



Supported by Different Strokes

Cautley Spout - Results 8 March 2015

Senior Race							
Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	691	Keiran	Hodgson	MV40	29:52	Helm Hill	1st Man/1st MV40
2	896	Carl	Bell	Man	30:06	Keswick	2nd Man
3	855	Chris	Edis	Man	31:20	Keswick	3rd Man
4	763	Oscar	Meanwell	Man	31:30	Borrowdale	
5	671	Tim	Cowin	MV40	31:41	Howgill Harriers	
6	877	Jonny	Bradshaw	Man	32:00	Wharfedale	
7	573	Derek	Hurton	MV40	32:38	Eden Runners	
8	932	Antony	Meanwell	MV40	33:05	Borrowdale	
9	535	Mike	Robinson	MV40	33:27	Dark Peak	
10	512	Jon	Rylance	MV40	33:43	Ambleside	
11	876	Mark	Taylor	MV40	33:53	UA	
12	627	Alan	Life	MV50	34:34	Clayton-le-Moors	1st MV50
13	922	Muir	Morton	MV40	34:36	Pennine	
14	603	Rob	Dewhurst	MV40	34:38	Ambleside	
15	929	John	Perry	Man	34:43	Wharfedale	
16	887	Simon	Netherway	Man	35:07	Keswick	
17	597	Alistair	Hanna	Man	35:13	Howgill Harriers	
18	593	Heidi	Dent	Lady	35:19	Howgill Harriers	1st Lady
19	779	Harvey	Lord	Man	35:47	Black Combe	
20	883	Catherine	Spurdon	Lady	36:11	Keswick	2nd Lady
21	665	Oliver	Blomfield	MV40	36:14	Eden Runners	
22	658	Jonny	Marchant	MV40	36:26	Helm Hill	
23	504	Robert	Crawford	Man	36:34	Coniston	
24	706	Jim	Turner	Man	36:42	Bowland Fell Runners	
25	551	Sean	Robinson	Man	36:49	Howgill Harriers	
26	852	Jake	Lowther	Man	37:02	Helm Hill	
27	654	John	Rainford	MV50	37:13	Preston Harriers	
28	859	Martin	Spooner	Man	37:47	Howgill Harriers	
29	750	Jim	Andrews	MV50	37:58	Coniston	
30	536	Hazel	Robinson	LV40	38:08	Ambleside	3rd Lady/1st LV40
31	934	Dan	Barton	Man	38:50	Keswick	
32	629	Hannah	Russell	Lady	38:56	UA	
33	507	Tom	Matthews	MV40	39:07	Hunters Bogtrotters	
34	608	Karl	Mason	Man	39:29	Helm Hill	
35	591	Brian	Kennedy	MV50	39:37	Settle	
36	923	Phil	Clayton	MV40	39:45	Black Combe	
37	696	Charlotte	Milligan	Lady	39:50	Helm Hill	
38	644	Ray	Gill	MV50	40:08	Dallam	
39	514	Roger	Aubrey	MV50	40:21	Helm Hill	
40	925	Steven	Sykes	MV40	40:25	UA	
41	747	Mark	Bell	MV50	40:27	Dallam	
42	661	Peter	German	Man	41:11	Helm Hill	
43	927	Michael	Keavey	MV40	41:16	Swaledale	
44	630	Paul	McFarlane	Man	41:19	UA	
45	794	Catherine	Niblock	Lady	41:44	Helm Hill	
46	641	Stuart	Alan	MV40	41:58	UA	
47	693	Allan	Miller	MV50	42:07	Kendal	
48	539	Owen	Mills	MV40	42:14	Keighley and Craven	
49	786	Brian	Thompson	MV60	42:18	Helm Hill	1st MV60
50	503	Phil	Thurlow	MV40	42:23	Helm Hill	
51	600	Wilfred	Bell	MV60	42:32	Crook	
52	764	Kevin	May	MV50	42:43	Howgill Harriers	
53	933	Fiona	Marley Paterson	Lady	42:54	Helm Hill	

54	935	Emma	Wood	Lady	42:57	Howgill Harriers	
55	623	Michael	McLoughlin	MV60	43:02	Preston Harriers	
56	616	John	Robson	MV50	43:04	UA	
57	510	John	Armistead	Man	43:12	Helm Hill	
58	615	Marie	Robson	LV40	43:47	Helm Hill	
59	577	Anthony	Bowness	MV40	44:00	UA	
60	537	Martin	Benson	MV40	44:07	Dallam	
61	606	William	Coupe	MV50	44:26	Helm Hill	
62	739	Barry	Scholes	MV60	44:32	UA	
63	529	Jean	Brown	LV40	44:36	Clayton-le-Moors	
64	532	Paul	Senior	MV40	44:46	Helm Hill	
65	686	Patrick	Willink	MV50	45:06	Helm Hill	
66	746	Richard	Simpson	MV50	46:34	UA	
67	709	Sally	Handford	Lady	47:31	Settle	
68	628	Andrew	Russell	MV40	47:51	Helm Hill	
69	569	Dave	Appleyard	MV50	48:11	Helm Hill	
70	598	Mark	Charnley	MV40	48:14	UA	
71	511	Niki	Rylance	LV40	48:23	Ambleside	
72	541	Tod	Coates	MV40	48:42	Ambleside	
73	931	Rowan	Ranner	Lady	49:00	Helm Hill	
74	814	Judith	Marshall	LV40	49:08	Settle	
75	585	Stephen	Moor	MV50	49:18	Settle	
76	533	Sarah	Senior	LV40	50:30	Helm Hill	
77	908	Russell	Cannon	MV50	50:47	Helm Hill	
78	534	Tim	Thom	MV40	51:00	Keighley and Craven	
79	719	Mark	Cropper	MV40	51:06	Helm Hill	
80	736	Lindsay	Harrod	LV40	51:33	Helm Hill	
81	891	Paul	Wilson	MV50	51:56	Wharfedale	
82	575	Samuel	Panter	Man	52:09	Coniston	
83	515	Helen	Samson	LV40	52:30	Helm Hill	
84	839	Carrie	Gibson	LV40	52:50	Helm Hill	
85	522	Joanne	Wulf	LV40	52:52	Settle	
86	926	Gordon	Fletcher	MV60	53:07	FRA	
87	565	Julie	Laverock	LV40	53:45	Salford Harriers	
88	650	Helen	Greenep	LV50	54:44	Settle	1st LV50
89	738	Jill	Gates	LV50	55:27	Settle	
90	588	Greg	Tagney	MV60	55:43	Dallam	
91	664	Rebecca	Delbridge	Lady	57:27	UA	
92	524	Susan	Thompson	LV40	58:42	Wharfedale	
93	523	Geoffrey	Thompson	MV50	1:01:00	Wharfedale	
94	656	Veronica	Waller	LV40	1:01:57	Dallam	
95	500	Anna	Stevens	LV40	1:03:11	Helm Hill	
96	928	Sarah	Wilson	Lady	1:05:54	Wharfedale	
97	574	Phil	Kirby	MV60	1:06:48	Coniston	
98	540	Lynda	Hargreaves	LV50	1:07:15	Wharfedale	
99	707	Richard	Handford	MV50	1:11:53	UA	
100	555	Denis	Wood	MV70	1:13:18	Borrowdale	1st MV70
101	599	Andy	Monk	MV50	DNF	ABFR	
102	651	Joe	Howard	MV70	DNF	Preston Harriers	
103	754	David	Thornley	Man	DNF	UA	

Under 17 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	150	Jacob	Steele	Boy	25:26	Dallam	1st Boy
2	310	James	Lund	Boy	25:58	Keighley and Craven	2nd Boy
3	282	Thomas	Nelson	Boy	26:33	Wharfedale	3rd Boy
4	125	Ben	Kent	Boy	26:36	Helm Hill	
5	59	Tom	Harkes	Boy	27:58	Dallam	
6	49	Jacob	Aubrey	Boy	28:49	Helm Hill	
7	27	Oliver	Gajdowski	Boy	29:21	Ambleside	
8	118	Jack	Byrne	Boy	29:25	Helm Hill	
9	149	Connie	Hurton	Girl	29:37	Eden Runners	1st Girl
10	267	George	Tostevin	Boy	30:32	Lancaster and Morecambe	
11	24	Luke	Bowen	Boy	31:24	Ambleside	
12	8	Imogen	Burrow	Girl	32:12	Helm Hill	2nd Girl
13	172	Hannah	Durkin	Girl	33:43	Ambleside	3rd Girl
14	242	Robert	Albion	Boy	33:44	Broughton	
15	71	Mia	Senior	Girl	34:35	Helm Hill	
16	55	Eilidh	Miller	Girl	34:48	Broughton	
17	158	Jamie	Macleod	Boy	35:27	Dallam	
18	146	Brandon	Brookes	Boy	36:14	Helm Hill	
19	156	Sarah	Thompson	Girl	36:36	Dallam	
20	6	Georgia	Stevens	Girl	37:03	Helm Hill	
21	162	Katie	Russell	Girl	39:01	Helm Hill	
22	89	Hannah	Thom	Girl	39:10	Keighley and Craven	
23	197	Maddy	Bell	Girl	42:49	Dallam	
24	194	Thomas	Beuzeval	Boy	47:56	Helm Hill	
25	241	Leah	Albion	Girl	48:06	Broughton	
26	18	Joe	Edmondson	Boy	DNF	Broughton	

Under 14 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	17	Ben	Edmondson	Boy	13:40	Broughton	1st Boy
2	112	Euan	Brennan	Boy	13:45	Ilkley Harriers	2nd Boy
3	45	Robert	Askew	Boy	14:31	Helm Hill	3rd Boy
4	64	Samuel	Almond	Boy	14:41	Eden Runners	
5	138	Tom	Humphries	Boy	14:58	Eden Runners	
6	33	Sebastian	Segger-Stavely	Boy	16:12	Settle	
7	180	William	Thompson	Boy	16:21	Wharfedale	
8	178	Esme	Davies	Girl	16:44	Eden Runners	1st Girl
9	221	Matthew	Holroyd	Boy	17:13	Settle	
10	47	Harry	Sanderson	Boy	17:22	Ambleside	
11	163	Logan	Hargreaves-Madh	Boy	17:28	Wharfedale	
12	30	Courtney	Hutchinson	Girl	17:31	Broughton	2nd Girl
13	36	Maia	Doherty	Girl	17:56	Helm Hill	3rd Girl
14	81	Lottie	Beardwood	Girl	18:08	Helm Hill	
15	86	Samuel	Thom	Boy	18:33	Keighley and Craven	
16	60	Emily	Carpenter	Girl	19:38	Settle	
17	10	Katie	Thurlow	Girl	20:32	Helm Hill	
18	56	Emelia	Stevens	Girl	20:33	Helm Hill	
19	80	Abigail	Waller	Girl	20:40	Dallam	
20	15	Gaby	Ansell	Girl	20:46	Helm Hill	
21	157	Isabel	Sykes Macleod	Girl	21:46	Dallam	
22	152	Cole	Kirby	Boy	21:54	Ambleside	
23	283	Keera	Nelson	Girl	22:23	Wharfedale	
24	74	Emily	Crossley	Girl	24:08	Settle	

Under 12 Race

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	164	Sam	Smith	Boy	09:13	Wharfedale	1st Boy
2	25	Harry	Bowen	Boy	09:14	Ambleside	2nd Boy
3	63	Alexander	Thompson	Boy	09:23	Wharfedale	3rd Boy
4	26	James	Bowen	Boy	09:41	Ambleside	
5	40	Lilli	Carr	Girl	09:48	Keighley and Craven	1st Girl
6	37	Chloe	Rylance	Girl	09:52	Ambleside	2nd Girl
7	273	Barnaby	Walkingshaw	Boy	09:53	Eden Runners	
8	93	Evan	Mills	Boy	09:58	Keighley and Craven	
9	12	Ollie	Sanders	Boy	10:02	Helm Hill	
10	2	Henry	Hunter	Boy	10:38	Helm Hill	
11	97	Olesia	Winder	Girl	10:40	Hoad Hill Harriers	3rd Girl
12	127	Charlotte	Barrett	Girl	10:46	Wharfedale	
13	185	Beth	Roberts	Girl	10:49	Keighley and Craven	
14	100	Toby	Umpleby	Boy	10:56	Kendal	
15	188	Jake	Wood	Boy	10:58	UA	
16	38	Sophie	Rylance	Girl	11:00	Ambleside	
17	79	Christophe	Brown	Boy	11:06	Clayton-le-Moors	
18	7	Emily	Swarbrick	Girl	11:07	Broughton	
19	32	Douglas	Segger-Stavely	Boy	11:08	Settle	
20	182	Brodie	Weymouth	Boy	11:10	Arragons Junior Tri	
21	173	Gregory	Miller	Boy	11:28	Broughton	
22	280	Addison	Willis	Boy	11:35	Keighley and Craven	
23	312	Tom	Morton	Boy	11:49	Pennine	
24	35	Elliot	Wren	Boy	11:50	Helm Hill	
25	171	William	Durkin	Boy	11:54	Ambleside	
26	65	Erin	Cummins	Girl	11:58	Settle	
27	82	Jamie	Waller	Boy	12:04	Dallam	
28	184	Maud	Humphries	Girl	12:05	Eden Runners	
29	98	Warren	Fleming	Boy	12:07	Hoad Hill Harriers	
30	111	Ella	Park	Girl	12:30	Helm Hill	
31	226	Rhiannon	Winder	Girl	12:33	UA	
32	31	Logan	Hutchinson	Boy	12:36	Broughton	
33	137	Alex	Graham	Boy	12:49	Broughton	
34	83	Ella	Beardwood	Girl	12:51	Helm Hill	
35	96	Theo	Coates	Boy	12:52	Ambleside	
36	203	Bethan	Saunders	Girl	12:59	Hoad Hill Harriers	
37	195	Beau	Walkingshaw	Girl	13:00	Eden Runners	
38	240	Euan	Steele	Boy	13:10	Broughton	
39	311	Rebecca	Foster	Girl	13:13	Eden Runners	
40	134	Rowan	Ashworth	Boy	13:24	Ambleside	
41	16	Jessica	Edmondson	Girl	13:25	Broughton	
42	196	Esme	Walkingshaw	Girl	13:28	Eden Runners	
43	286	Isabella	Pickard	Girl	13:45	Keighley and Craven	
44	228	Mikey	Charnley	Boy	13:46	UA	
45	255	Alexa	Weymouth	Girl	13:49	Aragons Junior Tri	
46	61	Oscar	Wulf	Boy	13:52	Settle	
47	216	Lily	Coward	Girl	13:56	Settle	
48	227	Charlie	Brownbill	Boy	14:15	UA	
49	9	Olivia	Swarbrick	Girl	14:27	Broughton	
50	315	David	Blenam	Boy	14:37	UA	
51	285	Joseph	Vinsen	Boy	14:39	UA	
52	120	Rebecca	Dyer	Girl	14:48	Helm Hill	
53	281	Tristain	Nelson	Boy	15:01	Wharfedale	
54	165	Mollie	Smith	Girl	15:12	Wharfedale	
55	67	Lauren	Evans	Girl	15:31	Settle	
56	43	Matthew	Wright	Boy	15:54	Helm Hill	
57	144	Sam	Jackson	Boy	15:57	UA	
58	22	Cate	Matthew	Girl	16:25	Lancaster and Morecambe	
59	143	Harry	Jackson	Boy	16:37	UA	
60	91	Rowan	Baker	Girl	16:48	Helm Hill	

61	62	Benji	Grundy	Boy	17:06	Keighley and Craven	
62	274	Yolanda	Wilkinson	Girl	18:09	UA	
63	92	Isabella	Benson	Girl	18:30	Dallam	
64	183	Blake	Fleming	Boy	19:36	UA	
65	225	Ryan	Winder	Boy	19:38	UA	
66	314	Simon	Gardner	Boy	DNF	UA	
67	251	Simon	Rigby	Boy	DNF	Helm Hill	

Cautley Spout 2015 Category Results

ALL SENIOR MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	691	Keiran	Hodgson	MV40	29:52	Helm Hill	1st Man/1st MV40
2	896	Carl	Bell	Man	30:06	Keswick	2nd Man
3	855	Chris	Edis	Man	31:20	Keswick	3rd Man
4	763	Oscar	Meanwell	Man	31:30	Borrowdale	
5	671	Tim	Cowin	MV40	31:41	Howgill Harriers	
6	877	Jonny	Bradshaw	Man	32:00	Wharfedale	
7	573	Derek	Hurton	MV40	32:38	Eden Runners	
8	932	Antony	Meanwell	MV40	33:05	Borrowdale	
9	535	Mike	Robinson	MV40	33:27	Dark Peak	
10	512	Jon	Rylance	MV40	33:43	Ambleside	
11	876	Mark	Taylor	MV40	33:53	UA	
12	627	Alan	Life	MV50	34:34	Clayton-le-Moors	1st MV50
13	922	Muir	Morton	MV40	34:36	Pennine	
14	603	Rob	Dewhurst	MV40	34:38	Ambleside	
15	929	John	Perry	Man	34:43	Wharfedale	
16	887	Simon	Netherway	Man	35:07	Keswick	
17	597	Alistair	Hanna	Man	35:13	Howgill Harriers	
18	779	Harvey	Lord	Man	35:47	Black Combe	
19	665	Oliver	Blomfield	MV40	36:14	Eden Runners	
20	658	Jonny	Marchant	MV40	36:26	Helm Hill	
21	504	Robert	Crawford	Man	36:34	Coniston	
22	706	Jim	Turner	Man	36:42	Bowland Fell Runners	
23	551	Sean	Robinson	Man	36:49	Howgill Harriers	
24	852	Jake	Lowther	Man	37:02	Helm Hill	
25	654	John	Rainford	MV50	37:13	Preston Harriers	
26	859	Martin	Spooner	Man	37:47	Howgill Harriers	
27	750	Jim	Andrews	MV50	37:58	Coniston	
28	934	Dan	Barton	Man	38:50	Keswick	
29	507	Tom	Matthews	MV40	39:07	Hunters Bogtrotters	
30	608	Karl	Mason	Man	39:29	Helm Hill	
31	591	Brian	Kennedy	MV50	39:37	Settle	
32	923	Phil	Clayton	MV40	39:45	Black Combe	
33	644	Ray	Gill	MV50	40:08	Dallam	
34	514	Roger	Aubrey	MV50	40:21	Helm Hill	
35	925	Steven	Sykes	MV40	40:25	UA	
36	747	Mark	Bell	MV50	40:27	Dallam	
37	661	Peter	German	Man	41:11	Helm Hill	
38	927	Michael	Keavey	MV40	41:16	Swaledale	
39	630	Paul	McFarlane	Man	41:19	UA	
40	641	Stuart	Alan	MV40	41:58	UA	
41	693	Allan	Miller	MV50	42:07	Kendal	
42	539	Owen	Mills	MV40	42:14	Keighley and Craven	
43	786	Brian	Thompson	MV60	42:18	Helm Hill	1st MV60
44	503	Phil	Thurlow	MV40	42:23	Helm Hill	
45	600	Wilfred	Bell	MV60	42:32	Crook	
46	764	Kevin	May	MV50	42:43	Howgill Harriers	
47	623	Michael	McLoughlin	MV60	43:02	Preston Harriers	
48	616	John	Robson	MV50	43:04	UA	
49	510	John	Armistead	Man	43:12	Helm Hill	
50	577	Anthony	Bowness	MV40	44:00	UA	
51	537	Martin	Benson	MV40	44:07	Dallam	
52	606	William	Coupe	MV50	44:26	Helm Hill	
53	739	Barry	Scholes	MV60	44:32	UA	
54	532	Paul	Senior	MV40	44:46	Helm Hill	
55	686	Patrick	Willink	MV50	45:06	Helm Hill	
56	746	Richard	Simpson	MV50	46:34	UA	
57	628	Andrew	Russell	MV40	47:51	Helm Hill	
58	569	Dave	Appleyard	MV50	48:11	Helm Hill	

59	598	Mark	Charnley	MV40	48:14	UA	
60	541	Tod	Coates	MV40	48:42	Ambleside	
61	585	Stephen	Moor	MV50	49:18	Settle	
62	908	Russell	Cannon	MV50	50:47	Helm Hill	
63	534	Tim	Thom	MV40	51:00	Keighley and Craven	
64	719	Mark	Cropper	MV40	51:06	Helm Hill	
65	891	Paul	Wilson	MV50	51:56	Wharfedale	
66	575	Samuel	Panter	Man	52:09	Coniston	
67	926	Gordon	Fletcher	MV60	53:07	FRA	
68	588	Greg	Tagney	MV60	55:43	Dallam	
69	523	Geoffrey	Thompson	MV50	1:01:00	Wharfedale	
70	574	Phil	Kirby	MV60	1:06:48	Coniston	
71	707	Richard	Handford	MV50	1:11:53	UA	
72	555	Denis	Wood	MV70	1:13:18	Borrowdale	1st MV70
DNF	599	Andy	Monk	MV50	DNF	ABFR	
DNF	651	Joe	Howard	MV70	DNF	Preston Harriers	
DNF	754	David	Thornley	Man	DNF	UA	

MEN

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	896	Carl	Bell	Man	30:06	Keswick	2nd Man
2	855	Chris	Edis	Man	31:20	Keswick	3rd Man
3	763	Oscar	Meanwell	Man	31:30	Borrowdale	
4	877	Jonny	Bradshaw	Man	32:00	Wharfedale	
5	929	John	Perry	Man	34:43	Wharfedale	
6	887	Simon	Netherway	Man	35:07	Keswick	
7	597	Alistair	Hanna	Man	35:13	Howgill Harriers	
8	779	Harvey	Lord	Man	35:47	Black Combe	
9	504	Robert	Crawford	Man	36:34	Coniston	
10	706	Jim	Turner	Man	36:42	Bowland Fell Runners	
11	551	Sean	Robinson	Man	36:49	Howgill Harriers	
12	852	Jake	Lowther	Man	37:02	Helm Hill	
13	859	Martin	Spooner	Man	37:47	Howgill Harriers	
14	934	Dan	Barton	Man	38:50	Keswick	
15	608	Karl	Mason	Man	39:29	Helm Hill	
16	661	Peter	German	Man	41:11	Helm Hill	
17	630	Paul	McFarlane	Man	41:19	UA	
18	510	John	Armistead	Man	43:12	Helm Hill	
19	575	Samuel	Panter	Man	52:09	Coniston	
DNF	754	David	Thornley	Man	DNF	UA	

MEN - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	691	Keiran	Hodgson	MV40	29:52	Helm Hill	1st Man/1st MV40
2	671	Tim	Cowin	MV40	31:41	Howgill Harriers	
3	573	Derek	Hurton	MV40	32:38	Eden Runners	
4	932	Antony	Meanwell	MV40	33:05	Borrowdale	
5	535	Mike	Robinson	MV40	33:27	Dark Peak	
6	512	Jon	Rylance	MV40	33:43	Ambleside	
7	876	Mark	Taylor	MV40	33:53	UA	
8	922	Muir	Morton	MV40	34:36	Pennine	
9	603	Rob	Dewhurst	MV40	34:38	Ambleside	
10	665	Oliver	Blomfield	MV40	36:14	Eden Runners	
11	658	Jonny	Marchant	MV40	36:26	Helm Hill	
12	507	Tom	Matthews	MV40	39:07	Hunters Bogtrotters	
13	923	Phil	Clayton	MV40	39:45	Black Combe	
14	925	Steven	Sykes	MV40	40:25	UA	
15	927	Michael	Keavey	MV40	41:16	Swaledale	
16	641	Stuart	Alan	MV40	41:58	UA	
17	539	Owen	Mills	MV40	42:14	Keighley and Craven	
18	503	Phil	Thurlow	MV40	42:23	Helm Hill	
19	577	Anthony	Bowness	MV40	44:00	UA	
20	537	Martin	Benson	MV40	44:07	Dallam	
21	532	Paul	Senior	MV40	44:46	Helm Hill	
22	628	Andrew	Russell	MV40	47:51	Helm Hill	
23	598	Mark	Charnley	MV40	48:14	UA	
24	541	Tod	Coates	MV40	48:42	Ambleside	
25	534	Tim	Thom	MV40	51:00	Keighley and Craven	
26	719	Mark	Cropper	MV40	51:06	Helm Hill	

MEN - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	627	Alan	Life	MV50	34:34	Clayton-le-Moors	1st MV50
2	654	John	Rainford	MV50	37:13	Preston Harriers	
3	750	Jim	Andrews	MV50	37:58	Coniston	
4	591	Brian	Kennedy	MV50	39:37	Settle	
5	644	Ray	Gill	MV50	40:08	Dallam	
6	514	Roger	Aubrey	MV50	40:21	Helm Hill	
7	747	Mark	Bell	MV50	40:27	Dallam	
8	693	Allan	Miller	MV50	42:07	Kendal	
9	764	Kevin	May	MV50	42:43	Howgill Harriers	
10	616	John	Robson	MV50	43:04	UA	
11	606	William	Coupe	MV50	44:26	Helm Hill	
12	686	Patrick	Willink	MV50	45:06	Helm Hill	
13	746	Richard	Simpson	MV50	46:34	UA	
14	569	Dave	Appleyard	MV50	48:11	Helm Hill	
15	585	Stephen	Moor	MV50	49:18	Settle	
16	908	Russell	Cannon	MV50	50:47	Helm Hill	
17	891	Paul	Wilson	MV50	51:56	Wharfedale	
18	523	Geoffrey	Thompson	MV50	1:01:00	Wharfedale	
19	707	Richard	Handford	MV50	1:11:53	UA	
DNF	599	Andy	Monk	MV50	DNF	ABFR	

MEN - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	786	Brian	Thompson	MV60	42:18	Helm Hill	1st MV60
2	600	Wilfred	Bell	MV60	42:32	Crook	
3	623	Michael	McLoughlin	MV60	43:02	Preston Harriers	
4	739	Barry	Scholes	MV60	44:32	UA	
5	926	Gordon	Fletcher	MV60	53:07	FRA	
6	588	Greg	Tagney	MV60	55:43	Dallam	
7	574	Phil	Kirby	MV60	1:06:48	Coniston	

MEN - VET 70

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	555	Denis	Wood	MV70	1:13:18	Borrowdale	1st MV70
DNF	651	Joe	Howard	MV70	DNF	Preston Harriers	

ALL SENIOR LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	593	Heidi	Dent	Lady	35:19	Howgill Harriers	1st Lady
2	883	Catherine	Spurdon	Lady	36:11	Keswick	2nd Lady
3	536	Hazel	Robinson	LV40	38:08	Ambleside	3rd Lady/1st LV40
4	629	Hannah	Russell	Lady	38:56	UA	
5	696	Charlotte	Milligan	Lady	39:50	Helm Hill	
6	794	Catherine	Niblock	Lady	41:44	Helm Hill	
7	933	Fiona	Marley Paterson	Lady	42:54	Helm Hill	
8	935	Emma	Wood	Lady	42:57	Howgill Harriers	
9	615	Marie	Robson	LV40	43:47	Helm Hill	
10	529	Jean	Brown	LV40	44:36	Clayton-le-Moors	
11	709	Sally	Handford	Lady	47:31	Settle	
12	511	Niki	Rylance	LV40	48:23	Ambleside	
13	931	Rowan	Ranner	Lady	49:00	Helm Hill	
14	814	Judith	Marshall	LV40	49:08	Settle	
15	533	Sarah	Senior	LV40	50:30	Helm Hill	
16	736	Lindsay	Harrod	LV40	51:33	Helm Hill	
17	515	Helen	Samson	LV40	52:30	Helm Hill	
18	839	Carrie	Gibson	LV40	52:50	Helm Hill	
19	522	Joanne	Wulf	LV40	52:52	Settle	
20	565	Julie	Laverock	LV40	53:45	Salford Harriers	
21	650	Helen	Greenep	LV50	54:44	Settle	1st LV50
22	738	Jill	Gates	LV50	55:27	Settle	
23	664	Rebecca	Delbridge	Lady	57:27	UA	
24	524	Susan	Thompson	LV40	58:42	Wharfedale	
25	656	Veronica	Waller	LV40	1:01:57	Dallam	
26	500	Anna	Stevens	LV40	1:03:11	Helm Hill	
27	928	Sarah	Wilson	Lady	1:05:54	Wharfedale	
28	540	Lynda	Hargreaves	LV50	1:07:15	Wharfedale	

LADIES

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	593	Heidi	Dent	Lady	35:19	Howgill Harriers	1st Lady
2	883	Catherine	Spurdon	Lady	36:11	Keswick	2nd Lady
3	629	Hannah	Russell	Lady	38:56	UA	
4	696	Charlotte	Milligan	Lady	39:50	Helm Hill	
5	794	Catherine	Niblock	Lady	41:44	Helm Hill	
6	933	Fiona	Marley Paterson	Lady	42:54	Helm Hill	
7	935	Emma	Wood	Lady	42:57	Howgill Harriers	
8	709	Sally	Handford	Lady	47:31	Settle	
9	931	Rowan	Ranner	Lady	49:00	Helm Hill	
10	664	Rebecca	Delbridge	Lady	57:27	UA	
11	928	Sarah	Wilson	Lady	1:05:54	Wharfedale	

LADIES - VET 40

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	536	Hazel	Robinson	LV40	38:08	Ambleside	3rd Lady/1st LV40
2	615	Marie	Robson	LV40	43:47	Helm Hill	
3	529	Jean	Brown	LV40	44:36	Clayton-le-Moors	
4	511	Niki	Rylance	LV40	48:23	Ambleside	
5	814	Judith	Marshall	LV40	49:08	Settle	
6	533	Sarah	Senior	LV40	50:30	Helm Hill	
7	736	Lindsay	Harrod	LV40	51:33	Helm Hill	
8	515	Helen	Samson	LV40	52:30	Helm Hill	
9	839	Carrie	Gibson	LV40	52:50	Helm Hill	
10	522	Joanne	Wulf	LV40	52:52	Settle	
11	565	Julie	Laverock	LV40	53:45	Salford Harriers	
12	524	Susan	Thompson	LV40	58:42	Wharfedale	
13	656	Veronica	Waller	LV40	1:01:57	Dallam	
14	500	Anna	Stevens	LV40	1:03:11	Helm Hill	

LADIES - VET 50

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	650	Helen	Greenep	LV50	54:44	Settle	1st LV50
2	738	Jill	Gates	LV50	55:27	Settle	
3	540	Lynda	Hargreaves	LV50	1:07:15	Wharfedale	

LADIES - VET 60

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
----------	----------	------------	---------	-----	------	------	----------

UNDER 17 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	150	Jacob	Steele	Boy	25:26	Dallam	1st Boy
2	310	James	Lund	Boy	25:58	Keighley and Craven	2nd Boy
3	282	Thomas	Nelson	Boy	26:33	Wharfedale	3rd Boy
4	125	Ben	Kent	Boy	26:36	Helm Hill	
5	59	Tom	Harkes	Boy	27:58	Dallam	
6	49	Jacob	Aubrey	Boy	28:49	Helm Hill	
7	27	Oliver	Gajdowski	Boy	29:21	Ambleside	
8	118	Jack	Byrne	Boy	29:25	Helm Hill	
9	267	George	Tostevin	Boy	30:32	Lancaster and Morecambe	
10	24	Luke	Bowen	Boy	31:24	Ambleside	
11	242	Robert	Albion	Boy	33:44	Broughton	
12	158	Jamie	Macleod	Boy	35:27	Dallam	
13	146	Brandon	Brookes	Boy	36:14	Helm Hill	
14	194	Thomas	Beuzeval	Boy	47:56	Helm Hill	
DNF	18	Joe	Edmondson	Boy	DNF	Broughton	

UNDER 17 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	149	Connie	Hurton	Girl	29:37	Eden Runners	1st Girl
2	8	Imogen	Burrow	Girl	32:12	Helm Hill	2nd Girl
3	172	Hannah	Durkin	Girl	33:43	Ambleside	3rd Girl
4	71	Mia	Senior	Girl	34:35	Helm Hill	
5	55	Eilidh	Miller	Girl	34:48	Broughton	
6	156	Sarah	Thompson	Girl	36:36	Dallam	
7	6	Georgia	Stevens	Girl	37:03	Helm Hill	
8	162	Katie	Russell	Girl	39:01	Helm Hill	
9	89	Hannah	Thom	Girl	39:10	Keighley and Craven	
10	197	Maddy	Bell	Girl	42:49	Dallam	
11	241	Leah	Albion	Girl	48:06	Broughton	

UNDER 14 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	17	Ben	Edmondson	Boy	13:40	Broughton	1st Boy
2	112	Euan	Brennan	Boy	13:45	Ilkley Harriers	2nd Boy
3	45	Robert	Askew	Boy	14:31	Helm Hill	3rd Boy
4	64	Samuel	Almond	Boy	14:41	Eden Runners	
5	138	Tom	Humphries	Boy	14:58	Eden Runners	
6	33	Sebastian	Segger-Stavely	Boy	16:12	Settle	
7	180	William	Thompson	Boy	16:21	Wharfedale	
8	221	Matthew	Holroyd	Boy	17:13	Settle	
9	47	Harry	Sanderson	Boy	17:22	Ambleside	
10	163	Logan	Hargreaves-Madh	Boy	17:28	Wharfedale	
11	86	Samuel	Thom	Boy	18:33	Keighley and Craven	
12	152	Cole	Kirby	Boy	21:54	Ambleside	

UNDER 14 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	178	Esme	Davies	Girl	16:44	Eden Runners	1st Girl
2	30	Courtney	Hutchinson	Girl	17:31	Broughton	2nd Girl
3	36	Maia	Doherty	Girl	17:56	Helm Hill	3rd Girl
4	81	Lottie	Beardwood	Girl	18:08	Helm Hill	
5	60	Emily	Carpenter	Girl	19:38	Settle	
6	10	Katie	Thurlow	Girl	20:32	Helm Hill	
7	56	Emelia	Stevens	Girl	20:33	Helm Hill	
8	80	Abigail	Waller	Girl	20:40	Dallam	
9	15	Gaby	Ansell	Girl	20:46	Helm Hill	
10	157	Isabel	Sykes Macleod	Girl	21:46	Dallam	
11	283	Keera	Nelson	Girl	22:23	Wharfedale	
12	74	Emily	Crossley	Girl	24:08	Settle	

UNDER 12 BOYS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	164	Sam	Smith	Boy	09:13	Wharfedale	1st Boy
2	25	Harry	Bowen	Boy	09:14	Ambleside	2nd Boy
3	63	Alexander	Thompson	Boy	09:23	Wharfedale	3rd Boy
4	26	James	Bowen	Boy	09:41	Ambleside	
5	273	Barnaby	Walkingshaw	Boy	09:53	Eden Runners	
6	93	Evan	Mills	Boy	09:58	Keighley and Craven	
7	12	Ollie	Sanders	Boy	10:02	Helm Hill	
8	2	Henry	Hunter	Boy	10:38	Helm Hill	
9	100	Toby	Umpleby	Boy	10:56	Kendal	
10	188	Jake	Wood	Boy	10:58	UA	
11	79	Christophe	Brown	Boy	11:06	Clayton-le-Moors	
12	32	Douglas	Segger-Stavely	Boy	11:08	Settle	
13	182	Brodie	Weymouth	Boy	11:10	Arragons Junior Tri	
14	173	Gregory	Miller	Boy	11:28	Broughton	
15	280	Addison	Willis	Boy	11:35	Keighley and Craven	
16	312	Tom	Morton	Boy	11:49	Pennine	
17	35	Elliot	Wren	Boy	11:50	Helm Hill	
18	171	William	Durkin	Boy	11:54	Ambleside	
19	82	Jamie	Waller	Boy	12:04	Dallam	
20	98	Warren	Fleming	Boy	12:07	Hoad Hill Harriers	
21	31	Logan	Hutchinson	Boy	12:36	Broughton	
22	137	Alex	Graham	Boy	12:49	Broughton	
23	96	Theo	Coates	Boy	12:52	Ambleside	
24	240	Euan	Steele	Boy	13:10	Broughton	
25	134	Rowan	Ashworth	Boy	13:24	Ambleside	
26	228	Mikey	Charnley	Boy	13:46	UA	
27	61	Oscar	Wulf	Boy	13:52	Settle	
28	227	Charlie	Brownbill	Boy	14:15	UA	
29	315	David	Blenam	Boy	14:37	UA	
30	285	Joseph	Vinsen	Boy	14:39	UA	
31	281	Tristain	Nelson	Boy	15:01	Wharfedale	
32	43	Matthew	Wright	Boy	15:54	Helm Hill	
33	144	Sam	Jackson	Boy	15:57	UA	
34	143	Harry	Jackson	Boy	16:37	UA	
35	62	Benji	Grundy	Boy	17:06	Keighley and Craven	
36	183	Blake	Fleming	Boy	19:36	UA	
37	225	Ryan	Winder	Boy	19:38	UA	
DNF	314	Simon	Gardner	Boy	DNF	UA	
DNF	251	Simon	Rigby	Boy	DNF	Helm Hill	

UNDER 12 GIRLS

Position	Vest no.	First Name	Surname	Cat	Time	Club	Comments
1	40	Lilli	Carr	Girl	09:48	Keighley and Craven	1st Girl
2	37	Chloe	Rylance	Girl	09:52	Ambleside	2nd Girl
3	97	Olesia	Winder	Girl	10:40	Hoad Hill Harriers	3rd Girl
4	127	Charlotte	Barrett	Girl	10:46	Wharfedale	
5	185	Beth	Roberts	Girl	10:49	Keighley and Craven	
6	38	Sophie	Rylance	Girl	11:00	Ambleside	
7	7	Emily	Swarbrick	Girl	11:07	Broughton	
8	65	Erin	Cummins	Girl	11:58	Settle	
9	184	Maud	Humphries	Girl	12:05	Eden Runners	
10	111	Ella	Park	Girl	12:30	Helm Hill	
11	226	Rhiannon	Winder	Girl	12:33	JA	
12	83	Ella	Beardwood	Girl	12:51	Helm Hill	
13	203	Bethan	Saunders	Girl	12:59	Hoad Hill Harriers	
14	195	Beau	Walkingshaw	Girl	13:00	Eden Runners	
15	311	Rebecca	Foster	Girl	13:13	Eden Runners	
16	16	Jessica	Edmondson	Girl	13:25	Broughton	
17	196	Esme	Walkingshaw	Girl	13:28	Eden Runners	
18	286	Isabella	Pickard	Girl	13:45	Keighley and Craven	
19	255	Alexa	Weymouth	Girl	13:49	Aragons Junior Tri	
20	216	Lily	Coward	Girl	13:56	Settle	
21	9	Olivia	Swarbrick	Girl	14:27	Broughton	
22	120	Rebecca	Dyer	Girl	14:48	Helm Hill	
23	165	Mollie	Smith	Girl	15:12	Wharfedale	
24	67	Lauren	Evans	Girl	15:31	Settle	
25	22	Cate	Matthew	Girl	16:25	Lancaster and Morecambe	
26	91	Rowan	Baker	Girl	16:48	Helm Hill	
27	274	Yolanda	Wilkinson	Girl	18:09	JA	
28	92	Isabella	Benson	Girl	18:30	Dallam	