



Supported by Different Strokes

Firbank Fell - Results 11 January 2015

Senior Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	763	Oscar	Meanwell	Man	21:44	Borrowdale	1st Man
2	737	John	Atkinson	MV40	21:48	Ambleside	2nd Man/1st MV40
3	718	Sam	Fisher	Man	22:13	Howgill Harriers	3rd Man
4	742	Tom	Tipping	MV40	22:20	UA	
5	691	Keiran	Hodgson	MV40	22:22	Helm Hill	
6	567	Chris	Lightburn	Man	22:34	Ambleside	
7	702	Michael	Ainsworth	Man	22:42	Helm Hill	
8	671	Tim	Cowin	MV40	22:55	Howgill Harriers	
9	572	Noah	Hurton	Man	23:04	Eden Runners	
10	512	Jon	Rylance	MV40	23:09	Ambleside	
11	573	Derek	Hurton	MV40	23:31	Eden Runners	
12	535	Mike	Robinson	MV40	23:42	Dark Peak	
13	741	Andrew	Slattery	MV40	24:02	Keswick	
14	640	Doug	Love	Man	24:07	Bowland Fell Runners	
15	619	Alan	Ashcroft	Man	24:13	Howgill Harriers	
16	750	Jim	Andrews	MV50	24:28	Coniston	1st MV50
17	732	Paul	Mason	Man	24:42	UA	
18	690	Sharon	Taylor	Lady	24:44	Helm Hill	1st Lady
19	754	David	Thornley	Man	24:50	UA	
20	745	Brian	Pennington	Man	24:52	Howgill Harriers	
21	633	Connor	McGurk	Man	24:53	UA	
22	767	Charles	Eddy	Man	25:03	Ambleside	
23	721	Mark	Ruscoe	Man	25:14	Ambleside	
24	593	Heidi	Dent	Lady	25:16	Howgill Harriers	2nd Lady
25	627	Alan	Life	MV50	25:20	Clayton-le-Moors	
26	591	Brian	Kennedy	MV50	25:34	Settle	
27	610	John	Wright	Man	25:37	Colt	
28	505	John	Bagge	MV50	25:39	Helm Hill	
29	677	Scott	Rose	Man	25:43	UA	
30	630	Paul	McFarlane	Man	25:44	UA	
31	551	Sean	Robinson	Man	25:47	Howgill Harriers	
32	765	James	Dalgleish	MV40	25:51	UA	
33	705	David	Cope	Man	25:53	Howgill Harriers	
34	654	John	Rainford	MV50	25:55	Preston Harriers	
35	530	Simon	Waller	MV40	26:01	Helm Hill	
36	752	Mike	Smith	MV40	26:08	Dallam	
37	761	Nathan	Dakin	Man	26:10	UA	
38	536	Hazel	Robinson	LV40	26:13	Ambleside	3rd Lady/1st LV40
39	665	Oliver	Blomfield	MV40	26:18	Eden Runners	
40	704	Jon	Boadle	Man	26:27	UA	
41	503	Phil	Thurlow	MV40	26:30	Helm Hill	
42	546	Richard	Wells	MV40	26:32	UA	
43	751	Tim	Roe	Man	26:36	Horwich Harriers	
44	507	Tom	Matthews	MV40	26:39	Hunters Bogtrotters	
45	559	Steven	Procter	Man	26:42	Settle	
46	743	Peter	Lawson	Man	26:47	Helm Hill	
47	658	Jonny	Marchant	MV40	26:51	Helm Hill	
48	514	Roger	Aubrey	MV50	27:02	Helm Hill	
49	688	Marcus	Gates	MV40	27:09	UA	
50	641	Stuart	Alan	MV40	27:10	UA	
51	590	Nina	Walkingshaw	Lady	27:11	Howgill Harriers	
52	696	Charlotte	Milligan	Lady	27:12	Helm Hill	
53	661	Peter	German	Man	27:19	Helm Hill	

54	594	Michael	Toman	MV40	27:30	Rossendale	
55	600	Wilfred	Bell	MV60	27:41	Crook	1st MV60
56	764	Kevin	May	MV50	27:48	Howgill Harriers	
57	731	Michael	Eddy	MV40	27:52	Ambleside	
58	747	Mark	Bell	MV50	27:54	Dallam	
59	558	Adam	Procter	Man	27:57	Settle	
60	609	Simon	Galloway	MV50	28:01	Todmorden	
61	724	Ben	Waller	Man	28:02	Helm Hill	
62	770	Ali	Richards	Lady	28:05	Helm Hill	
63	766	Graham	Chaplow	Man	28:16	UA	
64	521	Debbie	Copley	LV40	28:20	Dallam	
65	532	Paul	Senior	MV40	28:26	Helm Hill	
66	629	Hannah	Russell	Lady	28:37	UA	
67	608	Karl	Mason	Man	28:40	Helm Hill	
68	502	Tim	Murray	MV50	28:45	Helm Hill	
69	672	Chris	Schofield	MV50	28:47	Helm Hill	
70	686	Patrick	Willink	MV50	28:51	Helm Hill	
71	620	Richard	Duckett	Man	28:52	UA	
72	539	Owen	Mills	MV40	28:57	Keighley and Craven	
73	529	Jean	Brown	LV40	29:15	Clayton-le-Moors	
74	756	Melissa	McGuire	Lady	29:17	Lancaster and Morecambe	
75	689	Grace	Leedham	LV40	29:45	Dallam	
76	579	Jessica	Goodfellow	LV50	29:46	Dallam	1st LV50
77	519	Peter	Singleton	MV50	29:47	Blackpool	
78	757	Ollie	Roberts	Man	30:01	UA	
79	632	Stuart	McGurk	MV50	30:05	UA	
80	758	Jim	Fisher	MV50	30:10	Howgill Harriers	
81	517	Bethan	Procter	Lady	30:12	Helm Hill	
82	623	Michael	McLoughlin	MV60	30:21	Preston Harriers	
83	670	Mick	Leddy	MV50	30:45	Howgill Harriers	
84	647	John	Leech	MV50	30:49	Dallam	
85	749	Wendy	Matier	LV40	30:49	Eden Runners	
86	571	Caroline	Holmes	Lady	30:57	Helm Hill	
87	693	Allan	Miller	MV50	31:03	Kendal	
88	698	Helen	Newton	Lady	31:05	Kendal	
89	617	Andrew	Hewitson	MV40	31:09	Lonsdale	
90	561	Daniel	Rayson	MV40	31:12	UA	
91	568	Mike	Troup	MV60	31:21	Ambleside	
92	582	Andy	Bennet	MV40	31:25	Helm Hill	
93	537	Martin	Benson	MV40	31:39	Dallam	
94	501	Amanda	Burrow	Lady	31:56	Helm Hill	
95	612	Dave	Hewitt	MV50	31:56	Dallam	
96	615	Marie	Robson	LV40	31:58	Helm Hill	
97	626	Carol	Life	LV40	32:03	Clayton-le-Moors	
98	755	Vinn	McGuire	MV50	32:03	Lancaster and Morecambe	
99	592	Mo	Kelly	Lady	32:05	Howgill Harriers	
100	759	Mike	Peat	MV50	32:15	Lonsdale	
101	599	Andy	Monk	MV50	32:21	ABFR	
102	734	Yolanda	Spooner	Lady	32:22	Howgill Harriers	
103	746	Richard	Simpson	MV50	32:23	UA	
104	739	Barry	Scholes	MV60	32:24	UA	
105	760	Becki	Davis	Lady	32:26	UA	
106	588	Greg	Tagney	MV60	32:30	Dallam	
107	584	Chris	Beesley	MV60	32:35	Settle	
108	575	Samuel	Panter	Man	32:38	Coniston	
109	773	Matt	Atkinson	Man	32:42	Kendal Tri	
110	587	Jack	Sharples	Man	32:46	Dallam	
111	585	Stephen	Moor	MV50	32:53	Settle	
112	740	Rachel	Slattery	LV40	32:55	Helm Hill	
113	748	Mike	Richards	MV50	32:59	Helm Hill	
114	744	Sharron	Hutchinson	LV40	33:09	Helm Hill	
115	772	Caroline	Wade	Lady	33:12	Helm Hill	

116	703	Jack	Taylor	Man	33:15	UA	
117	664	Rebecca	Delbridge	Lady	33:18	UA	
118	662	Emma	Gill	LV40	33:25	Helm Hill	
119	570	Alice	Steele	Lady	33:28	Dallam	
120	643	Tessa	Hagendoorn	LV40	33:30	UA	
121	652	Gordon	Thompson	MV50	33:32	Preston Harriers	
122	753	Stephen	Fish	MV60	33:38	Clayton-le-Moors	
123	657	John	Hodgson	MV60	33:42	Dallam	
124	533	Sarah	Senior	LV40	33:44	Helm Hill	
125	715	Katie	May	Lady	34:13	Howgill Harriers	
126	544	Andrew	Biddle	MV60	34:25	West Pennine	
127	511	Niki	Rylance	LV40	34:44	Ambleside	
128	771	Mark	Brierley	MV40	35:29	UA	
129	618	Chris	Atkinson	LV50	35:38	UA	
130	682	Andrew	Jones	MV40	35:41	Coniston	
131	716	Chloe	Brown	Lady	35:47	Howgill Harriers	
132	656	Veronica	Waller	LV40	35:54	Dallam	
133	768	Elizabeth	Hindle	LV60	35:57	Dallam	1st LV60
134	736	Lindsay	Harrod	LV40	36:01	Helm Hill	
135	524	Susan	Thompson	LV40	36:05	Wharfedale	
136	769	Angela	Horn	Lady	36:28	Helm Hill	
137	543	Sharon	Newbold	LV40	36:45	Wharfedale	
138	540	Lynda	Hargreaves	LV50	37:03	Wharfedale	
139	518	George	James	MV70	37:35	Blackpool	1st MV70
140	611	Helen	Whitehouse	LV50	38:07	Dallam	
141	523	Geoffrey	Thompson	MV50	38:16	Wharfedale	
142	738	Jill	Gates	LV50	38:37	Settle	
143	565	Julie	Laverock	LV40	38:59	Salford Harriers	
144	500	Anna	Stevens	LV40	39:36	Helm Hill	
145	574	Phil	Kirby	MV60	42:44	Coniston	
146	555	Denis	Wood	MV70	44:11	Borrowdale	
147	762	Sue	Oliver	LV50	44:53	East London Tri	
148	651	Joe	Howard	MV70	45:48	Preston Harriers	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	199	Elliott	Matier	Boy	11:37	Eden Runners	1st Boy
2	24	Luke	Bowen	Boy	11:44	Ambleside	2nd Boy
3	150	Jacob	Steele	Boy	11:50	Dallam	3rd Boy
4	59	Tom	Harkes	Boy	12:18	Dallam	
5	18	Joe	Edmondson	Boy	12:21	Broughton	
6	125	Ben	Kent	Boy	12:25	Helm Hill	
7	49	Jacob	Aubrey	Boy	12:30	Helm Hill	
8	27	Oliver	Gajdowski	Boy	12:37	Ambleside	
9	155	George	Attwood	Boy	13:17	Dallam	
10	158	Jamie	Macleod	Boy	13:22	Dallam	
11	8	Imogen	Burrow	Girl	13:23	Helm Hill	1st Girl
12	149	Connie	Hurton	Girl	13:55	Eden Runners	2nd Girl
13	189	Katherine	Lawson	Girl	14:07	Helm Hill	3rd Girl
14	181	Ellie	Lambert	Girl	14:27	Wharfedale	
15	172	Hannah	Durkin	Girl	15:08	Ambleside	
16	146	Brandon	Brookes	Boy	15:38	Helm Hill	
17	89	Hannah	Thom	Girl	16:01	Keighley and Craven	
18	156	Sarah	Thompson	Girl	16:07	Dallam	
19	55	Eilidh	Miller	Girl	16:19	Broughton	
20	6	Georgia	Stevens	Girl	16:53	Helm Hill	
21	160	Rosie	Dutson	Girl	17:07	UA	
22	162	Katie	Russell	Girl	18:04	Helm Hill	
23	197	Maddy	Bell	Girl	18:11	Dallam	
24	186	Alice	Slattery	Girl	19:58	Helm Hill	
25	31	Logan	Hutchinson	Boy	21:09	Broughton	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	Robert	Askew	Boy	07:49	Helm Hill	1st Boy
2	112	Euan	Brennan	Boy	07:56	Ilkley Harriers	2nd Boy
3	64	Samuel	Almond	Boy	07:56	Eden Runners	3rd Boy
4	138	Tom	Humphries	Boy	08:09	Eden Runners	
5	17	Ben	Edmondson	Boy	08:18	Broughton	
6	166	Jake	Cooper	Boy	08:36	Barrow Strider	
7	178	Esme	Davies	Girl	08:42	Eden Runners	1st Girl
8	180	William	Thompson	Boy	09:11	Wharfedale	
9	10	Katie	Thurlow	Girl	09:16	Helm Hill	2nd Girl
10	33	Sebastian	Segger-Stavel	Boy	09:20	Settle	
11	187	Amy	Slattery	Girl	09:48	Helm Hill	3rd Girl
12	163	Logan	Hargreaves-M	Boy	09:53	Wharfedale	
13	47	Harry	Sanderson	Boy	09:57	Ambleside	
14	11	Erin	Bagge	Girl	10:20	Helm Hill	
15	175	Lily	Maiden	Girl	10:25	Helm Hill	
16	68	Jack	Garnett	Boy	10:34	UA	
17	30	Courtney	Hutchinson	Girl	10:40	Broughton	
18	81	Lottie	Beardwood	Girl	10:41	Helm Hill	
19	13	Maddie	Sanders	Girl	11:28	Helm Hill	
20	157	Isabel	Sykes Macleod	Girl	11:37	Dallam	
21	60	Emily	Carpenter	Girl	11:39	Settle	
22	80	Abigail	Waller	Girl	11:40	Dallam	
23	15	Gaby	Ansell	Girl	12:16	Helm Hill	
24	103	Jodie	Ritchie	Girl	12:26	Hoad Hill Harriers	
25	151	Jack	Hill	Boy	12:33	UA	
26	154	Grace	Attwood	Girl	12:47	Dallam	
27	152	Cole	Kirby	Boy	12:54	Ambleside	
28	74	Emily	Crossley	Girl	13:49	Settle	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Charlie	Harding	Boy	05:47	Eden Runners	1st Boy
2	25	Harry	Bowen	Boy	05:55	Ambleside	2nd Boy
3	26	James	Bowen	Boy	05:57	Ambleside	3rd Boy
4	46	Daniel	Sanderson	Boy	05:59	Ambleside	
5	174	Alfie	Thorpe	Boy	06:08	Broughton	
6	164	Sam	Smith	Boy	06:10	Wharfedale	
7	123	Evan	Allan	Boy	06:12	Helm Hill	
8	37	Chloe	Rylance	Girl	06:13	Ambleside	1st Girl
9	12	Ollie	Sanders	Boy	06:17	Helm Hill	
10	2	Henry	Hunter	Boy	06:20	Helm Hill	
11	40	Lilli	Carr	Girl	06:23	Keighley and Craven	2nd Girl
12	127	Charlotte	Barrett	Girl	06:34	Wharfedale	3rd Girl
13	176	Matthew	Pendlebury	Boy	06:37	Howgill Harriers	
14	93	Evan	Mills	Boy	06:38	Keighley and Craven	
15	7	Emily	Swarbrick	Girl	06:40	Broughton	
16	100	Toby	Umpleby	Boy	06:45	Kendal	
17	188	Jake	Wood	Boy	06:46	UA	
18	38	Sophie	Rylance	Girl	06:47	Ambleside	
19	14	Matthew	Ansell	Boy	06:47	Helm Hill	
20	76	Joe	Grundy	Boy	06:50	Dallam	
21	98	Warren	Fleming	Boy	06:50	Hoad Hill Harriers	
22	185	Beth	Roberts	Girl	06:53	Keighley and Craven	
23	182	Brodie	Weymouth	Boy	06:56	Arragons Junior Tri	
24	179	Dylan	Carter	Boy	07:01	Helm Hill	
25	32	Douglas	Segger-Stavel	Boy	07:04	Settle	
26	184	Maud	Humphries	Girl	07:06	Eden Runners	
27	104	Isaac	Robinson	Boy	07:06	Howgill Harriers	
28	177	Harvey	Atkinson	Boy	07:07	Broughton	
29	34	Zach	Doherty	Boy	07:08	Dallam	
30	87	Daniel	Harris	Boy	07:09	Helm Hill	
31	173	Gregory	Miller	Boy	07:10	Broughton	
32	192	Caius	Pennington	Boy	07:10	Howgill Harriers	
33	83	Ella	Beardwood	Girl	07:12	Helm Hill	
34	79	Christopher	Brown	Boy	07:14	Clayton-le-Moors	
35	171	William	Durkin	Boy	07:15	Ambleside	
36	50	Clara	Sampson	Girl	07:16	Helm Hill	
37	88	Jamie	Harris	Boy	07:17	Helm Hill	
38	77	Millie	Grundy	Girl	07:25	Dallam	
39	102	Nathan	Ritchie	Boy	07:27	Hoad Hill Harriers	
40	111	Ella	Park	Girl	07:33	Helm Hill	
41	66	Freya	Richards	Girl	07:36	Helm Hill	
42	137	Alex	Graham	Boy	07:38	Broughton	
43	193	Amelie	Pennington	Girl	07:40	Howgill Harriers	
44	170	Oliver	Sampson	Boy	07:41	Settle	
45	43	Matthew	Wright	Boy	07:42	Helm Hill	
46	82	Jamie	Waller	Boy	07:42	Dallam	
47	113	Luke	Simmons	Boy	07:45	Hoad Hill Harriers	
48	198	Lidia	Shenton	Girl	07:46	UA	
49	94	Melissa	McIntosh	Girl	07:46	Carlisle Tri	
50	16	Jessica	Edmondson	Girl	07:49	Broughton	
51	31	Logan	Hutchinson	Boy	07:59	Broughton	
52	190	Cally	Lawson	Girl	08:02	UA	
53	9	Olivia	Swarbrick	Girl	08:10	Broughton	
54	195	Beau	Walkingshaw	Girl	08:12	Eden Runners	
55	143	Harry	Jackson	Boy	08:12	UA	
56	124	Tara	Allan	Girl	08:18	Helm Hill	
57	20	Finlay	Aitken	Boy	08:20	Helm Hill	
58	191	Breige	Hutchinson	Girl	08:28	Helm Hill	
59	126	Grace	Wells	Girl	08:34	UA	
60	116	Jonny	Swallow	Boy	08:41	UA	

61	183	Blake	Fleming	Boy	08:44	UA	
62	134	Rowan	Ashworth	Boy	08:49	Ambleside	
63	144	Sam	Jackson	Boy	08:52	UA	
64	169	Dylan	Sampson	Boy	09:35	Settle	
65	67	Lauren	Evans	Girl	09:47	Settle	
66	91	Rowan	Baker	Girl	09:54	Helm Hill	
67	165	Mollie	Smith	Girl	10:06	Wharfedale	
68	107	Theo	Robinson	Boy	10:41	Howgill Harriers	
69	168	Melissa	Tither	Girl	10:59	Settle	
70	62	Benji	Grundy	Boy	11:11	Keighley and Craven	
71	92	Isabella	Benson	Girl	11:34	Dallam	
72	22	Cate	Matthew	Girl	11:46	Lancaster and Morecambe	
73	44	Oliver	Willoughby	Boy	12:01	UA	

Firbank Fell 2015 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	763	Oscar	Meanwell	Man	21:44	Borrowdale	1st Man
2	737	John	Atkinson	MV40	21:48	Ambleside	2nd Man/1st MV40
3	718	Sam	Fisher	Man	22:13	Howgill Harriers	3rd Man
4	742	Tom	Tipping	MV40	22:20	UA	
5	691	Keiran	Hodgson	MV40	22:22	Helm Hill	
6	567	Chris	Lightburn	Man	22:34	Ambleside	
7	702	Michael	Ainsworth	Man	22:42	Helm Hill	
8	671	Tim	Cowin	MV40	22:55	Howgill Harriers	
9	572	Noah	Hurton	Man	23:04	Eden Runners	
10	512	Jon	Rylance	MV40	23:09	Ambleside	
11	573	Derek	Hurton	MV40	23:31	Eden Runners	
12	535	Mike	Robinson	MV40	23:42	Dark Peak	
13	741	Andrew	Slattery	MV40	24:02	Keswick	
14	640	Doug	Love	Man	24:07	Bowland Fell Runners	
15	619	Alan	Ashcroft	Man	24:13	Howgill Harriers	
16	750	Jim	Andrews	MV50	24:28	Coniston	1st MV50
17	732	Paul	Mason	Man	24:42	UA	
18	754	David	Thornley	Man	24:50	UA	
19	745	Brian	Pennington	Man	24:52	Howgill Harriers	
20	633	Connor	McGurk	Man	24:53	UA	
21	767	Charles	Eddy	Man	25:03	Ambleside	
22	721	Mark	Ruscoe	Man	25:14	Ambleside	
23	627	Alan	Life	MV50	25:20	Clayton-le-Moors	
24	591	Brian	Kennedy	MV50	25:34	Settle	
25	610	John	Wright	Man	25:37	Colt	
26	505	John	Bagge	MV50	25:39	Helm Hill	
27	677	Scott	Rose	Man	25:43	UA	
28	630	Paul	McFarlane	Man	25:44	UA	
29	551	Sean	Robinson	Man	25:47	Howgill Harriers	
30	765	James	Dalglish	MV40	25:51	UA	
31	705	David	Cope	Man	25:53	Howgill Harriers	
32	654	John	Rainford	MV50	25:55	Preston Harriers	
33	530	Simon	Waller	MV40	26:01	Helm Hill	
34	752	Mike	Smith	MV40	26:08	Dallam	
35	761	Nathan	Dakin	Man	26:10	UA	
36	665	Oliver	Blomfield	MV40	26:18	Eden Runners	
37	704	Jon	Boadle	Man	26:27	UA	
38	503	Phil	Thurlow	MV40	26:30	Helm Hill	
39	546	Richard	Wells	MV40	26:32	UA	
40	751	Tim	Roe	Man	26:36	Horwich Harriers	
41	507	Tom	Matthews	MV40	26:39	Hunters Bogtrotters	
42	559	Steven	Procter	Man	26:42	Settle	
43	743	Peter	Lawson	Man	26:47	Helm Hill	
44	658	Jonny	Marchant	MV40	26:51	Helm Hill	
45	514	Roger	Aubrey	MV50	27:02	Helm Hill	
46	688	Marcus	Gates	MV40	27:09	UA	
47	641	Stuart	Alan	MV40	27:10	UA	
48	661	Peter	German	Man	27:19	Helm Hill	
49	594	Michael	Toman	MV40	27:30	Rosendale	
50	600	Wilfred	Bell	MV60	27:41	Crook	1st MV60
51	764	Kevin	May	MV50	27:48	Howgill Harriers	
52	731	Michael	Eddy	MV40	27:52	Ambleside	
53	747	Mark	Bell	MV50	27:54	Dallam	
54	558	Adam	Procter	Man	27:57	Settle	
55	609	Simon	Galloway	MV50	28:01	Todmorden	
56	724	Ben	Waller	Man	28:02	Helm Hill	
57	766	Graham	Chaplow	Man	28:16	UA	
58	532	Paul	Senior	MV40	28:26	Helm Hill	

59	608	Karl	Mason	Man	28:40	Helm Hill	
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61	672	Chris	Schofield	MV50	28:47	Helm Hill	
62	686	Patrick	Willink	MV50	28:51	Helm Hill	
63	620	Richard	Duckett	Man	28:52	UA	
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65	519	Peter	Singleton	MV50	29:47	Blackpool	
66	757	Ollie	Roberts	Man	30:01	UA	
67	632	Stuart	McGurk	MV50	30:05	UA	
68	758	Jim	Fisher	MV50	30:10	Howgill Harriers	
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70	670	Mick	Leddy	MV50	30:45	Howgill Harriers	
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72	693	Allan	Miller	MV50	31:03	Kendal	
73	617	Andrew	Hewitson	MV40	31:09	Lonsdale	
74	561	Daniel	Rayson	MV40	31:12	UA	
75	568	Mike	Troup	MV60	31:21	Ambleside	
76	582	Andy	Bennet	MV40	31:25	Helm Hill	
77	537	Martin	Benson	MV40	31:39	Dallam	
78	612	Dave	Hewitt	MV50	31:56	Dallam	
79	755	Vinn	McGuire	MV50	32:03	Lancaster and Morecambe	
80	759	Mike	Peat	MV50	32:15	Lonsdale	
81	599	Andy	Monk	MV50	32:21	ABFR	
82	746	Richard	Simpson	MV50	32:23	UA	
83	739	Barry	Scholes	MV60	32:24	UA	
84	588	Greg	Tagney	MV60	32:30	Dallam	
85	584	Chris	Beesley	MV60	32:35	Settle	
86	575	Samuel	Panter	Man	32:38	Coniston	
87	773	Matt	Atkinson	Man	32:42	Kendal Tri	
88	587	Jack	Sharples	Man	32:46	Dallam	
89	585	Stephen	Moor	MV50	32:53	Settle	
90	748	Mike	Richards	MV50	32:59	Helm Hill	
91	703	Jack	Taylor	Man	33:15	UA	
92	652	Gordon	Thompson	MV50	33:32	Preston Harriers	
93	753	Stephen	Fish	MV60	33:38	Clayton-le-Moors	
94	657	John	Hodgson	MV60	33:42	Dallam	
95	544	Andrew	Biddle	MV60	34:25	West Pennine	
96	771	Mark	Brierley	MV40	35:29	UA	
97	682	Andrew	Jones	MV40	35:41	Coniston	
98	518	George	James	MV70	37:35	Blackpool	1st MV70
99	523	Geoffrey	Thompson	MV50	38:16	Wharfedale	
100	574	Phil	Kirby	MV60	42:44	Coniston	
101	555	Denis	Wood	MV70	44:11	Borrowdale	
102	651	Joe	Howard	MV70	45:48	Preston Harriers	

MEN							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	763	Oscar	Meanwell	Man	21:44	Borrowdale	1st Man
2	718	Sam	Fisher	Man	22:13	Howgill Harriers	3rd Man
3	567	Chris	Lightburn	Man	22:34	Ambleside	
4	702	Michael	Ainsworth	Man	22:42	Helm Hill	
5	572	Noah	Hurton	Man	23:04	Eden Runners	
6	640	Doug	Love	Man	24:07	Bowland Fell Runners	
7	619	Alan	Ashcroft	Man	24:13	Howgill Harriers	
8	732	Paul	Mason	Man	24:42	UA	
9	754	David	Thornley	Man	24:50	UA	
10	745	Brian	Pennington	Man	24:52	Howgill Harriers	
11	633	Connor	McGurk	Man	24:53	UA	
12	767	Charles	Eddy	Man	25:03	Ambleside	
13	721	Mark	Ruscoe	Man	25:14	Ambleside	
14	610	John	Wright	Man	25:37	Colt	
15	677	Scott	Rose	Man	25:43	UA	
16	630	Paul	McFarlane	Man	25:44	UA	
17	551	Sean	Robinson	Man	25:47	Howgill Harriers	
18	705	David	Cope	Man	25:53	Howgill Harriers	
19	761	Nathan	Dakin	Man	26:10	UA	
20	704	Jon	Boadle	Man	26:27	UA	
21	751	Tim	Roe	Man	26:36	Horwich Harriers	
22	559	Steven	Procter	Man	26:42	Settle	
23	743	Peter	Lawson	Man	26:47	Helm Hill	
24	661	Peter	German	Man	27:19	Helm Hill	
25	558	Adam	Procter	Man	27:57	Settle	
26	724	Ben	Waller	Man	28:02	Helm Hill	
27	766	Graham	Chaplow	Man	28:16	UA	
28	608	Karl	Mason	Man	28:40	Helm Hill	
29	620	Richard	Duckett	Man	28:52	UA	
30	757	Ollie	Roberts	Man	30:01	UA	
31	575	Samuel	Panter	Man	32:38	Coniston	
32	773	Matt	Atkinson	Man	32:42	Kendal Tri	
33	587	Jack	Sharples	Man	32:46	Dallam	
34	703	Jack	Taylor	Man	33:15	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	737	John	Atkinson	MV40	21:48	Ambleside	2nd Man/1st MV40
2	742	Tom	Tipping	MV40	22:20	UA	
3	691	Keiran	Hodgson	MV40	22:22	Helm Hill	
4	671	Tim	Cowin	MV40	22:55	Howgill Harriers	
5	512	Jon	Rylance	MV40	23:09	Ambleside	
6	573	Derek	Hurton	MV40	23:31	Eden Runners	
7	535	Mike	Robinson	MV40	23:42	Dark Peak	
8	741	Andrew	Slattery	MV40	24:02	Keswick	
9	765	James	Dalgleish	MV40	25:51	UA	
10	530	Simon	Waller	MV40	26:01	Helm Hill	
11	752	Mike	Smith	MV40	26:08	Dallam	
12	665	Oliver	Blomfield	MV40	26:18	Eden Runners	
13	503	Phil	Thurlow	MV40	26:30	Helm Hill	
14	546	Richard	Wells	MV40	26:32	UA	
15	507	Tom	Matthews	MV40	26:39	Hunters Bogtrotters	
16	658	Jonny	Marchant	MV40	26:51	Helm Hill	
17	688	Marcus	Gates	MV40	27:09	UA	
18	641	Stuart	Alan	MV40	27:10	UA	
19	594	Michael	Toman	MV40	27:30	Rosendale	
20	731	Michael	Eddy	MV40	27:52	Ambleside	
21	532	Paul	Senior	MV40	28:26	Helm Hill	
22	539	Owen	Mills	MV40	28:57	Keighley and Craven	
23	617	Andrew	Hewitson	MV40	31:09	Lonsdale	
24	561	Daniel	Rayson	MV40	31:12	UA	
25	582	Andy	Bennet	MV40	31:25	Helm Hill	
26	537	Martin	Benson	MV40	31:39	Dallam	
27	771	Mark	Brierley	MV40	35:29	UA	
28	682	Andrew	Jones	MV40	35:41	Coniston	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	750	Jim	Andrews	MV50	24:28	Coniston	1st MV50
2	627	Alan	Life	MV50	25:20	Clayton-le-Moors	
3	591	Brian	Kennedy	MV50	25:34	Settle	
4	505	John	Bagge	MV50	25:39	Helm Hill	
5	654	John	Rainford	MV50	25:55	Preston Harriers	
6	514	Roger	Aubrey	MV50	27:02	Helm Hill	
7	764	Kevin	May	MV50	27:48	Howgill Harriers	
8	747	Mark	Bell	MV50	27:54	Dallam	
9	609	Simon	Galloway	MV50	28:01	Todmorden	
10	502	Tim	Murray	MV50	28:45	Helm Hill	
11	672	Chris	Schofield	MV50	28:47	Helm Hill	
12	686	Patrick	Willink	MV50	28:51	Helm Hill	
13	519	Peter	Singleton	MV50	29:47	Blackpool	
14	632	Stuart	McGurk	MV50	30:05	UA	
15	758	Jim	Fisher	MV50	30:10	Howgill Harriers	
16	670	Mick	Leddy	MV50	30:45	Howgill Harriers	
17	647	John	Leech	MV50	30:49	Dallam	
18	693	Allan	Miller	MV50	31:03	Kendal	
19	612	Dave	Hewitt	MV50	31:56	Dallam	
20	755	Vinn	McGuire	MV50	32:03	Lancaster and Morecambe	
21	759	Mike	Peat	MV50	32:15	Lonsdale	
22	599	Andy	Monk	MV50	32:21	ABFR	
23	746	Richard	Simpson	MV50	32:23	UA	
24	585	Stephen	Moor	MV50	32:53	Settle	
25	748	Mike	Richards	MV50	32:59	Helm Hill	
26	652	Gordon	Thompson	MV50	33:32	Preston Harriers	
27	523	Geoffrey	Thompson	MV50	38:16	Wharfedale	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	600	Wilfred	Bell	MV60	27:41	Crook	1st MV60
2	623	Michael	McLoughlin	MV60	30:21	Preston Harriers	
3	568	Mike	Troup	MV60	31:21	Ambleside	
4	739	Barry	Scholes	MV60	32:24	UA	
5	588	Greg	Tagney	MV60	32:30	Dallam	
6	584	Chris	Beesley	MV60	32:35	Settle	
7	753	Stephen	Fish	MV60	33:38	Clayton-le-Moors	
8	657	John	Hodgson	MV60	33:42	Dallam	
9	544	Andrew	Biddle	MV60	34:25	West Pennine	
10	574	Phil	Kirby	MV60	42:44	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	518	George	James	MV70	37:35	Blackpool	1st MV70
2	555	Denis	Wood	MV70	44:11	Borrowdale	
3	651	Joe	Howard	MV70	45:48	Preston Harriers	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	690	Sharon	Taylor	Lady	24:44	Helm Hill	1st Lady
2	593	Heidi	Dent	Lady	25:16	Howgill Harriers	2nd Lady
3	536	Hazel	Robinson	LV40	26:13	Ambleside	3rd Lady/1st LV40
4	590	Nina	Walkingshaw	Lady	27:11	Howgill Harriers	
5	696	Charlotte	Milligan	Lady	27:12	Helm Hill	
6	770	Ali	Richards	Lady	28:05	Helm Hill	
7	521	Debbie	Copley	LV40	28:20	Dallam	
8	629	Hannah	Russell	Lady	28:37	UA	
9	529	Jean	Brown	LV40	29:15	Clayton-le-Moors	
10	756	Melissa	McGuire	Lady	29:17	Lancaster and Morecambe	
11	689	Grace	Leedham	LV40	29:45	Dallam	
12	579	Jessica	Goodfellow	LV50	29:46	Dallam	1st LV50
13	517	Bethan	Procter	Lady	30:12	Helm Hill	
14	749	Wendy	Matier	LV40	30:49	Eden Runners	
15	571	Caroline	Holmes	Lady	30:57	Helm Hill	
16	698	Helen	Newton	Lady	31:05	Kendal	
17	501	Amanda	Burrow	Lady	31:56	Helm Hill	
18	615	Marie	Robson	LV40	31:58	Helm Hill	
19	626	Carol	Life	LV40	32:03	Clayton-le-Moors	
20	592	Mo	Kelly	Lady	32:05	Howgill Harriers	
21	734	Yolanda	Spooner	Lady	32:22	Howgill Harriers	
22	760	Becki	Davis	Lady	32:26	UA	
23	740	Rachel	Slattery	LV40	32:55	Helm Hill	
24	744	Sharron	Hutchinson	LV40	33:09	Helm Hill	
25	772	Caroline	Wade	Lady	33:12	Helm Hill	
26	664	Rebecca	Delbridge	Lady	33:18	UA	
27	662	Emma	Gill	LV40	33:25	Helm Hill	
28	570	Alice	Steele	Lady	33:28	Dallam	
29	643	Tessa	Hagendoorn	LV40	33:30	UA	
30	533	Sarah	Senior	LV40	33:44	Helm Hill	
31	715	Katie	May	Lady	34:13	Howgill Harriers	
32	511	Niki	Rylance	LV40	34:44	Ambleside	
33	618	Chris	Atkinson	LV50	35:38	UA	
34	716	Chloe	Brown	Lady	35:47	Howgill Harriers	
35	656	Veronica	Waller	LV40	35:54	Dallam	
36	768	Elizabeth	Hindle	LV60	35:57	Dallam	1st LV60
37	736	Lindsay	Harrod	LV40	36:01	Helm Hill	
38	524	Susan	Thompson	LV40	36:05	Wharfedale	
39	769	Angela	Horn	Lady	36:28	Helm Hill	
40	543	Sharon	Newbold	LV40	36:45	Wharfedale	
41	540	Lynda	Hargreaves	LV50	37:03	Wharfedale	
42	611	Helen	Whitehouse	LV50	38:07	Dallam	
43	738	Jill	Gates	LV50	38:37	Settle	
44	565	Julie	Laverock	LV40	38:59	Salford Harriers	
45	500	Anna	Stevens	LV40	39:36	Helm Hill	
46	762	Sue	Oliver	LV50	44:53	East London Tri	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	690	Sharon	Taylor	Lady	24:44	Helm Hill	1st Lady
2	593	Heidi	Dent	Lady	25:16	Howgill Harriers	2nd Lady
3	590	Nina	Walkingshaw	Lady	27:11	Howgill Harriers	
4	696	Charlotte	Milligan	Lady	27:12	Helm Hill	
5	770	Ali	Richards	Lady	28:05	Helm Hill	
6	629	Hannah	Russell	Lady	28:37	UA	
7	756	Melissa	McGuire	Lady	29:17	Lancaster and Morecambe	
8	517	Bethan	Procter	Lady	30:12	Helm Hill	
9	571	Caroline	Holmes	Lady	30:57	Helm Hill	
10	698	Helen	Newton	Lady	31:05	Kendal	
11	501	Amanda	Burrow	Lady	31:56	Helm Hill	
12	592	Mo	Kelly	Lady	32:05	Howgill Harriers	
13	734	Yolanda	Spooner	Lady	32:22	Howgill Harriers	
14	760	Becki	Davis	Lady	32:26	UA	
15	772	Caroline	Wade	Lady	33:12	Helm Hill	
16	664	Rebecca	Delbridge	Lady	33:18	UA	
17	570	Alice	Steele	Lady	33:28	Dallam	
18	715	Katie	May	Lady	34:13	Howgill Harriers	
19	716	Chloe	Brown	Lady	35:47	Howgill Harriers	
20	769	Angela	Horn	Lady	36:28	Helm Hill	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	536	Hazel	Robinson	LV40	26:13	Ambleside	3rd Lady/1st LV40
2	521	Debbie	Copley	LV40	28:20	Dallam	
3	529	Jean	Brown	LV40	29:15	Clayton-le-Moors	
4	689	Grace	Leedham	LV40	29:45	Dallam	
5	749	Wendy	Matier	LV40	30:49	Eden Runners	
6	615	Marie	Robson	LV40	31:58	Helm Hill	
7	626	Carol	Life	LV40	32:03	Clayton-le-Moors	
8	740	Rachel	Slattery	LV40	32:55	Helm Hill	
9	744	Sharron	Hutchinson	LV40	33:09	Helm Hill	
10	662	Emma	Gill	LV40	33:25	Helm Hill	
11	643	Tessa	Hagendoorn	LV40	33:30	UA	
12	533	Sarah	Senior	LV40	33:44	Helm Hill	
13	511	Niki	Rylance	LV40	34:44	Ambleside	
14	656	Veronica	Waller	LV40	35:54	Dallam	
15	736	Lindsay	Harrod	LV40	36:01	Helm Hill	
16	524	Susan	Thompson	LV40	36:05	Wharfedale	
17	543	Sharon	Newbold	LV40	36:45	Wharfedale	
18	565	Julie	Laverock	LV40	38:59	Salford Harriers	
19	500	Anna	Stevens	LV40	39:36	Helm Hill	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	579	Jessica	Goodfellow	LV50	29:46	Dallam	1st LV50
2	618	Chris	Atkinson	LV50	35:38	UA	
3	540	Lynda	Hargreaves	LV50	37:03	Wharfedale	
4	611	Helen	Whitehouse	LV50	38:07	Dallam	
5	738	Jill	Gates	LV50	38:37	Settle	
6	762	Sue	Oliver	LV50	44:53	East London Tri	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	768	Elizabeth	Hindle	LV60	35:57	Dallam	1st LV60

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	199	Elliott	Matier	Boy	11:37	Eden Runners	1st Boy
2	24	Luke	Bowen	Boy	11:44	Ambleside	2nd Boy
3	150	Jacob	Steele	Boy	11:50	Dallam	3rd Boy
4	59	Tom	Harkes	Boy	12:18	Dallam	
5	18	Joe	Edmondson	Boy	12:21	Broughton	
6	125	Ben	Kent	Boy	12:25	Helm Hill	
7	49	Jacob	Aubrey	Boy	12:30	Helm Hill	
8	27	Oliver	Gajdowski	Boy	12:37	Ambleside	
9	155	George	Attwood	Boy	13:17	Dallam	
10	158	Jamie	Macleod	Boy	13:22	Dallam	
11	146	Brandon	Brookes	Boy	15:38	Helm Hill	
12	31	Logan	Hutchinson	Boy	21:09	Broughton	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	8	Imogen	Burrow	Girl	13:23	Helm Hill	1st Girl
2	149	Connie	Hurton	Girl	13:55	Eden Runners	2nd Girl
3	189	Katherine	Lawson	Girl	14:07	Helm Hill	3rd Girl
4	181	Ellie	Lambert	Girl	14:27	Wharfedale	
5	172	Hannah	Durkin	Girl	15:08	Ambleside	
6	89	Hannah	Thom	Girl	16:01	Keighley and Craven	
7	156	Sarah	Thompson	Girl	16:07	Dallam	
8	55	Eilidh	Miller	Girl	16:19	Broughton	
9	6	Georgia	Stevens	Girl	16:53	Helm Hill	
10	160	Rosie	Dutson	Girl	17:07	UA	
11	162	Katie	Russell	Girl	18:04	Helm Hill	
12	197	Maddy	Bell	Girl	18:11	Dallam	
13	186	Alice	Slattery	Girl	19:58	Helm Hill	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	45	Robert	Askew	Boy	07:49	Helm Hill	1st Boy
2	112	Euan	Brennan	Boy	07:56	Ilkley Harriers	2nd Boy
3	64	Samuel	Almond	Boy	07:56	Eden Runners	3rd Boy
4	138	Tom	Humphries	Boy	08:09	Eden Runners	
5	17	Ben	Edmondson	Boy	08:18	Broughton	
6	166	Jake	Cooper	Boy	08:36	Barrow Strider	
7	180	William	Thompson	Boy	09:11	Wharfedale	
8	33	Sebastian	Segger-Stavel	Boy	09:20	Settle	
9	163	Logan	Hargreaves-M	Boy	09:53	Wharfedale	
10	47	Harry	Sanderson	Boy	09:57	Ambleside	
11	68	Jack	Garnett	Boy	10:34	UA	
12	151	Jack	Hill	Boy	12:33	UA	
13	152	Cole	Kirby	Boy	12:54	Ambleside	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	178	Esmé	Davies	Girl	08:42	Eden Runners	1st Girl
2	10	Katie	Thurlow	Girl	09:16	Helm Hill	2nd Girl
3	187	Amy	Slattery	Girl	09:48	Helm Hill	3rd Girl
4	11	Erin	Bagge	Girl	10:20	Helm Hill	
5	175	Lily	Maiden	Girl	10:25	Helm Hill	
6	30	Courtney	Hutchinson	Girl	10:40	Broughton	
7	81	Lottie	Beardwood	Girl	10:41	Helm Hill	
8	13	Maddie	Sanders	Girl	11:28	Helm Hill	
9	157	Isabel	Sykes Macleod	Girl	11:37	Dallam	
10	60	Emily	Carpenter	Girl	11:39	Settle	
11	80	Abigail	Waller	Girl	11:40	Dallam	
12	15	Gaby	Ansell	Girl	12:16	Helm Hill	
13	103	Jodie	Ritchie	Girl	12:26	Hoad Hill Harriers	
14	154	Grace	Attwood	Girl	12:47	Dallam	
15	74	Emily	Crossley	Girl	13:49	Settle	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	72	Charlie	Harding	Boy	05:47	Eden Runners	1st Boy
2	25	Harry	Bowen	Boy	05:55	Ambleside	2nd Boy
3	26	James	Bowen	Boy	05:57	Ambleside	3rd Boy
4	46	Daniel	Sanderson	Boy	05:59	Ambleside	
5	174	Alfie	Thorpe	Boy	06:08	Broughton	
6	164	Sam	Smith	Boy	06:10	Wharfedale	
7	123	Evan	Allan	Boy	06:12	Helm Hill	
8	12	Ollie	Sanders	Boy	06:17	Helm Hill	
9	2	Henry	Hunter	Boy	06:20	Helm Hill	
10	176	Matthew	Pendlebury	Boy	06:37	Howgill Harriers	
11	93	Evan	Mills	Boy	06:38	Keighley and Craven	
12	100	Toby	Umpleby	Boy	06:45	Kendal	
13	188	Jake	Wood	Boy	06:46	UA	
14	14	Matthew	Ansell	Boy	06:47	Helm Hill	
15	76	Joe	Grundy	Boy	06:50	Dallam	
16	98	Warren	Fleming	Boy	06:50	Hoad Hill Harriers	
17	182	Brodie	Weymouth	Boy	06:56	Arragons Junior Tri	
18	179	Dylan	Carter	Boy	07:01	Helm Hill	
19	32	Douglas	Segger-Stavel	Boy	07:04	Settle	
20	104	Isaac	Robinson	Boy	07:06	Howgill Harriers	
21	177	Harvey	Atkinson	Boy	07:07	Broughton	
22	34	Zach	Doherty	Boy	07:08	Dallam	
23	87	Daniel	Harris	Boy	07:09	Helm Hill	
24	173	Gregory	Miller	Boy	07:10	Broughton	
25	192	Caius	Pennington	Boy	07:10	Howgill Harriers	
26	79	Christopher	Brown	Boy	07:14	Clayton-le-Moors	
27	171	William	Durkin	Boy	07:15	Ambleside	
28	88	Jamie	Harris	Boy	07:17	Helm Hill	
29	102	Nathan	Ritchie	Boy	07:27	Hoad Hill Harriers	
30	137	Alex	Graham	Boy	07:38	Broughton	
31	170	Oliver	Sampson	Boy	07:41	Settle	
32	43	Matthew	Wright	Boy	07:42	Helm Hill	
33	82	Jamie	Waller	Boy	07:42	Dallam	
34	113	Luke	Simmons	Boy	07:45	Hoad Hill Harriers	
35	31	Logan	Hutchinson	Boy	07:59	Broughton	
36	143	Harry	Jackson	Boy	08:12	UA	
37	20	Finlay	Aitken	Boy	08:20	Helm Hill	
38	116	Jonny	Swallow	Boy	08:41	UA	
39	183	Blake	Fleming	Boy	08:44	UA	
40	134	Rowan	Ashworth	Boy	08:49	Ambleside	
41	144	Sam	Jackson	Boy	08:52	UA	
42	169	Dylan	Sampson	Boy	09:35	Settle	
43	107	Theo	Robinson	Boy	10:41	Howgill Harriers	
44	62	Benji	Grundy	Boy	11:11	Keighley and Craven	
45	44	Oliver	Willoughby	Boy	12:01	UA	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	37	Chloe	Rylance	Girl	06:13	Ambleside	1st Girl
2	40	Lilli	Carr	Girl	06:23	Keighley and Craven	2nd Girl
3	127	Charlotte	Barrett	Girl	06:34	Wharfedale	3rd Girl
4	7	Emily	Swarbrick	Girl	06:40	Broughton	
5	38	Sophie	Rylance	Girl	06:47	Ambleside	
6	185	Beth	Roberts	Girl	06:53	Keighley and Craven	
7	184	Maud	Humphries	Girl	07:06	Eden Runners	
8	83	Ella	Beardwood	Girl	07:12	Helm Hill	
9	50	Clara	Sampson	Girl	07:16	Helm Hill	
10	77	Millie	Grundy	Girl	07:25	Dallam	
11	111	Ella	Park	Girl	07:33	Helm Hill	
12	66	Freya	Richards	Girl	07:36	Helm Hill	
13	193	Amelie	Pennington	Girl	07:40	Howgill Harriers	
14	198	Lidia	Shenton	Girl	07:46	UA	
15	94	Melissa	McIntosh	Girl	07:46	Carlisle Tri	
16	16	Jessica	Edmondson	Girl	07:49	Broughton	
17	190	Cally	Lawson	Girl	08:02	UA	
18	9	Olivia	Swarbrick	Girl	08:10	Broughton	
19	195	Beau	Walkingshaw	Girl	08:12	Eden Runners	
20	124	Tara	Allan	Girl	08:18	Helm Hill	
21	191	Breige	Hutchinson	Girl	08:28	Helm Hill	
22	126	Grace	Wells	Girl	08:34	UA	
23	67	Lauren	Evans	Girl	09:47	Settle	
24	91	Rowan	Baker	Girl	09:54	Helm Hill	
25	165	Mollie	Smith	Girl	10:06	Wharfedale	
26	168	Melissa	Tither	Girl	10:59	Settle	
27	92	Isabella	Benson	Girl	11:34	Dallam	
28	22	Cate	Matthew	Girl	11:46	Lancaster and Morecambe	