

Kendal Winter League - Arant Haw - 15th April 2007

Seniors				
position	Name	Club	Time	category
1	Joe Symonds	Kendal	37.04	senior
2	Lloyd Taggart	Dark Peak	38.40	senior
3	Darren Kay	Horwich	40.01	senior
4	Alastair Dunn	Helm Hill	40.25	senior
5	Jon Deegan	Ambleside	42.06	v40
6	Brendan Bolland	Horwich	42.34	senior
7	Paul Dugdale	Kendal	43.11	v40
8	Mark Chippendale	Bowland	43.20	senior
9	Martin Mikkelsen-Barron	Borrowdale	43.25	senior
10	Mike Robinson	Dark Peak	43.38	senior
11	Gary Devine	Pudsey	44.06	v40
12	Richard Mellon	Bowland	44.12	senior
13	Steve Swarbrick	Bowland	44.22	senior
14	Russell Owen	Eryri	45.04	v40
15	Chris Robinson	Helm Hill	45.06	senior
16	Richard Vequeray	u/a	46.14	senior
17	Haydn Davies	u/a	46.18	v40
18	Tom Addison	Helm Hill	46.21	senior
19	Chris Howie	Hoad Hill	46.22	senior
20	Paul Knowles	Ambleside	46.26	senior
21	Jack Holt	Clayton	46.39	v50
22	Ed Lofhill	Keswick	47.00	senior
23	Alex Birtles	Howgill	47.23	senior
24	Ail Welsh	Bowland	47.24	v40
25	Shaun Addison	Helm Hill	48.03	v40
26	Paul Harlowe	Wharfedale	48.04	v50
27	Sean Bolland	Bowland	48.13	senior
28	Mike Meadowcroft	Bowland	48.31	senior
29	Michael Walsh	Kendal	48.40	v50
30	Paul Tuson	Helm Hill	49.02	v40
31	James Senior	Bingley	49.18	senior
32	John Dryden	u/a	49.21	v40
33	John Quine	Kendal	49.23	v40
34	Richard Roberts	Garstang	49.25	v40
35	Paul Neild	Bowland	49.27	senior
36	Clive Davis	Bowland	49.29	v40
37	Mike Addison	Helm Hill	50.11	v40
38	David Ward	Borrowdale	50.20	senior
39	Chris Reade	Bowland	50.21	v40
40	David Wilson	Bowland	50.31	v40
41	David Owens	Keswick	50.32	v50
42	Alan Lucker	Bowland	50.33	senior
43	Oilly Fielden	Helm Hill	50.35	senior
44	Mark Walsh	Kendal	50.51	senior
45	Fraser Livesey	Howgill	51.14	v40
46	Ian Weetman	u/a	51.21	v40
47	Jack Dugdale	u/a	51.33	senior
48	Bryan Houghton	u/a	51.39	v40
49	Mark Walsh	Darwen	51.53	senior
50	Hodge Grayson	u/a	52.02	senior
51	Ian Robinson	Clayton	52.36	v50
52	Dennis Nelson	Dallam	52.37	v40
53	Matt Beresford	Kendal	52.38	senior
54	Nick Hewitt	Bowland	52.52	v50
55	John Griffiths	Preston	53.04	v40
56	I Cookson	Bowland	53.18	v50
57	Steve Monaghan	Achille Ratti	53.33	v40
58	Russell Cannon	Helm Hill	54.17	v40
59	Colin Valentine	Keswick	54.44	v40
60	Stephen Cox	Bowland	54.55	v40
61	Mike Woodbridge	Dallam	55.14	senior
62	Robin Gillespie	Eden	55.19	senior
63	Peter Singleton	Blackpool	55.35	v50
64	Carl Bradshaw	Wharfedale	55.43	v40
65	Steve Carr	u/a	55.53	v50
66	Andy Quickfall	Newburgh	55.59	v40
67	Andy Bennett	Helm Hill	56.05	senior
68	Dave Richardson	Helm Hill	56.23	v50
69	Jon Richardson	Sedbergh	56.24	senior
70	David Woodbridge	Ambleside	56.37	v50
71	David Appleyard	Helm Hill	56.47	v40
72	M Smith	Dark Peak	56.59	v40
73	Alan Heaton	Bowland	57.18	v50
74	Peter Metcalfe	Hellfield SHs I	57.43	v50
75	Neville Griffiths	Spectrum	57.49	v60
76	Tarry Robinson	Helm Hill	57.57	v40
77	George James	Blackpool	58.02	v60
78	Stewart Johnson	Helm Hill	58.30	v50
79	Tim Murray	Helm Hill	58.36	v40
80	Chris Knox	Keswick	58.40	v50
81	Paul Quine	Manx	58.41	senior
82	Chris Newman	Wharfedale	58.54	senior
83	Jim Fisher	Howgill	59.04	v40
84	Andy Walmsley	Bowland	59.26	v40
85	Stephen Wilson	CFR	59.45	v40
86	Trevor Metcalfe	Settle	60.08	v50
87	Harry Atkinson	Bingley	61.03	v50
88	Kevin Bram	Morpeth	61.34	v40
89	John Hodgson	Dallam	61.49	v60
90	Paul Wilson	Pendle	62.07	v40
91	Mike Gibbison	Bowland	62.20	v40
92	David Bulman	Helm Hill	63.03	v40
93	Chris Schofield	Helm Hill	63.07	v40
94	Andrew Howarth	Clayton	63.17	v40
95	Neil Croasdale	Calder	62.22	v50
96	Paul Morton	Bowland	63.25	senior
97	John Taylor	Bowland	63.38	v50
98	Andrew Dugdale	Clayton	64.23	v40
99	Paul Sessford	Keighley	64.32	senior
100	Peter Dugdale	Clayton	64.33	v50
101	Dave Till	Helm Hill	64.49	v40
102	Ray Gill	Dallam	64.59	v40
103	Gerry Symes	Calder	65.14	v50
104	Andrew Frame	Bingley	65.24	v40
105	Dave Holt	u/a	66.45	senior
106	Neil Harvey	Dallam	67.03	v40
107	Kevin Rogan	Wharfedale	68.13	v40
108	David Owens	u/a	69.17	senior
109	Nick Daly	FRA	69.24	v40
110	Chris Jamieson	Burn Road Harr.	70.00	v40
111	Neil Dyson	NYM	71.25	v60
112	Wayne Percival	Ambleside	71.27	v40
113	Richard Clives	Westmor. Tri	71.28	v60
114	Peter Williams	Kendal	71.49	v60
115	Mike McDonald	Bowland	72.51	v60
116	Bryan Pycroft	FRA	77.38	v60
117	William Metcalfe	Basilidon	77.39	v60
118	David Quine	Manx	91.29	v40
119	Andrew Biddle	W. Pennine	96.52	v50

Ladies				
position	Name	Club	Time	
1	Jackie Lee	Eryri	47.15	
2	Hazel Jones	Dallam	49.22	
3	Aly Raw	Bingley	50.04	
4	Susan Goodfellow	Dallam	50.30	
5	Alison Richards	Todmorden	55.45	
6	Rowena Browne	Bowland	57.29	
7	Jo Taylor	Bowland	58.18	
8	Helen Allison	Pennine	59.37	
9	Nina Walkinshaw	u/a	65.42	
10	Julia Laverack	Ambleside	69.14	
11	Helen Samson	Helm Hill	69.35	
12	Jennifer Hutton	Bowland	69.37	
13	Dawn Gill	Dallam	96.52	

Under 17 girls				
position	Name	Club	Time	
1	Hannah Bateson	Lancaster	10.34	
2	Kathy Gill	Dallam	12.14	
3	Francesca Gregory	Rossendale	12.35	
4	Sarah Wilson	Pendle	13.36	

Under 14 girls				
position	Name	Club	Time	
1	Melanie Hyder	Dallam	6.59	
2	Robin Goodfellow	Dallam	8.10	
3	Jane Gill	Dallam	8.11	
4	Amy Fretwell	Settle	9.15	
5	Rianne Harvey	Dallam	11.06	

Under 12 girls				
position	Name	Club	Time	
1	Megan Stuart	Helm Hill	4.05	
2	Loren Appleyard	Helm Hill	4.17	
3	Loren Munro-Bennett	Helm Hill	4.24	
4	Lorna Nunwick	Helm Hill	4.26	

Under 17 boys				
position	Name	Club	Time	
1	Alex Till	Dallam	8.28	
2	Grant Cunliffe	Rossendale	8.33	
3	Jonathan Bradshaw	Wharfedale	8.49	
4	Joss Addison	Helm Hill	8.53	
5	Matthew Fretwell	Settle	9.01	
6	Tom Sessford	Keighley	9.04	
7	Scott Thwaites	u/a	9.46	
8	Liam Stainton	Helm Hill	9.56	
9	Sam Wardle	Rossendale	10.02	
10	Niall Till	Helm Hill	10.56	

Under 14 boys				
position	Name	Club	Time	
1	Tom Doyle	Helm Hill	6.03	
2	Rory Addison	Helm Hill	6.23	
3	Sam Till	Dallam	6.24	
4	Dean Sutton	Dallam	6.26	
5	Joe Johnston	Rossendale	6.47	
6	Adam Bateson	Lancaster	7.13	
7	Scott Baislow	Pendle	7.22	
8	Luke Gregory	Rossendale	7.37	
9	Sam Storey	u/a	7.47	
10	Alex Brown	Settle	8.08	
11	David Wilson	Pendle	8.25	
12	Nathan Robb	Helm Hill	9.00	
13	Douglas Newbury	Howgill	9.02	
14	Aaron Chadwick	Helm Hill	10.03	
15	James Allen	u/a	11.04	

Under 12 boys				
position	Name	Club	Time	
1	James Knox	Helm Hill	3.31	
2	Dale Sutton	Dallam	3.42	
3	Ben Till	Dallam	3.43	
4	Jack Houghton	u/a	3.57	
5	Liam Walsh	Darwin	4.12	
6	Thomas Taylor	-	4.16	
7	Ben Wilson	Bowland	4.21	
8	Harry Sessford	Keighley	4.27	
9	Oran Swindley	Helm Hill	4.35	
10	Will Goodfellow	Dallam	4.38	
11	Aiden Walsh	Darwin	5.01	
12	Nathan Chadwick	Helm Hill	5.03	
13	Theo Walton	Howgill	5.05	
14	Alexander Chadwick	Helm Hill	6.43	