

# Elterwater Fell Race, Kendal Winter League, Cumbria

## 2nd March 2003

Results courtesy of Alan Westworth

### Senior Men - 4 miles, 1500ft

Pos	Name	V40	V50	V60	Club	Time
1	Simon Stainer (REC)				Ambleside	23.54
2	Billy Procter	1			Helm Hill	26.31
3	Ian Atkinson				Helm Hill	27.00
4	Damien Scholes				Keighley & Craven	28.17
5	Peter McWade		1		Clayton-le-Moors Harriers	28.26
6	Dan Duxbury				Ambleside	28.48
7	Mike Addison	2			Helm Hill	28.59
8	Tony Barton				Unattached	29.14
9	Shaun Addison	3			Helm Hill	29.45
10	Paul Tuson	4			Kendal AC	30.14
11	Ian Robinson		2		Clayton-le-Moors Harriers	30.45
12	Gary Beardwood				Westmorland Triathletes	31.05
13	Russell Cannon	5			Helm Hill	31.43
14	Barry Scholes		3		Unattached	31.55
15	Kevin Rogan	6			Wharfedale	32.03
16	Steve O'Brien				Unattached	32.19
17	Bryan Houghton				Unattached	32.28
18	Mike Cronshaw		4		Unattached	34.31
19	Dave Till	7			Helm Hill	35.05
20	Ron Kenyon		5		Eden Runners	35.33
21	Barry Slater	8			Settle Harriers	36.54
22	Paul Rogan		6		Wharfedale	37.44
23	Geoff Barrett	9			Helm Hill	38.11
24	Neil Dyson		7		Mandale Harriers	39.42
25	Tom Targett		8		Clayton-le-Moors Harriers	40.08
26	Ben Stainer				Ambleside	40.12
27	Ron Bray			1	Blackpool	40.13
28	Andrew Biddle	10			West Pennine	40.46
29	Rod Martindale	11			Dallam AC	43.23

### Ladies - 4 miles, 1500ft

Pos	Name	Club	Time
1	Sue Wood (REC)	Ambleside	31.26
2	Karen Slater	Settle Harriers	32.41
3	Kate Rogan	Wharfedale	37.48
4	Nicole Slater	Settle Harriers	44.00
5	Lynn Whitaker	Wharfedale	44.11

**Boys under 17 - 2 miles, 800ft**

1	Chris Doyle (REC)	Trafford AC	11.52
2	Carl Robinson	Kendal AC	12.45
3	Adam Crowe	Unattached	12.54
4	Matthew Hurst	Skipton AC	13.02
5	Kieran Alderson	Helm Hill	13.47
6	Tom Rodgers	Settle Harriers	14.07
7	Leigh Martindale	Dallam AC	16.59

**Boys under 14 - 1.5 miles, 300ft**

1	Ryan Thornborrow	Helm Hill	10.09
2	Michael Kenyon	Eden Runners	10.19
3	Tom Addison	Helm Hill	10.32
4	Dan Caton	Unattached	11.21
5	Ben Morphet	Cumberland Fell Runners	11.49
6	Sam Radcliffe	Unattached	12.05
7	Kyle Biddle	Pendle AC	15.12

**Boys under 12 - 1 mile, 250 ft**

1	Jamie Stuart	Cumberland Fell Runners	7.28
2	Alex Till	Dallam AC	7.49
3	Matthew Fretwell	Unattached	7.53
4	Jos Addison	Helm Hill	8.03
5	Martin Barnes	Helm Hill	8.06
6	Cameron Roberts	Kendal AC	8.07
7	Tom Doyle	Kendal AC	8.14
8	Christopher Tuson	Unattached	8.23
9	Jonathan Wright	Helm Hill	8.37
10	Niall Till	Helm Hill	8.42
11	Duncan Lund	Settle Harriers	8.44
12	Ryan Waddington	Unattached	9.02
13	Jack Wright	Broughton	9.03
14	Rory Alderson	Helm Hill	9.04
15	Rory Addison	Helm Hill	9.20
16	Kristopher Lund	Settle Harriers	9.59
17	Joseph English	Broughton	10.10
18	Matthew Cannon	Helm Hill	12.20

**Girls under 17 - 2 miles, 800ft**

1	Janie Oates (REC)	Helm Hill	17.23
2	Ashleigh Tallon	Helm Hill	19.36
3	Samantha Morphet	Unattached	20.02

**Girls under 14 - 1.5 miles, 300 ft**

1	Gemma Crowther (REC)	Helm Hill	11.04
2	Grace Biddle	Pendle AC	13.31
3	Katie Robinson	Helm Hill	14.25

**Girls under 12 - 1 mile, 250ft**

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1	Jenny Addison	Helm Hill	8.00
2	Rosie Addison	Helm Hill	9.39
3	Jennifer Barrett	Helm Hill	10.48
4	Zoe Barrett	Helm Hill	10.52
5	Melanie Morphet	Cumberland Fell Runners	10.55
6	Katie Wright	Broughton	11.18
7	Hannah Sewell	Helm Hill	12.45

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