

Firbank U12

Number	Time	Position	Name	Club	Boys	Girls
12	6.27	1	Joshua Newbold	Wharfedale	1	
20	6.30	2	Ben Kent	Helm Hill Runners	2	
23	6.35	3	Jacob Aubrey	Helm Hill Runners	3	
14	7.07	4	Robert Lambert	Wharfedale	4	
74	7.13	5	Connie Hurton	Eden Runners		1
85	7.18	6	Sam Willink	Helm Hill Runners	5	
44	7.19	7	Reuben Copley	U/A	6	
17	7.20	8	Robert Askew	Helm Hill Runners	7	
60	7.21	9	Maisy Redmayne	Helm Hill Runners		2
25	7.33	10	Sarah Atkinson	Helm Hill Runners		3
79	7.36	11	Lewis Goad	Kendal Athletic	8	
34	7.37	12	Imogen Burrow	Helm Hill Runners		4
58	7.42	13	Katherine Lawson	Howgill		5
21	7.48	14	Joe Kent	Helm Hill Runners	9	
39	7.53	15	Nathan Chadwick	Helm Hill Runners	10	
8	7.55	16	Logan Hargreaves	Wharfedale	11	
87	7.56	17	Katie Russle	Helm Hill Runners		6
36	7.58	18	Lewis Bowness	U/A	12	
35	7.58	19	Ciaren Crabtree	Wharfedale	13	
29	8.03	20	Angus Kennedy	Dallam	14	
11	8.09	21	Jack Byren	Helm Hill Runners	15	
3	8.09	22	Eilidh Miller	Broughton Runners		7
5	8.10	23	Robert Albon	Broughton Runners	16	
83	8.10	24	Jim O'Reilly	Helm Hill Runners	17	
53	8.13	25	Alfie Walton	Dallam	18	
6	8.21	26	Leah Albon	Broughton Runners		8
76	8.26	27	Samual Thom	Keighly and Craven	19	
55	8.31	28	James Maxwell	Settle	20	
37	8.34	29	Matthew Holroyd	Settle	21	
50	8.37	30	Patrick O'Reilly	Helm Hill Runners	22	
2	8.41	31	Gregor Miller	U/A	23	
61	8.52	32	James Abbatt	U/A	24	
46	9.01	33	Jack Galloway	Todmorden Harriers	25	
84	9.04	34	Kitty Morrison	U/A		9
59	9.08	35	Olivia Roscoe	U/A		10
62	9.11	36	Hannah Durkin	U/A		11
89	9.18	37	Sam Johnstone	Wharfedale	26	
42	9.25	38	Erin Bagge	Helm Hill Runners		12
72	9.38	39	Roxanne Sutton	Helm Hill Runners		13
71	9.55	40	Emelia Stevens	Helm Hill Runners		14
56	10.12	41	Lucy Maxwell	Settle		15
38	10.17	42	Alexander Chadwick	Helm Hill Runners	27	
45	10.32	43	Rowan Baker	Helm Hill Runners		16
86	10.34	44	Mia Roscoe	U/A		17
7	10.35	45	Ben Albon	U/A	28	
27	11.25	46	Tessa Knowles	U/A		18
26	11.42	47	Alexander Knowles	U/A	29	

Firbank U14

Number	Time	Position	Name	Club	Boys	Girls
82	08:40	1	Phil Done	Wharfedale	1	
88	08:45	2	Jordan Hull	Border Harriers	2	
64	09:05	3	Luke Canning	Helm Hill Runners	3	
81	09:27	4	David Goad	Kendal	4	
75	09:29	5	Callum Lambert	Wharfedale	5	
65	09:33	6	Mary Hodgson	Lancaster And Morcambe		1
15	10:01	7	Elle Lambert	Wharfedale		2
40	10:23	8	Michael Hutchinson	Helm Hill Runners	6	
51	10:31	9	Mary O'Reilly	Helm Hill Runners		3
31	11:05	10	Max Kennedy	Dallam	7	
91	11:15	11	Tessa Higgs	Helm Hill Runners		4
41	11:21	12	Tom Harkes	Dallam	8	
66	11:32	13	Rosie Dutson	U/A		5
1	11:33	14	Dan Miller	Broughton Runners	9	
77	11:37	15	Hannah Thom	Kighthly and Craven		6
78	11:53	16	Ellie Child	Skipton		7
90	12:02	17	Erin Proctor	Howgill		8
43	12:06	18	Roisin Bagge	Helm Hill Runners		9

Firbank U17

Number	Time	Position	Name	Club	Boys	Girls
239	11:55	1	James Hall	Wharfedale	1	
236	12:18	2	Rory Addison	Helm Hill Runners	2	
246	13:27	3	Declan Bulmer	Wharfedale	3	
241	13:38	4	Ben Johnstone	Wharfedale	4	
232	13:39	5	Sarah Hodgson	Landcaster and Morcambe		1
225	14:21	6	Jack Walton	Howgill	5	
131	14:35	7	Jack Sharples	Dallam	6	
130	14:45	8	Lauren Munro Bennett	Helm Hill Runners		2
110	14:59	9	Mathew Horn	Wharfedale	7	
127	15:27	10	Jon Lowther	Helm Hill Runners	8	
139	15:36	11	Beth Dutson	Helm Hill Runners		3
132	16:57	12	Ellie Walton	Dallam		4

Firbank Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	v50	v60
165	21:38	1	Mark Addison	Helm Hill Runners	1				
134	22:42	2	Tom Tipping	Helm Hill Runners	2		1		
256	23:02	3	James Knox	Helm Hill Runners	3				
211	23:10	4	Bill Stewart	Holmfirth	4				
145	23:32	5	Sam Fisher	Howgill Harriers	5				
213	23:48	6	John Hooson	Ambleside	6		2		
245	23:58	7	James Craig	U/A	7				
265	24:03	8	Mark Walsh	U/A	8				
121	24:10	9	Jeffrey Chadwick	Helm Hill Runners	9		3		
167	24:13	10	Garry Greenhow	U/A	10				
160	24:16	11	Jos Addison	Helm Hill Runners	11				
251	24:18	12	James Brock	Sedbergh	12				
262	24:21	13	Jamie Luxmoore	Keswick	13				
250	24:26	14	James Holdsworth	Sedbergh	14				
176	24:30	15	Paul Crabtree	Wharfedale	15		4		
102	24:43	16	Niall Till	Helm Hill Runners	16				
242	24:56	17	Ben Proctor	Helm Hill Runners	17				
112	25:08	18	Alex Brown	Helm Hill Runners	18				
133	25:10	19	Martin Holroyd	Borrowdale	19		5		
253	25:13	20	Charlie Mason	Sedbergh	20				
217	25:19	21	Mike Berners-Lee	Helm Hill Runners	21		6		
255	25:39	22	Andy Mouncey	Settle	22		7		
199	25:48	23	Chris Speight	Helm Hill Runners	23			1	
119	25:56	24	Anthony Bowness	U/A	24		8		
122	26:02	25	Patrick Hanna	Howgill Harriers	25				
105	26:08	26	Billy Proctor	Helm Hill Runners	26			2	
226	26:14	27	Alistor Hanna	Howgill Harriers	27				
103	26:17	28	Shaun Addison	Helm Hill Runners	28			3	
183	26:22	29	John Redmayne	U/A	29		9		
259	26:24	30	Garry Beardwood	Helm Hill Runners	30				
238	26:51	31	Kevin Hull	Border Harriers	31		10		
172	26:55	32	Jim Andrews	Helm Hill Runners	32		11		
201	26:58	33	Paul Upton	U/A	33				
109	27:00	34	Melanie Hyder	Helm Hill Runners		1			
142	27:02	35	Terry Robinson	U/A	34			4	
140	27:11	36	Colin Valentine	Keswick	35			5	
116	27:15	37	Roger Aubrey	Helm Hill Runners	36		12		
195	27:19	38	Gavin Thomas	Kendal	37		13		
266	27:29	39	Stuart Allan	Allithwaitte	38		14		
124	27:36	40	Simon Galloway	Todmorden Harriers	39		15		
252	27:52	41	Alex Rose	Sedbergh	40				
240	27:55	42	Dick Ballantine	Kighthly and Craven	41		16		
177	27:56	43	Malcolm Smith	Ambleside	42				
249	28:01	44	John Richadson	Howgill Harriers	43				
166	28:04	45	Andy Bennett	Helm Hill Runners	44		17		
164	28:10	46	Chris Schofield	Helm Hill Runners	45		18		
125	28:15	47	James Riley	Todmorden Harriers	46				
212	28:20	48	Paul Simpson	Kendal	47		19		
169	28:23	49	Brian Kennedy	Settle	48		20		
149	28:38	50	Patrick Willink	Helm Hill Runners	49		21		
111	28:43	51	Simon Kent	Helm Hill Runners	50			6	
129	28:45	52	Gareth Roscoe	Helm Hill Runners	51				

179	29:01	53	Matt Pearmin	U/A	52				
244	29:20	54	Fraser Livesey	Howgill Harriers	53		22		
202	29:32	55	Tom Owen	Helm Hill Runners	54				
237	29:35	56	Andrew Russell	Helm Hill Runners	55		23		
258	29:44	57	Rae Dalziel	Dallam	56		24		
168	29:59	58	Andrew Hinde	Settle	57			7	
254	30:12	59	Jim Fisher	Howgill Harriers	58			8	
185	30:13	60	Caroline Holden	Helm Hill Runners		2			
235	30:24	61	Stephen Baker	Helm Hill Runners	59		25		
170	30:35	62	Jayne Righby	Helm Hill Runners		3			
196	30:54	63	Dave Appleyard	Helm Hill Runners	60		26		
209	30:59	64	Kevin May	Howgill Harriers	61		27		
120	31:04	65	Debbie Copley	Dallam		4			
228	31:07	66	Tim Done	Wharfedale	62		28		
104	31:10	67	Tim Miller	Ambleside	63		29		
184	31:17	68	James Roberts	U/A	64		30		
233	31:21	69	Tim Murray	Helm Hill Runners	65		31		
198	31:32	70	Jenny Edmadson	Dallam		5			
248	31:38	71	Paul Jennings	U/A	66		32		
150	31:46	72	Kate Donovan	Howgill Harriers		6			
158	31:49	73	Mike Cronshaw	U/A	67				1
261	31:54	74	Simon Cummins	Howgill Harriers	68		33		
143	32:03	75	Stewart Johnson	Helm Hill Runners	69				2
101	32:14	76	Dave Till	Helm Hill Runners	70			9	
210	32:19	77	Katie May	Howgill Harriers		7			
222	32:27	78	Barry Scholes	Wharfedale	71			10	
224	32:31	79	Trevor Walton	Howgill Harriers	72			11	
118	32:34	80	Angela Donlan	Wharfedale		8			
260	32:47	81	Paul Jackson	Howgill Harriers	73				
263	32:59	82	Jane Latham	U/A		9			
221	33:07	83	Craig Child	U/A	74		34		
203	33:15	84	Wendy Dodds	Clayton		10			
187	33:20	85	Davod Sandford	U/A	75		35		
191	33:30	86	Rachel Slattery	Keswick		11			
200	33:41	87	Victoria Lepper	Helm Hill Runners		12			
243	34:43	88	George James	Blackpool	76				3
114	34:51	89	Eleanor Knowles	Ambleside		13			
141	35:06	90	Katie Robinson	U/A		14			
264	36:07	91	David Leedham	U/A	77			12	
229	36:15	92	Val Done	Wharfedale		15			
223	36:16	93	Neil Dyson	Ochil	78				4
220	36:21	94	Tim Thom	Kighthly and Craven	79		36		
230	36:25	95	Kath Davis	Settle		16			
257	36:31	96	Sue Narey	Wharfedale		17			
247	36:38	97	Christine Jennings	U/A		18			
227	39:26	98	Annie Kent	Helm Hill Runners		19			
106	42:12	99	Lynda Hargrieves	Wharfedale		20			
234	43:28	100	Anna Baker	Helm Hill Runners		21			
175	43:55	101	Karen Crabtree	Wharfedale		22			
231	44:18	102	Angela Munro Bennett	Helm Hill Runners		23			