

SHIPMAN KNOTTS FELL RACE**RESULTS 2015**

POS	NAME	CLUB	CAT	TIME
1	BEN ABDELNOOR	AMB	M	33.35
2	PAUL TIERNEY	AMB	M	33.41
3	PHIL DAVIES	BORR	M40	33.55
4	TIM COWIN	HOWGILL	M40	34.29
5	KIERN HODGSON	HELM HILL	M40	34.38
6	ADAM PERRY	HELM HILL	M	35.03
7	LEE PROCTER	HELM HILL	M	36.11
8	BEN PROCTER	HELM HILL	M	36.12
9	JON DEAGAN	AMB	M40	38.45
10	MATT SENIOR	HELM HILL	M	38.52
11	PAUL REILLY	CONISTON	M	39.44
12	ANDY THOMPSON	HELM HILL	M	39.55
13	BILLY PROCTER	HELM HILL	M50	40.00
14	ROBIN STONES	HELM HILL	M	40.35
15	JAMES TITMUSS	U/A	M40	40.44
16	MATT BERESFORD	KENDAL	M40	40.55
17	SHARON TAYLOR	HELM HILL	F	41.33
18	PETER GERMAN	HELM HILL	M	42.56
19	IAN HARRINGTON	AMB	M40	43.03
20	ROBERT MORTIMER	AMB	M	43.38
21	GARY LANE	CONISTON	M40	43.45
22	WILLIAM COUPE	HELM HILL	M50	43.48
23	PAUL JACKSON	HELM HILL	M40	44.07
24	ASHLEY KAY	DK PEAK	M50	44.16
25	MICHAEL SMITH	DALLAM	M40	44.41
26	ALAN MILLER	KENDAL	M50	46.35
27	CHRIS SCHOFIELD	HELM HILL	M50	46.38
28	ALAN JOHNSON	U/A	M40	47.14
29	GEORGIA STEVENS	HELM HILL	F	47.19
30	DAVID APPLEYARD	HELM HILL	M40	47.38
31	ANDREW RUSSELL	HELM HILL	M50	49.32
32	MICK LEDDY	HOWGILL	M50	49.49
33	CAROLINE HOLDEN	HELM HILL	F40	51.12
34	AMANDA BURROW	HELM HILL	F40	53.13
35	LINDSAY HARROD	HELM HILL	F40	57.57
36	SARAH SENIOR	HELM HILL	F40	58.37