

RACES		NAME	CLUB														Tot
				Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts
9	1	Rebecca Sheffield	Ambleside	98	98	100	0	98	96	0	100	0	100	100	98	694	
7	2	Hazel Robinson	Ambleside	96	96	0	0	0	98	100	0	100	94	0	96	680	
9	3	Ali Richards	Helm Hill	94	93	0	98	96	0	94	98	96	98	93	0	673	
7	4	Jean Brown	Clayton le Moors	93	94	98	0	0	92	96	96	0	0	92	0	661	
7	5	Kirsty Hall	Wharfdale	90	0	96	0	90	94	98	0	98	0	0	93	659	
9	6	Debbie Copley	Dallam	91	91	93	0	91	0	90	94	0	93	91	89	640	
8	7	Donna Whitehead	Helm Hill	84	88	94	93	0	91	0	0	94	90	0	90	640	
8	8	Caroline Holden	Helm Hill	89	90	92	94	89	0	89	0	0	88	0	87	631	
11	9	Amanda Burrow	Helm Hill	85	87	0	92	86	87	85	91	91	89	86	82	623	
7	10	Nina Walkingshaw	CFR	87	86	0	91	0	88	0	0	0	87	89	88	616	
8	11	Judith Marshall	Settle Harriers	78	77	91	0	81	0	88	0	92	83	0	86	599	
7	12	Ann-Marie Swallow	Helm Hill	76	0	0	89	0	0	84	0	87	82	84	84	586	
9	13	Charlotte Milligan	Helm Hill	83	84	0	85	84	84	0	81	0	80	83	79	584	
8	14	Wendy Dodds	Clayton le Moors	68	74	0	0	75	0	91	88	93	78	0	85	584	
9	15	Niki Rylance	Ambleside	69	72	0	83	72	0	0	84	88	77	81	81	566	
7	16	Victoria Upton	Helm Hill	79	80	0	87	82	0	0	0	0	76	82	78	564	
11	17	Anna Stevens	Helm Hill	48	61	83	78	60	80	78	80	81	71	0	75	555	
7	18	Lynn Whittaker	Wharfdale	66	0	0	86	77	0	0	85	85	75	79	0	553	
8	19	Lindsay Harrod	Helm Hill	55	68	0	0	0	81	81	83	86	74	76	0	549	
8	20	Sarah Senior	Helm Hill	50	65	0	81	67	83	82	82	0	0	80	0	540	
8	21	Julie Laverock	Salford Harriers	49	0	84	79	62	0	80	0	82	69	75	0	531	
6	22	Jessica Goodfellow	Dallam	0	79	89	90	0	0	0	87	0	0	85	83	513	
7	23	Catherine Wood	U/A	56	64	0	80	69	0	79	0	0	0	78	76	502	
5	24	Jo Wilcox	Helm Hill	80	78	0	0	85	0	92	0	0	85	0	0	420	
5	25	Rachel Slattery	Helm Hill	75	76	0	88	79	0	86	0	0	0	0	0	404	
5	26	Eleanor Knowles	Ambleside	64	0	0	84	0	82	0	86	0	81	0	0	397	
6	27	Paula Bowen	Ambleside	47	62	0	77	61	0	0	0	0	0	74	74	395	
4	28	Evelyn Dugdale	Helm Hill	0	0	0	96	0	0	0	92	0	92	90	0	370	
4	29	Jayne Rigby	Helm Hill	74	81	0	0	0	0	0	0	0	84	87	0	326	
5	30	Lorna Hewitt	Dallam	44	60	82	0	59	0	0	78	0	0	0	0	323	
4	31	Helen Samson	Helm Hill	72	0	88	0	0	0	83	0	0	79	0	0	322	
4	32	Veronica Waller	Dallam	57	0	87	82	0	0	0	0	0	0	77	0	303	
4	33	Ruth Maxwell	Settle Harriers	0	66	0	0	65	0	0	0	0	72	0	80	283	
3	34	Emma Wood	Howgill	0	92	0	0	0	0	0	93	0	0	0	91	276	
3	35	Steph Jones	Ambleside	92	0	0	0	0	0	93	0	89	0	0	0	274	
3	36	Rowan Ranner	Helm Hill	82	0	0	0	0	0	0	90	0	86	0	0	258	
3	37	Sue Oliver	East London Triath	0	0	0	0	0	0	0	77	80	0	0	71	228	

1	77	Vicky Kirkwood	Dallam	71	0	0	0	0	0	0	0	0	0	0	0	71
1	78	Bethan Naylor	Helm Hill	0	71	0	0	0	0	0	0	0	0	0	0	71
1	79	Jenna Wood	Howgill	70	0	0	0	0	0	0	0	0	0	0	0	70
1	80	Helen Rawlinson	U/A	65	0	0	0	0	0	0	0	0	0	0	0	65
1	81	Katherine Austwick	U/A	0	63	0	0	0	0	0	0	0	0	0	0	63
1	82	Wiz Lees	Shap Abbey	0	59	0	0	0	0	0	0	0	0	0	0	59
1	83	Katie May	Howgill	58	0	0	0	0	0	0	0	0	0	0	0	58
1	84	Kylie Lees	U/A	0	58	0	0	0	0	0	0	0	0	0	0	58
1	85	Ruth Webster	U/A	51	0	0	0	0	0	0	0	0	0	0	0	51
1	86	Meredith Johnson	U/A	45	0	0	0	0	0	0	0	0	0	0	0	45

V40 LADIES														
	NAME													Tot
POS		Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts
1	Hazel Robinson	100	100	0	0	0	100	100	0	100	98	0	100	698
2	Kirsty Hall	94	0	98	0	96	98	98	0	98	0	0	98	680
3	Debbie Copley	96	96	94	0	98	0	93	98	0	96	96	93	671
4	Donna Whitehead	92	93	96	96	0	94	0	0	96	92	0	94	661
5	Caroline Holden	93	94	93	98	94	0	92	0	0	91	0	92	656
6	Niki Rylance	85	87	0	90	89	0	0	92	93	86	91	89	626
7	Lindsay Harrod	81	86	0	0	0	90	86	91	91	85	88	0	610
7	Anna Stevens	77	82	88	86	82	89	84	89	88	82	0	86	610
9	Sarah Senior	79	84	0	88	86	92	87	90	0	0	90	0	606
10	Julie Laverock	78	0	89	87	84	0	85	0	89	81	87	0	593
11	Jean Brown	98	98	100	0	0	96	96	100	0	0	98	0	588
12	Ann-Marie Swallow	90	0	0	93	0	0	89	0	92	89	92	91	544
13	Jessica Goodfellow	0	91	92	94	0	0	0	94	0	0	93	90	461
14	Jo Wilcox	91	90	0	0	93	0	94	0	0	90	0	0	458
15	Rachel Slattery	89	89	0	92	92	0	90	0	0	0	0	0	452
16	Eleanor Knowles	83	0	0	91	0	91	0	93	0	88	0	0	446
17	Paula Bowen	76	83	0	85	83	0	0	0	0	0	86	85	412
18	Lorna Hewitt	74	81	87	0	81	0	0	88	0	0	0	0	411
19	Helen Samson	87	0	91	0	0	0	88	0	0	87	0	0	353
20	Ruth Maxwell	0	85	0	0	85	0	0	0	0	83	0	88	341
21	Lou Roberts	0	0	0	0	0	0	0	0	0	100	100	96	296
22	Evelyn Dugdale	0	0	0	100	0	0	0	96	0	94	94	0	290
23	Veronica Waller	82	0	90	89	0	0	0	0	0	0	89	0	261
24	Joanne Wulf	0	0	0	0	87	0	0	0	0	84	0	87	258
25	Jill Eccleston	0	0	0	0	100	0	0	0	0	93	0	0	193

26	Helen Greenep	84	0	0	0	88	0	0	0	0	0	0	0	172
27	Susan Thompson	75	80	0	1	0	0	0	0	0	0	0	0	156
28	Carrie Gibson	0	0	0	0	0	0	0	0	94	0	0	0	94
29	Jane Davies	0	0	0	0	0	93	0	0	0	0	0	0	93
30	Cath Musetti	0	92	0	0	0	0	0	0	0	0	0	0	92
31	Annie Carrington	0	0	0	0	91	0	0	0	0	0	0	0	91
32	Sharon Godsman	0	0	0	0	0	0	91	0	0	0	0	0	91
33	Julia Murfin	0	0	0	0	90	0	0	0	0	0	0	0	90
34	Kath Davis	0	0	0	0	0	0	0	0	90	0	0	0	90
35	Bianca Dyer	88	0	0	0	0	0	0	0	0	0	0	0	88
36	Marie Robson	0	88	0	0	0	0	0	0	0	0	0	0	88
37	Vicky Kirkwood	86	0	0	0	0	0	0	0	0	0	0	0	86
38	Ruth Webster	80	0	0	0	0	0	0	0	0	0	0	0	80
39	Sarah Spalding	0	0	0	0	0	0	0	0	0	80	0	0	80
40	Elise Watson	0	0	0	0	0	0	0	0	0	79	0	0	79
41	Patricia Bashforth	0	0	0	0	0	0	0	0	0	0	84	0	1
42	Victoria Buckley	0	0	0	0	0	0	0	0	0	0	85	0	1

V50 LADIES														
NAME														Totl
POS		Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts
1	Lynn Whittaker	100	0	0	100	96	0	0	100	100	100	100	0	696
2	Catherine Wood	96	98	0	98	92	0	100	0	0	0	98	100	682
3	Sue Oliver	0	0	0	0	98	0	0	96	98	0	0	96	388
4	Jill Gates	0	0	0	0	0	0	0	98	0	96	0	98	292
5	Lynda Hargreaves	94	0	100	0	90	0	0	0	0	0	0	0	284
6	Nicola Davies	0	100	0	0	0	100	0	0	0	0	0	0	200
7	Kathleen Aubrey	0	0	0	0	100	0	0	0	0	98	0	0	198
8	Penny Attwood	98	0	0	0	94	0	0	0	0	0	0	0	192
9	Sue Harding	0	0	0	0	98	0	0	0	0	0	0	0	98

V60 LADIES														
NAME														Tot
POS		Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts	Pts
1	Wendy Dodds	98	100	0	0	100	0	100	98	100	100	0	100	698
2	Pauline Symmonds	100	0	0	0	0	0	0	100	0	0	0	0	200