

Winter League
Cautley Spout Results
Senior Men

Position	Name	Club	Time	V40	V50	V60
1	Sam Fisher	Howgill	30:15			
2	Carl Bell	Howgill	30:22			
3	Joss Addisson	Helm Hill	30:54			
4	Mike Robinson	Dark Peak	31:39			
5	Sam Watson	Wharfedale	32:12			
6	Martin Holroyd	Borrowdale	32:55	1		
7	Alex Till	Helm Hill	33:05			
8	Tom Sessford	Keighley & Craven	33:14			
9	Ed Gamble	Cheshire	33:45	2		
10	Brendon Bolland	Horwich	33:58	3		
11	Niall Till	Helm Hill	34:37			
12	Russell Owen	Eryri	35:01		1	
13	Sean Bolland	Bowland	35:23			
14	Paul Neild	Bowland	35:41			
15	Steve Carr	U/A	37:09		2	
16	George Philpot	Sedbergh School	38:04			
17	David Crayston	U/A	38:08	4		
18	Roger Aubrey	U/A	38:16	5		
19	Joss Livesey	Howgill	38:49			
20	Andy Bennett	Helm Hill	38:57			
21	Fraser Livesey	Howgill	39:09	6		
22	Simon kent	Helm Hill	39:38		3	
23	James Riley	Todmorden	39:39			

24	Dale Gibbons	Helm	39:48			
25	Tim Fisher	Howgill	40:17		4	
26	Tim Murray	Helm	40:29			
27	Patrick Willink	Helm	40:58	7		
28	Mike Addisson	Helm	41:49	8		
29	Jeff Watson	Elveet Striders	41:55			
30	Barry Scholes	wharfedale	42:19		5	
31	Dave Appleyard	Helm	42:27			
32	Paul Noble	U/A	42:39	9		
33	Trevor Walton	Howgill	43:21		6	
34	Simon Galloway	Todmorden Harriers	43:28	10		
35	Dave Till	Helm	43:35		7	
36	Andrew Russell	u/A	43:56	11		
37	Steven Baker	Helm	43:59			
38	Chris Speight	Helm	44:45		8	
39	John Hodgson	Dallam	44:50			1
40	Tom Thorn	Keighley & Craven	48:09	12		
41	Paul Jackson	Howgill	48:43			
42	Neil Dyson	north York moors	49:11			2
43	Robert Gregory	U/A	51:17			
44	Mick Banks	Calder Valley	51:31		9	
45	Raj Madhas	Wharfedale	52:02	13		
46	Clive Richards	FRA	52:40			3
47	Roger Hall	wharfedale	53:01			4
48	Dennis Woods	Borrowdale	53:06			5

49	Paul Wilson	Pendle	53:36		10	
50	Andrew Leedham	u/A	53:52	14		
51	Richard Harriford	Keighley & Craven	57:28		11	
52	Andrew Biddle	West Pennine	59:16		12	
53	Ed Rushden	U/A	1:10:40			

Senior Women

Position	Overall	Name	Club	Time		
1	25	Wendy Dodds	Clayton-le Moors	39:52	V	
2	28	Sam Noble	U/A	40:33		
3	32	Jen Mattinson	Howgill	42:02		
4	41	Jessica Goodfellow	Dallam	44:19	V	
5	42	Kath Aubrey	Helm	44:43		
6	45	Kate Donovan	Howgill	45:00		
7	47	Sue Nairey	Wharfedale	48:15		
8	48	Lynn Whittaker	Wharfedale	48:37		
9	59	Ali Bramall	Ambleside	55:21	V	
10	62	Linda Hargreaves	Wharfedale	1:08:44		

Cautley Spout 2010 Results U17 Boys

Position	Name	Club	Time	
1	James Knox	Helm	18:32	
2	Tom Doyle	Helm	19:11	
3	Rory Addisson	Helm	20:01	
4	Sam Till	Dallam	21:02	
5	Declan Bulmer	Kendal AC	22:07	
6	Alex Brown	U/A	23:26	
7	Scott Barstow	Wharfedale	23:58	
8	Jack Walton	Howgill	24:22	
9	David Wilson	Wharfedale	27:12	

U17 Girls

Position	Name	Club	Time	
1	Melanie Hyder	Helm	22:17	
2	Lauren Munro-Bennett	Helm	23:58	
3	Sarah Hodgson	Lancaster & Morecambe	24:29	
4	Nicole Norey	Wharfedale	26:11	
5	Beth Dutson	U/A	26:27	

U 14 Boys

Position	Name	Club	Time	
1	Ben Johnstone	Wharfedale	9:53	
2	James hall	Wharfedale	9:54	
3	David Goad	Helm Hill	10:34	
4	Callum Lambert	Wharfedale	10:44	
5	Luke Canning	Helm	10:52	
6	Olliver Willink	Helm	11:27	
7	Jake Lowther	Helm	12:12	
8	Jon Lowther	Helm	12:45	
9	Dan Miller	Broughton	13:20	
10	Oran Swindley	Helm	14:14	
11	Will Leedham	Dallam	14:28	

U14 Girls

Position	Name	Club	Time	
1	Bella Gray	Kendal	11:53	
2	Loren Appleyard	Helm	13:20	
3	Lorna Nunwick	Helm	13:42	
4	Sally Handford	Keighley and Craven	14:37	
5	Hannah Russell	U/A	14:43	
6	Chloe Law	Rossendale	17:07	
7	Zoe Bastow	Wharfedale	18:20	

Under 12 Boys

Position	Name	Club	Time	
1	Charlie Lowrie	Wharfedale	8:23	
2	Josh Newbold	Wharfedale	8:34	
3	Ben Kent	Helm	8:42	
4	Jacob Aubrey	Helm	8:53	
5	Michael Hutchinson	Dallam	9:01	
6	Jack Byrne	Helm	9:08	
7	Sam willink	Helm	9:25	
8	Max Kennedy	Dallam	9:48	
9	Robert Lambert	Settle	9:50	
10	James Marsh	Helm	10:13	
11	Ruben Copley	U/A	10:20	
12	Tom Willink	Helm	10:28	
13	Nathan Chadwick	Helm	11:07	
14	Joe Kent	Helm	11:14	
15	Robert albion	Broughton runners	11:21	
16	Robert Askew	Helmm	11:23	
17	Logan Hargrove	Wharfedale	11:29	
18	Alistair Howie	Hoadhill	11:53	
19	Matthew Holroyd	Settle	11:58	
20	Bob Evans	Settle	11:59	
21	Sam Mason	Ghyllside	12:54	
22	Patrick O'reilly	Helm	12:56	
23	Sam Johnstone	Wharfedale	13:02	
24	Gregor Miller	U/A	13:05	
25	Joe Hurn	Helm	13:08	
26	Alexander chadwick	Helm	15:01	
27	Tommie Lowrie	Wharfedale	15:39	
28	Alexander Knowles	U/A	16:33	

U 12 Girls

1	Ellie Lambert	Settle Harriers	9:24	
2	Mary O'reilly	Helm	10:15	
3	Sarah Atkinson	Helm	10:26	
4	Ellamae Gibson	Wharfedale	10:28	
5	Katherine	Howgill	10:34	

	lawson			
6	Katie Russell	U/A	11:06	
7	Hannah Foster	Dallam	11:08	
8	Erin Procter	Howgill	11:17	
9	Roisin Bagge	Helm	11:23	
10	Abigael Howie	Hoadhill	11:23	
11	Hannah Thom	Keighley and Craven	11:24	
12	Emily Mason	Helm	11:26	
13	Heidi Murray	Helm	11:31	
14	Robin ketcher	Helm	11:57	
15	Eilidh Miller	Broughton	12:00	
16	Rosie Dutson	U/A	12:26	
17	Leah Albion	Broughton	DNF	