

Cunswick Scar U12

Number	Time	Position	Name	Club	Boys	Girls
7	6:38	1	Ben Edmondson	Broughton	1	
17	6:52	2	Carlos Purcell	Ambleside	2	
56	6:57	3	Tom Willacy	Helm Hill	3	
91	7:01	4	Eric Beamont	Keighley & Craven	4	
101	7:04	5	Sebastian Segger-Staveley	Settle	5	
96	7:09	6	James Bowen	Ambleside	6	
340	7:11	7	Jacob Smith	u/a	7	
93	7:12	8	Harry Bowen	Ambleside	8	
71	7:13	9	Caitlin Whitehead	Helm Hill		1
327	7:16	10	Matthew Holroyd	Settle	9	
52	7:18	11	Emelia Stevens	Helm Hill		2
171	7:26	12	Benjamin Smith	u/a	10	
73	7:33	13	Chloe Rylance	Ambleside		3
380	7:35	14	Kitty Morrison	Settle		4
77	7:38	15	Jenny Lomax	Howgill		5
2	7:42	16	Josh Roleants	Helm Hill	11	
98	7:42	17	Amy Slattery	Helm Hill		6
440	7:43	18	James Taylor	Ambleside	12	
510	7:45	19	Alex Fox	u/a	13	
63	7:45	20	Vaughan Samson	Helm Hill	14	
70	7:46	21	Ryan Whitehead	Helm Hill	15	
119	7:49	22	Thomas Russell	Helm Hill	16	
127	7:50	23	Bob Evans	Settle	17	
173	7:52	24	Ben Shaw	u/a	18	
122	7:52	25	Lewis Airey	u/a	19	
156	7:53	26	Jim O'Reilly	Helm Hill	20	
310	7:55	27	Gregor Miller	Broughton	21	
106	7:56	28	Keera Nelson	Wharfedale		7
329	7:57	29	Honor Jeffrey	Settle		8
172	7:58	30	Oliver Smith	u/a	22	

Cunswick Scar U12

Number	Time	Position	Name	Club	Boys	Girls
116	7:59	31	James Abbatt	Howgill	23	
103	8:43	32	Douglas Segger-Staveley	Settle	24	
23	8:45	33	Erin Bagge	Helm Hill		9
13	8:50	34	Jose Purcell	Ambleside	25	
175	8:53	35	Daniel Harris	Helm Hill	26	
314	8:57	36	Angus Kennedy	Dallam	27	
176	9:00	37	Jamie Harris	Helm Hill	28	
342	9:30	38	Jamie Waller	u/a	29	
54	9:31	39	Rowan Baker	Helm Hill		10
107	9:33	40	Tristain Nelson	Wharfedale	30	
140	9:34	41	Ella Park	Helm Hill		11
332	9:38	42	Grace Attwood	Dallam		12
53	9:40	43	Tessa Knowles	Ambleside		13
131	9:41	44	Edie Eccleston	Settle		14
55	9:47	45	Alexander Knowles	Ambleside	31	
161	10:13	46	Luke Leadbeater	u/a	32	
317	10:15	47	Ben Albion	Broughton	33	
126	11:15	48	Lauren Evans	Settle		15

Cunswick Scar U14

Number	Time	Position	Name	Club	Boys	Girls
164	16:00	1	Jacob Steele	Dallam	1	
109	16:01	2	Thomas Nelson	Wharfedale	2	
8	16:42	3	Joe Edmondson	Broughton	3	
48	16:43	4	Jacob Aubrey	Helm Hill	4	
89	17:07	5	Joshua Newbold	Wharfedale	5	
94	17:20	6	Luke Bowen	Ambleside	6	
9	17:26	7	Jack Edmondson	Broughton	7	
325	18:03	8	George Tostevin	Lancs and Morecambe	8	
143	18:52	9	Katherine Lawson	Helm Hill		1
40	19:23	10	Robert Lambert	Wharfedale	9	
181	20:25	11	Katie Russell	Helm Hill		2
311	21:39	12	Eilidh Miller	Broughton		3
316	22:12	13	Robert Albion	Broughton	10	
408	22:41	14	Charlotte Goodfellow	Dallam		4
318	23:09	15	Leah Albion	Broughton		5
346	23:11	16	Hector Meanwell	Borrowdale	11	
341	25:36	17	Amy Hambly	Broughton		6

Cunswick Scar U17

Number	Time	Position	Name	Club	Boys	Girls
92	30:27	1	Oscar Meanwell	Borrowdale	1	
368	31:18	2	Jake Lowther	Helm Hill	2	
35	31:55	3	Mark Mahoney	Settle Harriers	3	
179	32:50	4	Tom Harkes	Dallam	4	
321	33:24	5	Jack Sharples	Dallam	5	
326	35:07	6	Grace Jeffrey	Settle Harriers		1
38	35:43	7	Ellie Lambert	Wharfdale		2
165	40:07	8	Alice Steele	Dallam		3
349	41:28	9	Rosie Dutson	u/a		4
416	44:13	10	Maddy Bell	Dallam		5
373	44:28	11	Hannah Foster	Dallam		6

Cunswick Scar Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	fv40	v50	fv50	v60	fv60	v70
451	33:19	1	Will Jackson	Helm Hill	1								
429	35:36	2	Paul Tierney	Ambleside	2								
447	36:00	3	John Deegan	Ambleside	3		1						
428	36:03	4	Sarah McCormack	Moorfoot		1							
258	36:08	5	Patrick Hanna	Howgill	4								
524	36:22	6	Chris Stirling	Ambleside	5								
279	36:35	7	Paul Mason	Helm Hill	6								
304	37:02	8	John Hooson	Ambleside	7		2						
277	37:14	9	Paul Riley	Coniston	8								
4	37:47	10	Craig Burrow	Helm Hill	9								
82	37:58	11	Paul Knowles	Ambleside	10		3						
213	38:15	12	Billy Procter	Helm Hill	11			1					
21	38:18	13	Gavin Thomas	Helm Hill	12		4						
435	38:23	14	Andrew Slattery	Keswick A/C	13		5						
471	38:30	15	Graham Lobb	Coniston	14		6						
64	38:34	16	Sean Robinson	Howgill	15								
489	38:46	17	Alistair Hanna	Howgill	16								
525	39:08	18	Lee Baron	U/A	17		7						
445	39:13	19	Ali Howell	Helm Hill	18		8						
253	39:36	20	Brian Kennedy	Settle Harriers	19			2					
30	39:38	21	Phil Thurlow	Helm Hill	20		9						
130	39:45	22	Carol Evans	Settle Harriers		2			1				
50	39:50	23	Roger Aubrey	Helm Hill	21			3					
523	40:05	24	Lauren Munro-Bennet	Helm Hill		3							
479	40:16	25	Ian Hutchinson	Bowland	22			4					
39	40:25	26	Paul Lambet	Wharfedale	23		10						
163	40:41	27	Mark Leadbeatter	U/A	24								
296	40:46	28	John Coulston	U/A	25								
381	40:46	29	Mark Bell	Dallam	26		11						
347	41:12	30	Ali Richards	Helm Hill		4							

Cunswick Scar Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	fv40	v50	fv50	v60	fv60	v70
128	41:34	31	Andy Evans	Settle Harriers	27				5				
335	41:47	32	Simon Waller	Helm Hill	28		12						
295	42:26	33	Tim Murray	Helm Hill	29				6				
322	42:41	34	Debbie Copley	Dallam		5		1					
224	42:53	35	Patrick Willink	Helm Hill	30		13						
390	43:26	36	Kirsty Hall	Wharfdale		6							
75	43:33	37	Donna Whitehead	Helm Hill		7		2					
406	43:38	38	Jill Eccleson	Settle Harriers		8							
517	43:41	39	Gary Laine	Coniston	31		14						
5	43:42	40	Amanda Burrow	Helm Hill		9							
290	43:42	41	Neil Thompson	Howgill	32								
359	44:01	42	Alan Barr	U/A	33		15						
74	45:01	43	Sean Whitehead	U/A	34		16						
505	45:13	44	Rowan R anner	Helm Hill		10							
522	45:44	45	Andy Bennet	Helm Hill	35		17						
57	45:55	46	Eleanor Knowles	Ambleside		11		3					
526	46:07	47	Rebecca Gledhill	U/A		12							
350	46:30	48	John Hodgson	Dallam	36						1		
201	47:07	49	David Appleyard	Helm Hill	37		18						
300	47:18	50	Matt Atkinson	Kendal Tri	38								
393	47:24	51	Wendy Dodds	Clayton		13						1	
266	47:55	52	John Wood	U/A	39								
241	49:05	53	Peter Heneghan	Horwich	40								1
328	49:45	54	Trevor Metcalfe	Wharfdale	41						2		
288	50:50	55	Alan Chamberlain	U/A	42		19						
80	51:34	56	Niki Rylance	U/A		14		4					
81	51:37	57	Jon Rylance	U/A	43								
293	56:26	58	Anna Stevens	Helm Hill		15		5					
364	59:03	59	Becca Atkinson	Helm Hill		16							
60	59:14	60	Anna Baker	Helm Hill		17							
254	59:35	61	Denis Wood	Borrowdale	44						3		