

Elterwater Common U12

Number	Time	Position	Name	Club	Boys	Girls
315	06:47	1	Charlie Lowrie	Wharfedale	1	
20	06:51	2	Ben Kent	Helm Hill Runners	2	
12	07:18	3	Joshua Newbold	Wharfedale	3	
327	07:22	4	Tom Humphries	Eden Runners	4	
23	07:33	5	Jacob Aubrey	Helm Hill Runners	5	
376	07:40	6	Thomas Marchant	Pendal AC	6	
8	07:45	7	Logan Hargreaves	Wharfedale	7	
21	07:54	8	Joe Kent	Helm Hill Runners	8	
11	07:56	9	Jack Byrne	Helm Hill Runners	9	
25	07:58	10	Sarah Atkinson	Helm Hill Runners		1
60	07:59	11	Maisy Redmayne	Helm Hill Runners		2
17	08:01	12	Robert Askew	Helm Hill Runners	10	
44	08:02	13	Reuben Copley	Dallam	11	
58	08:03	14	Katherine Lawson	Howgill		3
342	08:31	15	Nathan Chadwick	Helm Hill Runners	12	
374	08:41	16	Alfie Walton	Dallam	13	
19	08:43	17	Shona Hastings	Wharfedale		4
36	08:59	18	Lewis Bowness	U/A	14	
5	09:01	19	Robert Albion	Broughton Runners	15	
3	09:02	20	Eilidh Miller	Broughton Runners		5
6	09:02	21	Leah Albion	Broughton Runners		6
306	09:03	22	Alfie Thorpe	Broughton Runners	16	
37	09:04	23	Matthew Holroyd	Settle	17	
55	09:16	24	James Maxwell	Settle	18	
71	09:19	25	Emelia Stevens	Helm Hill Runners		7
18	09:20	26	Ellamae Gibson	Wharfedale		8
9	09:21	27	Charlotte G Foster	Dallam		9
378	09:22	28	Richard Done	Wharfedale	19	
2	09:30	29	Gregor Miller	Broughton Runners	20	
321	09:36	30	Callum Noble	U/A	21	
63	09:38	31	Alice Bowston	U/A		10
83	09:54	32	Jim O'Reilly	Helm Hill Runners	22	
375	09:57	33	Alfie Savage	Ambleside	23	
94	09:59	34	Bob Evans	Settle	24	
76	10:02	35	Samual Thom	Keighly and Craven	25	
59	10:08	36	Olivia Roscoe	U/A		11
50	10:30	37	Patrick O'Reilly	Helm Hill Runners	26	
317	10:36	38	Grace Attwood	Dallam		12
62	10:37	39	Hannah Durkin	U/A		13
344	10:51	40	Neve Spotswood	Dallam		14
379	10:59	41	Nicola Sharples	Dallam		15
56	11:00	42	Lucy Maxwell	Settle		16
346	11:33	43	Ethen Spotswood	Dallam	27	
38	11:48	44	Alexander Chadwick	Helm Hill Runners	28	
7	11:49	45	Ben Albion	U/A	29	
27	11:58	46	Tessa Knowles	U/A		17
45	12:41	47	Rowan Baker	Helm Hill Runners		18

26	12:56	48	Alexander Knowles	U/A	30	
86	13:16	49	Mia Roscoe	U/A		19

Elterwater Common U14

Number	Time	Position	Name	Club	Boys	Girls
372	09:29	1	Callum Lambert	Wharfedale	1	
373	10:15	2	Elle Lambert	Wharfedale		1
65	11:16	3	Mary Hodgson	Lancaster And Morcambe		2
51	11:22	4	Mary O'Reilly	Helm Hill Runners		3
308	11:58	5	Jamie Gittins	Broughton Runners	2	
73	11:59	6	Georgia Stevens	Helm Hill Runners		4
77	12:00	7	Hannah Thom	Kighthly and Craven		5
1	12:12	8	Dan Miller	Broughton Runners	3	
31	12:31	9	Max Kennedy	Dallam	4	
66	12:34	10	Rosie Dutson	U/A		6
337	12:48	11	Tessa Higgs	Helm Hill Runners		7
90	12:50	12	Erin Proctor	Howgill		8
377	13:00	13	Ruban Ketchen	Helm Hill Runners		9
10	13:00	14	Hannah G Foster	Dallam		10

Elterwater Common U17

Number	Time	Position	Name	Club	Boys	Girls
239	12:06	1	James Hall	Wharfedale	1	
246	13:39	2	Declan Bulmer	Wharfedale	2	
270	13:49	3	Jack Sharples	Dallam	3	
225	13:50	4	Jack Walton	Howgill	4	
271	14:52	5	Jake Lowther	Helm Hill Runners	5	
232	15:20	6	Sarah Hodgson	Landcaster and Morcambe		1
281	15:44	7	Mathew Horn	Wharfedale	6	
127	15:55	8	Jon Lowther	Helm Hill Runners	7	
139	17:17	9	Beth Dutson	Helm Hill Runners		2
314	21:10	10	Sally Handford	Keighley and Craven		3

Elterwater Common Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	v50	v60
157	25:40	1	Ben Abdelnoor	Ambleside	1				
256	25:53	2	James Knox	Helm Hill Runners	2				
569	25:56	3	Hugh O'Donnell	Ambleside	3				
579	26:27	4	Mike Robinson	Dark Peak	4		1		
567	26:41	5	Jon Deegan	Ambleside	5		2		
576	27:01	6	Shaun Chew	Wharfedale	6				
438	27:18	7	Sam Fisher	Howgill Harriers	7				
577	27:24	8	Dan Duxbury	Ambleside	8				
133	27:33	9	Martin Holroyd	Borrowdale	9		3		
102	27:50	10	Niall Till	Helm Hill Runners	10				
429	28:21	11	Ben Proctor	Helm Hill Runners	11				
121	28:57	12	Jeffrey Chadwick	Helm Hill Runners	12		4		
183	29:07	13	John Redmayne	Helm Hill Runners	13		5		
578	29:11	14	Karl Steinegger	Ambleside	14				
140	29:13	15	Colin Valentine	Keswick	15			1	
498	29:20	16	Richard Marchant	Pendal AC	16			2	
206	29:29	17	Paul Noble	U/A	17		6		
105	29:36	18	Billy Proctor	Helm Hill Runners	18			3	
126	29:39	19	Jack Holt	Clayton	19				1
112	30:03	20	Alex Brown	Helm Hill Runners	20				
195	30:03	21	Gavin Thomas	Kendal	21		7		
109	31:00	22	Melanie Hyder	Helm Hill Runners		1			
172	31:06	23	Jim Andrews	Helm Hill Runners	22		8		
142	31:19	24	Terry Robinson	U/A	23			4	
116	31:20	25	Roger Aubrey	Helm Hill Runners	24		9		
119	31:30	26	Anthony Bowness	U/A	25		10		
571	31:33	27	Jim Tyson	Ambleside	26				
204	31:44	28	Olly Fielden	CFR	27				
580	31:52	29	Hazel Robinson	Ambleside		2			
572	31:57	30	Steve Freeman	Ambleside	28		11		
566	32:12	31	Allan Miller	Kendal	29			5	
435	32:14	32	Mike Walsh	Kendal	30				2
581	32:18	33	John Shedwick	Ambleside	31				
499	32:26	34	Andy Bennett	Helm Hill Runners	32		12		
163	32:48	35	Phil Thurlow	Helm Hill Runners	33		13		
164	32:56	36	Chris Schofield	Helm Hill Runners	34		14		
129	33:08	37	Gareth Roscoe	Helm Hill Runners	35				
272	33:22	38	Johnathan Gibson	Wharfedale	36		15		
478	33:29	39	Ian Robinson	Clayton	37			6	
207	33:49	40	Sam Noble	U/A		3			
453	33:57	41	Andy Holden	Wharfedale	38		16		
496	34:15	42	Jim Fisher	Howgill Harriers	39			7	
574	34:51	43	Paul Tuson	Helm Hill Runners	40			8	
573	34:56	44	Anna Forrest	Ambleside		4			
233	35:18	45	Tim Murray	Helm Hill Runners	41		17		
568	35:41	46	Tom Doyle	Helm Hill Runners	42				
209	35:45	47	Kevin May	Howgill Harriers	43		18		
228	35:48	48	Tim Done	Wharfedale	44		19		
575	35:52	49	Mike Peat	Lonsdale	45			9	
148	35:54	50	John Hodgson	Dallam	46				3
196	36:37	51	Dave Appleyard	Helm Hill Runners	47		20		
224	36:49	52	Trevor Walton	Howgill Harriers	48			10	

114	36:56	53	Eleanor Knowles	Ambleside		5			
101	37:07	54	Dave Till	Helm Hill Runners	49			11	
198	37:10	55	Jenny Edmondson	Dallam		6			
565	37:30	56	Val Done	Wharfedale		7			
495	37:31	57	Jessica Bagnall	Settle		8			
191	37:32	58	Rachel Slattery	Keswick		9			
143	38:27	59	Stewart J Johnson	Helm Hill Runners	50				4
210	38:29	60	Katie May	Howgill Harriers		10			
150	38:30	61	Kate Donovan	Howgill Harriers		11			
436	39:10	62	Mark Chamley	U/A	51				
220	39:20	63	Tim Thom	Kighthly and Craven	52		21		
128	39:58	64	Lynn Whittaker	Wharfedale		12			
285	40:04	65	Vicky Kirkwood	Dallam		13			
570	41:44	66	Martin Bethell	U/A	53		22		
141	42:19	67	Katie Robinson	U/A		14			
500	42:43	68	Roger Hall	Wharfedale	54		23		
147	43:15	69	Trevor Metcalf	Wharfedale	55				5
230	44:32	70	Kath Davis	Settle		15			
227	46:03	71	Annie Kent	Helm Hill Runners		16			
294	47:10	72	Richard Handford	Settle	56			12	
106	48:43	73	Lynda Hargrieves	Wharfedale		17			
497	49:46	74	Denis Wood	Borrowdale	57				6
234	49:50	75	Anna Baker	Helm Hill Runners		18			
174	52:42	76	Sharon Newbold	Wharfedale		19			
278	53:05	77	Richard Clives	U/A	58				7