

Birkrigg U12

Number	Time	Position	Name	Club	Boys	Girls
20	05:08	1	Ben Kent	Helm Hill Runners	1	
12	05:14	2	Joshua Newbold	Wharfedale	2	
23	05:17	3	Jacob Aubrey	Helm Hill Runners	3	
315	05:22	4	Charlie Lowrie	Wharfedale	4	
11	05:33	5	Jack Byren	Helm Hill Runners	5	
14	05:38	6	Robert Lambert	Wharfedale	6	
17	05:39	7	Robert Askew	Helm Hill Runners	7	
85	05:40	8	Sam Willink	Helm Hill Runners	8	
60	05:42	9	Maisy Redmayne	Helm Hill Runners		1
25	05:46	10	Sarah Atkinson	Helm Hill Runners		2
39	05:47	11	Nathan Chadwick	Helm Hill Runners	9	
44	05:48	12	Reuben Copley	U/A	10	
8	05:50	13	Logan Hargreves	Wharfedale	11	
311	06:00	14	Luke Turner	Hoad Hill	12	
310	06:01	15	Luke Worrall	U/A	13	
19	06:02	16	Shona Hastings	Wharfedale		3
18	06:02	17	Ellamae Gibson	Wharfedale		4
313	06:03	18	Tom Willink	Helm Hill Runners	14	
34	06:04	19	Imogen Burrow	Helm Hill Runners		5
36	06:05	20	Lewis Bowness	U/A	15	
306	06:06	21	Alfie Thorpe	U/A	16	
309	06:12	22	Katie Horn	Wharfedale		6
21	06:16	23	Joe Kent	Helm Hill Runners	17	
97	06:17	24	Angus Kennedy	Dallam	18	
301	06:18	25	Adam Gibson	Wharfedale	19	
35	06:21	26	Ciaren Crabtree	Wharfedale	20	
6	06:23	27	Leah Albon	Broughton Runners		7
5	06:27	28	Robert Albon	Broughton Runners	21	
3	06:35	29	Eilidh Miller	Broughton Runners		8
63	06:36	30	Alice Bowston	U/A		9
59	06:38	31	Olivia Roscoe	U/A		10
61	06:38	32	James Abbatt	U/A	22	
316	07:01	33	Alfie Savage	Ambleside	23	
71	07:03	34	Emelia Stevens	Helm Hill Runners		11
96	07:07	35	Zoe Sharples	Dallam		12
98	07:10	36	Kitty Morrison	U/A		13
94	07:11	37	Bob Evans	Settle	24	
2	07:16	38	Gregor Miller	U/A	25	
317	07:20	39	Grace Attwood	Dallam		14
318	07:25	40	Joe Danovan	U/A	26	
321	07:26	41	Callum Noble	U/A	27	
62	07:43	42	Hannah Durkin	U/A		15
323	07:47	43	Amy Slattery	U/A		16
72	07:52	44	Roxanne Sutton	Helm Hill Runners		17
322	07:55	45	Alice Slattery	U/A		18
42	08:01	46	Erin Bagge	Helm Hill Runners		19
7	08:23	47	Ben Albon	U/A	28	

45	08:31	48	Rowan Baker	Helm Hill Runners		20
86	08:33	49	Mia Roscoe	U/A		21
27	08:34	50	Tessa Knowles	U/A		22
26	09:02	51	Alexander Knowles	U/A	29	

Birkrigg U14

Number	Time	Position	Name	Club	Boys	Girls
22	09:02	1	Chris Richards	Helm Hill Runners	1	
75	09:45	2	Callum Lambert	Wharfedale	2	
15	10:24	3	Elle Lambert	Wharfedale		1
31	10:40	4	Max Kennedy	Dallam	3	
88	10:55	5	Jordan Hull	Border Harriers	4	
40	10:55	6	Michael Hutchinson	Helm Hill Runners	5	
41	10:58	7	Tom Harkes	Dallam	6	
28	10:59	8	Heidi Murray	Helm Hill Runners		2
308	11:19	9	Jamie Gittins	Broughton Runners	7	
66	11:22	10	Rosie Dutson	U/A		3
73	11:24	11	Georgia Stevens	Helm Hill Runners		4
90	11:38	12	Erin Proctor	Howgill		5
16	11:40	13	Lorna Numwick	Helm Hill Runners		6
69	11:50	14	Abigail Howie	Hoad Hill		7
13	12:00	15	Hannah Newbold	Wharfedale		8
52	12:26	16	Maddy Bell	Dallam		9

Birkrigg U17

Number	Time	Position	Name	Club	Boys	Girls
407	15:48	1	Rory Addison	Helm Hill Runners	1	
225	15:53	2	Jack Walton	Howgill	2	
270	16:18	3	Jack Sharples	Dallam	3	
130	16:29	4	Lauren Munro Bennett	Helm Hill Runners		1
281	16:50	5	Mathew Horn	Wharfedale	4	
319	17:09	6	David Wilson	Wharfedale	5	
139	17:24	7	Beth Dutson	Helm Hill Runners		2
312	18:19	8	Ellie Walton	Dallam		3
314	19:05	9	Sally Handford	Keighley and Craven		4
277	20:18	10	William Leedham	Dallam	6	
320	23:57	11	Nick Crowder	U/A	7	
403	23:58	12	Neil Gordon	Hoad Hill	8	

Birkrigg Seniors

Number	Time	Position	Name	Club	Men	Ladies	v40	v50	v60
165	17:48	1	Mark Addison	Helm Hill Runners	1				
408	18:26	2	Tom Addison	Helm Hill Runners	2				
218	18:50	3	Rhys Findly-Robinson	Dark Peak	3				
256	18:57	4	James Knox	Helm Hill Runners	4				
402	19:08	5	Harry Stainton	Hoad Hill	5				
245	19:13	6	James Craig	U/A	6				
414	19:44	7	Will Smith	Helm Hill Runners	7				
289	19:49	8	Seb Sillito	Helm Hill Runners	8				
273	19:55	9	Christopher Howie	Hoad Hill	9		1		
121	20:03	10	Jeffrey Chadwick	Helm Hill Runners	10		2		
112	20:32	11	Alex Brown	Helm Hill Runners	11				
255	20:39	12	Andy Mouncey	Settle	12		3		
217	21:00	13	Mike Berners-Lee	Helm Hill Runners	13		4		
119	21:07	14	Anthony Bowness	U/A	14		5		
102	21:10	15	Niall Till	Helm Hill Runners	15				
135	21:33	16	Rob Dewhurst	Ambleside	16		6		
183	21:42	17	John Redmayne	U/A	17		7		
103	21:49	18	Shaun Addison	Helm Hill Runners	18			1	
216	21:51	19	Richard Wells	Allithwaitte	19		8		
172	21:52	20	Jim Andrews	Helm Hill Runners	20		9		
204	21:53	21	Ollie Feiden	CFR	21				
105	21:58	22	Billy Proctor	Helm Hill Runners	22			2	
109	22:00	23	Melanie Hyder	Helm Hill Runners		1			
116	22:18	24	Roger Aubrey	Helm Hill Runners	23		10		
163	22:33	25	Phil Thurlow	Helm Hill Runners	24		11		
195	22:48	26	Gavin Thomas	Kendal	25		12		
298	22:59	27	Francesco Sciortino	Dallam	26				
206	23:07	28	Paul Noble	U/A	27		13		
169	23:09	29	Brian Kennedy	Settle	28		14		
111	23:21	30	Simon Kent	Helm Hill Runners	29			3	
207	23:22	31	Sam Noble	U/A		2			
129	23:24	32	Gareth Roscoe	Helm Hill Runners	30				
409	23:27	33	Peter Clives	U/A	31		15		
166	23:31	34	Andy Bennett	Helm Hill Runners	32		16		
299	23:46	35	Silvan Gettschall	Dallam	33				
149	23:50	36	Patrick Willink	Helm Hill Runners	34		17		
416	23:57	37	Stuart Allan	Allithwaitte	35		18		
413	24:07	38	Graham Jackson	Allithwaitte	36				
272	24:08	39	Johnathan Gibson	Wharfedale	37		19		
113	24:14	40	Duncan Richards	Helm Hill Runners	38			4	
212	24:25	41	Paul Simpson	Kendal	39		20		
120	24:34	42	Debbie Copley	Dallam		3			
185	24:41	43	Caroline Holden	Helm Hill Runners		4			
193	25:01	44	Karl Mason	U/A	40				
181	25:13	45	Steve Carr	U/A	41			5	
410	25:24	46	Jean-Jacques Silletto	U/A	42				
196	25:26	47	Dave Appleyard	Helm Hill Runners	43		21		
274	25:29	48	Shaun Atkinson	U/A	44				
404	25:44	49	Rachel Tompson	Barrow		5			
405	25:57	50	Katie Savage	Barrow		6			
261	26:00	51	Simon Cummins	Howgill Harriers	45		22		
224	26:02	52	Trevor Walton	Howgill Harriers	46			6	

158	26:12	53	Mike Cronshaw	U/A	47				1
406	26:31	54	Peter Savage	Barrow	48				
143	26:33	55	Stewart J Johnson	Helm Hill Runners	49				2
222	26:40	56	Barry Scholes	Wharfedale	50			7	
148	26:43	57	John Hodgson	Dallam	51				3
260	26:48	58	Paul Jackson	Howgill Harriers	52				
150	26:53	59	Kate Donovan	Howgill Harriers		7			
128	26:57	60	Lynn Whittaker	Wharfedale		8			
285	27:23	61	Vicky Kirkwood	Dallam		9			
187	27:43	62	Davod Sandford	U/A	53		23		
114	28:02	63	Eleanor Knowles	Ambleside		10			
191	28:25	64	Rachel Slattery	Keswick		11			
412	28:33	65	Oliver Robberts	U/A	54				
295	28:35	66	Raj Madhas	Wharfedale	55		24		
300	28:37	67	Paul Wilson	Wharfedale	56			8	
107	28:44	68	David Woodbridge	Ambleside	57			9	
297	29:03	69	Sally Horn	U/A		12			
123	29:10	70	Andrew Leedham	Dallam	58		25		
243	29:34	71	George James	Blackpool	59				4
223	29:54	72	Neil Dyson	Ochil	60				5
294	31:10	73	Richard Handford	Settle	61			10	
227	31:23	74	Annie Kent	Helm Hill Runners		13			
296	31:27	75	Mary Clayton	Wharfedale		14			
411	31:58	76	Amanda Burrow	U/A		15			
401	33:14	77	Sarah Wilson	Wharfedale		16			
234	33:17	78	Anna Baker	Helm Hill Runners		17			
106	35:18	79	Lynda Hargrieves	Wharfedale		18			
174	35:23	80	Sharon Newbold	Wharfedale		19			