Oliver	Gajdowski	Boy	12:32	Ambleside	
7	155	George	Attwood	Boy	12:37	Dallam	
8	267	George	Tostevin	Boy	12:53	Lancaster and Morecambe	
9	206	Ryan	Everett	Boy	13:06	Barrow Strider	
10	158	Jamie	Macleod	Boy	14:00	Dallam	
11	242	Robert	Albion	Boy	14:25	Broughton	
12	263	Ben	Heath	Boy	15:01	UA	
13	146	Brandon	Brookes	Boy	15:26	Helm Hill	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	4	Scarlet	Dale	Girl	12:13	Lancaster and Morecambe	1st Girl
2	149	Connie	Hurton	Girl	13:45	Eden Runners	2nd Girl
3	172	Hannah	Durkin	Girl	14:53	Ambleside	3rd Girl
4	55	Eilidh	Miller	Girl	15:04	Broughton	
5	71	Mia	Senior	Girl	15:36	Helm Hill	
6	156	Sarah	Thompson	Girl	15:41	Dallam	
7	162	Katie	Russell	Girl	16:21	Helm Hill	
8	6	Georgia	Stevens	Girl	16:34	Helm Hill	
9	160	Rosie	Dutson	Girl	16:59	UA	
10	186	Alice	Slattery	Girl	18:11	Helm Hill	
11	197	Maddy	Bell	Girl	18:37	Dallam	
12	241	Leah	Albion	Girl	18:41	Broughton	
13	261	Charlotte	Goodfellow-Fosf	Girl	20:07	Dallam	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	112	Euan	Brennan	Boy	07:41	Ilkley Harriers	1st Boy
2	45	Robert	Askew	Boy	07:44	Helm Hill	2nd Boy
3	17	Ben	Edmondson	Boy	07:51	Broughton	3rd Boy
4	248	Thomas	Marshall	Boy	08:14	Settle	
5	166	Jake	Cooper	Boy	08:40	Barrow Strider	
6	163	Logan	Hargreaves-Mac	Boy	08:52	Wharfedale	
7	29	Josh	Roelants	Boy	08:56	Helm Hill	
8	33	Sebastian	Segger-Stavely	Boy	09:28	Settle	
9	180	William	Thompson	Boy	09:35	Wharfedale	
10	47	Harry	Sanderson	Boy	09:37	Ambleside	
11	86	Samuel	Thom	Boy	10:17	Keighley and Craven	
12	266	William	Helme	Boy	11:25	UA	
13	151	Jack	Hill	Boy	12:39	UA	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	10	Katie	Thurlow	Girl	09:08	Helm Hill	1st Girl
2	36	Maia	Doherty	Girl	10:00	Helm Hill	2nd Girl
3	81	Lottie	Beardwood	Girl	10:06	Helm Hill	3rd Girl
4	56	Emelia	Stevens	Girl	10:25	Helm Hill	
5	254	Francesca	Weymouth	Girl	10:49	Aragons Junior Tri	
6	30	Courtney	Hutchinson	Girl	10:51	Broughton	
7	13	Maddie	Sanders	Girl	11:01	Helm Hill	
8	157	Isabel	Sykes Macleod	Girl	11:11	Dallam	
9	198	Lidia	Shenton	Girl	11:16	UA	
10	60	Emily	Carpenter	Girl	11:21	Settle	
11	15	Gaby	Ansell	Girl	11:33	Helm Hill	
12	80	Abigail	Waller	Girl	11:51	Dallam	
13	154	Grace	Attwood	Girl	11:55	Dallam	
14	103	Jodie	Ritchie	Girl	12:41	Hoad Hill Harriers	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Charlie	Harding	Boy	06:11	Eden Runners	1st Boy
2	164	Sam	Smith	Boy	06:13	Wharfedale	2nd Boy
3	25	Harry	Bowen	Boy	06:15	Ambleside	3rd Boy
4	26	James	Bowen	Boy	06:29	Ambleside	
5	174	Alfie	Thorpe	Boy	06:34	Broughton	
6	63	Alexander	Thompson	Boy	06:34	Wharfedale	
7	52	Jacob	Smith	Boy	06:49	Kendal	
8	12	Ollie	Sanders	Boy	06:51	Helm Hill	
9	2	Henry	Hunter	Boy	07:04	Helm Hill	
10	14	Matthew	Ansell	Boy	07:08	Helm Hill	
11	93	Evan	Mills	Boy	07:11	Keighley and Craven	
12	57	Oliver	Smith	Boy	07:16	Kendal	
13	51	Vaughan	Sampson	Boy	07:34	Helm Hill	
14	100	Toby	Umpleby	Boy	07:37	Kendal	
15	78	Joe	Ligema	Boy	07:39	UA	
16	173	Gregory	Miller	Boy	07:39	Broughton	
17	257	James	Kelly	Boy	07:47	Ambleside	
18	250	Joe	Clayton	Boy	07:48	Helm Hill	
19	171	William	Durkin	Boy	07:53	Ambleside	
20	32	Douglas	Segger-Stavely	Boy	07:55	Settle	
21	182	Brodie	Weymouth	Boy	08:01	Arragons Junior Tri	
22	177	Harvey	Atkinson	Boy	08:02	Broughton	
23	42	Sam	Thornley	Boy	08:11	Ambleside	
24	252	Joseph	Rigby	Boy	08:18	Helm Hill	
25	240	Euan	Steele	Boy	08:32	Broughton	
26	259	Daniel	Brown	Boy	08:35	Heversham	
27	96	Theo	Coates	Boy	08:37	Ambleside	
28	34	Zach	Doherty	Boy	08:38	Dallam	
29	113	Luke	Simmons	Boy	08:43	Hoad Hill Harriers	
30	232	Hamish	Griffiths	Boy	08:44	Settle	
31	137	Alex	Graham	Boy	08:46	Broughton	
32	88	Jamie	Harris	Boy	08:49	Helm Hill	
33	243	Freddie	Dixon	Boy	08:50	Ambleside	
34	245	Charlie	Blackburn	Boy	08:51	Ambleside	
35	256	Edward	Kelly	Boy	08:54	UA	
36	260	Ewan	Magri	Boy	08:55	UA	
37	246	Tom	Nicholson	Boy	09:02	Ambleside	
38	251	Simon	Rigby	Boy	09:04	Helm Hill	
39	31	Logan	Hutchinson	Boy	09:05	Broughton	
40	228	Mikey	Charnley	Boy	09:08	UA	
41	239	Ruben	Lancaster	Boy	09:10	Broughton	
42	82	Jamie	Waller	Boy	09:12	Dallam	
43	227	Charlie	Brownbill	Boy	09:24	UA	
44	244	Charlie	Dixon	Boy	09:25	Ambleside	
45	43	Matthew	Wright	Boy	09:27	Helm Hill	
46	225	Ryan	Winder	Boy	09:35	UA	
47	258	Joe	Sowerby	Boy	09:37	Heversham	
48	20	Finlay	Aitken	Boy	09:47	Helm Hill	
49	134	Rowan	Ashworth	Boy	09:51	Ambleside	
50	249	Charlie	Clayton	Boy	10:08	Helm Hill	
51	144	Sam	Jackson	Boy	10:48	UA	
52	62	Benji	Grundy	Boy	10:52	Keighley and Craven	
53	143	Harry	Jackson	Boy	10:54	UA	
54	28	Rory	Knowles	Boy	13:11	Ambleside	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	37	Chloe	Rylance	Girl	06:36	Ambleside	1st Girl
2	40	Lilli	Carr	Girl	07:05	Keighley and Craven	2nd Girl
3	127	Charlotte	Barrett	Girl	07:12	Wharfedale	3rd Girl
4	7	Emily	Swarbrick	Girl	07:28	Broughton	
5	38	Sophie	Rylance	Girl	07:49	Ambleside	
6	5	Maddie	Walsh	Girl	08:17	Helm Hill	
7	262	Mia	Heath	Girl	08:33	UA	
8	69	Bethan	Rowley	Girl	08:34	Ambleside	
9	203	Bethan	Saunders	Girl	09:02	Hoad Hill Harriers	
10	226	Rhiannon	Winder	Girl	09:04	UA	
11	54	Sarah	Smith	Girl	09:11	Kendal	
12	264	Kitty	Carr	Girl	09:18	UA	
13	253	Helen	Haygarth	Girl	09:21	Dallam	
14	16	Jessica	Edmondson	Girl	09:23	Broughton	
15	255	Alexa	Weymouth	Girl	09:32	Aragons Junior Tri	
16	9	Olivia	Swarbrick	Girl	09:52	Broughton	
17	247	Hannah	Nicholson	Girl	09:53	Ambleside	
18	94	Melissa	McIntosh	Girl	09:57	Carlisle Tri	
19	91	Rowan	Baker	Girl	10:27	Helm Hill	
20	120	Rebecca	Dyer	Girl	10:31	Helm Hill	
21	165	Mollie	Smith	Girl	10:43	Wharfedale	
22	265	Isabelle	Helme	Girl	11:01	UA	
23	92	Isabella	Benson	Girl	12:46	Dallam	
24	22	Cate	Matthew	Girl	16:18	Lancaster and Morecambe	