

Birkrigg 2014 U12

Number	Time	Position	Name	Club	Boys	Girls
131	4:30	1	Sam Almond	Eden Runners	1	
73	4:57	2	Thomas Marshall	Settle	2	
74	4:58	3	Charlie Harding	Eden Runners	3	
78	4:59	4	Ben Edmondson	Broughton Runners	4	
61	5:06	5	Alfie Thorpe	Broughton	5	
35	5:10	6	James Bowen	Ambleside	6	
36	5:12	7	Harry Bowen	Ambleside	7	
41	5:22	8	Sebastian Segger-Staveley	Settle	8	
20	5:26	9	Alexander Thompson	Wharfedale	9	
30	5:27	10	Chloe Rylance	Ambleside		1
49	5:28	11	Daniel Sanderson	Ambleside	10	
27	5:29	12	Elliot Wren	Helm Hill	11	
21	5:30	13	Eric Beaumont	Keighley & Craven	12	
58	5:31	14	Jacob Smith	u/a	13	
55	5:33	15	Ben Smith	u/a	14	
99	5:34	16	Joe Clayton	Helm Hill	15	
14	5:38	17	Josh Roelants	Helm Hill	16	
24	5:42	18	Ollie Sanders	Helm Hill	17	
115	5:43	19	Olesia Winder	u/a		2
162	5:44	20	Lilli Carr	Keighley & Craven		3
901	5:45	21	Evan Allan	u/a	18	
31	5:47	22	Sophie Rylance	Ambleside		4
914	5:51	23	William Helme	u/a	19	
132	5:52	24	Goerge Chinn	Broughton	20	
2	5:53	25	Emelia Stevens	Helm Hill		5
112	5:54	26	Barnaby Walkingshaw	Eden Runners	21	
88	5:57	27	Henry Hunter	u/a	22	
144	6:06	28	Gregor Miller	Broughton	23	
37	6:07	29	Emily Carpenter	Settle		6
137	6:08	30	Ryan Whitehead	Helm Hill	24	

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175	6:09	31	William Durkin	Ambleside	25	
157	6:10	32	Oliver Smith	u/a	26	
23	6:12	33	Maddie Sanders	Helm Hill		7
130	6:14	34	Courtney Hutchinson	Broughton		8
106	6:20	35	Maia Doherty	Dallam		9
71	6:27	36	James Waller	Dallam	27	
68	6:35	37	Harvey Atkinson	Broughton Runners	28	
105	6:36	38	Jamie Harris	Helm Hill	29	
142	6:38	39	Matthew Ansell	Helm Hill	30	
48	6:40	40	Harry Sanderson	Ambleside	31	
136	6:45	41	Caitlin Whitehead	Helm Hill		10
39	6:46	42	Gordon Blackburn	Ambleside	32	
190	6:47	43	Gaby Ansell	Helm Hill		11
151	6:48	44	Christopher Oakes	Broughton	33	
100	6:53	45	Matthew Wright	Helm Hill	34	
56	6:54	46	Sarah Smith	u/a		12
193	6:57	47	Lily Coward	Settle		13
111	6:58	48	Beau Walkingshaw	Eden Runners		14
72	6:59	49	Abigail Waller	Dallam		15
143	6:59	50	Robert Porter	Ambleside	35	
171	7:03	51	Jack Hill	u/a	36	
916	7:07	52	Daniel Harris	Helm Hill	37	
150	7:11	53	John Oakes	Broughton	38	
77	7:12	54	Jessica Edmondson	Broughton Runners		16
923	7:13	55	Reuban Dyer	Helm Hill	39	
907	7:18	56	Annabel Tomlinson	Dallam		17
81	7:24	57	Tessa Knowles	Ambleside		18
95	7:27	58	Rowan Baker	Helm Hill		19
101	7:28	59	Charlie Clayton	Helm Hill	40	
98	7:32	60	Luke Leadbeatter	Lancaster & Morecambe	41	
86	7:37	61	Rebecca Dyer	Helm Hill		20

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66	7:38	62	Lauren Evans	Settle		21
902	7:40	63	Tara Nel Allan	u/a		22
918	7:44	64	Roxana Gittins	Broughton Runners		23
104	7:45	65	Ellie Thomas	Helm Hill		24
102	7:46	66	Joseph Rigby	Helm Hill	42	
38	7:47	67	Charlie Blackburn	Ambleside	43	
187	7:57	68	Emily Crossley	Settle		25
152	8:04	69	Ellen Mossman	Helm Hill		26
921	8:04	70	Mason Smith	Broughton Runners	44	
80	8:22	71	Rory Knowles	Ambleside	45	
65	DNF	72	Bob Evans	Settle		

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Number	Time	Position	Name	Club	Boys	Girls
34	9:44	1	Luke Bowen	Ambleside	1	
76	9:55	2	Joe Edmondson	Broughton Runners	2	
1	9:57	3	Jacob Aubrey	Helm Hill	3	
79	11:27	4	Oliver Gajdowski	Ambleside	4	
4	11:36	5	Imogen Burrow	Helm Hill		1
29	11:45	6	Jake Shuttleworth	Ambleside	5	
147	11:56	7	Samuel Thom	Keighley and Craven	6	
192	12:07	8	Eilidh Miller	Broughton Runners		2
922	12:22	9	Heather Ball	U/A		3
164	12:31	10	Alfie Walton	Dallam	7	
47	12:34	11	Amy Slattery	Helm Hill		4
189	12:58	12	Honor Jeffrey	Settle		5
87	13:03	13	Noun Richardson	Dallam		6
176	13:18	14	Hannah Durkin	Ambleside		7
145	13:24	15	Edward Leedham	Dallam	8	
124	13:44	16	Will Richardson	Howgill	9	
182	13:58	17	Katie Thurlow	Helm Hill		8
915	14:22	18	Charlotte Goodfellow Foster	Dallam		9
7	14:38	19	Robert Albion	Broughton	10	
97	15:21	20	Cole Kirby	Ambleside	11	
120	15:23	21	Grace Attwood	Dallam		10
8	16:19	22	Leah Albion	Broughton		11
135	17:24	23	Alexander Knowles	Ambleside	12	

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Number	Time	Position	Name	Club	Boys	Girls
148	13:42	1	Oscar Meanwell	Borrowdale	1	
94	13:55	2	Jacob Steele	Dallam	2	
51	15:35	3	Tom Harkes	Dallam	3	
924	15:41	4	George Tostevin	Lancaster & Morecambe	4	
16	16:14	5	Ellie Lambert	Wharfdale		1
197	16:33	6	Mike Rhodes	Ambleside	5	
128	16:40	7	Michael Dugdale	Helm Hill	6	
62	16:53	8	Sarah Thompson	Dallam		2
919	18:05	9	Jamie Gittins	Broughton Runners	7	
92	18:30	10	Alice Steele	Dallam		3
125	19:42	11	Rosie Dutson	Helm Hill		4
163	20:38	12	Maddy Bell	Dallam		5
44	21:45	13	Alice Slattery	Helm Hill		6
127	25:56	14	Vicky Leedham	Dallam		7

Birkrigg 2014 Seniors

							m	f	m	f	m	f	m
Number	Time	Position	Name	Club	Men	Ladies	v40	V40	v50	v50	v60	v60	v70
328	26:19	30	Brian Thompson	Helm Hill	29				5				
315	26:22	31	Jack Sharples	Dallam	30								
294	26:37	32	Sam Dalby	Settle Harriers	31								
258	26:42	33	Ian Hutchinson	Bowland	32			6					
480	26:46	34	Alistair Hanna	Howgill	33								
292	26:55	35	Mark Bell	Dallam	34		12						
232	27:00	36	Andy Evans	Settle Harriers	35			7					
257	27:06	37	Ali Richards	Helm Hill		2							
386	27:16	38	Stuart Allan	Allithwaite	36		13						
280	27:26	39	Neil Thompson	Howgill	37								
435	27:30	40	Rae Dalziel	Dallam	38		14						
214	27:33	41	John Armistead	Helm Hill	39								
326	27:40	42	Karl Mason	Helm Hill	40								
484	27:42	43	Jason Berry	U/A	41								
424	27:50	44	Ray Gill	Dallam	42			8					
322	27:57	45	Jonathan Gibson	Wharfdale	43			9					
330	28:04	46	Andy Bennett	Helm Hill	44		15						
213	28:09	47	Jasper Sanders	U/A	45			10					
476	28:14	48	Evelyn Dugdale	Helm Hill		3		1					
349	28:16	49	Patrick Willink	Helm Hill	46		16						
329	28:21	50	Chris Schofield	Helm Hill	47			11					
302	28:23	51	Simon Milligan	Helm Hill	48			12					
276	28:24	52	William Cowpe	Helm Hill	49			13					
293	28:24	53	Justin Eckersley	Settle Harriers	50		17						
203	28:28	54	Tim Murray	Helm Hill	51			14					
240	28:30	55	Barry Scholes	Wharfdale	52					1			
269	28:45	56	Ian Padley	U/A	53			15					
401	28:48	57	Jonathan Shuttleworth	U/A	54								
331	28:51	58	Caroline Holden	Helm Hill		4		2					
243	28:54	59	Alan Barr	u/a	55		18						

Birkrigg 2014 Seniors

							m	f	m	f	m	f	m
Number	Time	Position	Name	Club	Men	Ladies	v40	V40	v50	v50	v60	v60	v70
291	29:04	60	Donna Whitehead	Helm Hill		5		3					
201	29:20	61	Amanda Burrow	Helm Hill		6							
323	29:27	62	Peter Singleton	Blackpool Wyre & Fylde AC	56				16				
272	29:32	63	Mark Swindell	Horwich	57		19						
364	29:35	64	Nina Walkingshaw	CFR		7							
365	29:44	65	Jonathan Walkingshaw	CFR	58								
481	30:00	66	Steve Harrison	u/a	59		20						
415	30:04	67	Jessica Goodfellow	Dallam		8		4					
362	30:16	68	Matt Atkinson	Kendal Tri Club	60								
309	30:17	69	Harry Packham	U/A	61								
387	30:43	70	Ann-Marie Swallow	Helm Hill		9		5					
249	30:47	71	Mike Troup	Ambleside	62				17				
219	30:58	72	Rachel Slattery	Helm Hill		10		6					
297	31:07	73	Matt Davis	U/A	63								
270	31:22	74	Mark Birbeck	Horwich	64		21						
286	31:33	75	Victoria Upton	Helm Hill		11							
417	31:40	76	Richard Tickner	U/A	65				18				
273	31:44	77	Michael McLouglin	Preston Harriers	66						2		
223	31:47	78	Lynn Whittaker	Wharfedale		12			1				
265	31:58	79	John Hodgson	Dallam	67						3		
404	32:12	80	Tim Thom	Keighley & Craven	68		22						
442	32:19	81	Trevor Metcalfe	Wharfedale	69						4		
303	32:21	82	Charlotte Milligan	Helm Hill		13							
238	32:45	83	Eleanor Knowles	Ambleside		14		7					
483	32:55	84	Martin Arthur	Dallam	70								
399	33:01	85	Sean Whitehead	Helm Hill	71		23						
216	33:09	86	Niki Rylance	Ambleside		15		8					
215	33:10	87	John Rylance	Ambleside	72								
336	33:11	88	Stephen Crame	U/A	73				19				
235	33:28	89	Veronica Waller	Dallam		16		9					

