

## Kendal Winter League 2009 – Cautley

### Seniors

Position	Time	Name	Club	Category	V40	V50	V60	Ladies
1	29.35	Alastair Dunn	Helm Hill	M				
2	30.00	Mark Addison	Helm Hill	M				
3	30.42	Mike Robinson	Dark Peak	M				
4	32.07	Sam Watson	Wharfedale	M				
5	32.15	Chris Newman	Wharfedale	M				
6	32.18	Billy Procter	Helm Hill	V50		1		
7	32.41	Chris Howie	Hoad Hill	V40	1			
8	32.54	Peter Brittleton	Helm Hill	V40	2			
9	33.09	Matthew Fretwell	Settle	M				
10	34.27	Henry Crossley	Sedbergh School	M				
11	34.35	Tom Hinton	Sedbergh School	M				
12	34.43	Jack Holt	Clayton	V60			1	
13	36.21	Richard Bilton	u/a	M				
14	36.30	Will Manners	Sedbergh School	M				
15	36.53	Shaun Addison	Helm Hill	V40	3			
16	37.06	Josh Thompson	Sedbergh School	M				
17	37.08	Gary Beardwood	Helm Hill	M				
18	37.10	Ian Robinson	Clayton	V50		2		
19	37.24	Hazel Robinson	Ambleside	L				1
20	37.34	Dennis Nelson	Dallam	V40	4			
21	38.10	Kevin White	Wharfedale	M				
22	38.18	David Crayston	Ambleside	V40	5			
23	38.28	Tim Murray	Helm Hill	V40	6			
24	38.55	Hugh Symonds	Kendal	V50		3		
25	39.17	David Fell	CFR	V60			2	
26	39.20	Jeff Watson	Old Sedbergh	M				
27	39.32	Lindon Dixon	Helm Hill	V50		4		
28	39.47	Stuart Hurst	Dallam	V40	7			
29	39.49	Johanas Schloiening	Sedbergh School	M				
30	40.22	David Ellison	Ambleside	V40	8			
31	40.50	Jonathan Gibson	Wharfedale	V40	9			
32	40.59	Simon Kent	Helm Hill	V50		5		
33	41.20	Barry Scholes	Wharfedale	V50		6		
34	41.40	George Philpot	Sedbergh School	M				
35	41.46	Ray Gill	Dallam	V40	10			
36	41.52	Tom Strachan	Sedbergh School	M				
37	41.53	Dave Appleyard	Helm Hill	V40	11			
38	42.11	Catherine Wolfenden	Wharfedale	L				2
39	42.17	Stephen Wilson	CFR	V40	12			
40	42.34	Kevin Rogan	Wharfedale	V50		7		
41	42.37	Jim Fisher	Sedbergh School	V40	13			
42	42.43	Kate Rogan	Wharfedale	L				3
43	43.01	Tim Done	Keighley	V40	14			
44	43.48	Dave Till	Helm Hill	V50		8		
45	44.14	Pauline Symonds	Kendal	L				4
46	44.27	Jessica Goodfellow	Dallam	L				5
47	44.27	Kate Donovan	u/a	L				6
48	44.43	Kath Bradley	Wharfedale	L				7

49	44.46	John Hodgson	Dallam	V60			3	
50	45.47	Peter Metcalfe	Wharfedale	V50		9		
51	45.52	Paul Sessford	Keighley	V40	15			
52	45.57	Kevin May	Howgill	V40	16			
53	46.20	Richard Baker	Ambleside	V60			4	
54	46.58	Andy Sharples	Eden	V50		10		
55	47.13	Greg Tagney	Dallam	V50		11		
56	47.32	Rhiannon George	Eden	L				8
57	50.41	Lynn Whittaker	Wharfedale	L				9
58	51.09	Duncan Richards	u/a	V40	17			
59	51.57	Chantal Daubenschmid	Dallam	L				10
60	54.47	Ella Jeffs	Dallam	L				11
61	55.27	Dawn Gill	Dallam	L				12
62	58.57	Damian Scholes	Keighley	M				

### Under 17 Boys

Position	Time	Name	Club
1	18.43	Tom Doyle	Helm Hill
2	19.05	Jonathan Bradshaw	Wharfedale
3	19.11	Jos Addison	Helm Hill
4	19.44	Tom Sessford	Keighley
5	19.50	Rory Addison	Helm Hill
6	20.03	Peter Harrison	Sedbergh School
7	20.35	James Brock	Sedbergh School
8	20.56	Jack Smith	Wharfedale
9	21.02	Niall Till	Helm Hill
10	21.08	Sam Fisher	Sedbergh School
11	21.40	Joe Johnston	Rosendale
12	22.02	Will Marshall	Wharfedale
13	22.37	Patrick Hanna	Howgill
14	22.59	Nathan Robb	Helm Hill
15	23.50	Alistair Hanna	Howgill
16	24.03	Jack Stringfellow	Rosendale
17	24.19	Adam Jeffs	Dallam
18	24.35	Scott Baistow	Wharfedale
19	25.14	Sam Walsh	Rosendale
20	28.03	Alex Brown	Settle

### Under 17 Girls

Position	Time	Name	Club
1	21.56	Melanie Hyder	Helm Hill
2	26.20	Erika Carter	Keighley
3	27.43	Cathy Gill	Dallam
4	27.54	Beth Dutson	u/a
5	28.47	Jane Gill	Dallam
6	33.44	Reanne Harvey	Dallam

### Under 14 Boys

Position	Time	Name	Club
1	9.22	James Knox	Helm Hill
2	9.36	Danny Walsh	Rosendale
3	9.45	Ben Johnstone	Wharfedale
4	11.15	Jack Walton	Howgill
5	11.22	Jake Lowther	Helm Hill
6	12.22	Harry Packham	Helm Hill
7	13.16	Oran Swindley	Helm Hill
8	13.36	Tom Harrison	Border
9	14.27	Matthew Horn	Settle
10	15.50	Jackson Welsh	u/a

### Under 14 Girls

Position	Time	Name	Club
1	11.52	Sarah Hodgson	Lancaster
2	11.58	Megan Stuart	Helm Hill
3	12.01	Lauren Munro-Bennett	Helm Hill
4	12.28	Loren Appleyard	Helm Hill
5	14.55	Amber Holt	Helm Hill
6	19.48	Olivia Harvey	u/a

## Under 12 Boys

Position	Time	Name	Club
1	7.06	Phil Done	Keighley
2	7.14	David Goad	Helm Hill
3	7.28	Ben Kent	Helm Hill
4	7.35	Christopher Richards	u/a
5	7.46	Lewis Goad	Helm Hill
6	7.50	Joshua Newbold	Settle
7	8.26	Max Kennedy	Dallam
8	8.32	Kai Chareunsky	Helm Hill
9	8.34	Rowan Upton	Dallam
10	8.44	Dan Miller	Broughton
11	8.51	Sam Mason	u/a
12	8.52	Tom Harkes	Dallam
13	8.56	Jack Byrne	Helm Hill
14	9.01	Robbie Johnstone	Wharfedale
15	9.36	Nathan Chadwick	Helm Hill
16	10.15	Harry Stringfellow	Rossendale
17	11.32	Sam ohnstone	Wharfedale
18	11.54	Nathaniel Walton	Howgill
19	12.30	Alexander Chadwick	Helm Hill

## Under 12 Girls

Position	Time	Name	Club
1	7.57	Lorna Nunwick	Helm Hill
2	8.31	Mary O'Reilly	Helm Hill
3	8.45	Hannah Goodfellow	Dallam
4	8.47	Daisy Purcell	Ghyllside
5	9.37	Erin Procter	Howgill
6	9.48	Abigail Howie	Hoad
7	9.50	Katie Horn	Settle
8	9.51	Emily Mason	u/a
9	10.06	Zoe Baistow	Wharfedale
10	10.33	Eilidh Miller	Broughton
11	10.43	Fiona Bennett	Hoad
12	10.51	Chloe Law	Rossendale
13	12.24	Meredith Kennedy	Dallam