

# Birkrigg Common Race, Kendal Winter League, Cumbria

## 20th February 2005

Results courtesy of Alan Westworth						
NEW RECORD - Old Record 17.43						
<b>Seniors - 3.8 MILES 300 F of C</b>						
RECORD TIME BY CHRIS DOYLE 17.28 20/02/05						
Pos	NAME	V40	V50	V60	CLUB	TIME
1	CHRIS DOYLE				Trafford	17.28
2	ALASTAIR DUNN				Helm Hill	18.13
3	QUENTIN HARDING	1.v			Bowland	18.33
4	PAUL TARGETT				Clayton	18.36
5	BILLY PROCTER	2.v			Helm Hill	18.55
6	MICK HOFFE		1.v		Helm Hill	19.06
7	JOHAN MEYFROIDT				Helm Hill	19.16
8	DAVID ROOME				Bowland	19.23
9	SHAUN ADDISON	3.v			Helm Hill	19.30
10	MIKE ADDISON	4.v			Helm Hill	19.33
11	BRYAN KENNEDY	5.v			Settle	19.46
12	RICHARD WITT		2.v		Kendal	20.02
13	BRIAN HOUGHTON	6.v			F.R.A	20.09
14	OLLY FIELDEN					20.11
15	CHRIS ROBINSON					20.16
16	P HAGUE	7.v			Keswick	20.22
17	JACK HOLT		3.v		Clayton	20.23
18	FRAZER LIVESEY	8.v			Howgill	20.28
19	PAUL BOARDMAN	9.v			Horwich	20.32
20	LEE PROCTER				Helm Hill	20.47
21	MICK WHARTON	10.v			Kendal	20.51
22	GARRY BEARDWOOD				Helm Hill	20.53
23	ALAN MILLER	11.v			Kendal	21.01
24	TIM WHITELEY					21.17
25	SIMON BEARLEY		4.v			21.18
26	DAMIEN SCHOLES				K & C	21.22
27	RUSSELL CANNON	12.v			Helm Hill	21.24
28	LYNDEN DIXON	13.v			Helm Hill	21.41
29	HARVEY GOTT			1.v	North/Vets	21.50
30	IAN ROBINSON		5.v		Clayton	22.03
31	PAUL TUSON	14.v			Helm Hill	22.10
32	DAVID APPELYARD	15.v			Helm Hill	22.41

33	MARK KNOWLES			Black/Com	22.47
34	MATTHEW OTWAY			Helm Hill	22.49
35	STEVE JEFFS	16.v		F.R.A	22.59
36	BARRY SCHOLES		6.v	Settle	23.05
37	DAVID WOODBRIDGE		7.v	Ambleside	23.17
38	RICHARD DRINKALL				23.43
39	CHRIS KNOX		8.v	Keswick	23.51
40	TOMMY SEDGWICK			Burton	24.26
41	RON KENYON		9.v	Eden Runn	24.31
42	JOHN LEACH	17.v			24.48
43	PETER METCALFE		10.v		25.10
44	GEOFF BARRETT	18.v		Helm Hill	25.19
45	ANDREW BIDDLE		11.v	W/Penn	25.54
46	RUSSELL FAULDING			Helm Hill	27.28
47	RICHARD CLIVES		2.v		28.59
48	EARL MARSHALL			Burton	29.59
49	MICK COFFEY			Bingley	30.35

### LADIES - 3.8 MILES 300 F of C

RECORD TIME BY KAREN SLATER 21.59 15/02/04

Pos	NAME	CLUB	TIME
1	SHARON DIXON		23.08
2	NICKY LAVERY HOFFE	Helm Hill	23.56
3	SUE HARDING	Bowland	24.46
4	SAMANTHA MORPHET	C.F.R	25.58
5	TRACY IRELAND	Rosendale	26.23
6	PENNY BIBBY	Keswick	26.27
7	YVONNE PROCTER	Helm Hill	26.34
8	SARAH WOODFORD	Helm Hill	26.50
9	JO TAYLOR	Lanc/More	27.30
10	SUZANNE CAVENEY		31.36
11	JULIE LUND		46.10

NEW RECORD - Old Record 19.23

### GIRLS UNDER 17 - 2 MILES 225 F of C

RECORD TIME BY EMILY KNOX 18.46 20/02/05

Pos	NAME	CLUB	TIME
1	EMILY KNOX	Keswick	18.46
2	LAUREN CAMPBELL	Helm Hill	18.47
3	GRACE BIDDLE	Pendle	22.51

NEW RECORD - Old Record 10.05

### GIRLS UNDER 14 - 1.3 MILES 150 F of C

RECORD TIME BY JENNY ADDISON 10.04 20/02/05

Pos	NAME	CLUB	TIME
1	JENNY ADDISON	Helm Hill	10.04
2	KATIE IRELAND	Rosendale	10.05
3	JESSICA BIBBY	Keswick	10.15

4	BROOKE VANHINSIBERGH	Helm Hill	10.21
5	ANDREA BAKER	Bury	10.23
6	ELLIE WITT		D.N.F

### **GIRLS UNDER 12 - .8 MILE 100 F of C**

RECORD TIME BY JENNY ADDISON 4.58 15/02/04

<b>Pos</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	MELANIE HYDER	Dallam	5.01
2	MELANIE MORPHET	C.F.R	5.34
3	AMY FRETWELL	Settle	5.45
4	ALEX LAVERY HOFFE	Helm Hill	5.47
5	HARRIET APLEYARD	Helm Hill	5.48
6	KATRIN HARDING	Bowland	5.57
7	PAIGE BIRKETT	Broughton	6.01
8	KATIE WRIGHT	Broughton	6.05
9	CHARLOTTE IRELAND	Rossendale	6.07
10	CATHERINE KENYON	Eden Runn	6.09
11	LOREN APLEYARD	Helm Hill	6.11
12	ZOE HARDING	Bowland	6.13
13	FAITH BIDDLE	Pendle	6.18
14	FLORA WHARTON	Helm Hill	6.22
15	JOANNA LAVERY HOFFE	Helm Hill	6.27
16	OLIVIA COFFEY	Wharfedale	6.49
17	AMBER HOLT		7.03

NEW RECORD - Old Record 14.50

### **BOYS UNDER 17 - 2 MILES 225 F of C**

RECORD TIME BY TOM ADDISON 14.33 20/02/05

<b>Pos</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	TOM ADDISON	Helm Hill	14.33
2	PHIL BOLTON	Rossendale	15.05
3	JOSS LIVESEY	Howgill	16.01
4	MICHAEL KENYON	Eden Runn	16.15
5	BEN MORPHET	C.F.R	16.33
6	GRANT CUNCLIFFE	Burnley	16.59
7	KYLE BIDDLE	Pendle	20.44

NEW RECORD - Old Record 9.06

### **BOYS UNDER 14 - 1.3 MILES 150 Fof C**

RECORD TIME BY SAM TOSH 8.45 20/02/05

<b>Pos</b>	<b>NAME</b>	<b>CLUB</b>	<b>TIME</b>
1	SAM TOSH	Rossendale	8.45
2	ALEX TILL	Dallam	8.47
3	MATTHEW FRETWELL	Settle	8.51
4	NIALL TILL	Helm Hill	8.52
5	JOS ADDISON	Helm Hill	9.23
6	MATTHEW CARDUS	Settle	9.36
7	FERGUS NELSON		10.02
8	MARTIN BARNES	Helm Hill	10.08
9	CHRISTOPHER TUSON	Helm Hill	10.31
10	TASHI SHERPA		10.36

11	PHILIP METCALFE	Broughton	11.11
12	ADAM JEFFS		11.19
13	HAMISH NELSON		11.20
14	MICHAEL COFFEY	Bingley	11.47
15	ZACK BIRKETT	Broughton	11.48

NEW RECORD - Old Record 4.51

**BOYS UNDER 12 - .8 MILE 100 F of C**

RECORD TIME BY RORY ADDISON 4.42 20/02/05

Pos	NAME	CLUB	TIME
1	RORY ADDISON	Helm Hill	4.42
2	TOM DOYLE	Helm Hill	4.51
3	THEO MESSENGER JONES	Broughton	4.55
4	DOUGLAS JARDINE	Broughton	4.58
5	JONATHON KNOX	Helm Hill	5.12
6	SAMUEL TILL	Dallam	5.15
7	BEAU SMITH	Lanc/More	5.16
8	BEN TILL	Dallam	5.28
9	JACK WRIGHT	Broughton	5.36
10	NATHAN ELLIS	Helm Hill	5.40
11	JACK HOUGHTON		5.42
12	NATHAN METCALFE	Broughton	5.44
13	KHRISTOPHER LUND	Settle	5.46
14	CHARLIE RAINE	Broughton	5.59
15	OLIVER ALLSOPP	Settle	6.02
16	NATHAN ROBB	Helm Hill	6.03
17	MORGAN KNOWLES	Black/Com	6.06
18	MATTHEW COFFEY	Bingley	6.13
19	MATTHEW CANNON	Helm Hill	6.18
20	SAM BOARDMAN		6.22
21	JAMES ALLISON	L O C	6.25
22	JOE TILL	Dallam	6.26
23	JACKSON LINFORD		7.06
24	STEWART ALLISON	L O C	7.32

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