

# Birkrigg Common 31<sup>st</sup> January 2010

## Birkrigg Common 2010 results Under 12 Boys

Position	Time	Name	Club
1	4.50	Joshua Newbold	Wharfedale
2	4.51	Lloyd Davies	Wharfedale
3	4.56	Michael Hutchinson	Dallam
4	4.59	Ben Kent	Helm Hill
5	5.03	Jacob Aubrey	Helm Hill
6	5.11	Charlie Lowrie	Wharfedale
7	5.16	Max Kennedy	Dallam
8	5.18	Lewis Goad	Helm Hill
9	5.20	Oliver Spencer	Pendle
10	5.21	James Marsh	Helm Hill
11	5.22	Robbie Johnstone	Wharfedale
12	5.23	Jack Byrne	Helm Hill
13	5.27	Luke Turner	Hoad Hill
14	5.28	Sam Willink	Helm Hill
15	5.35	Charles Smith	Wharfedale
16	5.37	Reuben Copley	U/A
17	5.41	Herbie Davies	Wharfedale
18	5.49	Thomas James	Hoad Hill
19	5.51	Robert Lambert	Settle
20	5.53	Tom Harkes	Dallam
21	5.54	Joe Kent	Helm Hill
22	5.59	Adam Gibson	Wharfedale
23	6.03	Joseph Murray	Helm Hill
24	6.05	Tom Willink	Helm Hill
25	6.06	Edward Higgs	Howgill
26	6.07	Logan Hargreaves	Wharfedale
27	6.09	Jack Turner	Hoad Hill
28	6.13	Bob Evans	Settle
29	6.15	Ed Leedham	Dallam
30	6.22	Sam Mason	Helm Hill
31	6.22	Nathan Chadwick	Hoad Hill
32	6.26	David Griffiths	Hoad Hill
33	6.33	Robert Albion	Broughton
34	6.35	Alistair Howie	Hoad Hill
35	6.37	Patrick O'Reilly	Helm Hill
36	6.38	Joe Hurn	Helm Hill
37	6.39	William Berners-Lee	U/A
38	6.39	Thomas Gregg	Hoad Hill
39	6.49	Sam Johnstone	Wharfedale
40	7.11	Jim O'Reilly	Helm Hill
41	7.13	Greggor Miller	U/A
42	8.02	Tommy Lowrie	Wharfedale
43	8.04	Alexander Knowles	U/A
44	8.16	Shane Liptrot	U/A

## Birkrigg Common 2010 results Under 12 Girls

Position	Time	Name	Club
1.	5.22	Mary O'Reilly	Helm Hill
2.	5.32	Ellie Lambert	Settle
3.	5.37	Ella Mae Gibson	Wharfedale
4.	5.42	Heidi Murray	Helm Hill
5.	5.47	Sophie Marshall	Settle
6.	5.53	Emily Mason	Helm Hill
7.	5.56	Sarah Atkinson	Helm Hill
8.	6.04	Rosie Dutson	U/A
9.	6.08	Leah Albion	Broughton
10.	6.08	Abigail Howie	Hoad Hill
11.	6.10	Eilidh Miller	Broughton
12.	6.14	Hannah Goodfellow Foster	Dallam
13.	6.14	Erin Proctor	Howgill
14.	6.17	Zoe Sharples	Dallam
15.	6.23	Charlotte Goodfellow Foster	Dallam
16.	6.44	Grace Catlett	Hoad Hill
17.	6.54	Katie Dixon	Hoad Hill
18.	7.00	Rosie Berners-Lee	U/A
19.	7.15	Fiona Bennett	Hoad Hill
20.	7.33	Ruth Lambert	Hoad Hill
21.	7.34	Meg Owen	Helm Hill
22.	7.35	Katalin Trevena	Hoad Hill
23.	7.45	Amy Rigg	Hoad Hill
24.	7.46	Annabel Smith	U/A
25.	8.39	Tessa Knowles	U/A
26.	12.26	Helen Lecky-Thompson	Broughton

## Birkrigg Common 2010 results Under 14 Boys

Position	Time	Name	Club
1.	8.27	James Hall	Wharfedale
2	8.54	Ben Johnston	Wharfedale
3	9.01	Phil Done	Keighley
4	9.07	David Goad	Helm Hill
5	9.16	Luke Canning	Helm Hill
6	9.37	Ben Till	Dallam
7	9.41	Aaron Champion	U/A
8	9.45	Gavin Lloyd	Broughton
9	9.48	Tom Spencer	U/A
10	10.02	Jack Sharples	Dallam
11	10.35	Callum Lambert	Wharfedale
12	11.28	Will Leedham	Dallam
13	12.05	Oran Swindley	Helm Hill
14	12.10	Dan Miller	Broughton
15	12.32	Jonathan Crabbe	U/A

Birkrigg Common 2010 results  
Under 14 Girls

Position	Time	Name	Club
1	10.00	Bella Gray	Kendal
2	10.06	Mary Hodgson	Lancs and Morc
3	10.29	Lorna Nunwick	Helm Hill
4	10.43	Tessa Higgs	Howgill
5	11.11	Lauren Appleyard	Helm Hill
6	13.21	Chloe Law	Rossendale

Birkrigg Common 2010 results  
Under 17 Boys

Position	Time	Name	Club
1	13.53	Rory Addison	Helm Hill
2	14.12	Sam Till	Dallam
3	14.39	Tom Doyle	Helm Hill
4	15.15	Alex Brown	U/A
5	18.02	Scott Barstow	Wharfedale

Birkrigg Common 2010 results  
Under 17 Girls

Position	Time	Name	Club
1	15.19	Melanie Hyder	Helm Hill
2	16.09	Sarah Hodgson	Lancs and Morc
3	16.40	Lauren Munro Bennett	Helm Hill
4	18.51	Nicole Narey	Wharfedale
5	20.50	Juliet Servante	Broughton

## Birkrigg Common 2010 results

### Senior Men

Position	Name	Club	Time	V40	V50	V60
1	Sam Fisher	Sedbergh School	19.07			
2	Mike Robinson	Dark Peak	19.21	1		
3	Carl Bell	Howgill	19.29			
4	Joss Addison	Helm Hill	19.45			
5	Chris Newman	Wharfedale	20.00			
6	Ben Procter	Helm Hill	20.21			
7	Paul O'Reilly	Helm Hill	20.31	2		
8	Niall Till	Helm Hill	20.43			
9	Jamie Robbins	Ambleside	21.05			
10	Alex Till	Helm Hill	21.24			
11	Phil Whiting	U/A	22.01		1	
12	Shaun Addison	Helm Hill	22.05		2	
13	Roger Aubrey	Helm Hill	22.09	3		
14	Graham Moffat	Howgill	22.13		3	
15	Brian Kennedy	Settle	22.14	3		
16	David Crayston	U/A	22.17	4		
17	Peter Clives	U/A	22.33	5		
18	Steve Carr	U/A	22.47		4	
19	Mike Addison	Helm Hill	22.55	6		
20	Simon Kent	Helm Hill	23.06		5	
21	Stuart Allan	Dallam	23.10	7		
22	Dale Gibbons	Helm Hill	23.16			
23	Simon Rodger	U/A	23.17			
24	Jonathan Gibson	Wharfedale	23.24	8		
25	James Riley	Todmorden	23.27			
26	Jim Fisher	Howgill	23.27		6	
27	Andy Bennett	Helm Hill	23.29			
28	Richard Lecky-Thompson	Ambleside	23.36	9		
29	Patrick Willink	Helm Hill	23.47	10		
30	Paul Noble	U/A	23.54	11		
31	Tom Owen	Helm Hill	24.10			
32	Tim Done	Wharfedale	24.16	12		
33	Alan Coulston	U/A	24.24			
34	Steve Harrison	Hoad Hill	24.25	13		
35	Dave Appleyard	Helm Hill	24.28	14		
36	Andrew Russell	U/A	24.30	15		
37	Scott Davies	U/A	24.44			
38	Stuart Johnson	Helm Hill	25.10		7	
39	John Hodgson	Dallam	25.14			1
40	Dave Till	Helm Hill	25.21		8	
41	Paul Tuson	Helm Hill	25.38		9	
42	Mike Wilkinson	U/A	27.20			
43	Ian Newbold	Wharfedale	27.24	16		
44	Roger Hall	Wharfedale	28.07			2
45	Mike Crabbe	U/A	28.31	17		
46	Andrew Leedham	U/A	29.09	18		
47	John Barstow	U/A	29.18		10	
48	Stuart Johnstone	Wharfedale	29.20	19		
49	George James	Blackpool	29.27			3

50	Neil Dyson	North York Moors	29.38			4
51	Andrew Biddle	West Pennine	29.42		11	
52	Denis Wood	Borrowdale	29.51			5
53	Lee Marshall	Settle	30.43			
54	Richard Clives	U/A	32.20			6
55	Tom Dutson	U/A	33.48	20		

## Birkrigg Common 2010 results Senior Women

Position	Time	Name	Club
1	22.18	Carol Evans	Settle Harriers
2	23.55	Kath Aubrey	Helm Hill
3	24.10	Debbie Copley	Dallam
4	24.17	Jen Mattinson	Howgill
5	24.42	Kate Rogan	Wharfedale
6	25.47	Jessica Goodfellow	Dallam
7	26.36	Judith Marshall	Settle
8	26.44	Kate Donovan	Howgill
9	26.48	Lynn Whittaker	Wharfedale
10	27.35	Vicky Kirkwood	Dallam
11	27.52	Eleanor Knowles	Ambleside
12	28.11	Rhiannon George	Eden
13	28.40	Ruth Webster	U/A
14	30.26	Angela Shuttleworth	Howgill
15	33.03	Annie Kent	Helm Hill
16	34.48	Lynda Hargreaves	Wharfedale