



Supported By
Different Strokes
and
Pete Bland Sports



Elterwater Common - Results 31 March 2019

| Senior Race | | | | | | | |
|-------------|----------|------------|------------|------|-------|--------------------------|-------------------|
| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
| 1 | 1045 | Mark | Lamb | Man | 22:39 | Keswick AC | 1st Man |
| 2 | 956 | Matthew | Elkington | Man | 22:43 | Ambleside AC | 2nd Man |
| 3 | 718 | Charlie | Ing | Man | 24:07 | Calder Valley | 3rd Man |
| 4 | 666 | Matthew | Knowles | MU21 | 24:23 | Lancaster & Morecambe AC | 1st MU21 |
| 5 | 765 | Jack | Wright | Man | 24:30 | Ambleside | |
| 6 | 939 | Josh | Jardine | Man | 24:31 | Helm Hill | |
| 7 | 781 | John | Helme | MV40 | 25:11 | Ambleside | 1st MV40 |
| 8 | 1053 | Tom | Simpson | Man | 26:23 | Ambleside AC | |
| 9 | 642 | Michael | Gregory | MV40 | 26:24 | Ulverston Triathlon Club | |
| 10 | 551 | Will | Acland | MV40 | 26:55 | Helm Hill | |
| 11 | 1048 | Ashley | Holt | MV40 | 26:58 | Rosendale Harriers | |
| 12 | 1044 | Hannah | Horsburgh | Lady | 27:02 | Keswick AC | 1st Lady |
| 13 | 599 | Martin | Askew | MU21 | 27:39 | Helm Hill | |
| 14 | 687 | Josh | Murphy | Man | 27:44 | Black Combe | |
| 15 | 697 | Paul | Reilly | MV40 | 27:53 | Helm Hill | |
| 16 | 868 | Phil | Mather | Man | 28:41 | Lonsdale | |
| 17 | 638 | Simon | Mounsey | MV40 | 28:51 | Howgill Harriers | |
| 18 | 535 | Brian | Pennington | MV40 | 28:57 | Howgill Harriers | |
| 19 | 1046 | Dan | Duxbury | MV40 | 29:05 | Ambleside AC | |
| 20 | 767 | Tim | Pickering | Man | 29:17 | Helm Hill | |
| 21 | 554 | Luke | Appleyard | Man | 29:43 | Wharfedale Harriers | |
| 22 | 761 | Rob | Mortimore | Man | 29:44 | Helm Hill | |
| 23 | 518 | Rob | Crawford | MV40 | 29:50 | Howgill Harriers | |
| 24 | 633 | Steven | Middleton | MV40 | 30:00 | Howgill Harriers | |
| 25 | 877 | Matthew | Holroyd | MU21 | 30:31 | Settle Harriers | |
| 26 | 601 | Ben | Kirkman | MU21 | 30:41 | Rosendale Harriers | |
| 27 | 566 | Bianca | Dyer | LV40 | 30:44 | Helm Hill | 2nd Lady/1st LV40 |
| 28 | 931 | John | Bowman | Man | 30:47 | | |
| 29 | 1043 | Kim | Baxter | LV40 | 30:52 | Dark Peak | 3rd Lady |
| 30 | 559 | Sean | Robinson | MV40 | 30:58 | Howgill Harriers | |
| 31 | 591 | Joey | Umpleby | MU21 | 31:21 | Kendal AAC | |
| 32 | 609 | Simon | Waller | MV50 | 31:25 | Helm Hill | 1st MV50 |
| 33 | 505 | Tom | Matthew | MV40 | 31:27 | Bowland | |
| 34 | 871 | Joseph | Hobbs | Man | 31:28 | Lonsdale | |
| 35 | 603 | Peter | German | Man | 31:47 | Helm Hill | |
| 36 | 567 | Jacob | Dyer | MV40 | 31:48 | Helm Hill | |
| 37 | 509 | Chris | Green | MV40 | 32:03 | Ambleside AC | |
| 38 | 1052 | Cathy | Gill | Lady | 32:12 | Tunbridge Wells Harriers | |
| 39 | 596 | Alistair | Hearn | MV40 | 32:16 | Helm Hill | |
| 40 | 843 | Simon | Wright | MV50 | 32:28 | Bingley Harriers | |
| 41 | 694 | Celia | Powell | Lady | 32:39 | | |
| 42 | 507 | Andy | Holden | MV50 | 32:58 | Wharfedale Harriers | |
| 43 | 584 | James | Todhunter | Man | 33:04 | Helm Hill | |
| 44 | 758 | Graham | Beaumont | MV50 | 33:12 | Dallam | |
| 45 | 861 | Roger | Taylor | MV50 | 33:18 | Preston Harriers | |
| 46 | 717 | Kaisleigh | Atkinson | Lady | 33:30 | | |
| 47 | 520 | Alistair | Shawcross | MV40 | 33:31 | | |
| 48 | 1041 | Graham | Britton | MV60 | 33:47 | | 1st MV60 |
| 49 | 889 | Ray | Gill | MV50 | 33:49 | Dallam | |
| 50 | 709 | Ronald | Hummelink | MV40 | 33:57 | Lonsdale Fell Runners | |
| 51 | 838 | Natasha | Geere | LV50 | 34:08 | Spenborough | 1st LV50 |
| 52 | 580 | John | Jones | MV50 | 34:34 | Helm Hill | |

| | | | | | | | |
|-----|------|-----------|---------------|------|-------|----------------------------|----------|
| 53 | 583 | Roger | Aubrey | MV50 | 34:36 | Helm Hill | |
| 54 | 700 | Jenny | Lyon | Lady | 34:47 | Dallam Running Club | |
| 55 | 602 | Mick | Kirkman | MV50 | 34:52 | Rossendale Harriers | |
| 56 | 1050 | Andy | Reid | MV60 | 35:19 | Ellenborough | |
| 57 | 977 | David | Appleyard | MV50 | 35:24 | Helm Hill | |
| 58 | 965 | Michael | Jewell | MV60 | 35:33 | Black Combe | |
| 59 | 692 | Bill | Beckett | MV50 | 35:34 | Chorley A&T | |
| 60 | 512 | Jonny | Grisedale | MV40 | 35:49 | Helm Hill | |
| 61 | 572 | Robin | Parsons | MV40 | 35:52 | Eivet Striders | |
| 62 | 561 | Toby | Smith | Man | 36:03 | | |
| 63 | 546 | Jo | Appleby | LV40 | 36:08 | Helm Hill | |
| 64 | 1042 | Richard | Baxter | MV50 | 36:23 | South Yorkshire Orienteers | |
| 65 | 579 | David | Barnes | MV60 | 36:24 | Horwich RMI Harriers | |
| 66 | 749 | Will | Douthwaite | Man | 36:31 | Helm Hill | |
| 67 | 598 | Lorna | Askew | LV40 | 36:32 | Helm Hill | |
| 68 | 674 | Andy | Monk | MV60 | 36:33 | FRA | |
| 69 | 934 | Richard | Simpson | MV60 | 36:34 | Dallam | |
| 70 | 661 | Peter | Singleton | MV60 | 36:55 | Blackpool | |
| 71 | 503 | Pam | Bagot | LV40 | 36:59 | Settle Harriers | |
| 72 | 1014 | Jonathan | Warren | MV40 | 37:08 | | |
| 73 | 553 | Kate | Brayshaw | LV40 | 37:14 | Helm Hill | |
| 74 | 759 | Phil | Harrington | MV40 | 37:25 | Helm Hill | |
| 75 | 984 | Alan | Miller | MV60 | 37:28 | Kendal AAC | |
| 76 | 1049 | Michael | Richards | MV60 | 37:32 | Helm Hill | |
| 77 | 853 | Jonathan | Gibson | MV50 | 37:43 | Wharfedale Harriers | |
| 78 | 597 | Maria | Hearn | LV40 | 38:16 | Helm Hill | |
| 79 | 630 | Jo | Taylor | LV50 | 38:25 | Bowland FR | |
| 80 | 619 | Chris | Lawrence | MV50 | 38:51 | Clayton le Moors | |
| 81 | 515 | Jeremy | Wilkinson | MV50 | 39:17 | Keighley and Craven AC | |
| 82 | 1013 | Sally | Brassington | LV40 | 39:22 | Lancaster & Morecambe AC | |
| 83 | 685 | John | Wood | MV40 | 39:35 | | |
| 84 | 1019 | Ellie | Wood | LV40 | 39:56 | | |
| 85 | 646 | Mark | Charnley | MV40 | 40:01 | Settle Harriers | |
| 86 | 610 | Michael | McLoughlin | MV60 | 40:27 | Preston Harriers | |
| 87 | 682 | Mike | Binks | Man | 40:34 | Unattached | |
| 88 | 586 | Eilidh | Miller | LU21 | 40:44 | Broughton Runners | 1st LU21 |
| 89 | 1002 | Judith | Marshall | LV40 | 40:57 | Settle harriers | |
| 90 | 847 | Denise | Tunstall | LV50 | 41:06 | Durham Fell Runners | |
| 91 | 540 | Richard | Cater | MV40 | 41:12 | Helm Hill | |
| 92 | 592 | Jane | Umpleby | LV50 | 41:14 | Unattached | |
| 93 | 775 | Lindsay | Harrod | LV50 | 41:32 | Helm Hill | |
| 94 | 1039 | Raj | Madhas | MV50 | 41:39 | Wharfedale Harriers | |
| 95 | 550 | Libby | Dixon | LV40 | 41:43 | Ambleside | |
| 96 | 539 | Jo | Cater | LV40 | 42:20 | Helm Hill | |
| 97 | 756 | John | Hodgson | MV70 | 43:18 | Dallam | 1st MV70 |
| 98 | 1051 | Phil | Jones | Man | 43:28 | | |
| 99 | 665 | Katy | Thompson | LV60 | 43:41 | Clayton le Moors | 1st LV60 |
| 100 | 862 | Robyn | Anderson | LV40 | 44:05 | Preston Harriers | |
| 101 | 608 | Veronica | Waller | LV40 | 44:14 | Dallam | |
| 102 | 714 | Pete | Coe | MV60 | 44:15 | Helm Hill | |
| 103 | 1047 | Lorna | Holt | LV40 | 46:28 | Rossendale Harriers | |
| 104 | 635 | Tyla | Crook | LU21 | 46:35 | Helm Hill | |
| 105 | 787 | Ian | Peters | MV60 | 46:44 | Hoad Hill Harriers | |
| 106 | 651 | Jill | Gates | LV50 | 47:17 | Settle Harriers | |
| 107 | 779 | Elaine | Cowperthwaite | LV50 | 47:33 | | |
| 108 | 1015 | Laura | Potter | Lady | 47:42 | | |
| 109 | 511 | Jo | Grisedale | LV40 | 48:06 | Helm Hill | |
| 110 | 634 | Elizabeth | Adams | LV40 | 49:00 | Helm Hill | |
| 111 | 693 | Leanne | Richie | Lady | 49:02 | | |
| 112 | 691 | Scott | Thwaites | Man | 49:06 | | |
| 113 | 526 | Wendy | Smith | LV40 | 49:43 | Helm Hill | |
| 114 | 504 | Jo | Matthew | LV40 | 50:02 | Dallam | |
| 115 | 663 | George | James | MV70 | 52:24 | Blackpool | |
| 116 | 681 | Phil | Kirby | MV60 | 53:48 | Coniston | |

| | | | | | | | |
|-----|------|-------|------------|------|-------|---------------------|--|
| 117 | 1040 | Lynda | Hargreaves | LV50 | 54:12 | Wharfedale Harriers | |
| 118 | 810 | Sonja | Vietoris | LV50 | 56:03 | | |
| DNF | 615 | Joe | Howard | MV70 | DNF | Preston Harriers | |

Under 17 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|-------------------------|----------|
| 1 | 25 | Ollie | Sanders | Boy | 12:29 | Helm Hill | 1st Boy |
| 2 | 158 | Jacob | Smith | Boy | 13:09 | Helm Hill | 2nd Boy |
| 3 | 146 | Alfie | Thorpe | Boy | 14:04 | Broughton Runners | 3rd Boy |
| 4 | 87 | Adam | Scott | Boy | 14:05 | Helm Hill | |
| 5 | 248 | David | Blenman | Boy | 14:06 | Helm Hill | |
| 6 | 234 | Bernadette | Raven | Girl | 14:58 | Ilkley Harriers | 1st Girl |
| 7 | 73 | Emily | Swarbrick | Girl | 16:10 | Cumberland Fell Runners | 2nd Girl |
| 8 | 188 | Holly | Dobson | Girl | 16:38 | Ambleside AC | 3rd Girl |
| 9 | 161 | Ella | Dorrington | Girl | 16:39 | Clayton le Moors | |
| 10 | 94 | Freya | Richards | Girl | 16:45 | Helm Hill | |

Under 15 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|-------------|-------------|------|-------|------------------------|----------|
| 1 | 230 | Will | Hall | Boy | 09:21 | Keighley and Craven AC | 1st Boy |
| 2 | 65 | Thomas | Brailsford | Boy | 09:46 | Ambleside | 2nd Boy |
| 3 | 91 | Amelie | Lane | Girl | 09:47 | Wharfedale Harriers | 1st Girl |
| 4 | 192 | Harry | Ewbank | Boy | 09:50 | Eden Runners | 3rd Boy |
| 5 | 78 | Dylan | Cater | Boy | 10:23 | Helm Hill | |
| 6 | 39 | Christopher | Brown | Boy | 10:29 | Clayton le Moors | |
| 7 | 139 | Jamie | Waller | Boy | 10:40 | Dallam | |
| 8 | 99 | Isaac | Robinson | Boy | 11:07 | Howgill Harriers | |
| 9 | 81 | Thomas | Adams | Boy | 11:07 | CFR | |
| 10 | 211 | Hal | Saner-Haigh | Boy | 11:37 | Helm Hill | |
| 11 | 69 | Oliver | Willoughby | Boy | 12:01 | Helm Hill | |
| 12 | 20 | Megan | Wilkinson | Girl | 12:12 | Keighley and Craven AC | 2nd Girl |
| 13 | 96 | Toby | Harper | Boy | 12:13 | Ambleside | |
| 14 | 90 | Nathon | Ritchie | Boy | 12:47 | Levens Valley AC | |
| 15 | 62 | Vicky | Woof | Girl | 13:25 | Howgill Harriers | 3rd Girl |
| 16 | 16 | Finley | Grisedale | Boy | 13:37 | Helm Hill | |
| 17 | 274 | Reuben | Donnini | Boy | 13:56 | Helm Hill | |
| 18 | 143 | Beau | Walkingshaw | Girl | 14:24 | Howgill Harriers | |

Under 13 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|--------------------------|----------|
| 1 | 63 | Archie | Peaker | Boy | 07:13 | Keighley and Craven AC | 1st Boy |
| 2 | 5 | Rowan | Ashworth | Boy | 07:18 | Ambleside | 2nd Boy |
| 3 | 262 | James | Brassington | Boy | 07:26 | Lancaster & Morecambe AC | 3rd Boy |
| 4 | 24 | Ewen | Wilkinson | Boy | 07:57 | Keighley and Craven AC | |
| 5 | 13 | Ben | Allmond | Boy | 07:59 | Ambleside | |
| 6 | 259 | Riley | Merryfield | Boy | 08:01 | Ambleside | |
| 7 | 100 | Toby | Acland | Boy | 08:23 | Helm Hill | |
| 8 | 97 | Ewan | Black | Boy | 08:26 | Helm Hill | |
| 9 | 38 | Aaron | Smith | Boy | 08:27 | Howgill Harriers | |
| 10 | 171 | Jack | Sanderson | Boy | 08:30 | Settle Harriers | |
| 11 | 141 | Aaran | Revill | Boy | 08:49 | Helm Hill | |
| 12 | 106 | Olivia | Swarbrick | Girl | 08:51 | Cumberland Fell Runners | 1st Girl |
| 13 | 3 | Lucy | Bagot | Girl | 08:56 | Settle Harriers | 2nd Girl |
| 14 | 284 | Riley | Holt | Boy | 08:57 | Rosendale Harriers | |
| 15 | 74 | Hester | Metcalfe | Girl | 08:59 | Ambleside AC | 3rd Girl |
| 16 | 44 | Charlotte | Peart | Girl | 09:07 | Settle Harriers | |
| 17 | 103 | Madeleine | Martindale | Girl | 09:12 | Helm Hill | |
| 18 | 137 | Thomas | Hearn | Boy | 09:23 | Helm Hill | |
| 19 | 48 | Jasmine | Bottomley | Girl | 09:53 | Helm Hill | |
| 20 | 222 | Ethan | MacIntyre | Boy | 10:11 | Keighley and Craven AC | |
| 21 | 182 | Oliver | Brummitt | Boy | 10:14 | Settle Harriers | |
| 22 | 84 | Connie-Ma | Scott | Girl | 10:29 | Kendal AAC | |
| 23 | 128 | Hannah | Dyer | Girl | 10:45 | Helm Hill | |
| 24 | 113 | Theo | Robinson | Boy | 10:47 | Howgill Harriers | |
| 25 | 273 | Isaac | Donnini | Boy | 11:40 | Helm Hill | |
| 26 | 122 | Alicia | Crawford | Girl | 11:50 | Helm Hill | |
| 27 | 283 | Alexander | Wilson | Boy | 12:00 | Ambleside AC | |

Under 11 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|----------------------------|----------|
| 1 | 15 | Harvey | Shaw | Boy | 07:53 | Ambleside | 1st Boy |
| 2 | 66 | Blake | Fleming | Boy | 08:11 | Ambleside AC | 2nd Boy |
| 3 | 21 | Joseff | Tancrel | Boy | 08:28 | Helm Hill | 3rd Boy |
| 4 | 204 | Zeke | Sumner | Boy | 08:30 | Ambleside | |
| 5 | 6 | Tom | Ashworth | Boy | 08:31 | Ambleside | |
| 6 | 164 | Daisy | Fielding | Girl | 08:43 | SSRC | 1st Girl |
| 7 | 80 | Isabella | Wright | Girl | 09:12 | Wharfedale Harriers | 2nd Girl |
| 8 | 51 | Fraser | Dunn | Boy | 09:19 | Helm Hill | |
| 9 | 170 | Carl | Sanderson | Boy | 09:21 | Settle Harriers | |
| 10 | 104 | Will | Brayshaw | Boy | 09:25 | Helm Hill | |
| 11 | 260 | Joe | Green | Boy | 09:33 | Ambleside AC | |
| 12 | 163 | Julia | Fielding | Girl | 09:39 | SSRC | 3rd Girl |
| 13 | 178 | Cara | Bradley | Girl | 09:45 | Ambleside | |
| 14 | 281 | Esme | Walkingshaw | Girl | 09:47 | | |
| 15 | 282 | Ella | Baxter | Girl | 09:49 | South Yorkshire Orienteers | |
| 16 | 114 | Gus | Campbell | Boy | 10:07 | Howgill Harriers | |
| 17 | 47 | Jackson | Bottomley | Boy | 10:08 | Helm Hill | |
| 18 | 221 | William | Gornall | Boy | 10:12 | | |
| 19 | 140 | Brodie | Revill | Boy | 10:28 | Helm Hill | |
| 20 | 173 | Ella | Stamp | Girl | 10:33 | Helm Hill | |
| 21 | 31 | Tommy | Brodrick | Boy | 10:38 | Ambleside | |
| 22 | 134 | Ben | Todhunter | Boy | 10:41 | Unattached | |
| 23 | 26 | Edward | Shawcross | Boy | 10:54 | Dallam | |
| 24 | 135 | Ellie | Todhunter | Girl | 12:02 | Unattached | |
| 25 | 132 | Thomas | Iveson | Boy | 12:30 | Ambleside AC | |
| 26 | 68 | Poppy | Cater | Girl | 12:36 | Helm Hill | |
| 27 | 123 | Freddie | Crawford | Boy | 13:17 | Helm Hill | |
| 28 | 144 | Sadie | Walkingshaw | Girl | 13:52 | Eden Runners | |

Elterwater Common 2019 Category Results

ALL SENIOR MEN

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|----------------------------|----------|
| 1 | 1045 | Mark | Lamb | Man | 22:39 | Keswick AC | 1st Man |
| 2 | 956 | Matthew | Elkington | Man | 22:43 | Ambleside AC | 2nd Man |
| 3 | 718 | Charlie | Ing | Man | 24:07 | Calder Valley | 3rd Man |
| 4 | 666 | Matthew | Knowles | MU21 | 24:23 | Lancaster & Morecambe AC | 1st MU21 |
| 5 | 765 | Jack | Wright | Man | 24:30 | Ambleside | |
| 6 | 939 | Josh | Jardine | Man | 24:31 | Helm Hill | |
| 7 | 781 | John | Helme | MV40 | 25:11 | Ambleside | 1st MV40 |
| 8 | 1053 | Tom | Simpson | Man | 26:23 | Ambleside AC | |
| 9 | 642 | Michael | Gregory | MV40 | 26:24 | Ulverston Triathlon Club | |
| 10 | 551 | Will | Acland | MV40 | 26:55 | Helm Hill | |
| 11 | 1048 | Ashley | Holt | MV40 | 26:58 | Rossendale Harriers | |
| 12 | 599 | Martin | Askew | MU21 | 27:39 | Helm Hill | |
| 13 | 687 | Josh | Murphy | Man | 27:44 | Black Combe | |
| 14 | 697 | Paul | Reilly | MV40 | 27:53 | Helm Hill | |
| 15 | 868 | Phil | Mather | Man | 28:41 | Lonsdale | |
| 16 | 638 | Simon | Mounsey | MV40 | 28:51 | Howgill Harriers | |
| 17 | 535 | Brian | Pennington | MV40 | 28:57 | Howgill Harriers | |
| 18 | 1046 | Dan | Duxbury | MV40 | 29:05 | Ambleside AC | |
| 19 | 767 | Tim | Pickering | Man | 29:17 | Helm Hill | |
| 20 | 554 | Luke | Appleyard | Man | 29:43 | Wharfedale Harriers | |
| 21 | 761 | Rob | Mortimore | Man | 29:44 | Helm Hill | |
| 22 | 518 | Rob | Crawford | MV40 | 29:50 | Howgill Harriers | |
| 23 | 633 | Steven | Middleton | MV40 | 30:00 | Howgill Harriers | |
| 24 | 877 | Matthew | Holroyd | MU21 | 30:31 | Settle Harriers | |
| 25 | 601 | Ben | Kirkman | MU21 | 30:41 | Rossendale Harriers | |
| 26 | 931 | John | Bowman | Man | 30:47 | | |
| 27 | 559 | Sean | Robinson | MV40 | 30:58 | Howgill Harriers | |
| 28 | 591 | Joey | Umpleby | MU21 | 31:21 | Kendal AAC | |
| 29 | 609 | Simon | Waller | MV50 | 31:25 | Helm Hill | 1st MV50 |
| 30 | 505 | Tom | Matthew | MV40 | 31:27 | Bowland | |
| 31 | 871 | Joseph | Hobbs | Man | 31:28 | Lonsdale | |
| 32 | 603 | Peter | German | Man | 31:47 | Helm Hill | |
| 33 | 567 | Jacob | Dyer | MV40 | 31:48 | Helm Hill | |
| 34 | 509 | Chris | Green | MV40 | 32:03 | Ambleside AC | |
| 35 | 596 | Alistair | Hearn | MV40 | 32:16 | Helm Hill | |
| 36 | 843 | Simon | Wright | MV50 | 32:28 | Bingley Harriers | |
| 37 | 507 | Andy | Holden | MV50 | 32:58 | Wharfedale Harriers | |
| 38 | 584 | James | Todhunter | Man | 33:04 | Helm Hill | |
| 39 | 758 | Graham | Beaumont | MV50 | 33:12 | Dallam | |
| 40 | 861 | Roger | Taylor | MV50 | 33:18 | Preston Harriers | |
| 41 | 520 | Alistair | Shawcross | MV40 | 33:31 | | |
| 42 | 1041 | Graham | Britton | MV60 | 33:47 | | 1st MV60 |
| 43 | 889 | Ray | Gill | MV50 | 33:49 | Dallam | |
| 44 | 709 | Ronald | Hummelink | MV40 | 33:57 | Lonsdale Fell Runners | |
| 45 | 580 | John | Jones | MV50 | 34:34 | Helm Hill | |
| 46 | 583 | Roger | Aubrey | MV50 | 34:36 | Helm Hill | |
| 47 | 602 | Mick | Kirkman | MV50 | 34:52 | Rossendale Harriers | |
| 48 | 1050 | Andy | Reid | MV60 | 35:19 | Ellenborough | |
| 49 | 977 | David | Appleyard | MV50 | 35:24 | Helm Hill | |
| 50 | 965 | Michael | Jewell | MV60 | 35:33 | Black Combe | |
| 51 | 692 | Bill | Beckett | MV50 | 35:34 | Chorley A&T | |
| 52 | 512 | Jonny | Grisedale | MV40 | 35:49 | Helm Hill | |
| 53 | 572 | Robin | Parsons | MV40 | 35:52 | Elvet Striders | |
| 54 | 561 | Toby | Smith | Man | 36:03 | | |
| 55 | 1042 | Richard | Baxter | MV50 | 36:23 | South Yorkshire Orienteers | |
| 56 | 579 | David | Barnes | MV60 | 36:24 | Horwich RMI Harriers | |
| 57 | 749 | Will | Douthwaite | Man | 36:31 | Helm Hill | |
| 58 | 674 | Andy | Monk | MV60 | 36:33 | FRA | |
| 59 | 934 | Richard | Simpson | MV60 | 36:34 | Dallam | |
| 60 | 661 | Peter | Singleton | MV60 | 36:55 | Blackpool | |

| | | | | | | | |
|-----|------|----------|------------|------|-------|------------------------|----------|
| 61 | 1014 | Jonathan | Warren | MV40 | 37:08 | | |
| 62 | 759 | Phil | Harrington | MV40 | 37:25 | Helm Hill | |
| 63 | 984 | Alan | Miller | MV60 | 37:28 | Kendal AAC | |
| 64 | 1049 | Michael | Richards | MV60 | 37:32 | Helm Hill | |
| 65 | 853 | Jonathan | Gibson | MV50 | 37:43 | Wharfedale Harriers | |
| 66 | 619 | Chris | Lawrence | MV50 | 38:51 | Clayton le Moors | |
| 67 | 515 | Jeremy | Wilkinson | MV50 | 39:17 | Keighley and Craven AC | |
| 68 | 685 | John | Wood | MV40 | 39:35 | | |
| 69 | 646 | Mark | Charnley | MV40 | 40:01 | Settle Harriers | |
| 70 | 610 | Michael | McLoughlin | MV60 | 40:27 | Preston Harriers | |
| 71 | 682 | Mike | Binks | Man | 40:34 | Unattached | |
| 72 | 540 | Richard | Cater | MV40 | 41:12 | Helm Hill | |
| 73 | 1039 | Raj | Madhas | MV50 | 41:39 | Wharfedale Harriers | |
| 74 | 756 | John | Hodgson | MV70 | 43:18 | Dallam | 1st MV70 |
| 75 | 1051 | Phil | Jones | Man | 43:28 | | |
| 76 | 714 | Pete | Coe | MV60 | 44:15 | Helm Hill | |
| 77 | 787 | Ian | Peters | MV60 | 46:44 | Hoad Hill Harriers | |
| 78 | 691 | Scott | Thwaites | Man | 49:06 | | |
| 79 | 663 | George | James | MV70 | 52:24 | Blackpool | |
| 80 | 681 | Phil | Kirby | MV60 | 53:48 | Coniston | |
| DNF | 615 | Joe | Howard | MV70 | DNF | Preston Harriers | |

MEN

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|--------------------------|----------|
| 1 | 1045 | Mark | Lamb | Man | 22:39 | Keswick AC | 1st Man |
| 2 | 956 | Matthew | Elkington | Man | 22:43 | Ambleside AC | 2nd Man |
| 3 | 718 | Charlie | Ing | Man | 24:07 | Calder Valley | 3rd Man |
| 4 | 666 | Matthew | Knowles | MU21 | 24:23 | Lancaster & Morecambe AC | 1st MU21 |
| 5 | 765 | Jack | Wright | Man | 24:30 | Ambleside | |
| 6 | 939 | Josh | Jardine | Man | 24:31 | Helm Hill | |
| 7 | 1053 | Tom | Simpson | Man | 26:23 | Ambleside AC | |
| 8 | 599 | Martin | Askew | MU21 | 27:39 | Helm Hill | |
| 9 | 687 | Josh | Murphy | Man | 27:44 | Black Combe | |
| 10 | 868 | Phil | Mather | Man | 28:41 | Lonsdale | |
| 11 | 767 | Tim | Pickering | Man | 29:17 | Helm Hill | |
| 12 | 554 | Luke | Appleyard | Man | 29:43 | Wharfedale Harriers | |
| 13 | 761 | Rob | Mortimore | Man | 29:44 | Helm Hill | |
| 14 | 877 | Matthew | Holroyd | MU21 | 30:31 | Settle Harriers | |
| 15 | 601 | Ben | Kirkman | MU21 | 30:41 | Rosendale Harriers | |
| 16 | 931 | John | Bowman | Man | 30:47 | | |
| 17 | 591 | Joey | Umpleby | MU21 | 31:21 | Kendal AAC | |
| 18 | 871 | Joseph | Hobbs | Man | 31:28 | Lonsdale | |
| 19 | 603 | Peter | German | Man | 31:47 | Helm Hill | |
| 20 | 584 | James | Todhunter | Man | 33:04 | Helm Hill | |
| 21 | 561 | Toby | Smith | Man | 36:03 | | |
| 22 | 749 | Will | Douthwaite | Man | 36:31 | Helm Hill | |
| 23 | 682 | Mike | Binks | Man | 40:34 | Unattached | |
| 24 | 1051 | Phil | Jones | Man | 43:28 | | |
| 25 | 691 | Scott | Thwaites | Man | 49:06 | | |

MEN UNDER 21

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|--------------------------|----------|
| 1 | 666 | Matthew | Knowles | MU21 | 24:23 | Lancaster & Morecambe AC | 1st MU21 |
| 2 | 599 | Martin | Askew | MU21 | 27:39 | Helm Hill | |
| 3 | 877 | Matthew | Holroyd | MU21 | 30:31 | Settle Harriers | |
| 4 | 601 | Ben | Kirkman | MU21 | 30:41 | Rosendale Harriers | |
| 5 | 591 | Joey | Umpleby | MU21 | 31:21 | Kendal AAC | |

MEN - VET 40

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|--------------------------|----------|
| 1 | 781 | John | Helme | MV40 | 25:11 | Ambleside | 1st MV40 |
| 2 | 642 | Michael | Gregory | MV40 | 26:24 | Ulverston Triathlon Club | |
| 3 | 551 | Will | Acland | MV40 | 26:55 | Helm Hill | |
| 4 | 1048 | Ashley | Holt | MV40 | 26:58 | Rosendale Harriers | |
| 5 | 697 | Paul | Reilly | MV40 | 27:53 | Helm Hill | |
| 6 | 638 | Simon | Mounsey | MV40 | 28:51 | Howgill Harriers | |
| 7 | 535 | Brian | Pennington | MV40 | 28:57 | Howgill Harriers | |
| 8 | 1046 | Dan | Duxbury | MV40 | 29:05 | Ambleside AC | |
| 9 | 518 | Rob | Crawford | MV40 | 29:50 | Howgill Harriers | |
| 10 | 633 | Steven | Middleton | MV40 | 30:00 | Howgill Harriers | |
| 11 | 559 | Sean | Robinson | MV40 | 30:58 | Howgill Harriers | |
| 12 | 505 | Tom | Matthew | MV40 | 31:27 | Bowland | |
| 13 | 567 | Jacob | Dyer | MV40 | 31:48 | Helm Hill | |
| 14 | 509 | Chris | Green | MV40 | 32:03 | Ambleside AC | |
| 15 | 596 | Alistair | Hearn | MV40 | 32:16 | Helm Hill | |
| 16 | 520 | Alistair | Shawcross | MV40 | 33:31 | | |
| 17 | 709 | Ronald | Hummelink | MV40 | 33:57 | Lonsdale Fell Runners | |
| 18 | 512 | Jonny | Grisedale | MV40 | 35:49 | Helm Hill | |
| 19 | 572 | Robin | Parsons | MV40 | 35:52 | Elvet Striders | |
| 20 | 1014 | Jonathan | Warren | MV40 | 37:08 | | |
| 21 | 759 | Phil | Harrington | MV40 | 37:25 | Helm Hill | |
| 22 | 685 | John | Wood | MV40 | 39:35 | | |
| 23 | 646 | Mark | Charnley | MV40 | 40:01 | Settle Harriers | |
| 24 | 540 | Richard | Cater | MV40 | 41:12 | Helm Hill | |

MEN - VET 50

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|-------|----------------------------|----------|
| 1 | 609 | Simon | Waller | MV50 | 31:25 | Helm Hill | 1st MV50 |
| 2 | 843 | Simon | Wright | MV50 | 32:28 | Bingley Harriers | |
| 3 | 507 | Andy | Holden | MV50 | 32:58 | Wharfedale Harriers | |
| 4 | 758 | Graham | Beaumont | MV50 | 33:12 | Dallam | |
| 5 | 861 | Roger | Taylor | MV50 | 33:18 | Preston Harriers | |
| 6 | 889 | Ray | Gill | MV50 | 33:49 | Dallam | |
| 7 | 580 | John | Jones | MV50 | 34:34 | Helm Hill | |
| 8 | 583 | Roger | Aubrey | MV50 | 34:36 | Helm Hill | |
| 9 | 602 | Mick | Kirkman | MV50 | 34:52 | Rossendale Harriers | |
| 10 | 977 | David | Appleyard | MV50 | 35:24 | Helm Hill | |
| 11 | 692 | Bill | Beckett | MV50 | 35:34 | Chorley A&T | |
| 12 | 1042 | Richard | Baxter | MV50 | 36:23 | South Yorkshire Orienteers | |
| 13 | 853 | Jonathan | Gibson | MV50 | 37:43 | Wharfedale Harriers | |
| 14 | 619 | Chris | Lawrence | MV50 | 38:51 | Clayton le Moors | |
| 15 | 515 | Jeremy | Wilkinson | MV50 | 39:17 | Keighley and Craven AC | |
| 16 | 1039 | Raj | Madhas | MV50 | 41:39 | Wharfedale Harriers | |

MEN - VET 60

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|----------------------|----------|
| 1 | 1041 | Graham | Britton | MV60 | 33:47 | | 1st MV60 |
| 2 | 1050 | Andy | Reid | MV60 | 35:19 | Ellenborough | |
| 3 | 965 | Michael | Jewell | MV60 | 35:33 | Black Combe | |
| 4 | 579 | David | Barnes | MV60 | 36:24 | Horwich RMI Harriers | |
| 5 | 674 | Andy | Monk | MV60 | 36:33 | FRA | |
| 6 | 934 | Richard | Simpson | MV60 | 36:34 | Dallam | |
| 7 | 661 | Peter | Singleton | MV60 | 36:55 | Blackpool | |
| 8 | 984 | Alan | Miller | MV60 | 37:28 | Kendal AAC | |
| 9 | 1049 | Michael | Richards | MV60 | 37:32 | Helm Hill | |
| 10 | 610 | Michael | McLoughlin | MV60 | 40:27 | Preston Harriers | |
| 11 | 714 | Pete | Coe | MV60 | 44:15 | Helm Hill | |
| 12 | 787 | Ian | Peters | MV60 | 46:44 | Hoad Hill Harriers | |
| 13 | 681 | Phil | Kirby | MV60 | 53:48 | Coniston | |

MEN - VET 70

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|------------------|----------|
| 1 | 756 | John | Hodgson | MV70 | 43:18 | Dallam | 1st MV70 |
| 2 | 663 | George | James | MV70 | 52:24 | Blackpool | |
| DNF | 615 | Joe | Howard | MV70 | DNF | Preston Harriers | |

ALL SENIOR LADIES

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|--------------------------|-------------------|
| 1 | 1044 | Hannah | Horsburgh | Lady | 27:02 | Keswick AC | 1st Lady |
| 2 | 566 | Bianca | Dyer | LV40 | 30:44 | Helm Hill | 2nd Lady/1st LV40 |
| 3 | 1043 | Kim | Baxter | LV40 | 30:52 | Dark Peak | 3rd Lady |
| 4 | 1052 | Cathy | Gill | Lady | 32:12 | Tunbridge Wells Harriers | |
| 5 | 694 | Celia | Powell | Lady | 32:39 | | |
| 6 | 717 | Kaisleigh | Atkinson | Lady | 33:30 | | |
| 7 | 838 | Natasha | Geere | LV50 | 34:08 | Spensborough | 1st LV50 |
| 8 | 700 | Jenny | Lyon | Lady | 34:47 | Dallam Running Club | |
| 9 | 546 | Jo | Appleby | LV40 | 36:08 | Helm Hill | |
| 10 | 598 | Lorna | Askew | LV40 | 36:32 | Helm Hill | |
| 11 | 503 | Pam | Bagot | LV40 | 36:59 | Settle Harriers | |
| 12 | 553 | Kate | Brayshaw | LV40 | 37:14 | Helm Hill | |
| 13 | 597 | Maria | Hearn | LV40 | 38:16 | Helm Hill | |
| 14 | 630 | Jo | Taylor | LV50 | 38:25 | Bowland FR | |
| 15 | 1013 | Sally | Brassington | LV40 | 39:22 | Lancaster & Morecambe AC | |
| 16 | 1019 | Ellie | Wood | LV40 | 39:56 | | |
| 17 | 586 | Eilidh | Miller | LU21 | 40:44 | Broughton Runners | 1st LU21 |
| 18 | 1002 | Judith | Marshall | LV40 | 40:57 | Settle harriers | |
| 19 | 847 | Denise | Tunstall | LV50 | 41:06 | Durham Fell Runners | |
| 20 | 592 | Jane | Umpleby | LV50 | 41:14 | Unattached | |
| 21 | 775 | Lindsay | Harrod | LV50 | 41:32 | Helm Hill | |
| 22 | 550 | Libby | Dixon | LV40 | 41:43 | Ambleside | |
| 23 | 539 | Jo | Cater | LV40 | 42:20 | Helm Hill | |
| 24 | 665 | Katy | Thompson | LV60 | 43:41 | Clayton le Moors | 1st LV60 |
| 25 | 862 | Robyn | Anderson | LV40 | 44:05 | Preston Harriers | |
| 26 | 608 | Veronica | Waller | LV40 | 44:14 | Dallam | |
| 27 | 1047 | Lorna | Holt | LV40 | 46:28 | Rosendale Harriers | |
| 28 | 635 | Tyla | Crook | LU21 | 46:35 | Helm Hill | |
| 29 | 651 | Jill | Gates | LV50 | 47:17 | Settle Harriers | |
| 30 | 779 | Elaine | Cowperthwaite | LV50 | 47:33 | | |
| 31 | 1015 | Laura | Potter | Lady | 47:42 | | |
| 32 | 511 | Jo | Grisedale | LV40 | 48:06 | Helm Hill | |
| 33 | 634 | Elizabeth | Adams | LV40 | 49:00 | Helm Hill | |
| 34 | 693 | Leanne | Richie | Lady | 49:02 | | |
| 35 | 526 | Wendy | Smith | LV40 | 49:43 | Helm Hill | |
| 36 | 504 | Jo | Matthew | LV40 | 50:02 | Dallam | |
| 37 | 1040 | Lynda | Hargreaves | LV50 | 54:12 | Wharfedale Harriers | |
| 38 | 810 | Sonja | Vietoris | LV50 | 56:03 | | |

LADIES

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|-------|--------------------------|----------|
| 1 | 1044 | Hannah | Horsburgh | Lady | 27:02 | Keswick AC | 1st Lady |
| 2 | 1052 | Cathy | Gill | Lady | 32:12 | Tunbridge Wells Harriers | |
| 3 | 694 | Celia | Powell | Lady | 32:39 | | |
| 4 | 717 | Kaisleigh | Atkinson | Lady | 33:30 | | |
| 5 | 700 | Jenny | Lyon | Lady | 34:47 | Dallam Running Club | |
| 6 | 586 | Eilidh | Miller | LU21 | 40:44 | Broughton Runners | 1st LU21 |
| 7 | 635 | Tyla | Crook | LU21 | 46:35 | Helm Hill | |
| 8 | 1015 | Laura | Potter | Lady | 47:42 | | |
| 9 | 693 | Leanne | Richie | Lady | 49:02 | | |

LADIES UNDER 21

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|-------------------|----------|
| 1 | 586 | Eilidh | Miller | LU21 | 40:44 | Broughton Runners | 1st LU21 |
| 2 | 635 | Tyla | Crook | LU21 | 46:35 | Helm Hill | |

LADIES - VET 40

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|--------------------------|-------------------|
| 1 | 566 | Bianca | Dyer | LV40 | 30:44 | Helm Hill | 2nd Lady/1st LV40 |
| 2 | 1043 | Kim | Baxter | LV40 | 30:52 | Dark Peak | 3rd Lady |
| 3 | 546 | Jo | Appleby | LV40 | 36:08 | Helm Hill | |
| 4 | 598 | Lorna | Askew | LV40 | 36:32 | Helm Hill | |
| 5 | 503 | Pam | Bagot | LV40 | 36:59 | Settle Harriers | |
| 6 | 553 | Kate | Brayshaw | LV40 | 37:14 | Helm Hill | |
| 7 | 597 | Maria | Hearn | LV40 | 38:16 | Helm Hill | |
| 8 | 1013 | Sally | Brassington | LV40 | 39:22 | Lancaster & Morecambe AC | |
| 9 | 1019 | Ellie | Wood | LV40 | 39:56 | | |
| 10 | 1002 | Judith | Marshall | LV40 | 40:57 | Settle harriers | |
| 11 | 550 | Libby | Dixon | LV40 | 41:43 | Ambleside | |
| 12 | 539 | Jo | Cater | LV40 | 42:20 | Helm Hill | |
| 13 | 862 | Robyn | Anderson | LV40 | 44:05 | Preston Harriers | |
| 14 | 608 | Veronica | Waller | LV40 | 44:14 | Dallam | |
| 15 | 1047 | Lorna | Holt | LV40 | 46:28 | Rosendale Harriers | |
| 16 | 511 | Jo | Grisedale | LV40 | 48:06 | Helm Hill | |
| 17 | 634 | Elizabeth | Adams | LV40 | 49:00 | Helm Hill | |
| 18 | 526 | Wendy | Smith | LV40 | 49:43 | Helm Hill | |
| 19 | 504 | Jo | Matthew | LV40 | 50:02 | Dallam | |

LADIES - VET 50

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|---------------------|----------|
| 1 | 838 | Natasha | Geere | LV50 | 34:08 | Spensorborough | 1st LV50 |
| 2 | 630 | Jo | Taylor | LV50 | 38:25 | Bowland FR | |
| 3 | 847 | Denise | Tunstall | LV50 | 41:06 | Durham Fell Runners | |
| 4 | 592 | Jane | Umpleby | LV50 | 41:14 | Unattached | |
| 5 | 775 | Lindsay | Harrod | LV50 | 41:32 | Helm Hill | |
| 6 | 651 | Jill | Gates | LV50 | 47:17 | Settle Harriers | |
| 7 | 779 | Elaine | Cowperthwaite | LV50 | 47:33 | | |
| 8 | 1040 | Lynda | Hargreaves | LV50 | 54:12 | Wharfedale Harriers | |
| 9 | 810 | Sonja | Vietoris | LV50 | 56:03 | | |

LADIES - VET 60

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------|------|-------|------------------|----------|
| 1 | 665 | Katy | Thompson | LV60 | 43:41 | Clayton le Moors | 1st LV60 |

UNDER 17 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|-----|-------|-------------------|----------|
| 1 | 25 | Ollie | Sanders | Boy | 12:29 | Helm Hill | 1st Boy |
| 2 | 158 | Jacob | Smith | Boy | 13:09 | Helm Hill | 2nd Boy |
| 3 | 146 | Alfie | Thorpe | Boy | 14:04 | Broughton Runners | 3rd Boy |
| 4 | 87 | Adam | Scott | Boy | 14:05 | Helm Hill | |
| 5 | 248 | David | Blenman | Boy | 14:06 | Helm Hill | |

UNDER 17 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|-------------------------|----------|
| 1 | 234 | Bernadette | Raven | Girl | 14:58 | Ilkley Harriers | 1st Girl |
| 2 | 73 | Emily | Swarbrick | Girl | 16:10 | Cumberland Fell Runners | 2nd Girl |
| 3 | 188 | Holly | Dobson | Girl | 16:38 | Ambleside AC | 3rd Girl |
| 4 | 161 | Ella | Dorrington | Girl | 16:39 | Clayton le Moors | |
| 5 | 94 | Freya | Richards | Girl | 16:45 | Helm Hill | |

UNDER 15 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|-------------|-------------|-----|-------|------------------------|----------|
| 1 | 230 | Will | Hall | Boy | 09:21 | Keighley and Craven AC | 1st Boy |
| 2 | 65 | Thomas | Brailsford | Boy | 09:46 | Ambleside | 2nd Boy |
| 3 | 192 | Harry | Ewbank | Boy | 09:50 | Eden Runners | 3rd Boy |
| 4 | 78 | Dylan | Cater | Boy | 10:23 | Helm Hill | |
| 5 | 39 | Christopher | Brown | Boy | 10:29 | Clayton le Moors | |
| 6 | 139 | Jamie | Waller | Boy | 10:40 | Dallam | |
| 7 | 99 | Isaac | Robinson | Boy | 11:07 | Howgill Harriers | |
| 8 | 81 | Thomas | Adams | Boy | 11:07 | CFR | |
| 9 | 211 | Hal | Saner-Haigh | Boy | 11:37 | Helm Hill | |
| 10 | 69 | Oliver | Willoughby | Boy | 12:01 | Helm Hill | |
| 11 | 96 | Toby | Harper | Boy | 12:13 | Ambleside | |
| 12 | 90 | Nathon | Ritchie | Boy | 12:47 | Levens Valley AC | |
| 13 | 16 | Finley | Grisedale | Boy | 13:37 | Helm Hill | |
| 14 | 274 | Reuben | Donnini | Boy | 13:56 | Helm Hill | |

UNDER 15 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|------------------------|----------|
| 1 | 91 | Amelie | Lane | Girl | 09:47 | Wharfedale Harriers | 1st Girl |
| 2 | 20 | Megan | Wilkinson | Girl | 12:12 | Keighley and Craven AC | 2nd Girl |
| 3 | 62 | Vicky | Woof | Girl | 13:25 | Howgill Harriers | 3rd Girl |
| 4 | 143 | Beau | Walkingshaw | Girl | 14:24 | Howgill Harriers | |

UNDER 13 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|-----|-------|--------------------------|----------|
| 1 | 63 | Archie | Peaker | Boy | 07:13 | Keighley and Craven AC | 1st Boy |
| 2 | 5 | Rowan | Ashworth | Boy | 07:18 | Ambleside | 2nd Boy |
| 3 | 262 | James | Brassington | Boy | 07:26 | Lancaster & Morecambe AC | 3rd Boy |
| 4 | 24 | Ewen | Wilkinson | Boy | 07:57 | Keighley and Craven AC | |
| 5 | 13 | Ben | Allmond | Boy | 07:59 | Ambleside | |
| 6 | 259 | Riley | Merryfield | Boy | 08:01 | Ambleside | |
| 7 | 100 | Toby | Acland | Boy | 08:23 | Helm Hill | |
| 8 | 97 | Ewan | Black | Boy | 08:26 | Helm Hill | |
| 9 | 38 | Aaron | Smith | Boy | 08:27 | Howgill Harriers | |
| 10 | 171 | Jack | Sanderson | Boy | 08:30 | Settle Harriers | |
| 11 | 141 | Aaran | Revill | Boy | 08:49 | Helm Hill | |
| 12 | 284 | Riley | Holt | Boy | 08:57 | Rosendale Harriers | |
| 13 | 137 | Thomas | Hearn | Boy | 09:23 | Helm Hill | |
| 14 | 222 | Ethan | MacIntyre | Boy | 10:11 | Keighley and Craven AC | |
| 15 | 182 | Oliver | Brummitt | Boy | 10:14 | Settle Harriers | |
| 16 | 113 | Theo | Robinson | Boy | 10:47 | Howgill Harriers | |
| 17 | 273 | Isaac | Donnini | Boy | 11:40 | Helm Hill | |
| 18 | 283 | Alexander | Wilson | Boy | 12:00 | Ambleside AC | |

UNDER 13 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|-------------------------|----------|
| 1 | 106 | Olivia | Swarbrick | Girl | 08:51 | Cumberland Fell Runners | 1st Girl |
| 2 | 3 | Lucy | Bagot | Girl | 08:56 | Settle Harriers | 2nd Girl |
| 3 | 74 | Hester | Metcalfe | Girl | 08:59 | Ambleside AC | 3rd Girl |
| 4 | 44 | Charlotte | Peart | Girl | 09:07 | Settle Harriers | |
| 5 | 103 | Madeleine | Martindale | Girl | 09:12 | Helm Hill | |
| 6 | 48 | Jasmine | Bottomley | Girl | 09:53 | Helm Hill | |
| 7 | 84 | Connie-Ma | Scott | Girl | 10:29 | Kendal AAC | |
| 8 | 128 | Hannah | Dyer | Girl | 10:45 | Helm Hill | |
| 9 | 122 | Alicia | Crawford | Girl | 11:50 | Helm Hill | |

UNDER 11 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|-----|-------|------------------|----------|
| 1 | 15 | Harvey | Shaw | Boy | 07:53 | Ambleside | 1st Boy |
| 2 | 66 | Blake | Fleming | Boy | 08:11 | Ambleside AC | 2nd Boy |
| 3 | 21 | Joseff | Tancrel | Boy | 08:28 | Helm Hill | 3rd Boy |
| 4 | 204 | Zeke | Sumner | Boy | 08:30 | Ambleside | |
| 5 | 6 | Tom | Ashworth | Boy | 08:31 | Ambleside | |
| 6 | 51 | Fraser | Dunn | Boy | 09:19 | Helm Hill | |
| 7 | 170 | Carl | Sanderson | Boy | 09:21 | Settle Harriers | |
| 8 | 104 | Will | Brayshaw | Boy | 09:25 | Helm Hill | |
| 9 | 260 | Joe | Green | Boy | 09:33 | Ambleside AC | |
| 10 | 114 | Gus | Campbell | Boy | 10:07 | Howgill Harriers | |
| 11 | 47 | Jackson | Bottomley | Boy | 10:08 | Helm Hill | |
| 12 | 221 | William | Gornall | Boy | 10:12 | | |
| 13 | 140 | Brodie | Revill | Boy | 10:28 | Helm Hill | |
| 14 | 31 | Tommy | Brodrick | Boy | 10:38 | Ambleside | |
| 15 | 134 | Ben | Todhunter | Boy | 10:41 | Unattached | |
| 16 | 26 | Edward | Shawcross | Boy | 10:54 | Dallam | |
| 17 | 132 | Thomas | Iveson | Boy | 12:30 | Ambleside AC | |
| 18 | 123 | Freddie | Crawford | Boy | 13:17 | Helm Hill | |

UNDER 11 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|----------------------------|----------|
| 1 | 164 | Daisy | Fielding | Girl | 08:43 | SSRC | 1st Girl |
| 2 | 80 | Isabella | Wright | Girl | 09:12 | Wharfedale Harriers | 2nd Girl |
| 3 | 163 | Julia | Fielding | Girl | 09:39 | SSRC | 3rd Girl |
| 4 | 178 | Cara | Bradley | Girl | 09:45 | Ambleside | |
| 5 | 281 | Esme | Walkingshaw | Girl | 09:47 | | |
| 6 | 282 | Ella | Baxter | Girl | 09:49 | South Yorkshire Orienteers | |
| 7 | 173 | Ella | Stamp | Girl | 10:33 | Helm Hill | |
| 8 | 135 | Ellie | Todhunter | Girl | 12:02 | Unattached | |
| 9 | 68 | Poppy | Cater | Girl | 12:36 | Helm Hill | |
| 10 | 144 | Sadie | Walkingshaw | Girl | 13:52 | Eden Runners | |