

Cautley Spout Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	v50	v60
409	31:02	1	Sam Watson	Wharfedale	1				
187	32:12	2	Chris Newman	Wharfedale	2				
356	32:34	3	Alex Brown	Helm Hill	3				
212	32:50	4	Seb Sillito	Helm Hill	4				
388	32:53	5	John Hooson	Ambleside	5		1		
502	33:02	6	Robin Stones	Helm Hill	6				
531	33:06	7	Steve Swarbrick	Bowland	7				
587	33:39	8	Paul Carman	Wharfedale	8				
591	33:58	9	Matthew Fretwell	Settle	9		2		
357	34:07	10	Rory Addison	Helm Hill	10				
430	34:18	11	Adam Crowe	Ambleside	11				
567	34:34	12	Stephen Chew	Wharfedale	12				
569	35:17	13	Marc Breitenbroich	u/a	13				
556	35:21	14	Paul Crabtree	Wharfedale	14		3		
181	35:36	15	Patrick Hanna	Howgill H	15				
287	36:02	16	Billy Procter	Helm Hill	16			1	
592	36:14	17	Lee Procter	Helm Hill	17				
593	36:41	18	Sam Fisher	Howgill H	18				
167	36:45	19	Sam Dalby	u/a	19				
500	36:53	20	Colin Valentine	Keswick	20			2	
26	37:03	21	Jack Holt	Clayton Le Moors	21				1
161	37:36	22	Paul Noble	Ambleside	22		4		
186	37:52	23	Terry Robinson	Helm Hill	23			3	
180	37:55	24	Alistair Hanna	Howgill H	24				
163	38:05	25	Sam Noble	u/a		1			
315	38:34	26	Roger Aubrey	Helm Hill	25		5		
363	38:54	27	Shaun Addison	Helm Hill	26				
324	39:13	28	Carol Evans	Settle		2			
507	39:23	29	Scott Baistow	Wharfedale	27				
171	39:28	30	Mark Bell	Dallam	28		6		
588	39:36	31	Nicola Davies	Borrowdale		3			
125	39:55	32	Kirty Hall	Wharfedale		4			
422	40:03	33	Sally Ozanne	Helm Hill		5			
236	40:34	34	Ray Gill	Dallam	29			4	
89	40:48	35	Allie Richards	Helm Hill		6			
359	40:56	36	Nina Walkinshaw	CFR		7			
560	41:05	37	Andy Holden	Wharfedale	30		7		
269	41:07	38	Allan Miller	u/a	31			5	
310	41:14	39	Debbie Copley	Dallam		8			
461	41:42	40	Simon Waller	Helm Hill	32		8		
252	41:51	41	Patrick Willink	Helm Hill	33		9		
384	41:53	42	John Coulston	u/a	34				
7	42:11	43	Ian Newbould	Wharfedale	35		10		
390	42:12	44	Lucy O'Donnell	Ambleside		9			
227	42:31	45	Wendy Dodds	Clayton Le Moors		10			
215	42:41	46	Tim Murray	Helm Hill	36			6	
495	42:54	47	Jonathan Gibson	Wharfedale	37		11		
120	43:20	48	Rachel Slattery	Keswick		11			
168	43:21	49	Beth Dutson	Helm Hill		12			
503	43:42	50	Becky James	Helm Hill		13			
386	44:14	51	Jim Fisher	Howgill H	38				
499	44:33	52	Raj Madhas	Wharfedale	39		12		
589	44:38	53	Marieke Dekker	Helm Hill		14			

Cautley Spout U12

Number	Time	Position	Name	Club	Boys	Girls
4	7:59	1	Joshua Newbold	Wharfedale	1	
9	8:04	2	Thomas Nelson	Wharfedale	2	
74	8:11	3	Jacob Aubrey	Helm Hill	3	
313	8:38	4	Luke Bowen	Ambleside	4	
298	8:48	5	Logan Hargreaves	Wharfedale	5	
308	9:03	6	Alfie Thorpe	Broughton Runners	6	
45	9:12	7	Robert Askew	Helm Hill	7	
69	9:16	8	Imogen Burrow	Helm Hill		1
94	9:19	9	Katie Thurlow	Helm Hill		2
305	9:36	10	Joe Edmondson	Broughton Runners	8	
306	9:37	11	Ben Edmondson	Broughton Runners	9	
303	9:45	12	Eilidh Miller	Broughton Runners		3
52	9:53	13	Alfie Walton	Dallam	10	
160	9:55	14	Daniel Sanderson	Ambleside	11	
2	10:01	15	Robert Albion	Broughton Runners	12	
555	10:18	16	Mia Walsh	u/a		4
49	10:19	17	Alice Boston	Ambleside		5
304	10:31	18	Gregor Miller	Broughton Runners	13	
31	10:35	19	Tom Willacy	Helm Hill	14	
552	10:37	20	Jacob Smith	u/a	15	
137	10:41	21	Matthew Holroyd	Settle	16	
77	10:43	22	Shona Hastings	Wharfedale		6
64	10:43	23	Jim O'Reilly	Helm Hill	17	
57	10:44	24	Chloe Rylance	Ambleside		7
44	10:45	25	Elliot Wren	u/a	18	
108	10:53	26	Eddie Leedham	Dallam	19	
76	11:04	27	Samuel Thom	Keighley & Craven	20	
164	11:10	28	Harry Bowen	Ambleside	21	
51	11:13	29	Ryan Whitehead	Helm Hill	22	
394	11:13	30	Charlotte Goodfellow-F	Dallam		8
323	11:15	31	Bob Evans	Settle	23	
342	11:28	32	James Abbatt	Howgill H	24	
53	11:32	33	Caitlin Whitehead	Helm Hill		9
1	11:37	34	Leah Albion	Broughton Runners		10
344	11:39	35	Alistair Howie	Hoad Hill	25	
334	11:57	36	Lottie Beardwood	Helm Hill		11
551	11:59	37	Benjamin Smith	u/a	26	
10	12:04	38	Keera Nelson	Wharfedale		12
358	12:13	39	Barnaby Walkinshaw	u/a	27	
483	12:19	40	Zoe Sharples	Dallam		13
46	12:23	41	Kaya Carradice	Helm Hill		14
124	12:34	42	Amy Slattery	u/a		15
50	12:38	43	Hannah Durkin	Ambleside		16
48	12:54	44	Kitty Morrison	Settle		17
333	13:05	45	Anna Clough	Ambleside		18
533	13:07	46	Louis Swarbrick	Bowland	28	
133	13:08	47	Ella Beardwood	Helm Hill		19
319	13:20	48	Erin Bagge	Helm Hill		20
3	13:23	49	Ben Albion	Broughton Runners	29	
84	13:34	50	Daniel Harris	u/a	30	
129	13:41	51	Ellie Thomas	Helm Hill		21
335	13:54	52	Ella Park	Helm Hill		22
55	13:57	53	Tessa Knowles	Ambleside		23
86	14:07	54	Jamie Harris	u/a	31	
83	14:10	55	Rowen Baker	Helm Hill		24
122	14:11	56	Alice Slattery	u/a		25
56	14:29	57	Alexander Knowles	Ambleside	32	
321	15:14	58	Rosie Swallow	Helm Hill		26
119	15:37	59	Briege Hutchinson	u/a		27
553	16:09	60	William Durkin	Ambleside	33	
336	16:18	61	Rebecca Dyer	Helm Hill		28
294	16:54	62	Lucie Cloke	Helm Hill		29
24	dnf	63	Emelia Stevens	Helm Hill		30

Cautley Spout U14

Number	Time	Position	Name	Club	Boys	Girls
419	11:57	1	Lloyd Davies	Wharfedale	1	
20	12:09	2	Matthew Senior	Helm Hill	2	
307	12:25	3	Jack Edmondson	Broughton Runners	3	
21	12:46	4	Ellie Lambert	Wharfedale		1
182	12:51	5	Catherine Lawson	Howgill H		2
115	13:22	6	Sarah Thompson	Dallam		3
67	13:24	7	Mary O'Reilly	Helm Hill		4
291	14:02	8	George Tostevin	Lancs & Morecambe	4	
420	14:10	9	Herbie Davies	Wharfedale	5	
19	14:17	10	Mia Senior	Helm Hill		5
30	14:27	11	Tom Harkes	Dallam	6	
22	15:25	12	Georgia Stevens	Helm Hill		6
141	15:48	13	Katie Handford	Keighley & Craven		7
165	15:51	14	Rosie Dutson	u/a		8
78	16:03	15	Hannah Thom	keighley & Craven		9
5	16:35	16	Hannah Newbold	Wharfedale		10
395	16:55	17	Hannah Goodfellow-Fo	Dallam		11
170	17:04	18	Maddy Bell	Dallam		12
411	18:03	19	Callum Noble	u/a	7	
317	23:09	20	Amy Hambley	Broughton Runners		13

Cautley Spout U17

Number	Time	Position	Name	Club	Boys	Girls
365	13:40	1	Declan Bulmer	wharfedale	1	
288	14:19	2	Jack Sharples	Dallam	2	
228	14:57	3	Matthew Horn	Wharfedale	3	
530	15:26	4	Jake Lowther	Helm Hill	4	
290	17:18	5	Callum Lambert	Wharfedale	5	
63	17:31	6	Ellie Walton	Dallam		1
144	18:47	7	Sally Handsford	Keighley & Craven		2
432	23:48	8	Zoe Baristow	Wharfedale		3