

Helm Hill Races - Kendal Winter League

17th April 2005

Results courtesy of Alan Westworth

LADIES - 4 MILES 1200 F OF C

RECORD TIME BY JENNIFER DUNN 37.32 18/04/04

Pos	Name	Club	Time
1	EMMA STEWART	Keswick	42.59
2	KATE ROGAN	Wharfedale	45.45
3	SAMANTHA MORPHET	C.F.R	50.41
4	TRACY ERLSTON		58.36

GIRLS UNDER 17 - 2 MILES 600 F OF C

RECORD TIME BY SHERYL SLATER 19.38 13/04/03

Pos	Name	Club	Time
1	EMILY KNOX	Keswick	22.11
2	REBECCA GLADHILL	Helm Hill	22.48
3	LAUREN CAMPBELL	Helm Hill	23.50
4	KATIE ROBINSON	Helm Hill	24.33

New Course

GIRLS UNDER 14 - 1.5 MILES 130 F OF C

RECORD TIME BY ROSIE STEWART 12.42 17/04/05

Pos	Name	Club	Time
1	ROSIE STEWART	Keswick	12.42
2	BROOKE VAN HINSIBER	Helm Hill	14.23

New Course

GIRLS UNDER 12 - 1.0 MILE 100 F OF C

RECORD TIME BY MELANIE HYDER 8.49 17/04/05

Pos	Name	Club	Time
1	MELANIE HYDER	Dallam	8.49
2	AMY FRETWELL	Settle	10.20
3	MELANIE MORPHET	C.F.R	10.37
4	ALEX LAVERY HOFFE	Helm Hill	10.44
5	FAITH BIDDLE	Pendle	10.57
6	KATIE WRIGHT	Broughton	11.11
7	HARRIET APPLEYARD	Helm Hill	11.16
8	FLORA WHARTON	Helm Hill	11.44
9	LILLY LOWTHER	Helm Hill	11.53
10	LAUREN APPLEYARD	Helm Hill	11.56
11	JO LAVERY HOFFE	Helm Hill	13.01
12	CHARLOTTE MILLIGAN	Helm Hill	13.07
13	AMBER HOLTMANVILLE		13.11
14	MARY O'RILEY	Helm Hill	13.12
15	JENNY O'RILEY	Helm Hill	13.33
16	DAISY PERCELL	Helm Hill	14.03
17	ZARA WYNNE	Settle	15.19

SENIOR MEN - 4 MILES 1200 F OF C

RECORD TIME BY TOM TIPPING 29.57 13/04/03

Pos	Name	Club	Time
Pos	NAME	CLUB	TIME
1	CHRIS DOYLE	Trafford	32.56
2	ALISTAIR DUNN	Helm Hill	33.13
3	SHAUN ADDISON	Helm Hill	36.44
4	DAMIEN SCHOLES	K & C	37.04
5	JED HARRIS	C.F.R	37.15
6	MIKE ADDISON	Helm Hill	37.37
7	JOHN BAGGE	Helm Hill	37.55
8	JACK HOLT	Clayton	38.05
9	PAUL BOARDMAN	Horwich	38.32
10	CHRIS NEWMAN		38.46
11	FRASER LIVESEY	Howgill	38.50
12	BRYAN HOUGHTON	F.R.A	38.54
13	TERRY ROBINSON	Helm Hill	38.56
14	GARETH PEMBERTON	Calder	39.07
15	ALAN MILLER	Kendal	39.13
16	OLLY FIELDEN	F.R.A	39.32
17	MIKE WYNNE	Settle	39.59
18	GARY BEARDWOOD	Helm Hill	40.12
19	NICK WHARTON	Kendal	40.34
20	SIMON MILLIGAN	Helm Hill	40.40
21	RUSS CANNON	Helm Hill	40.44
22	GARY ALLSOPP	Settle	40.49
23	HARVEY GOTT	North/Vets	41.11
24	TIM WHITELEY		41.29
25	PETER BROWNING	Clayton	41.41
26	PAUL TUSON	Helm Hill	42.19
27	BARRY SCHOLES	Settle	42.35
28	DAVID APPELYARD	Helm Hill	43.08
29	TIM MURRAY	Helm Hill	43.33
30	STEVE JEFFS	Dallam	44.02
31	DAVE TILL	Helm Hill	44.07
32	KEVIN ROGAN	Wharfedale	45.37
33	GEOFF BARRATT	Helm Hill	46.27
34	MATTHEW OTWAY	Helm Hill	47.27
35	PAUL WALSH	Lytham	49.38
36	ANDREW BIDDLE	West/ Penn	52.04
37	NEIL DYSON	North York	52.41
38	PETER METCALFE		60.00

BOYS UNDER 17 - 2 MILES 600 F OF C

RECORD TIME BY CARL ROBINSON 14.05 13/04/03

Pos	Name	Club	Time
No	NAME	CLUB	TIME
1	TOM ADDISON	Helm Hill	16.28
2	BEN FARRELL	Keswick	17.30
3	LYNSEY MCRAE	Broughton	18.02
4	JOSS LIVESEY	Howgill	18.27

5	BEN MORPHET	C.F.R	18.53
6	KYLE BIDDLE	Pendle	25.48
7	SIMON PLATT		D.N.F

New Course

BOYS UNDER 14 - 1.5 MILES 130 F OF C

RECORD TIME BY LEWIS ROBINSON 11.53 17/04/05

Pos	Name	Club	Time
1	LEWIS ROBINSON	Helm Hill	11.53
2	ALEX TILL	Dallam	12.06
3	MATTHEW FRETWELL	Settle	12.12
4	NAIL TILL	Helm Hill	12.17
5	JOSS ADDISON	Helm Hill	12.18
6	JOHN JARDINE	Broughton	13.01
7	MATTHEW CARDUS	Settle	13.24
8	ANDREW HARRISON	Preston	13.47
9	FERGUS NELSON		13.54
10	CHRISTOPHER TUSON	Helm Hill	14.03
11	TASHI SHERPA		14.05
12	MARTIN BARNES	Helm Hill	14.08
13	DUNCAN LUND	Settle	14.16
14	ADAM JEFFS		15.07
15	HAMISH NELSON		15.08

New Course

BOYS UNDER 12 - 1.0 MILE 100 F OF C

RECORD TIME BY RORY ADDISON 8.12 17/04/05

Pos	Name	Club	Time
1	RORY ADDISON	Helm Hill	8.12
2	TOM DOYLE	Helm Hill	9.24
3	THEO MESSENGER JONES	Broughton	8.45
4	JAMES KNOX	Helm Hill	8.58
5	SAM TILL	Dallam	9.00
6	MATTHEW McVEY	Helm Hill	9.27
7	DAVID SCROWCROFT		10.10
8	KRISTOPHER LUND	Settle	10.15
9	JACK WRIGHT	Broughton	10.19
10	CHARLIE RAINE	Broughton	10.42
11	OLIVER ALLSOP	Settle	10.43
12	SAM BOARDMAN		10.59
13	GEORGE MILLIGAN	Helm Hill	11.01
14	NATHAN ROBB	Helm Hill	11.13
15	MATTHEW CANNON	Helm Hill	11.14
16	JAKE LOWTHER	Helm Hill	11.42
17	RICHARD MILLIGAN	Helm Hill	13.37
18	JOEL WYNNE	Settle	14.44

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