

Sedbergh 2014 U12

Number	Time	Position	Name	Club	Boys	Girls
131	7:19	1	Sam Almond	Eden Runners	1	
78	7:51	2	Ben Edmondson	Broughton Runners	2	
73	8:03	3	Thomas Marshall	Settle	3	
74	8:03	4	Charlie Harding	Eden Runners	4	
35	8:11	5	James Bowen	Ambleside	5	
19	8:12	6	William Thompson	Wharfedale	6	
36	8:17	7	Harry Bowen	Ambleside	7	
61	8:35	8	Alfie Thorpe	Broughton	8	
20	8:46	9	Alexander Thompson	Wharfedale	9	
41	8:48	10	Sebastian Segger-Staveley	Settle	10	
99	8:55	11	Joe Clayton	Helm Hill	11	
58	8:56	12	Jacob Smith	u/a	12	
138	8:57	13	Matthew Holroyd	Settle	13	
30	8:58	14	Chloe Rylance	Ambleside		1
49	9:02	15	Daniel Sanderson	Ambleside	14	
55	9:03	16	Ben Smith	u/a	15	
14	9:06	17	Josh Roelants	Helm Hill	16	
21	9:10	18	Eric Beaumont	Keighley & Craven	17	
24	9:11	19	Ollie Sanders	Helm Hill	18	
50	9:14	20	Abbie Allan	Helm Hill		2
52	9:16	21	Christopher Brown	Clayton le Moors	19	
112	9:16	22	Barnaby Walkingshaw	Eden Runners	20	
944	9:30	23	George Pilkington	Settle	21	
906	9:35	24	Clara Davies	Eden Runners		3
106	9:41	25	Maia Doherty	Dallam		4
943	9:43	26	Alice Jones	Wharfedale		5
12	9:50	27	Vaughan Samson	Helm Hill	22	
40	9:51	28	Douglas Segger-Staveley	Settle	23	
37	9:57	29	Emily Carpenter	Settle		6
942	10:00	30	Freddy Careless	Dallam	24	

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157	10:04	31	Oliver Smith	u/a	25	
85	10:05	32	Erin Bagge	Helm Hill		7
88	10:11	33	Henry Hunter	u/a	26	
91	10:12	34	Lewis Airey	Helm Hill	27	
17	10:12	35	Beth Roberts	Keighley & Craven		8
108	10:15	36	Lottie Beardwood	Helm Hill		9
142	10:17	37	Matthew Ansell	Helm Hill	28	
144	10:18	38	Gregor Miller	Broughton	29	
912	10:23	39	Toby Umpleby	Kendal	30	
107	10:23	40	Ella Beardwood	Helm Hill		10
11	10:30	41	Clara Samson	Helm Hill		11
48	10:33	42	Harry Sanderson	Ambleside	31	
31	10:36	43	Sophie Rylance	Ambleside		12
56	10:37	44	Sarah Smith	u/a		13
159	10:52	45	Brodie Weymouth	u/a	32	
130	10:53	46	Courtney Hutchinson	Broughton		14
10	10:57	47	Islay Aitken	Helm Hill		15
105	11:04	48	Jamie Harris	Helm Hill	33	
71	11:20	49	James Waller	Dallam	34	
46	11:23	50	Briege Hutchinson	u/a		16
171	11:23	51	Jack Hill	u/a	35	
939	11:24	52	Alexa Weymouth	u/a		17
64	11:27	53	Isaac Robinson	Howgill	36	
39	11:32	54	Gordon Blackburn	Ambleside	37	
57	11:36	55	Ella Park	Helm Hill		18
143	11:39	56	Robert Porter	Ambleside	38	
5	11:43	57	Maddie Walsh	Helm Hill		19
38	11:57	58	Charlie Blackburn	Ambleside	39	
100	12:00	59	Matthew Wright	Helm Hill	40	
907	12:15	60	Annabel Tomlinson	Dallam		20
77	12:15	61	Jessica Edmondson	Broughton Runners		21

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104	12:15	62	Ellie Thomas	Helm Hill		22
941	12:15	63	Logan Hutchinson	Broughton	41	
937	12:18	64	Holly Glaister	Ambleside		23
95	12:22	65	Rowan Baker	Helm Hill		24
101	12:23	66	Charlie Clayton	Helm Hill	42	
98	12:24	67	Luke Leadbeatter	Lancaster & Morecambe	43	
72	12:36	68	Abigail Waller	Dallam		25
86	12:38	69	Rebecca Dyer	Helm Hill		26
81	12:55	70	Tessa Knowles	Ambleside		27
187	13:19	71	Emily Crossley	Settle		28
80	13:27	72	Rory Knowles	Ambleside	44	
66	13:51	73	Lauren Evans	Settle		29
75	14:09	74	Toby Greensmith	Howgill	45	
63	14:15	75	Theo Robinson	Howgill	46	
945	14:23	76	Ben Greensmith	u/a	47	

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Number	Time	Position	Name	Club	Boys	Girls
34	10:56	1	Luke Bowen	Ambleside	1	
1	11:21	2	Jacob Aubrey	Helm Hill	2	
76	11:33	3	Joe Edmondson	Broughton Runners	3	
18	12:03	4	Esme Davies	Eden		1
69	12:28	5	Ben Winterburn	Lancs and Morecambe	4	
29	12:46	6	Jake Shuttleworth	Ambleside	5	
4	12:54	7	Imogen Burrow	Helm Hill		2
6	13:08	8	Mia Walsh	Helm Hill		3
9	13:13	9	Logan Hargreaves-Madhas	Wharfedale	6	
938	13:28	10	Sarah Atkinson	Helm Hill		4
47	14:00	11	Amy Slattery	Helm Hill		5
160	14:29	12	Morgan Weymouth	U/A	7	
940	14:30	13	Francesca Weymouth	U/A		6
192	14:31	14	Eilidh Miller	Broughton Runners		7
7	14:45	15	Robert Albion	Broughton	8	
176	15:31	16	Hannah Durkin	Ambleside		8
182	15:35	17	Katie Thurlow	Helm Hill		9
913	17:02	18	Joey Umpleby	Kendal	9	
123	17:29	19	Tommy Beuzeval	U/A	10	
97	18:16	20	Cole Kirby	Ambleside	11	
8	18:24	21	Leah Albion	Broughton		10
120	18:42	22	Grace Attwood	Dallam		11
915	18:48	23	Charlotte Goodfellow Foster	Dallam		12
135	22:15	24	Alexander Knowles	Ambleside	12	

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Number	Time	Position	Name	Club	Boys	Girls
148	18:41	1	Oscar Meanwell	Borrowdale	1	
94	18:43	2	Jacob Steele	Dallam	2	
934	19:16	3	Matthew Senior	Helm Hill	3	
51	21:26	4	Tom Harkes	Dallam	4	
84	22:12	5	Jordan Rawlins	Crook & D AC	5	
197	22:50	6	Mike Rhodes	Ambleside	6	
13	22:59	7	Katherine Lawson	Helm Hill		1
16	23:09	8	Ellie Lambert	Wharfdale		2
62	23:34	9	Sarah Thompson	Dallam		3
117	24:58	10	James Maxwell	Settle Harriers	7	
128	25:18	11	Michael Dugdale	Helm Hill	8	
92	26:15	12	Alice Steele	Dallam		4
44	28:12	13	Alice Slattery	Helm Hill		5
936	31:35	14	Georgia Stevens	Helm Hill		6

Sedbergh 2014 Seniors

							m	f	m	f	m	f	m
Number	Time	Position	Name	Club	Men	Ladies	v40	V40	v50	v50	v60	v60	v70
285	29:42	1	Jack Smith	Wharfdale	1								
327	29:49	2	Mark McGoldrick	Wharfdale	2								
402	30:15	3	Justin Ansell	U/A	3		1						
312	30:48	4	Paul Dugdale	Kendal AC	4		2						
334	31:05	5	Patrick Hanna	Howgill	5								
337	31:52	6	Rob Dewhurst	Ambleside	6		3						
374	32:10	7	Mike Robinson	Dark Peak	7		4						
310	32:31	8	Stephen Roberts	Kendal AC	8		5						
239	32:39	9	Paul Knowles	Ambleside	9		6						
253	32:42	10	Mark Leadbeatter	Lancaster Athletics	10								
252	32:56	11	Billy Procter	Helm Hill	11				1				
200	32:56	12	Craig Burrow	Helm Hill	12		7						
218	33:17	13	Andrew Slattery	Keswick	13		8						
392	33:47	14	Rebecca Sheffield	Ambleside		1							
225	34:22	15	Shaun Addison	Helm Hill	14				2				
208	34:30	16	Paul Lambert	Wharfdale	15		9						
209	34:31	17	Jim Roberts	Keighley & Craven	16		10						
433	34:48	18	Jacob Dyer	Helm Hill	17		11						
344	34:51	19	Ben Waller	Helm Hill	18								
230	35:26	20	Sean Robinson	Howgill	19								
247	35:44	21	Phil Thurlow	Helm Hill	20		12						
372	36:05	22	Brian Kennedy	Settle Harriers	21				3				
430	36:11	23	Scott Young	U/A	22								
509	36:20	24	Alex Brown	Helm Hill	23								
257	36:23	25	Ali Richards	Helm Hill		2							
424	36:24	26	Ray Gill	Dallam	24				4				
398	36:44	27	Simon Waller	Helm Hill	25		13						
222	36:49	28	Andy Holden	Wharfdale	26		14						
213	36:53	29	Jasper Sanders	U/A	27				5				

Sedbergh 2014 Seniors

Number	Time	Position	Name	Club	Men	Ladies	m	f	m	f	m	f	m
							v40	v40	v50	v50	v60	v60	v70
220	36:58	30	Jean Brown	Clayton le Moors		3		1					
332	37:05	31	Johnny Marchant	Helm Hill	28		15						
322	37:07	32	Jonathan Gibson	Wharfedale	29				6				
232	37:14	33	Andy Evans	Settle Harriers	30				7				
315	37:42	34	Jack Sharples	Dallam	31								
258	37:51	35	Ian Hutchinson	Bowland	32				8				
203	38:06	36	Tim Murray	Helm Hill	33				9				
328	38:10	37	Brian Thompson	Helm Hill	34				10				
221	38:11	38	Debbie Copley	Dallam		4		2					
420	38:22	39	Emma Wood	Howgill		5							
476	38:33	40	Evelyn Dugdale	Helm Hill		6		3					
302	39:11	41	Simon Milligan	Helm Hill	35				11				
323	39:43	42	Peter Singleton	Blackpool Wyre & Fylde AC	36				12				
201	39:45	43	Amanda Burrow	Helm Hill		7							
298	39:48	44	Paul Senior	Helm Hill	37		16						
349	40:04	45	Patrick Willink	Helm Hill	38		17						
297	40:18	46	Matt Davis	U/A	39								
380	40:25	47	Rowan Ranner	Helm Hill		8							
307	40:31	48	Pauline Symonds	Howgill		9							1
384	40:40	49	Wendy Dodds	Clayton le Moors		10							2
365	41:27	50	Jonathan Walkingshaw	CFR	40								
415	41:38	51	Jessica Goodfellow	Dallam		11		4					
441	41:42	52	Raj Madhas	Wharfedale	41		18						
290	41:56	53	Dave Hewitt	Dallam	42				13				
249	41:59	54	Mike Troup	Ambleside	43				14				
483	43:03	55	Martin Arthur	Dallam	44								
442	43:12	56	Trevor Metcalfe	Wharfedale	45						1		
238	43:15	57	Eleanor Knowles	Ambleside		12		5					
223	45:04	58	Lynn Whittaker	Wharfedale		13				1			
216	45:42	59	Niki Rylance	Ambleside		14		6					

