

Firbank 2014 U12

Number	Time	Position	Name	Club	Boys	Girls	
131	05:26	1	Sam Almond	Eden Runners	1		
149	05:41	2	Fraser Sproul	Kendal	2		
78	05:53	3	Ben Edmondson	Broughton Runners	3		
35	05:53	4	James Bowen	Ambleside	4		
74	05:54	5	Charlie Harding	Eden Runners	5		
36	05:57	6	Harry Bowen	Ambleside	6		
49	06:01	7	Daniel Sanderson	Ambleside	7		
19	06:04	8	William Thompson	Wharfedale	8		
61	06:18	9	Alfie Thorpe	Broughton	9		
41	06:19	10	Sebastian Segger-Staveley	Settle	10		
30	06:20	11	Chloe Rylance	Ambleside		1	
21	06:23	12	Eric Beaumont	Keighley & Craven	11		
20	06:31	13	Alexander Thompson	Wharfedale	12		
138	06:32	14	Matthew Holroyd	Settle	13		
24	06:34	15	Ollie Sanders	Helm Hill	14		
155	06:37	16	Toby Winnard	u/a	15		
14	06:38	17	Josh Roelants	Helm Hill	16		
132	06:39	18	Goerge Chinn	Broughton	17		
27	06:40	19	Elliot Wren	Helm Hill	18		
25	06:41	20	James Thornley	Ambleside	19		
52	06:45	21	Christopher Brown	Clayton le Moors	20		
50	06:45	22	Abbie Allan	Helm Hill		2	
65	06:46	23	Bob Evans	Settle	21		
154	06:56	24	Markuss Boyd	u/a	22		
37	06:56	25	Emily Carpenter	Settle		3	
40	06:59	26	Douglas Segger-Staveley	Settle	23		
2	07:00	27	Emelia Stevens	Helm Hill		4	
85	07:03	28	Erin Bagge	Helm Hill		5	
162	07:06	29	Lilli Carr	Keighley & Craven		6	
137	07:07	30	Ryan Whitehead	Helm Hill	24		

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115	07:08	31	Olesia Winder	u/a		7
91	07:08	32	Lewis Airey	Helm Hill	25	
88	07:10	33	Henry Hunter	u/a	26	
157	07:10	34	Oliver Smith	u/a	27	
31	07:13	35	Sophie Rylance	Ambleside		8
112	07:14	36	Barnaby Walkingshaw	Eden Runners	28	
108	07:20	37	Lottie Beardwood	Helm Hill		9
144	07:22	38	George Miller	Broughton	29	
23	07:23	39	Maddie Sanders	Helm Hill		10
133	07:26	40	Mollie Bratt	Helm Hill		11
136	07:29	41	Caitlin Whitehead	Helm Hill		12
28	07:33	42	Luke Mossbarnett	Helm Hill	30	
106	07:35	43	Maia Doherty	Dalton		13
107	07:35	44	Ella Beardwood	Helm Hill		14
153	07:37	45	Hamish Griffiths	Settle	31	
68	07:38	46	Harvey Atkinson	u/a	32	
42	07:39	47	Erin Cummins	Settle		15
105	07:42	48	Jamie Harris	Helm Hill	33	
139	07:45	49	Maud Humphries	Eden Runners		16
142	07:47	50	Matthew Ansell	Helm Hill	34	
46	07:48	51	Briege Hutchinson	u/a		17
151	07:49	52	Christopher Oakes	Broughton	35	
48	07:50	53	Harry Sanderson	Ambleside	36	
64	07:51	54	Isaac Robinson	Howgill	37	
159	07:53	55	Brodie Weymouth	u/a	38	
56	07:54	56	Sarah Smith	u/a		18
82	07:55	57	Alistair Barr	Howgill	39	
130	07:56	58	Courtney Hutchinson	Broughton		19
71	07:58	59	James Waller	Dallam	40	
100	07:58	60	Matthew Wright	Helm Hill	41	
102	08:01	61	Joseph Rigby	Helm Hill	42	

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72	08:05	62	Abigail Waller	Dallam		20
57	08:07	63	Ella Park	Helm Hill		21
5	08:09	64	Maddie Walsh	Helm Hill		22
150	08:12	65	John Oakes	Broughton	43	
143	08:16	66	Robert Porter	Ambleside	44	
32	08:17	67	Carron Mossbarnett	Helm Hill		23
60	08:23	68	James Taylor	u/a	45	
77	08:30	69	Jessica Edmondson	Broughton Runners		24
141	08:33	70	Tristain Nelson	Wharfedale	46	
111	08:38	71	Beau Walkingshaw	Eden Runners		25
98	08:41	72	Luke Leadbeatter	Lancaster & Morecambe	47	
59	08:48	73	Joshua Taylor	u/a	48	
152	08:55	74	Ellen Mossman	Helm Hill		26
81	09:03	75	Tessa Knowles	Ambleside		27
66	09:10	76	Lauren Evans	Settle		28
104	09:10	77	Ellie Thomas	Helm Hill		29
80	09:11	78	Rory Knowles	Ambleside	49	
83	09:11	79	Liam Barr	Howgill	50	
95	09:14	80	Rowan Baker	Helm Hill		30
86	09:18	81	Rebecca Dyer	Helm Hill		31
45	09:33	82	Connie Eccleston	Settle		32
134	DNF	83	Tom Allan	Helm Hill		

Firbank 2014 U14

Number	Time	Position	Name	Club	Boys	Girls
34	07:40	1	Luke Bowen	Ambleside	1	
22	07:52	2	Thomas Nelson	Wharfedale	2	
1	08:00	3	Jacob Aubrey	Helm Hill	3	
116	08:17	4	Ben Green	Rosendale Harriers	4	
76	08:24	5	Joe Edmondson	Broughton Runners	5	
18	08:30	6	Esmé Davies	Eden		1
140	08:36	7	Ton Humphries	Eden	6	
79	08:57	8	Oliver Gajdowski	Ambleside	7	
4	08:58	9	Imogen Burrow	Helm Hill		2
29	09:07	10	Jake Shuttleworth	Ambleside	8	
147	09:34	11	Samuel Thom	Keighley and Craven	9	
160	09:35	12	Morgan Weymouth	U/A	10	
69	09:38	13	Ben Winterburn	Lancs and Morecambe	11	
196	09:40	14	Jazmin Maddocks	Oswestry		3
6	09:57	15	Mia Walsh	Helm Hill		4
70	10:15	16	Tom Willacy	Helm Hill	12	
47	10:22	17	Amy Slattery	Helm Hill		5
124	10:35	18	Will Richardson	Howgill	13	
164	10:48	19	Alfie Walton	Dallam	14	
145	11:02	20	Edward Leedham	Dallam	15	
87	11:09	21	Noun Richardson	Dallam		6
158	11:40	22	Kayaa Cawachce	Helm Hill		7
120	12:05	23	Grace Attwood	Dallam		8
97	12:13	24	Cole Kirby	Ambleside	16	
156	12:23	25	Mia Winnard	U/A		9
123	12:48	26	Tommy Beuzeval	U/A	17	
135	15:04	27	Alexander Knowles	Ambleside	18	

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Number	Time	Position	Name	Club	Boys	Girls
94	11:12	1	Jacob Steele	Dallam	1	
148	11:30	2	Oscar Meanwell	Borrowdale	2	
118	12:00	3	Jack Byrne	Helm Hill	3	
51	12:28	4	Tom Harkes	Dallam	4	
121	13:10	5	George Attwood	Dallam	5	
16	13:11	6	Ellie Lambert	Wharfdale		1
84	13:12	7	Jordan Rawlins	Crook & D AC	6	
13	13:17	8	Katherine Lawson	Helm Hill		2
128	13:48	9	Michael Dugdale	u/a	7	
62	13:53	10	Sarah Thompson	Dallam		3
166	13:55	11	Charlie Neale	Sedbergh School	8	
165	14:17	12	Erin Proctor	Kendal		4
161	14:36	13	Mia Senior	Helm Hill		5
146	14:45	14	Hannah Thom	Keighley & Craven		6
15	14:56	15	Hannah Newbold	Wharfdale		7
92	15:20	16	Alice Steele	Dallam		8
129	15:50	17	Daniel Burns	u/a	9	
117	15:54	18	James Maxwell	Settle Harriers	10	
44	16:29	19	Alice Slattery	Helm Hill		9
125	17:25	20	Rosie Dutson	Helm Hill		10
163	18:00	21	Maddy Bell	Dallam		11
127	19:55	22	Vicky Leedham	Dallam		12

Firbank 2014 Seniors

							m	f	m	f	m	f	m
Number	Time	Position	Name	Club	Men	Ladies	v40	V40	v50	v50	v60	v60	v70
411	20:49	1	Philip Broadbent	U/A	1								
431	21:12	2	Paul Webb	U/A	2								
327	21:17	3	Mark McGoldrick	Wharfedale	3								
312	21:37	4	Paul Dugdale	Kendal AC	4		1						
400	21:41	5	John Atkinson	Ambleside	5		2						
334	21:46	6	Patrick Hanna	Howgill	6								
410	21:51	7	Chris Newman	Wharfedale	7								
402	21:51	8	Justin Ansell	U/A	8		3						
233	21:56	9	Alan Ashcroft	Howgill	9								
285	22:16	10	Jack Smith	Wharfedale	10								
348	22:33	11	Ben Procter	Helm Hill	11								
394	22:35	12	Robert Moffat	Howgill	12								
226	22:46	13	Mark Taylor	U/A	13		4						
374	22:56	14	Mike Robinson	Dark Peak	14		5						
204	23:05	15	Paul Aitken	Helm Hill	15								
421	23:05	16	Lee Procter	Helm Hill	16								
338	23:06	17	Andrew Broadbent	Helm Hill	17								
239	23:11	18	Paul Knowles	Ambleside	18		6						
236	23:12	19	Timothy Cowin	Howgill	19								
337	23:13	20	Rob Dewhurst	Ambleside	20		7						
434	23:15	21	Mark Saunders	Bowland Fell Runners	21								
340	23:19	22	Annie Conway	Ambleside		1							
341	23:25	23	Terry Conway	Ambleside	22								
433	23:47	24	Jacob Dyer	Helm Hill	23		8						
429	23:59	25	Douglas Love	U/A	24								
230	24:06	26	Sean Robinson	Howgill	25								
392	24:19	27	Rebecca Sheffield	Ambleside		2							
416	24:32	28	Tom Harrison	Border Harriers	26								
208	24:37	29	Paul Lambert	Wharfedale	27		9						

Firbank 2014 Seniors

							m	f	m	f	m	f	m
Number	Time	Position	Name	Club	Men	Ladies	v40	V40	v50	v50	v60	v60	v70
221	26:58	60	Debbie Copley	Dallam		7		3					
331	27:10	61	Caroline Holden	Helm Hill		8		4					
423	27:14	62	Nicola Davies	Borrowdale		9				1			
240	27:21	63	Barry Scholes	Wharfdale	54						2		
241	27:26	64	Mike Rawlins	Helm Hill	55								
274	27:31	65	Paul Davison	Howgill	56								
329	27:36	66	Chris Schofield	Helm Hill	57				6				
349	27:41	67	Patrick Willink	Helm Hill	58		17						
243	27:48	68	Alan Barr	u/a	59		18						
291	27:50	69	Donna Whitehead	Helm Hill		10		5					
203	27:57	70	Tim Murray	Helm Hill	60				7				
213	28:04	71	Jasper Sanders	U/A	61				8				
201	28:13	72	Amanda Burrow	Helm Hill		11							
323	28:15	73	Peter Singleton	Blackpool Wyre & Fylde AC	62				9				
207	28:16	74	Ian Newbold	Wharfdale	63		19						
418	28:17	75	Simon Galloway	Todmorden	64		20						
364	28:18	76	Nina Walkingshaw	CFR		12							
419	28:20	77	Sue Fisher	CFR		13							
303	28:21	78	Charlotte Milligan	Helm Hill		14							
272	28:22	79	Mark Swindell	Horwich	65		21						
298	28:24	80	Paul Senior	Helm Hill	66		22						
413	28:30	81	Cath Musetti	Ambleside		15		6					
313	28:33	82	Melissa McGuire	Lancaster & Morecambe		16							
424	28:40	83	Ray Gill	Dallam	67				10				
256	28:46	84	Jayne Rigby	Helm Hill		17							
362	28:48	85	Matt Atkinson	Kendal Tri Club	68								
271	28:54	86	Gordon Thompson	Preston Harriers	69				11				
286	28:57	87	Victoria Upton	Helm Hill		18							
297	28:59	88	Matt Davis	U/A	70								
436	29:01	89	Jim Fisher	Howgill Harriers	71				12				

Firbank 2014 Seniors

							m	f	m	f	m	f	m
Number	Time	Position	Name	Club	Men	Ladies	v40	V40	v50	v50	v60	v60	v70
309	29:09	90	Harry Packham	U/A	72								
415	29:10	91	Jessica Goodfellow	Dallam		19		7					
370	29:13	92	Jo Wilcox	Helm Hill		20		8					
234	29:29	93	Judith Marshall	Settle Harriers		21							
270	29:34	94	Mark Birbeck	Horwich	73		23						
401	29:36	95	Jonathan Shuttleworth	U/A	74								
249	29:37	96	Mike Troup	Ambleside	75				13				
365	29:43	97	Jonathan Walkingshaw	CFR	76								
219	30:03	98	Rachel Slattery	Helm Hill		22		9					
273	30:05	99	Michael McLouglin	Preston Harriers	77						3		
290	30:06	100	Dave Hewitt	Dallam	78				14				
409	30:12	101	Michael Leck	Lancaster & Morecambe	79						4		
406	30:14	102	Mark Charnley	U/A	80		24						
414	30:26	103	Marie Robson	Helm Hill		23		10					
314	30:38	104	Vinn McGuire	U/A	81				15				
384	30:43	105	Wendy Dodds	Clayton le Moors		24						1	
336	30:45	106	Stephen Crame	U/A	82				16				
320	30:57	107	Kate Newman	Wharfedale		25							
287	31:00	108	Andrew Leedham	Dallam	83				17				
417	31:01	109	Richard Tinker	U/A	84				18				
407	31:03	110	Peter Heneghan	Horwich Harriers	85								1
216	31:06	111	Niki Rylance	Ambleside		26		11					
215	31:07	112	John Rylance	Ambleside	86								
439	31:08	113	Bethan Naylor	Helm Hill		27							
404	31:11	114	Tim Thom	Keighley & Craven	87		25						
265	31:25	115	John Hodgson	Dallam	88						5		
408	31:55	116	Beth Dutson	Helm Hill		28							
399	32:04	117	Sean Whitehead	Helm Hill	89		26						
275	32:22	118	Sarah Harvey	Howgill		29							
391	32:31	119	Lindsay Harrod	Helm Hill		30		12					

