

Birkrigg Common Race, Kendal Winter League

15th February 2004

Results courtesy of Alan Westworth

LADIES - 3.8 MILES 300 F of C

NEW RECORD TIME BY KAREN SLATER 21.59 15/02/04

Pos	NAME	CLUB	TIME
1	KAREN SLATER	Settle	21.59
2	DEBBIE THOMPSON	Keswick	23.55
3	SUE HARDING	Bowland	24.12
4	SHERYL SLATER	Settle	24.31
5	BRITTA SENDLHOFFER	T/R/Runner	25.03
6	LYNN WHITTAKER	Wharfedale	26.17
7	SUE RICHARDSON	Helm Hill	26.18
8	PENNY BIBBY	U/A	26.27
9	YVONNE PROCTER	Helm Hill	26.39
10	NICOLE SLATER	Settle	31.34
11	JULIE LUND	U/A	48.41

GIRLS UNDER 17 - 2 MILES 225 F of C

NEW RECORD TIME BY EMILY KNOX 19.23 15/02/04

Pos	NAME	CLUB	TIME
1	EMILY KNOX	Keswick	19.23
2	ASHLEIGH TALLON	Helm Hill	19.51
3	SAMANTHA MORPHET	C.F.R	20.48
4	GRACE BIDDLE	Pendle	21.22
5	KATIE ROBINSON	Helm Hill	22.07

GIRLS UNDER 14 - 1.3 MILES 150 F of C

RECORD TIME BY GEMMA CROWTHER 10.05 16/02/03

Pos	NAME	CLUB	TIME
1	BRIDGET PENELLOM	Broughton	10.45
2	JESSICA BIBBY	Keswick	11.21
3	REBECCA KNIPE	Barrow/St	12.06

GIRLS UNDER 12 - .8 MILE 100 F of C

NEW RECORD TIME BY JENNY ADDISON 4.58 15/02/04

Pos	NAME	CLUB	TIME
1	JENNY ADDISON	Helm Hill	4.58
2	BROOKE VAN HINSBERGH	Broughton	5.27
3	LAUREN MOOREHEAD	Pendle	5.31
4	ZOE HARDING	Bowland	5.53
5	MELANIE MORPHET	C.F.R	5.55
6	SHANNON MOOREHEAD	Settle	6.03
7	ROSIE ADDISON	Helm Hill	6.08
8	AMY FRETWELL	U/A	6.21
9	KATRIN HARDING	Bowland	6.22
10	HANNAH SEWELL	Helm Hill	6.23

11	FAITH BIDDLE	Pendle	7.04
12	OLIVIA COFFEY	Wharfedale	7.17
13	COLLETT FELLOWS	U/A	8.09

BOYS UNDER 17 - 2 MILES 225 F of C

NEW RECORD TIME BY ALISTER RUSSELL 14.50
15/02/04

Pos	NAME	CLUB	TIME
1	ALISTAIR RUSSELL	Kendal	14.50
2	DAVID SHEPHERD	Settle	15.12
3	SAM WATSON	Wharfedale	15.36
4	TOM ADDISON	Helm Hill	15.38
5	ADAM CROWE	Broughton	15.56
6	RYAN THORNBORROW	Helm Hill	16.45
7	MATTHEW OTWAY	Helm Hill	17.17
8	LINDSAY McCRAE	Broughton	18.44

BOYS UNDER 14 - 1.3 MILES 150 F of C

NEW RECORD TIME BY SAM TOSH 9.06 15/02/04

Pos	NAME	CLUB	TIME
1	SAM TOSH	Rosendale	9.06
2	BEN MORPHET	C.F.R	9.19
3	MATTHEW FRETWELL	U/A	9.25
4	JOHN JARDINE	Broughton	9.33
5	LEWIS ROBINSON	Helm Hill	9.47
6	CHRISTOPHER TUSON	Helm Hill	10.08
7	KYLE BIDDLE	Pendle	10.20
8	MARTIN BARNES	Helm Hill	10.43
9	MICHAEL COFFEY	Bingley	12.01
10	PHILIP BARNES	Helm Hill	13.27

BOYS UNDER 12 - .8 MILE 100 F of C

NEW RECORD TIME BY TOM DOYLE 4.51 15/02/04

Pos	NAME	CLUB	TIME
1	TOM DOYLE	Helm Hill	4.51
2	RORY ADDISON	Helm Hill	4.52
3	NAILL TILL	Helm Hill	5.01
4	DOUGLAS JARDINE	Broughton	5.16
4	JONATHON KNOX	Helm Hill	5.16
5	DUNCAN LUND	Settle	5.29
6	PHILIP METCALFE	Broughton	5.33
7	MATTHEW COFFEY	Bingley	5.36
8	RYAN WADDINGTON	Helm Hill	5.43
9	MATTHEW PENELLUM	Broughton	5.48
10	JAMES KNOX	Helm Hill	5.52
11	NATHAN METCALFE	Broughton	5.57
12	CHRISTOPHER LUND	Settle	6.04
13	SAM ALLSOPP	Settle	6.16
13	NATHAN ROBB	Helm Hill	6.16
14	ZEPHAN BUCK	Broughton	6.30
15	OLIVER ALLSOPP	Settle	6.32
15	BRYN WADDINGTON	Helm Hill	6.32

16	MATTHEW CANNON	Helm Hill	6.42
17	SAM BOARDMAN	U/A	6.43

SENIORS - 3.8 MILES 300 F of C

NEW RECORD TIME BY CHRIS DOYLE 17.43 15/02/04

Pos	NAME	CLUB	V40	V50	V60	TIME
1	CHRIS DOYLE	Trafford				17.43
2	GARY THORPE	Ambleside	1.v			18.19
3	QUENTIN HARDING	Bowland	2.v			18.25
3	BILLY PROCTER	Helm Hill	3.v			18.25
4	LEE ATHERSMITH	Settle				18.28
5	SHAUN ADDISON	Helm Hill	4.v			18.46
6	MIKE ADDISON	Helm Hill	5.v			19.00
7	DAMIEN SCHOLES	K & C				19.18
8	CHRISTOPHER HOWIE	Hoad Hill				19.27
9	BEN LONSDALE	Settle				19.43
10	MARK McGOLDRICK	Settle				20.23
11	HARVEY GOTT	North Vets			1.v	20.36
12	ANDY HOLDEN	Wharfedale				20.37
13	PAUL BOARDMAN	Horwich	6.v			20.54
14	ALAN MILLER	Kendal	7.v			20.55
15	PAUL TUSON	Kendal	8.v			21.05
16	MIKE CRONSHAW	U/A		1.v		21.17
17	TERRY ROBINSON	Helm Hill	9.v			21.39
17	RUSSELL CANNON	Helm Hill	10.v			21.39
18	BRIAN HOUGHTON	F.R.A				21.42
19	RICHARD DRINKALL	U/A				21.46
20	GRAHAM PYLE	U/A	11.v			21.58
21	BARRY SCHOLES	Settle		2.v		21.59
22	MARK SOUTHERN	U/A				22.19
23	ANDY HIND	Settle	12.v			22.26
24	NEIL SALE	Helm Hill	13.v			22.28
25	RICHARD SEWELL	Helm Hill	14.v			22.45
26	MARK BENNETT	Wharfedale				22.50
27	GARY ALLSOPP	Settle	15.v			22.57
28	GEOFF BARRETT	Helm Hill	16.v			23.33
29	DAVID LYONS	Lanc/More	17.v			23.50
30	PETER METCALFE	U/A	18.v			23.54
31	DAVID WOODBRIDGE	Kendal	19.v			24.00
32	BRIAN JONES	U/A		3.v		24.15
33	RON BRAY	Blackpool			2.v	24.21
34	PETER ELLWOOD	Halifax	20.v			24.32
35	CARROLL GRAHAM	Helm Hill			3.v	24.41
36	BARRY SLATER	Settle	21.v			25.31
37	ROBERT BURROUGH	U/A				26.16
38	BRIAN KENNEDY	Settle	22.v			26.32
39	ANDREW BIDDLE	W/Pennine		4.v		27.01
40	MICK COFFEY	Bingley				27.20
41	ROB MARRIOTT	U/A	23.v			29.49
42	MICHAEL MOOREHEAD	Settle	24.v			31.10

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