



Supported by Different Strokes

erwater Common - Results 29 March 20

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	896	Carl	Bell	Man	25:51	Keswick	1st Man
2	961	Shane	Ohly	Man	26:44	Helm Hill	2nd Man
3	855	Chris	Edis	Man	26:54	Keswick	3rd Man
4	535	Mike	Robinson	MV40	27:26	Dark Peak	1st MV40
5	671	Tim	Cowin	MV40	27:32	Howgill Harriers	
6	887	Simon	Netherway	Man	27:44	Keswick	
7	741	Andrew	Slattery	MV40	27:54	Keswick	
8	876	Mark	Tayler	MV40	27:59	UA	
9	792	Ben	Procter	Man	28:03	Helm Hill	
10	718	Sam	Fisher	Man	28:24	Howgill Harriers	
11	573	Derek	Hurton	MV40	28:28	Eden Runners	
12	684	Paul	Reilly	Man	28:54	Coniston	
13	822	Sarah	McCormack	Lady	28:57	Ambleside	1st Lady
14	690	Sharon	Taylor	Lady	28:58	Helm Hill	2nd Lady
15	957	James	Christmas	Man	29:26	Keswick	
16	597	Alistair	Hanna	Man	29:45	Howgill Harriers	
17	504	Robert	Crawford	Man	30:07	Coniston	
18	955	Jack	Simpson	Man	30:07	UA	
19	593	Heidi	Dent	Lady	30:34	Howgill Harriers	3rd Lady
20	852	Jake	Lowther	Man	30:38	Helm Hill	
21	627	Alan	Life	MV50	30:39	Clayton-le-Moors	1st MV50
22	658	Jonny	Marchant	MV40	30:40	Helm Hill	
23	654	John	Rainford	MV50	30:41	Preston Harriers	
24	883	Catherine	Spurdon	Lady	30:51	Keswick	
25	960	Oliver	Waters	MV40	30:54	Coniston	
26	633	Connor	McGurk	Man	31:06	UA	
27	530	Simon	Waller	MV40	31:52	Helm Hill	
28	536	Hazel	Robinson	LV40	31:55	Ambleside	1st LV40
29	608	Karl	Mason	Man	31:59	Helm Hill	
30	629	Hannah	Russell	Lady	32:12	UA	
31	962	Rob	Rawlinson	MV40	32:50	Calder	
32	661	Peter	German	Man	32:54	Helm Hill	
33	507	Tom	Matthews	MV40	33:03	Hunters Bogtrotters	
34	514	Roger	Aubrey	MV50	33:11	Helm Hill	
35	963	Rob	Mortimore	Man	33:30	Ambleside	
36	683	Gary	Lane	MV40	33:41	Coniston	
37	630	Paul	McFarlane	Man	33:43	UA	
38	644	Ray	Gill	MV50	33:58	Dallam	
39	537	Martin	Benson	MV40	34:23	Dallam	
40	850	Luke	Appleyard	Man	34:34	Wharfedale	
41	958	Chris	Cooke	MV50	34:43	St Edmunds Pacers	
42	875	Jo	Gillyon	Lady	34:56	Keswick	
43	786	Brian	Thompson	MV60	34:58	Helm Hill	1st MV60
44	673	Michael	Walsh	MV60	35:01	Kendal	
45	764	Kevin	May	MV50	35:16	Howgill Harriers	
46	951	Richard	Lowther	Man	35:24	Barlick Fell runners	
47	770	Ali	Richards	Lady	35:26	Helm Hill	
48	539	Owen	Mills	MV40	35:30	Keighley and Craven	
49	623	Michael	McLoughlin	MV60	35:55	Preston Harriers	
50	616	John	Robson	MV50	35:57	UA	
51	672	Chris	Schofield	MV50	36:00	Helm Hill	
52	502	Tim	Murray	MV50	36:17	Helm Hill	
53	615	Marie	Robson	LV40	36:26	Helm Hill	

54	710	Jo	Wilcox	LV40	36:31	Helm Hill	
55	952	Rachel	Lowther	Lady	36:41	Barlick Fell runners	
56	689	Grace	Leedham	LV40	36:52	Dallam	
57	571	Caroline	Holmes	Lady	36:59	Helm Hill	
58	959	Noel	Stoddart	Man	37:36	Windsor	
59	931	Rowan	Ranner	Lady	37:47	Helm Hill	
60	632	Stuart	McGurk	MV50	37:52	UA	
61	956	Alex	Waite	MV40	37:58	UA	
62	709	Sally	Handford	Lady	38:10	Settle	
63	670	Mick	Leddy	MV50	38:15	Howgill Harriers	
64	746	Richard	Simpson	MV50	38:33	UA	
65	568	Mike	Troup	MV60	38:41	Ambleside	
66	579	Jessica	Goodfellow	LV50	38:48	Dallam	1st LV50
67	628	Andrew	Russell	MV40	38:58	Helm Hill	
68	598	Mark	Charnley	MV40	39:06	UA	
69	509	Eleanor	Knowles	LV40	39:14	Ambleside	
70	569	Dave	Appleyard	MV50	39:23	Helm Hill	
71	585	Stephen	Moor	MV50	39:52	Settle	
72	587	Jack	Sharples	Man	40:18	Dallam	
73	575	Samuel	Panter	Man	40:31	Coniston	
74	624	Sabrina	Gilby	Lady	40:36	Settle	
75	954	Matthew	Crawford	Man	40:39	UA	
76	515	Helen	Samson	LV40	41:17	Helm Hill	
77	534	Tim	Thom	MV40	41:32	Keighley and Craven	
78	588	Greg	Tagney	MV60	42:34	Dallam	
79	657	John	Hodgson	MV60	42:35	Dallam	
80	736	Lindsay	Harrod	LV40	43:04	Helm Hill	
81	715	Katie	May	Lady	43:08	Howgill Harriers	
82	650	Helen	Greenep	LV50	43:42	Settle	
83	853	Jenny	Lyon	Lady	43:51	Dallam	
84	508	Paula	Bowen	LV40	43:54	UA	
85	578	Trevor	Metcalfe	MV60	44:03	Wharfedale	
86	584	Chris	Beesley	MV60	45:03	Settle	
87	565	Julie	Laverock	LV40	47:29	Salford Harriers	
88	524	Susan	Thompson	LV40	47:36	Wharfedale	
89	950	Dave	Hodges	MV50	47:38	UA	
90	839	Carrie	Gibson	LV40	48:16	Helm Hill	
91	953	Peter	Ehrhardt	MV60	48:27	Todmorden	
92	523	Geoffrey	Thompson	MV50	48:58	Wharfedale	
93	656	Veronica	Waller	LV40	49:14	Dallam	
94	540	Lynda	Hargreaves	LV50	49:34	Wharfedale	
95	574	Phil	Kirby	MV60	49:36	Coniston	
96	500	Anna	Stevens	LV40	51:24	Helm Hill	
97	538	Raj	Madhas	MV40	53:03	Wharfedale	
98	555	Denis	Wood	MV70	56:02	Borrowdale	1st MV70

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	125	Ben	Kent	Boy	12:25	Helm Hill	1st Boy
2	18	Joe	Edmondson	Boy	12:31	Broughton	2nd Boy
3	59	Tom	Harkes	Boy	12:52	Dallam	3rd Boy
4	49	Jacob	Aubrey	Boy	13:20	Helm Hill	
5	24	Luke	Bowen	Boy	13:40	Ambleside	
6	149	Connie	Hurton	Girl	15:30	Eden Runners	1st Girl
7	55	Eilidh	Miller	Girl	16:45	Broughton	2nd Girl
8	6	Georgia	Stevens	Girl	17:42	Helm Hill	3rd Girl
9	89	Hannah	Thom	Girl	19:05	Keighley and Craven	
10	156	Sarah	Thompson	Girl	19:45	Dallam	
11	160	Rosie	Dutson	Girl	21:02	UA	
12	194	Thomas	Beuzeval	Boy	21:29	Helm Hill	
13	197	Maddy	Bell	Girl	21:49	Dallam	
14	261	Charlotte	Goodfellow-F	Girl	24:30	Dallam	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	17	Ben	Edmondson	Boy	09:35	Broughton	1st Boy
2	64	Samuel	Almond	Boy	09:40	Eden Runners	2nd Boy
3	45	Robert	Askew	Boy	10:21	Helm Hill	3rd Boy
4	138	Tom	Humphries	Boy	10:37	Eden Runners	
5	163	Logan	Hargreaves-N	Boy	10:59	Wharfedale	
6	29	Josh	Roelants	Boy	11:01	Helm Hill	
7	10	Katie	Thurlow	Girl	11:11	Helm Hill	1st Girl
8	33	Sebastian	Segger-Stave	Boy	11:46	Settle	
9	180	William	Thompson	Boy	11:58	Wharfedale	
10	81	Lottie	Beardwood	Girl	12:03	Helm Hill	2nd Girl
11	20	Finlay	Aitken	Boy	12:31	Helm Hill	
12	30	Courtney	Hutchinson	Girl	12:57	Broughton	3rd Girl
13	56	Emelia	Stevens	Girl	13:08	Helm Hill	
14	60	Emily	Carpenter	Girl	13:56	Settle	
15	80	Abigail	Waller	Girl	14:21	Dallam	
16	151	Jack	Hill	Boy	14:24	UA	

Under 12 Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	26	James	Bowen	Boy	07:34	Ambleside	1st Boy
2	25	Harry	Bowen	Boy	07:35	Ambleside	2nd Boy
3	164	Sam	Smith	Boy	07:59	Wharfedale	3rd Boy
4	2	Henry	Hunter	Boy	08:06	Helm Hill	
5	12	Ollie	Sanders	Boy	08:09	Helm Hill	
6	63	Alexander	Thompson	Boy	08:20	Wharfedale	
7	52	Jacob	Smith	Boy	08:21	Kendal	
8	41	James	Thornley	Boy	08:24	Ambleside	
9	97	Olesia	Winder	Girl	08:40	Hoad Hill Harriers	1st Girl
10	93	Evan	Mills	Boy	08:58	Keighley and Craven	
11	57	Oliver	Smith	Boy	09:00	Kendal	
12	100	Toby	Umpleby	Boy	09:09	Kendal	
13	32	Douglas	Segger-Stave	Boy	09:10	Settle	
14	51	Vaughan	Sampson	Boy	09:12	Helm Hill	
15	173	Gregory	Miller	Boy	09:15	Broughton	
16	7	Emily	Swarbrick	Girl	09:18	Broughton	2nd Girl
17	262	Mia	Heath	Girl	09:22	UA	3rd Girl
18	171	William	Durkin	Boy	09:43	Ambleside	
19	250	Joe	Clayton	Boy	09:43	Helm Hill	
20	42	Sam	Thornley	Boy	09:46	Ambleside	
21	184	Maud	Humphries	Girl	09:47	Eden Runners	
22	182	Brodie	Weymouth	Boy	09:48	Arragons Junior Tri	
23	69	Bethan	Rowley	Girl	09:55	Ambleside	
24	279	Alex	Jackson	Boy	09:57	Ambleside	
25	23	Alex	Matthew	Boy	10:01	Lancaster and Morecambe	
26	132	Ben	Greenep	Boy	10:03	Settle	
27	137	Alex	Graham	Boy	10:06	Broughton	
28	113	Luke	Simmons	Boy	10:11	Hoad Hill Harriers	
29	50	Clara	Sampson	Girl	10:14	Helm Hill	
30	243	Freddie	Dixon	Boy	10:19	Ambleside	
31	83	Ella	Beardwood	Girl	10:33	Helm Hill	
32	228	Mikey	Charnley	Boy	10:46	UA	
33	323	Cal	McVey	Boy	10:49	Ambleside	
34	203	Bethan	Saunders	Girl	10:51	Hoad Hill Harriers	
35	121	Eva	Wilson	Girl	11:01	Ambleside	
36	61	Oscar	Wulf	Boy	11:04	Settle	
37	82	Jamie	Waller	Boy	11:05	Dallam	
38	133	Sam	Greenep	Boy	11:05	Settle	
39	134	Rowan	Ashworth	Boy	11:10	Ambleside	
40	264	Kitty	Carr	Girl	11:33	UA	
41	286	Isabella	Pickard	Girl	11:40	Keighley and Craven	
42	244	Charlie	Dixon	Boy	11:43	Ambleside	
43	16	Jessica	Edmondson	Girl	11:46	Broughton	
44	325	Giselle	Meschino	Girl	11:48	Ambleside	
45	249	Charlie	Clayton	Boy	12:03	Helm Hill	
46	9	Olivia	Swarbrick	Girl	12:06	Broughton	
47	165	Mollie	Smith	Girl	12:20	Wharfedale	
48	122	Alexander	Wilson	Boy	12:22	Ambleside	
49	28	Rory	Knowles	Boy	12:23	Ambleside	
50	324	Jamie	Graham	Boy	12:26	Broughton	
51	31	Logan	Hutchinson	Boy	12:36	Broughton	
52	22	Cate	Matthew	Girl	14:39	Lancaster and Morecambe	
53	92	Isabella	Benson	Girl	15:23	Dallam	

Elterwater Common 2015 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	896	Carl	Bell	Man	25:51	Keswick	1st Man
2	961	Shane	Ohly	Man	26:44	Helm Hill	2nd Man
3	855	Chris	Edis	Man	26:54	Keswick	3rd Man
4	535	Mike	Robinson	MV40	27:26	Dark Peak	1st MV40
5	671	Tim	Cowin	MV40	27:32	Howgill Harriers	
6	887	Simon	Netherway	Man	27:44	Keswick	
7	741	Andrew	Slattery	MV40	27:54	Keswick	
8	876	Mark	Taylor	MV40	27:59	UA	
9	792	Ben	Procter	Man	28:03	Helm Hill	
10	718	Sam	Fisher	Man	28:24	Howgill Harriers	
11	573	Derek	Hurton	MV40	28:28	Eden Runners	
12	684	Paul	Reilly	Man	28:54	Coniston	
13	957	James	Christmas	Man	29:26	Keswick	
14	597	Alistair	Hanna	Man	29:45	Howgill Harriers	
15	504	Robert	Crawford	Man	30:07	Coniston	
16	955	Jack	Simpson	Man	30:07	UA	
17	852	Jake	Lowther	Man	30:38	Helm Hill	
18	627	Alan	Life	MV50	30:39	Clayton-le-Moors	1st MV50
19	658	Jonny	Marchant	MV40	30:40	Helm Hill	
20	654	John	Rainford	MV50	30:41	Preston Harriers	
21	960	Oliver	Waters	MV40	30:54	Coniston	
22	633	Connor	McGurk	Man	31:06	UA	
23	530	Simon	Waller	MV40	31:52	Helm Hill	
24	608	Karl	Mason	Man	31:59	Helm Hill	
25	962	Rob	Rawlinson	MV40	32:50	Calder	
26	661	Peter	German	Man	32:54	Helm Hill	
27	507	Tom	Matthews	MV40	33:03	Hunters Bogtrotters	
28	514	Roger	Aubrey	MV50	33:11	Helm Hill	
29	963	Rob	Mortimore	Man	33:30	Ambleside	
30	683	Gary	Lane	MV40	33:41	Coniston	
31	630	Paul	McFarlane	Man	33:43	UA	
32	644	Ray	Gill	MV50	33:58	Dallam	
33	537	Martin	Benson	MV40	34:23	Dallam	
34	850	Luke	Appleyard	Man	34:34	Wharfedale	
35	958	Chris	Cooke	MV50	34:43	St Edmunds Pacers	
36	786	Brian	Thompson	MV60	34:58	Helm Hill	1st MV60
37	673	Michael	Walsh	MV60	35:01	Kendal	
38	764	Kevin	May	MV50	35:16	Howgill Harriers	
39	951	Richard	Lowther	Man	35:24	Barlick Fell runners	
40	539	Owen	Mills	MV40	35:30	Keighley and Craven	
41	623	Michael	McLoughlin	MV60	35:55	Preston Harriers	
42	616	John	Robson	MV50	35:57	UA	
43	672	Chris	Schofield	MV50	36:00	Helm Hill	
44	502	Tim	Murray	MV50	36:17	Helm Hill	
45	959	Noel	Stoddart	Man	37:36	Windsor	
46	632	Stuart	McGurk	MV50	37:52	UA	
47	956	Alex	Waite	MV40	37:58	UA	
48	670	Mick	Leddy	MV50	38:15	Howgill Harriers	
49	746	Richard	Simpson	MV50	38:33	UA	
50	568	Mike	Troup	MV60	38:41	Ambleside	
51	628	Andrew	Russell	MV40	38:58	Helm Hill	
52	598	Mark	Charnley	MV40	39:06	UA	
53	569	Dave	Appleyard	MV50	39:23	Helm Hill	
54	585	Stephen	Moor	MV50	39:52	Settle	
55	587	Jack	Sharples	Man	40:18	Dallam	
56	575	Samuel	Panter	Man	40:31	Coniston	
57	954	Matthew	Crawford	Man	40:39	UA	
58	534	Tim	Thom	MV40	41:32	Keighley and Craven	

59	588	Greg	Tagney	MV60	42:34	Dallam	
60	657	John	Hodgson	MV60	42:35	Dallam	
61	578	Trevor	Metcalfe	MV60	44:03	Wharfedale	
62	584	Chris	Beesley	MV60	45:03	Settle	
63	950	Dave	Hodges	MV50	47:38	UA	
64	953	Peter	Ehrhardt	MV60	48:27	Todmorden	
65	523	Geoffrey	Thompson	MV50	48:58	Wharfedale	
66	574	Phil	Kirby	MV60	49:36	Coniston	
67	538	Raj	Madhas	MV40	53:03	Wharfedale	
68	555	Denis	Wood	MV70	56:02	Borrowdale	1st MV70

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	896	Carl	Bell	Man	25:51	Keswick	1st Man
2	961	Shane	Ohly	Man	26:44	Helm Hill	2nd Man
3	855	Chris	Edis	Man	26:54	Keswick	3rd Man
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5	792	Ben	Procter	Man	28:03	Helm Hill	
6	718	Sam	Fisher	Man	28:24	Howgill Harriers	
7	684	Paul	Reilly	Man	28:54	Coniston	
8	957	James	Christmas	Man	29:26	Keswick	
9	597	Alistair	Hanna	Man	29:45	Howgill Harriers	
10	504	Robert	Crawford	Man	30:07	Coniston	
11	955	Jack	Simpson	Man	30:07	UA	
12	852	Jake	Lowther	Man	30:38	Helm Hill	
13	633	Connor	McGurk	Man	31:06	UA	
14	608	Karl	Mason	Man	31:59	Helm Hill	
15	661	Peter	German	Man	32:54	Helm Hill	
16	963	Rob	Mortimore	Man	33:30	Ambleside	
17	630	Paul	McFarlane	Man	33:43	UA	
18	850	Luke	Appleyard	Man	34:34	Wharfedale	
19	951	Richard	Lowther	Man	35:24	Barlick Fell runners	
20	959	Noel	Stoddart	Man	37:36	Windsor	
21	587	Jack	Sharples	Man	40:18	Dallam	
22	575	Samuel	Panther	Man	40:31	Coniston	
23	954	Matthew	Crawford	Man	40:39	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	535	Mike	Robinson	MV40	27:26	Dark Peak	1st MV40
2	671	Tim	Cowin	MV40	27:32	Howgill Harriers	
3	741	Andrew	Slattery	MV40	27:54	Keswick	
4	876	Mark	Tayler	MV40	27:59	UA	
5	573	Derek	Hurton	MV40	28:28	Eden Runners	
6	658	Jonny	Marchant	MV40	30:40	Helm Hill	
7	960	Oliver	Waters	MV40	30:54	Coniston	
8	530	Simon	Waller	MV40	31:52	Helm Hill	
9	962	Rob	Rawlinson	MV40	32:50	Calder	
10	507	Tom	Matthews	MV40	33:03	Hunters Bogtrotters	
11	683	Gary	Lane	MV40	33:41	Coniston	
12	537	Martin	Benson	MV40	34:23	Dallam	
13	539	Owen	Mills	MV40	35:30	Keighley and Craven	
14	956	Alex	Waite	MV40	37:58	UA	
15	628	Andrew	Russell	MV40	38:58	Helm Hill	
16	598	Mark	Charnley	MV40	39:06	UA	
17	534	Tim	Thom	MV40	41:32	Keighley and Craven	
18	538	Raj	Madhas	MV40	53:03	Wharfedale	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	627	Alan	Life	MV50	30:39	Clayton-le-Moors	1st MV50
2	654	John	Rainford	MV50	30:41	Preston Harriers	
3	514	Roger	Aubrey	MV50	33:11	Helm Hill	
4	644	Ray	Gill	MV50	33:58	Dallam	
5	958	Chris	Cooke	MV50	34:43	St Edmunds Pacers	
6	764	Kevin	May	MV50	35:16	Howgill Harriers	
7	616	John	Robson	MV50	35:57	UA	
8	672	Chris	Schofield	MV50	36:00	Helm Hill	
9	502	Tim	Murray	MV50	36:17	Helm Hill	
10	632	Stuart	McGurk	MV50	37:52	UA	
11	670	Mick	Leddy	MV50	38:15	Howgill Harriers	
12	746	Richard	Simpson	MV50	38:33	UA	
13	569	Dave	Appleyard	MV50	39:23	Helm Hill	
14	585	Stephen	Moor	MV50	39:52	Settle	
15	950	Dave	Hodges	MV50	47:38	UA	
16	523	Geoffrey	Thompson	MV50	48:58	Wharfedale	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	786	Brian	Thompson	MV60	34:58	Helm Hill	1st MV60
2	673	Michael	Walsh	MV60	35:01	Kendal	
3	623	Michael	McLoughlin	MV60	35:55	Preston Harriers	
4	568	Mike	Troup	MV60	38:41	Ambleside	
5	588	Greg	Tagney	MV60	42:34	Dallam	
6	657	John	Hodgson	MV60	42:35	Dallam	
7	578	Trevor	Metcalfe	MV60	44:03	Wharfedale	
8	584	Chris	Beesley	MV60	45:03	Settle	
9	953	Peter	Ehrhardt	MV60	48:27	Todmorden	
10	574	Phil	Kirby	MV60	49:36	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	555	Denis	Wood	MV70	56:02	Borrowdale	1st MV70

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	822	Sarah	McCormack	Lady	28:57	Ambleside	1st Lady
2	690	Sharon	Taylor	Lady	28:58	Helm Hill	2nd Lady
3	593	Heidi	Dent	Lady	30:34	Howgill Harriers	3rd Lady
4	883	Catherine	Spurdon	Lady	30:51	Keswick	
5	536	Hazel	Robinson	LV40	31:55	Ambleside	1st LV40
6	629	Hannah	Russell	Lady	32:12	UA	
7	875	Jo	Gillyon	Lady	34:56	Keswick	
8	770	Ali	Richards	Lady	35:26	Helm Hill	
9	615	Marie	Robson	LV40	36:26	Helm Hill	
10	710	Jo	Wilcox	LV40	36:31	Helm Hill	
11	952	Rachel	Lowther	Lady	36:41	Barlick Fell runners	
12	689	Grace	Leedham	LV40	36:52	Dallam	
13	571	Caroline	Holmes	Lady	36:59	Helm Hill	
14	931	Rowan	Ranner	Lady	37:47	Helm Hill	
15	709	Sally	Handford	Lady	38:10	Settle	
16	579	Jessica	Goodfellow	LV50	38:48	Dallam	1st LV50
17	509	Eleanor	Knowles	LV40	39:14	Ambleside	
18	624	Sabrina	Gilby	Lady	40:36	Settle	
19	515	Helen	Samson	LV40	41:17	Helm Hill	
20	736	Lindsay	Harrod	LV40	43:04	Helm Hill	
21	715	Katie	May	Lady	43:08	Howgill Harriers	
22	650	Helen	Greenep	LV50	43:42	Settle	
23	853	Jenny	Lyon	Lady	43:51	Dallam	
24	508	Paula	Bowen	LV40	43:54	UA	
25	565	Julie	Laverock	LV40	47:29	Salford Harriers	
26	524	Susan	Thompson	LV40	47:36	Wharfedale	
27	839	Carrie	Gibson	LV40	48:16	Helm Hill	
28	656	Veronica	Waller	LV40	49:14	Dallam	
29	540	Lynda	Hargreaves	LV50	49:34	Wharfedale	
30	500	Anna	Stevens	LV40	51:24	Helm Hill	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	822	Sarah	McCormack	Lady	28:57	Ambleside	1st Lady
2	690	Sharon	Taylor	Lady	28:58	Helm Hill	2nd Lady
3	593	Heidi	Dent	Lady	30:34	Howgill Harriers	3rd Lady
4	883	Catherine	Spurdon	Lady	30:51	Keswick	
5	629	Hannah	Russell	Lady	32:12	UA	
6	875	Jo	Gillyon	Lady	34:56	Keswick	
7	770	Ali	Richards	Lady	35:26	Helm Hill	
8	952	Rachel	Lowther	Lady	36:41	Barlick Fell runners	
9	571	Caroline	Holmes	Lady	36:59	Helm Hill	
10	931	Rowan	Ranner	Lady	37:47	Helm Hill	
11	709	Sally	Handford	Lady	38:10	Settle	
12	624	Sabrina	Gilby	Lady	40:36	Settle	
13	715	Katie	May	Lady	43:08	Howgill Harriers	
14	853	Jenny	Lyon	Lady	43:51	Dallam	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	536	Hazel	Robinson	LV40	31:55	Ambleside	1st LV40
2	615	Marie	Robson	LV40	36:26	Helm Hill	
3	710	Jo	Wilcox	LV40	36:31	Helm Hill	
4	689	Grace	Leedham	LV40	36:52	Dallam	
5	509	Eleanor	Knowles	LV40	39:14	Ambleside	
6	515	Helen	Samson	LV40	41:17	Helm Hill	
7	736	Lindsay	Harrod	LV40	43:04	Helm Hill	
8	508	Paula	Bowen	LV40	43:54	UA	
9	565	Julie	Laverock	LV40	47:29	Salford Harriers	
10	524	Susan	Thompson	LV40	47:36	Wharfedale	
11	839	Carrie	Gibson	LV40	48:16	Helm Hill	
12	656	Veronica	Waller	LV40	49:14	Dallam	
13	500	Anna	Stevens	LV40	51:24	Helm Hill	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	579	Jessica	Goodfellow	LV50	38:48	Dallam	1st LV50
2	650	Helen	Greenep	LV50	43:42	Settle	
3	540	Lynda	Hargreaves	LV50	49:34	Wharfedale	

LADIES - VET 60							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
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UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	125	Ben	Kent	Boy	12:25	Helm Hill	1st Boy
2	18	Joe	Edmondson	Boy	12:31	Broughton	2nd Boy
3	59	Tom	Harkes	Boy	12:52	Dallam	3rd Boy
4	49	Jacob	Aubrey	Boy	13:20	Helm Hill	
5	24	Luke	Bowen	Boy	13:40	Ambleside	
6	194	Thomas	Beuzeval	Boy	21:29	Helm Hill	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	149	Connie	Hurton	Girl	15:30	Eden Runners	1st Girl
2	55	Eilidh	Miller	Girl	16:45	Broughton	2nd Girl
3	6	Georgia	Stevens	Girl	17:42	Helm Hill	3rd Girl
4	89	Hannah	Thom	Girl	19:05	Keighley and Craven	
5	156	Sarah	Thompson	Girl	19:45	Dallam	
6	160	Rosie	Dutson	Girl	21:02	UA	
7	197	Maddy	Bell	Girl	21:49	Dallam	
8	261	Charlotte	Goodfellow-F	Girl	24:30	Dallam	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	17	Ben	Edmondson	Boy	09:35	Broughton	1st Boy
2	64	Samuel	Almond	Boy	09:40	Eden Runners	2nd Boy
3	45	Robert	Askew	Boy	10:21	Helm Hill	3rd Boy
4	138	Tom	Humphries	Boy	10:37	Eden Runners	
5	163	Logan	Hargreaves-N	Boy	10:59	Wharfedale	
6	29	Josh	Roelants	Boy	11:01	Helm Hill	
7	33	Sebastian	Segger-Stave	Boy	11:46	Settle	
8	180	William	Thompson	Boy	11:58	Wharfedale	
9	20	Finlay	Aitken	Boy	12:31	Helm Hill	
10	151	Jack	Hill	Boy	14:24	UA	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	10	Katie	Thurlow	Girl	11:11	Helm Hill	1st Girl
2	81	Lottie	Beardwood	Girl	12:03	Helm Hill	2nd Girl
3	30	Courtney	Hutchinson	Girl	12:57	Broughton	3rd Girl
4	56	Emelia	Stevens	Girl	13:08	Helm Hill	
5	60	Emily	Carpenter	Girl	13:56	Settle	
6	80	Abigail	Waller	Girl	14:21	Dallam	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	26	James	Bowen	Boy	07:34	Ambleside	1st Boy
2	25	Harry	Bowen	Boy	07:35	Ambleside	2nd Boy
3	164	Sam	Smith	Boy	07:59	Wharfedale	3rd Boy
4	2	Henry	Hunter	Boy	08:06	Helm Hill	
5	12	Ollie	Sanders	Boy	08:09	Helm Hill	
6	63	Alexander	Thompson	Boy	08:20	Wharfedale	
7	52	Jacob	Smith	Boy	08:21	Kendal	
8	41	James	Thornley	Boy	08:24	Ambleside	
9	93	Evan	Mills	Boy	08:58	Keighley and Craven	
10	57	Oliver	Smith	Boy	09:00	Kendal	
11	100	Toby	Umpleby	Boy	09:09	Kendal	
12	32	Douglas	Segger-Stave	Boy	09:10	Settle	
13	51	Vaughan	Sampson	Boy	09:12	Helm Hill	
14	173	Gregory	Miller	Boy	09:15	Broughton	
15	171	William	Durkin	Boy	09:43	Ambleside	
16	250	Joe	Clayton	Boy	09:43	Helm Hill	
17	42	Sam	Thornley	Boy	09:46	Ambleside	
18	182	Brodie	Weymouth	Boy	09:48	Arragons Junior Tri	
19	279	Alex	Jackson	Boy	09:57	Ambleside	
20	23	Alex	Matthew	Boy	10:01	Lancaster and Morecambe	
21	132	Ben	Greenep	Boy	10:03	Settle	
22	137	Alex	Graham	Boy	10:06	Broughton	
23	113	Luke	Simmons	Boy	10:11	Hoad Hill Harriers	
24	243	Freddie	Dixon	Boy	10:19	Ambleside	
25	228	Mikey	Charnley	Boy	10:46	UA	
26	323	Cal	McVey	Boy	10:49	Ambleside	
27	61	Oscar	Wulf	Boy	11:04	Settle	
28	82	Jamie	Waller	Boy	11:05	Dallam	
29	133	Sam	Greenep	Boy	11:05	Settle	
30	134	Rowan	Ashworth	Boy	11:10	Ambleside	
31	244	Charlie	Dixon	Boy	11:43	Ambleside	
32	249	Charlie	Clayton	Boy	12:03	Helm Hill	
33	122	Alexander	Wilson	Boy	12:22	Ambleside	
34	28	Rory	Knowles	Boy	12:23	Ambleside	
35	324	Jamie	Graham	Boy	12:26	Broughton	
36	31	Logan	Hutchinson	Boy	12:36	Broughton	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	97	Olesia	Winder	Girl	08:40	Hoad Hill Harriers	1st Girl
2	7	Emily	Swarbrick	Girl	09:18	Broughton	2nd Girl
3	262	Mia	Heath	Girl	09:22	UA	3rd Girl
4	184	Maud	Humphries	Girl	09:47	Eden Runners	
5	69	Bethan	Rowley	Girl	09:55	Ambleside	
6	50	Clara	Sampson	Girl	10:14	Helm Hill	
7	83	Ella	Beardwood	Girl	10:33	Helm Hill	
8	203	Bethan	Saunders	Girl	10:51	Hoad Hill Harriers	
9	121	Eva	Wilson	Girl	11:01	Ambleside	
10	264	Kitty	Carr	Girl	11:33	UA	
11	286	Isabella	Pickard	Girl	11:40	Keighley and Craven	
12	16	Jessica	Edmondson	Girl	11:46	Broughton	
13	325	Giselle	Meschino	Girl	11:48	Ambleside	
14	9	Olivia	Swarbrick	Girl	12:06	Broughton	
15	165	Mollie	Smith	Girl	12:20	Wharfedale	
16	22	Cate	Matthew	Girl	14:39	Lancaster and Morecambe	
17	92	Isabella	Benson	Girl	15:23	Dallam	