



Supported by Different Strokes

Barbondale - Results 11 February 2018

| Senior Race | | | | | | | |
|-------------|----------|------------|-------------|------|-------|--------------------|-------------------|
| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
| 1 | 59 | Joshua | Jardine | Man | 21:56 | Helm Hill | 1st Man |
| 2 | 244 | Adam | Perry | Man | 21:59 | Helm Hill | 2nd Man |
| 3 | 51 | Tom | Addison | Man | 22:13 | Helm Hill | 3rd Man |
| 4 | 4 | Michael | Ainsworth | Man | 22:17 | Helm Hill | |
| 5 | 416 | Jack | Eyre | Man | 23:10 | Eden Runners | |
| 6 | 368 | Harry | Shuell | Man | 23:26 | Ambleside | |
| 7 | 280 | Harvey | Lord | Man | 23:33 | Black Combe | |
| 8 | 1152 | Benjamin | Forrest | MU21 | 23:35 | Rosendale | 1st MU21 |
| 9 | 270 | Paul | Aitken | Man | 23:37 | Helm Hill | |
| 10 | 29 | Jon | Rylance | MV40 | 23:40 | Ambleside | 1st MV40 |
| 11 | 185 | Jacob | Aubrey | MU21 | 23:56 | Helm Hill | |
| 12 | 310 | Robert | Askew | MU21 | 24:00 | Helm Hill | |
| 13 | 417 | James | Harris | Man | 24:06 | Black Combe | |
| 14 | 248 | Tim | Cowin | MV40 | 24:14 | Helm Hill | |
| 15 | 418 | Andrew | Livingstone | Man | 24:36 | Annan & District | |
| 16 | 196 | Doug | Love | Man | 24:39 | Bowland | |
| 17 | 414 | Simon | Mounsey | MV40 | 25:03 | Howgill Harriers | |
| 18 | 361 | George | Attwood | MU21 | 25:07 | Dallam | |
| 19 | 73 | Rod | Scott | MV40 | 25:11 | | |
| 20 | 87 | Scott | Umpleby | MV50 | 25:12 | Kendal AAC | 1st MV50 |
| 21 | 99 | Phil | Mather | Man | 25:13 | Lonsdale | |
| 22 | 423 | Phil | Winskill | MV40 | 25:15 | Keswick AC | |
| 23 | 426 | James | Stokes | Man | 25:18 | | |
| 24 | 253 | Jack | Simpson | Man | 25:30 | Helm Hill | |
| 25 | 30 | Brian | Pennington | MV40 | 25:49 | Howgill Harriers | |
| 26 | 425 | Hannah | Russell | LU21 | 26:03 | Helm Hill | 1st Lady/1st LU21 |
| 27 | 297 | Darren | Fishwick | MV40 | 26:21 | Chorley | |
| 28 | 422 | Oliver | Waters | MV40 | 26:32 | Helm Hill | |
| 29 | 77 | Rob | Crawford | MV40 | 26:32 | Howgill Harriers | |
| 30 | 342 | Andrew | Holt | MV40 | 26:35 | Clayton le Moors | |
| 31 | 379 | Ben | Oldham | MV40 | 26:37 | Hoad Hill Harriers | |
| 32 | 136 | Declan | Bulmer | Man | 26:38 | Wharfedale | |
| 33 | 61 | Wayne | Dunn | Man | 26:39 | Settle | |
| 34 | 95 | Jonathon | Lowther | Man | 26:48 | Helm Hill | |
| 35 | 433 | Jacob | Snochowski | Man | 26:53 | Ambleside | |
| 36 | 412 | Jethro | Whitfield | Man | 26:53 | | |
| 37 | 402 | Jos | Addison | Man | 27:05 | Helm Hill | |
| 38 | 45 | James | Baron | MV50 | 27:08 | Helm Hill | |
| 39 | 419 | Chris | Jackson | Man | 27:28 | Pennine | |
| 40 | 53 | Steven | Middleton | MV40 | 27:43 | Howgill Harriers | |
| 41 | 183 | Ben | Whitham | Man | 27:58 | | |
| 42 | 69 | Sam | Thom | MU21 | 28:00 | KCAC | |
| 43 | 429 | Paul | Scully | MV40 | 28:07 | Helm Hill | |
| 44 | 217 | Robert | Moffat | Man | 28:07 | Howgill Harriers | |
| 45 | 84 | Tom | Smith | MV50 | 28:12 | Bowland | |
| 46 | 25 | Tom | Matthew | MV40 | 28:15 | Bowland | |
| 47 | 308 | Stephen | Nicholls | Man | 28:20 | Wigan & District | |
| 48 | 71 | Sean | Robinson | Man | 28:20 | Howgill Harriers | |
| 49 | 428 | Pete | Marston | MV40 | 28:26 | Helm Hill | |
| 50 | 98 | Rowan | Wood | Man | 28:32 | Lonsdale | |
| 51 | 234 | Justin | Evans | Man | 28:34 | Helm Hill | |
| 52 | 263 | Tim | Pickering | Man | 28:38 | Helm Hill | |
| 53 | 127 | John | Rainford | MV50 | 28:41 | Preston Harriers | |

| | | | | | | | |
|-----|------|------------|------------|------|-------|---------------------------|----------|
| 54 | 252 | Rachel | Simpson | Lady | 28:44 | Helm hill | 2nd Lady |
| 55 | 336 | John | Osborne | MV50 | 28:49 | Settle | |
| 56 | 50 | Rob | Harper | MV40 | 29:05 | Ambleside | |
| 57 | 174 | Alistair | Hearn | MV40 | 29:05 | Helm Hill | |
| 58 | 35 | Craig | Peart | Man | 29:06 | Lancaster & Morecambe | |
| 59 | 430 | Jenny | Rice | Lady | 29:08 | Helm Hill | 3rd Lady |
| 60 | 413 | Catherine | Niblock | Lady | 29:11 | Helm Hill | |
| 61 | 362 | Mark | Cropper | MV40 | 29:18 | Helm Hill | |
| 62 | 299 | Karl | Robb | Man | 29:23 | | |
| 63 | 314 | Ray | Gill | MV50 | 29:54 | Dallam | |
| 64 | 300 | Andy | Bennett | MV40 | 30:04 | Helm Hill | |
| 65 | 409 | Eve | Pannone | LU21 | 30:08 | Eden | |
| 66 | 184 | Roger | Aubrey | MV50 | 30:37 | Helm Hill | |
| 67 | 1190 | Ben | Kirkman | MU21 | 30:46 | Rossendale | |
| 68 | 142 | Michael | Toman | MV50 | 30:56 | Rossendale | |
| 69 | 86 | Joey | Umpleby | MU21 | 31:01 | Kendal AAC | |
| 70 | 12 | Tim | Murray | MV50 | 31:02 | Helm Hill | |
| 71 | 128 | James | Coulthard | MV40 | 31:06 | Howgill Harriers | |
| 72 | 391 | Richard | Wilkinson | MV50 | 31:10 | Long Eaton | |
| 73 | 1138 | David | Goadby | Man | 31:30 | Helm Hill | |
| 74 | 62 | David | Appleyard | MV50 | 31:33 | Helm Hill | |
| 75 | 17 | Ali | Richards | LV40 | 31:37 | Helm Hill | 1st LV40 |
| 76 | 85 | Ian | Hutchinson | MV50 | 31:47 | Bowland Fell Runners | |
| 77 | 364 | Brian | Kennedy | MV50 | 31:52 | Settle | |
| 78 | 353 | Jo | Wilcox | LV50 | 31:55 | Helm Hill | 1st LV50 |
| 79 | 261 | Emma | Johnston | Lady | 32:03 | Helm Hill | |
| 80 | 421 | Keeley | Smith | Lady | 32:36 | Helm Hill | |
| 81 | 415 | Chris | Roberts | MV60 | 32:44 | Black Combe | 1st MV60 |
| 82 | 420 | Cathy | Gill | Lady | 32:53 | Tunbridge Wells Harriers | |
| 83 | 8 | Jayne | Rigby | LV40 | 33:12 | Helm Hill | |
| 84 | 179 | Wendy | Dodds | LV60 | 33:13 | Clayton Le Moors Harriers | 1st LV60 |
| 85 | 343 | Mick | Kirkman | MV50 | 33:38 | Rossendale | |
| 86 | 427 | Gordon | Conway | Man | 33:44 | Knutsford Tri | |
| 87 | 1209 | Thomas | Ward | MU21 | 33:45 | Helm Hill | |
| 88 | 44 | Sam | Gibbs | MV40 | 33:46 | Helm Hill | |
| 89 | 64 | Kate | Brayshaw | LV40 | 34:14 | Helm Hill | |
| 90 | 432 | Charlotte | Seward | Lady | 34:46 | | |
| 91 | 40 | Jonny | Grisedale | MV40 | 34:52 | Helm Hill | |
| 92 | 431 | John | Leech | MV50 | 34:58 | Dallam | |
| 93 | 102 | Jo | Taylor | LV50 | 35:00 | Bowland | |
| 94 | 242 | Richard | Simpson | MV60 | 35:02 | Dallam | |
| 95 | 28 | Niki | Rylance | LV40 | 35:32 | Ambleside | |
| 96 | 103 | John | Taylor | MV60 | 35:45 | Bowland | |
| 97 | 119 | Mark | Charnley | MV40 | 35:47 | Settle | |
| 98 | 306 | Caroline | Holden | LV50 | 35:51 | Helm Hill | |
| 99 | 264 | Anne Marie | Swallow | LV40 | 35:51 | | |
| 100 | 121 | Gill | Ramsay | LV50 | 35:52 | Helm Hill | |
| 101 | 396 | Jim | Fisher | MV50 | 36:19 | Howgill Harriers | |
| 102 | 410 | Mark | Pannone | MV40 | 36:21 | | |
| 103 | 118 | Katy | Thompson | LV60 | 36:23 | Clayton le Moors | |
| 104 | 33 | Leah | Albion | LU21 | 37:20 | Broughton | |
| 105 | 70 | Tim | Thom | MV50 | 37:39 | KCAC | |
| 106 | 37 | Jo | Cater | Lady | 37:45 | Helm Hill | |
| 107 | 158 | Paula | Bowen | LV40 | 37:48 | Ambleside | |
| 108 | 285 | Vicky | Atkinson | LV40 | 37:49 | Helm Hill | |
| 109 | 173 | Michael | McLoughlin | MV60 | 38:03 | Preston Harriers | |
| 110 | 334 | Elizabeth | Adams | LV40 | 38:18 | Helm Hill | |
| 111 | 132 | Robin | Haywood | MV40 | 38:46 | Howgill Harriers | |
| 112 | 6 | David | Barnes | MV60 | 38:49 | Horwich | |
| 113 | 246 | John | Hodgson | MV70 | 38:56 | Dallam | 1st MV70 |
| 114 | 385 | Olga | Wiggins | Lady | 39:02 | Preston Harriers | |
| 115 | 82 | Graham | Breeze | MV70 | 39:39 | Wharfedale | |

| | | | | | | | |
|-----|-----|---------|---------------|------|-------|-----------------------|--|
| 116 | 133 | Gareth | Bradburn-Sims | MV40 | 39:50 | Howgill Harriers | |
| 117 | 273 | Trevor | Metcalfe | MV60 | 40:04 | Wharfedale | |
| 118 | 245 | Patty | Davies | LV50 | 40:33 | Helm Hill | |
| 119 | 125 | Mark | Birbeck | MV50 | 41:02 | Achille Ratti | |
| 120 | 434 | Sabina | Sojka | Lady | 41:05 | Ambleside | |
| 121 | 3 | May | Crawford | Lady | 41:05 | Helm Hill | |
| 122 | 262 | Lindsay | Harrod | LV50 | 41:19 | Helm Hill | |
| 123 | 93 | Jill | Gates | LV50 | 42:29 | Settle | |
| 124 | 359 | James | Gooding | Man | 42:41 | | |
| 125 | 408 | Heidi | Litrizza-Ball | LV40 | 43:03 | | |
| 126 | 424 | Denis | Boyd-Carson | MV60 | 43:18 | | |
| 127 | 155 | Miriam | Rosen | LV60 | 44:00 | Lancaster & Morecambe | |
| 128 | 411 | Cal | Pannone | LV40 | 45:36 | | |
| 129 | 120 | Philip | Kirkby | MV60 | 47:15 | Coniston | |
| 130 | 7 | Anna | Stevens | LV40 | 48:36 | Helm hill | |
| 131 | 198 | Richard | Handford | MV60 | 48:53 | Settle | |
| 132 | 2 | Wendy | Smith | LV40 | 49:22 | Helm Hill | |
| 133 | 154 | David | Rosen | MV60 | 53:20 | Lancaster & Morecambe | |
| 134 | 146 | Martin | Askew | MU21 | DNF | Helm Hill | |

Under 17 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|------|-------|------------------|----------|
| 1 | 1133 | Toby | Umpleby | Boy | 16:15 | Kendal AAC | 1st Boy |
| 2 | 1064 | Daniel | Sanderson | Boy | 16:31 | Ambleside | 2nd Boy |
| 3 | 1189 | Eric | Beaumont | Boy | 17:57 | KCAC | 3rd Boy |
| 4 | 1178 | Matthew | Holroyd | Boy | 18:05 | Settle | |
| 5 | 1029 | Chloe | Rylance | Girl | 18:28 | Ambleside | 1st Girl |
| 6 | 1182 | Brodie | Weymouth | Boy | 19:16 | | |
| 7 | 1261 | Briony | Holt | Girl | 19:59 | Clayton le Moors | 2nd Girl |
| 8 | 1231 | Oliver | Saxon | Boy | 19:59 | Eden Runners | |
| 9 | 1087 | Josh | Roelants | Boy | 20:17 | Helm Hill | |
| 10 | 1154 | Daniel | Harris | Boy | 22:35 | Helm Hill | |
| 11 | 1074 | Maia | Doherty | Girl | 23:34 | Helm Hill | 3rd Girl |
| 12 | 1120 | Adam | Scott | Boy | 24:08 | Kendal | |
| 13 | 1101 | Annabelle | Taylor | Girl | 27:05 | Helm Hill | |
| 14 | 1187 | Jack | Hill | Boy | 27:52 | | |
| 15 | 1134 | Emily | Crossley | Girl | 28:56 | Settle | |

Under 15 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|--------------|------|-------|-----------------------|----------|
| 1 | 1159 | James | Bowen | Boy | 09:46 | Ambleside | 1st Boy |
| 2 | 1050 | William | Hall | Boy | 09:49 | Calder Valley | 2nd Boy |
| 3 | 1225 | Charlie | Allmond | Boy | 09:51 | Ambleside | 3rd Boy |
| 4 | 1212 | James | Dufty | Boy | 10:06 | Calder Valley | |
| 5 | 1227 | Harry | Bowen | Boy | 10:06 | Ambleside | |
| 6 | 1054 | Alex | Tallon | Boy | 10:37 | Helm Hill | |
| 7 | 1037 | Ben | Smith | Boy | 10:57 | Kendal AAC | |
| 8 | 1180 | Sonny | Ashton-Fitch | Boy | 11:00 | Settle | |
| 9 | 1179 | Jack | Villiers | Boy | 11:22 | Barlick Fell Runners | |
| 10 | 1003 | Henry | Hunter | Boy | 11:24 | Helm Hill | |
| 11 | 1030 | Sophie | Rylance | Girl | 12:06 | Ambleside | 1st Girl |
| 12 | 1045 | Dylan | Cater | Boy | 12:14 | Helm Hill | |
| 13 | 1028 | Holly | Dobson | Girl | 13:24 | Ambleside | 2nd Girl |
| 14 | 1230 | Barney | Pannone | Boy | 14:06 | Eden | |
| 15 | 1076 | Zach | Doherty | Boy | 14:26 | Dallam | |
| 16 | 1040 | John | Bardsley | Boy | 15:14 | Unattached | |
| 17 | 1084 | Jack | Collett | Boy | 15:20 | Lancaster & Morecambe | |
| 18 | 1051 | Finley | Grisedale | Boy | 17:21 | Helm Hill | |
| 19 | 1121 | Benjamin | Grundy | Boy | 25:15 | Wharfedale | |
| 20 | 1104 | Jacob | Saunders | Boy | 25:24 | | |

Under 13 Race

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|-----------------------|----------|
| 1 | 1025 | Rowan | Ashworth | Boy | 05:10 | Ambleside | 1st Boy |
| 2 | 1141 | Alex | Graham | Boy | 05:21 | Ambleside | 2nd Boy |
| 3 | 1063 | Patrick | Casey | Boy | 05:30 | Calder Valley | 3rd Boy |
| 4 | 1164 | Harry | Ewbank | Boy | 05:35 | Eden | |
| 5 | 1198 | Evie | Taylor | Girl | 05:54 | Rosendale | 1st Girl |
| 6 | 1027 | Tom | Ashworth | Boy | 05:57 | Ambleside | |
| 7 | 1001 | Joseph | Rigby | Boy | 05:59 | Helm Hill | |
| 8 | 1082 | Jody | Middleton | Boy | 06:06 | Howgill Harriers | |
| 9 | 1210 | Ben | Almond | Boy | 06:35 | Ambleside | |
| 10 | 1056 | Elise | Tallon | Girl | 06:37 | Helm Hill | 2nd Girl |
| 11 | 1089 | Callum | Osborne | Boy | 06:38 | Trawden | |
| 12 | 1199 | Oliver | Ball | Boy | 06:39 | Lancaster & Morecambe | |
| 13 | 1229 | Amelie | Lane | Girl | 06:41 | Wharfedale | 3rd Girl |
| 14 | 1022 | Jamie | Graham | Boy | 06:41 | Ambleside | |
| 15 | 1148 | Jack | Sanderson | Boy | 06:43 | Settle | |
| 16 | 1062 | Bethan | Saunders | Girl | 06:46 | Leven Valley | |
| 17 | 1123 | Isaac | Robinson | Boy | 06:53 | Howgill Harriers | |
| 18 | 1077 | Vicky | Woolf | Girl | 07:00 | Howgill Harriers | |
| 19 | 1217 | Oliver | Oldham | Boy | 07:01 | Hoad Hill Harriers | |
| 20 | 1091 | Ella | Martindale | Girl | 07:08 | Helm Hill | |
| 21 | 1052 | Harvey | Shaw | Boy | 07:14 | Ambleside | |
| 22 | 1228 | Andrew | Mitchell | Boy | 07:21 | Howgill Harriers | |
| 23 | 1057 | Toby | Acland | Boy | 07:26 | Helm Hill | |
| 24 | 1095 | Thomas | Hearn | Boy | 07:27 | Helm Hill | |
| 25 | 1078 | Toby | Harper | Boy | 07:37 | Ambleside | |
| 26 | 1103 | Joel | Saunders | Boy | 07:39 | Helm Hill | |
| 27 | 1153 | Finlay | Aitken | Boy | 07:53 | Helm Hill | |
| 28 | 1066 | Ewan | Black | Boy | 07:59 | Helm Hill | |
| 29 | 1235 | Jem | Cropper | Boy | 08:00 | Helm Hill | |
| 30 | 1114 | Will | Brayshaw | Boy | 08:05 | Helm Hill | |
| 31 | 1136 | Beau | Walkingshaw | Girl | 08:09 | Eden | |
| 32 | 1233 | Garth | Duffy | Boy | 08:17 | Barlick Fell Runners | |
| 33 | 1137 | Esme | Walkingshaw | Girl | 08:21 | Eden | |
| 34 | 1093 | Charlotte | Peart | Girl | 08:35 | Settle | |
| 35 | 1118 | Connie-May | Scott | Girl | 08:43 | Kendal | |
| 36 | 1092 | Madeleine | Martindale | Girl | 08:48 | | |
| 37 | 1232 | Lucille | Pickles | Girl | 08:49 | Barlick Fell Runners | |
| 38 | 1222 | Louis | Hollingham | Boy | 08:49 | Helm Hill | |
| 39 | 1012 | Emily | Peart | Girl | 08:50 | Lancaster & Morecambe | |
| 40 | 1105 | Sophie | Goodall | Girl | 08:53 | | |
| 41 | 1172 | Arran | Goodall | Boy | 08:54 | | |
| 42 | 1070 | Seren | Green | Girl | 08:55 | Ambleside | |
| 43 | 1125 | Theo | Robinson | Boy | 09:00 | Howgill Harriers | |
| 44 | 1094 | Sophie | Hearn | Girl | 09:30 | | |
| 45 | 1200 | Harry | Ball | Boy | 09:39 | Lancaster & Morecambe | |
| 46 | 1236 | Jody | Whitfield | Girl | 09:42 | Barlick Fell Runners | |
| 47 | 1234 | Ciara | Duffy | Girl | 09:43 | Barlick Fell Runners | |
| 48 | 1075 | Katie | Lewis | Girl | 09:47 | Howgill Harriers | |
| 49 | 1096 | Alicia | Crawford | Girl | 09:53 | Helm Hill | |
| 50 | 1102 | Ava | Saunders | Girl | 11:06 | | |
| 51 | 1237 | Zach | Thomas | Boy | 12:47 | | |

Barbondale 2018 Category Results

ALL SENIOR MEN

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|-----------------------|----------|
| 1 | 59 | Joshua | Jardine | Man | 21:56 | Helm Hill | 1st Man |
| 2 | 244 | Adam | Perry | Man | 21:59 | Helm Hill | 2nd Man |
| 3 | 51 | Tom | Addison | Man | 22:13 | Helm Hill | 3rd Man |
| 4 | 4 | Michael | Ainsworth | Man | 22:17 | Helm Hill | |
| 5 | 416 | Jack | Eyre | Man | 23:10 | Eden Runners | |
| 6 | 368 | Harry | Shuell | Man | 23:26 | Ambleside | |
| 7 | 280 | Harvey | Lord | Man | 23:33 | Black Combe | |
| 8 | 1152 | Benjamin | Forrest | MU21 | 23:35 | Rossendale | 1st MU21 |
| 9 | 270 | Paul | Aitken | Man | 23:37 | Helm Hill | |
| 10 | 29 | Jon | Rylance | MV40 | 23:40 | Ambleside | 1st MV40 |
| 11 | 185 | Jacob | Aubrey | MU21 | 23:56 | Helm Hill | |
| 12 | 310 | Robert | Askew | MU21 | 24:00 | Helm Hill | |
| 13 | 417 | James | Harris | Man | 24:06 | Black Combe | |
| 14 | 248 | Tim | Cowin | MV40 | 24:14 | Helm Hill | |
| 15 | 418 | Andrew | Livingstone | Man | 24:36 | Annan & District | |
| 16 | 196 | Doug | Love | Man | 24:39 | Bowland | |
| 17 | 414 | Simon | Mounsey | MV40 | 25:03 | Howgill Harriers | |
| 18 | 361 | George | Attwood | MU21 | 25:07 | Dallam | |
| 19 | 73 | Rod | Scott | MV40 | 25:11 | | |
| 20 | 87 | Scott | Umpleby | MV50 | 25:12 | Kendal AAC | 1st MV50 |
| 21 | 99 | Phil | Mather | Man | 25:13 | Lonsdale | |
| 22 | 423 | Phil | Winskill | MV40 | 25:15 | Keswick AC | |
| 23 | 426 | James | Stokes | Man | 25:18 | | |
| 24 | 253 | Jack | Simpson | Man | 25:30 | Helm Hill | |
| 25 | 30 | Brian | Pennington | MV40 | 25:49 | Howgill Harriers | |
| 26 | 297 | Darren | Fishwick | MV40 | 26:21 | Chorley | |
| 27 | 422 | Oliver | Waters | MV40 | 26:32 | Helm Hill | |
| 28 | 77 | Rob | Crawford | MV40 | 26:32 | Howgill Harriers | |
| 29 | 342 | Andrew | Holt | MV40 | 26:35 | Clayton le Moors | |
| 30 | 379 | Ben | Oldham | MV40 | 26:37 | Hoad Hill Harriers | |
| 31 | 136 | Declan | Bulmer | Man | 26:38 | Wharfedale | |
| 32 | 61 | Wayne | Dunn | Man | 26:39 | Settle | |
| 33 | 95 | Jonathon | Lowther | Man | 26:48 | Helm Hill | |
| 34 | 433 | Jacob | Snochowski | Man | 26:53 | Ambleside | |
| 35 | 412 | Jethro | Whitfield | Man | 26:53 | | |
| 36 | 402 | Jos | Addison | Man | 27:05 | Helm Hill | |
| 37 | 45 | James | Baron | MV50 | 27:08 | Helm Hill | |
| 38 | 419 | Chris | Jackson | Man | 27:28 | Pennine | |
| 39 | 53 | Steven | Middleton | MV40 | 27:43 | Howgill Harriers | |
| 40 | 183 | Ben | Whitham | Man | 27:58 | | |
| 41 | 69 | Sam | Thom | MU21 | 28:00 | KCAC | |
| 42 | 429 | Paul | Scully | MV40 | 28:07 | Helm Hill | |
| 43 | 217 | Robert | Moffat | Man | 28:07 | Howgill Harriers | |
| 44 | 84 | Tom | Smith | MV50 | 28:12 | Bowland | |
| 45 | 25 | Tom | Matthew | MV40 | 28:15 | Bowland | |
| 46 | 308 | Stephen | Nicholls | Man | 28:20 | Wigan & District | |
| 47 | 71 | Sean | Robinson | Man | 28:20 | Howgill Harriers | |
| 48 | 428 | Pete | Marston | MV40 | 28:26 | Helm Hill | |
| 49 | 98 | Rowan | Wood | Man | 28:32 | Lonsdale | |
| 50 | 234 | Justin | Evans | Man | 28:34 | Helm Hill | |
| 51 | 263 | Tim | Pickering | Man | 28:38 | Helm Hill | |
| 52 | 127 | John | Rainford | MV50 | 28:41 | Preston Harriers | |
| 53 | 336 | John | Osborne | MV50 | 28:49 | Settle | |
| 54 | 50 | Rob | Harper | MV40 | 29:05 | Ambleside | |
| 55 | 174 | Alistair | Hearn | MV40 | 29:05 | Helm Hill | |
| 56 | 35 | Craig | Peart | Man | 29:06 | Lancaster & Morecambe | |
| 57 | 362 | Mark | Cropper | MV40 | 29:18 | Helm Hill | |
| 58 | 299 | Karl | Robb | Man | 29:23 | | |

| | | | | | | | |
|-----|------|---------|---------------|------|-------|-----------------------|----------|
| 59 | 314 | Ray | Gill | MV50 | 29:54 | Dallam | |
| 60 | 300 | Andy | Bennett | MV40 | 30:04 | Helm Hill | |
| 61 | 184 | Roger | Aubrey | MV50 | 30:37 | Helm Hill | |
| 62 | 1190 | Ben | Kirkman | MU21 | 30:46 | Rossendale | |
| 63 | 142 | Michael | Toman | MV50 | 30:56 | Rossendale | |
| 64 | 86 | Joey | Umpleby | MU21 | 31:01 | Kendal AAC | |
| 65 | 12 | Tim | Murray | MV50 | 31:02 | Helm Hill | |
| 66 | 128 | James | Coulthard | MV40 | 31:06 | Howgill Harriers | |
| 67 | 391 | Richard | Wilkinson | MV50 | 31:10 | Longeaton | |
| 68 | 1138 | David | Goadby | Man | 31:30 | Helm Hill | |
| 69 | 62 | David | Appleyard | MV50 | 31:33 | Helm Hill | |
| 70 | 85 | Ian | Hutchinson | MV50 | 31:47 | Bowland Fell Runners | |
| 71 | 364 | Brian | Kennedy | MV50 | 31:52 | Settle | |
| 72 | 415 | Chris | Roberts | MV60 | 32:44 | Black Combe | 1st MV60 |
| 73 | 343 | Mick | Kirkman | MV50 | 33:38 | Rossendale | |
| 74 | 427 | Gordon | Conway | Man | 33:44 | Knutsford Tri | |
| 75 | 1209 | Thomas | Ward | MU21 | 33:45 | Helm Hill | |
| 76 | 44 | Sam | Gibbs | MV40 | 33:46 | Helm Hill | |
| 77 | 40 | Jonny | Grisedale | MV40 | 34:52 | Helm Hill | |
| 78 | 431 | John | Leech | MV50 | 34:58 | Dallam | |
| 79 | 242 | Richard | Simpson | MV60 | 35:02 | Dallam | |
| 80 | 103 | John | Taylor | MV60 | 35:45 | Bowland | |
| 81 | 119 | Mark | Charnley | MV40 | 35:47 | Settle | |
| 82 | 396 | Jim | Fisher | MV50 | 36:19 | Howgill Harriers | |
| 83 | 410 | Mark | Pannone | MV40 | 36:21 | | |
| 84 | 70 | Tim | Thom | MV50 | 37:39 | KCAC | |
| 85 | 173 | Michael | McLoughlin | MV60 | 38:03 | Preston Harriers | |
| 86 | 132 | Robin | Haywood | MV40 | 38:46 | Howgill Harriers | |
| 87 | 6 | David | Barnes | MV60 | 38:49 | Horwich | |
| 88 | 246 | John | Hodgson | MV70 | 38:56 | Dallam | 1st MV70 |
| 89 | 82 | Graham | Breeze | MV70 | 39:39 | Wharfedale | |
| 90 | 133 | Gareth | Bradburn-Sims | MV40 | 39:50 | Howgill Harriers | |
| 91 | 273 | Trevor | Metcalfe | MV60 | 40:04 | Wharfedale | |
| 92 | 125 | Mark | Birbeck | MV50 | 41:02 | Achille Ratti | |
| 93 | 359 | James | Gooding | Man | 42:41 | | |
| 94 | 424 | Denis | Boyd-Carson | MV60 | 43:18 | | |
| 95 | 120 | Philip | Kirkby | MV60 | 47:15 | Coniston | |
| 96 | 198 | Richard | Handford | MV60 | 48:53 | Settle | |
| 97 | 154 | David | Rosen | MV60 | 53:20 | Lancaster & Morecambe | |
| DNF | 146 | Martin | Askew | MU21 | DNF | Helm Hill | |

MEN

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|-----------------------|----------|
| 1 | 59 | Joshua | Jardine | Man | 21:56 | Helm Hill | 1st Man |
| 2 | 244 | Adam | Perry | Man | 21:59 | Helm Hill | 2nd Man |
| 3 | 51 | Tom | Addison | Man | 22:13 | Helm Hill | 3rd Man |
| 4 | 4 | Michael | Ainsworth | Man | 22:17 | Helm Hill | |
| 5 | 416 | Jack | Eyre | Man | 23:10 | Eden Runners | |
| 6 | 368 | Harry | Shuell | Man | 23:26 | Ambleside | |
| 7 | 280 | Harvey | Lord | Man | 23:33 | Black Combe | |
| 8 | 1152 | Benjamin | Forrest | MU21 | 23:35 | Rosendale | 1st MU21 |
| 9 | 270 | Paul | Aitken | Man | 23:37 | Helm Hill | |
| 10 | 185 | Jacob | Aubrey | MU21 | 23:56 | Helm Hill | |
| 11 | 310 | Robert | Askew | MU21 | 24:00 | Helm Hill | |
| 12 | 417 | James | Harris | Man | 24:06 | Black Combe | |
| 13 | 418 | Andrew | Livingstone | Man | 24:36 | Annan & District | |
| 14 | 196 | Doug | Love | Man | 24:39 | Bowland | |
| 15 | 361 | George | Attwood | MU21 | 25:07 | Dallam | |
| 16 | 99 | Phil | Mather | Man | 25:13 | Lonsdale | |
| 17 | 426 | James | Stokes | Man | 25:18 | | |
| 18 | 253 | Jack | Simpson | Man | 25:30 | Helm Hill | |
| 19 | 136 | Declan | Bulmer | Man | 26:38 | Wharfedale | |
| 20 | 61 | Wayne | Dunn | Man | 26:39 | Settle | |
| 21 | 95 | Jonathon | Lowther | Man | 26:48 | Helm Hill | |
| 22 | 433 | Jacob | Snochowski | Man | 26:53 | Ambleside | |
| 23 | 412 | Jethro | Whitfield | Man | 26:53 | | |
| 24 | 402 | Jos | Addison | Man | 27:05 | Helm Hill | |
| 25 | 419 | Chris | Jackson | Man | 27:28 | Pennine | |
| 26 | 183 | Ben | Whitham | Man | 27:58 | | |
| 27 | 69 | Sam | Thom | MU21 | 28:00 | KCAC | |
| 28 | 217 | Robert | Moffat | Man | 28:07 | Howgill Harriers | |
| 29 | 308 | Stephen | Nicholls | Man | 28:20 | Wigan & District | |
| 30 | 71 | Sean | Robinson | Man | 28:20 | Howgill Harriers | |
| 31 | 98 | Rowan | Wood | Man | 28:32 | Lonsdale | |
| 32 | 234 | Justin | Evans | Man | 28:34 | Helm Hill | |
| 33 | 263 | Tim | Pickering | Man | 28:38 | Helm Hill | |
| 34 | 35 | Craig | Peart | Man | 29:06 | Lancaster & Morecambe | |
| 35 | 299 | Karl | Robb | Man | 29:23 | | |
| 36 | 1190 | Ben | Kirkman | MU21 | 30:46 | Rosendale | |
| 37 | 86 | Joey | Umpleby | MU21 | 31:01 | Kendal AAC | |
| 38 | 1138 | David | Goadby | Man | 31:30 | Helm Hill | |
| 39 | 427 | Gordon | Conway | Man | 33:44 | Knutsford Tri | |
| 40 | 1209 | Thomas | Ward | MU21 | 33:45 | Helm Hill | |
| 41 | 359 | James | Gooding | Man | 42:41 | | |
| DNF | 146 | Martin | Askew | MU21 | DNF | Helm Hill | |

MEN UNDER 21

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|------------|----------|
| 1 | 1152 | Benjamin | Forrest | MU21 | 23:35 | Rosendale | 1st MU21 |
| 2 | 185 | Jacob | Aubrey | MU21 | 23:56 | Helm Hill | |
| 3 | 310 | Robert | Askew | MU21 | 24:00 | Helm Hill | |
| 4 | 361 | George | Attwood | MU21 | 25:07 | Dallam | |
| 5 | 69 | Sam | Thom | MU21 | 28:00 | KCAC | |
| 6 | 1190 | Ben | Kirkman | MU21 | 30:46 | Rosendale | |
| 7 | 86 | Joey | Umpleby | MU21 | 31:01 | Kendal AAC | |
| 8 | 1209 | Thomas | Ward | MU21 | 33:45 | Helm Hill | |
| DNF | 146 | Martin | Askew | MU21 | DNF | Helm Hill | |

MEN - VET 40

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|--------------------|----------|
| 1 | 29 | Jon | Rylance | MV40 | 23:40 | Ambleside | 1st MV40 |
| 2 | 248 | Tim | Cowin | MV40 | 24:14 | Helm Hill | |
| 3 | 414 | Simon | Mounsey | MV40 | 25:03 | Howgill Harriers | |
| 4 | 73 | Rod | Scott | MV40 | 25:11 | | |
| 5 | 423 | Phil | Winskill | MV40 | 25:15 | Keswick AC | |
| 6 | 30 | Brian | Pennington | MV40 | 25:49 | Howgill Harriers | |
| 7 | 297 | Darren | Fishwick | MV40 | 26:21 | Chorley | |
| 8 | 422 | Oliver | Waters | MV40 | 26:32 | Helm Hill | |
| 9 | 77 | Rob | Crawford | MV40 | 26:32 | Howgill Harriers | |
| 10 | 342 | Andrew | Holt | MV40 | 26:35 | Clayton le Moors | |
| 11 | 379 | Ben | Oldham | MV40 | 26:37 | Hoad Hill Harriers | |
| 12 | 53 | Steven | Middleton | MV40 | 27:43 | Howgill Harriers | |
| 13 | 429 | Paul | Scully | MV40 | 28:07 | Helm Hill | |
| 14 | 25 | Tom | Matthew | MV40 | 28:15 | Bowland | |
| 15 | 428 | Pete | Marston | MV40 | 28:26 | Helm Hill | |
| 16 | 50 | Rob | Harper | MV40 | 29:05 | Ambleside | |
| 17 | 174 | Alistair | Hearn | MV40 | 29:05 | Helm Hill | |
| 18 | 362 | Mark | Cropper | MV40 | 29:18 | Helm Hill | |
| 19 | 300 | Andy | Bennett | MV40 | 30:04 | Helm Hill | |
| 20 | 128 | James | Coulthard | MV40 | 31:06 | Howgill Harriers | |
| 21 | 44 | Sam | Gibbs | MV40 | 33:46 | Helm Hill | |
| 22 | 40 | Jonny | Grisedale | MV40 | 34:52 | Helm Hill | |
| 23 | 119 | Mark | Charnley | MV40 | 35:47 | Settle | |
| 24 | 410 | Mark | Pannone | MV40 | 36:21 | | |
| 25 | 132 | Robin | Haywood | MV40 | 38:46 | Howgill Harriers | |
| 26 | 133 | Gareth | Bradburn-Sims | MV40 | 39:50 | Howgill Harriers | |

MEN - VET 50

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|------|-------|----------------------|----------|
| 1 | 87 | Scott | Umpleby | MV50 | 25:12 | Kendal AAC | 1st MV50 |
| 2 | 45 | James | Baron | MV50 | 27:08 | Helm Hill | |
| 3 | 84 | Tom | Smith | MV50 | 28:12 | Bowland | |
| 4 | 127 | John | Rainford | MV50 | 28:41 | Preston Harriers | |
| 5 | 336 | John | Osborne | MV50 | 28:49 | Settle | |
| 6 | 314 | Ray | Gill | MV50 | 29:54 | Dallam | |
| 7 | 184 | Roger | Aubrey | MV50 | 30:37 | Helm Hill | |
| 8 | 142 | Michael | Toman | MV50 | 30:56 | Rossendale | |
| 9 | 12 | Tim | Murray | MV50 | 31:02 | Helm Hill | |
| 10 | 391 | Richard | Wilkinson | MV50 | 31:10 | Longeaton | |
| 11 | 62 | David | Appleyard | MV50 | 31:33 | Helm Hill | |
| 12 | 85 | Ian | Hutchinson | MV50 | 31:47 | Bowland Fell Runners | |
| 13 | 364 | Brian | Kennedy | MV50 | 31:52 | Settle | |
| 14 | 343 | Mick | Kirkman | MV50 | 33:38 | Rossendale | |
| 15 | 431 | John | Leech | MV50 | 34:58 | Dallam | |
| 16 | 396 | Jim | Fisher | MV50 | 36:19 | Howgill Harriers | |
| 17 | 70 | Tim | Thom | MV50 | 37:39 | KCAC | |
| 18 | 125 | Mark | Birbeck | MV50 | 41:02 | Achille Ratti | |

MEN - VET 60

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|-----------------------|----------|
| 1 | 415 | Chris | Roberts | MV60 | 32:44 | Black Combe | 1st MV60 |
| 2 | 242 | Richard | Simpson | MV60 | 35:02 | Dallam | |
| 3 | 103 | John | Taylor | MV60 | 35:45 | Bowland | |
| 4 | 173 | Michael | McLoughlin | MV60 | 38:03 | Preston Harriers | |
| 5 | 6 | David | Barnes | MV60 | 38:49 | Horwich | |
| 6 | 273 | Trevor | Metcalfe | MV60 | 40:04 | Wharfedale | |
| 7 | 424 | Denis | Boyd-Carson | MV60 | 43:18 | | |
| 8 | 120 | Philip | Kirkby | MV60 | 47:15 | Coniston | |
| 9 | 198 | Richard | Handford | MV60 | 48:53 | Settle | |
| 10 | 154 | David | Rosen | MV60 | 53:20 | Lancaster & Morecambe | |

MEN - VET 70

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|------------|----------|
| 1 | 246 | John | Hodgson | MV70 | 38:56 | Dallam | 1st MV70 |
| 2 | 82 | Graham | Breeze | MV70 | 39:39 | Wharfedale | |

ALL SENIOR LADIES

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|---------------------------|-------------------|
| 1 | 425 | Hannah | Russell | LU21 | 26:03 | Helm Hill | 1st Lady/1st LU21 |
| 2 | 252 | Rachel | Simpson | Lady | 28:44 | Helm hill | 2nd Lady |
| 3 | 430 | Jenny | Rice | Lady | 29:08 | Helm Hill | 3rd Lady |
| 4 | 413 | Catherine | Niblock | Lady | 29:11 | Helm Hill | |
| 5 | 409 | Eve | Pannone | LU21 | 30:08 | Eden | |
| 6 | 17 | Ali | Richards | LV40 | 31:37 | Helm Hill | 1st LV40 |
| 7 | 353 | Jo | Wilcox | LV50 | 31:55 | Helm Hill | 1st LV50 |
| 8 | 261 | Emma | Johnston | Lady | 32:03 | Helm Hill | |
| 9 | 421 | Keeley | Smith | Lady | 32:36 | Helm Hill | |
| 10 | 420 | Cathy | Gill | Lady | 32:53 | Tunbridge Wells Harriers | |
| 11 | 8 | Jayne | Rigby | LV40 | 33:12 | Helm Hill | |
| 12 | 179 | Wendy | Dodds | LV60 | 33:13 | Clayton Le Moors Harriers | 1st LV60 |
| 13 | 64 | Kate | Brayshaw | LV40 | 34:14 | Helm Hill | |
| 14 | 432 | Charlotte | Seward | Lady | 34:46 | | |
| 15 | 102 | Jo | Taylor | LV50 | 35:00 | Bowland | |
| 16 | 28 | Niki | Rylance | LV40 | 35:32 | Ambleside | |
| 17 | 306 | Caroline | Holden | LV50 | 35:51 | Helm Hill | |
| 18 | 264 | Anne Marie | Swallow | LV40 | 35:51 | | |
| 19 | 121 | Gill | Ramsay | LV50 | 35:52 | Helm Hill | |
| 20 | 118 | Katy | Thompson | LV60 | 36:23 | Clayton le Moors | |
| 21 | 33 | Leah | Albion | LU21 | 37:20 | Broughton | |
| 22 | 37 | Jo | Cater | Lady | 37:45 | Helm Hill | |
| 23 | 158 | Paula | Bowen | LV40 | 37:48 | Ambleside | |
| 24 | 285 | Vicky | Atkinson | LV40 | 37:49 | Helm Hill | |
| 25 | 334 | Elizabeth | Adams | LV40 | 38:18 | Helm Hill | |
| 26 | 385 | Olga | Wiggins | Lady | 39:02 | Preston Harriers | |
| 27 | 245 | Patty | Davies | LV50 | 40:33 | Helm Hill | |
| 28 | 434 | Sabina | Sojka | Lady | 41:05 | Ambleside | |
| 29 | 3 | May | Crawford | Lady | 41:05 | Helm Hill | |
| 30 | 262 | Lindsay | Harrod | LV50 | 41:19 | Helm Hill | |
| 31 | 93 | Jill | Gates | LV50 | 42:29 | Settle | |
| 32 | 408 | Heidi | Litrezza-Ball | LV40 | 43:03 | | |
| 33 | 155 | Miriam | Rosen | LV60 | 44:00 | Lancaster & Morecambe | |
| 34 | 411 | Cal | Pannone | LV40 | 45:36 | | |
| 35 | 7 | Anna | Stevens | LV40 | 48:36 | Helm hill | |
| 36 | 2 | Wendy | Smith | LV40 | 49:22 | Helm Hill | |

LADIES

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------|------|-------|--------------------------|-------------------|
| 1 | 425 | Hannah | Russell | LU21 | 26:03 | Helm Hill | 1st Lady/1st LU21 |
| 2 | 252 | Rachel | Simpson | Lady | 28:44 | Helm hill | 2nd Lady |
| 3 | 430 | Jenny | Rice | Lady | 29:08 | Helm Hill | 3rd Lady |
| 4 | 413 | Catherine | Niblock | Lady | 29:11 | Helm Hill | |
| 5 | 409 | Eve | Pannone | LU21 | 30:08 | Eden | |
| 6 | 261 | Emma | Johnston | Lady | 32:03 | Helm Hill | |
| 7 | 421 | Keeley | Smith | Lady | 32:36 | Helm Hill | |
| 8 | 420 | Cathy | Gill | Lady | 32:53 | Tunbridge Wells Harriers | |
| 9 | 432 | Charlotte | Seward | Lady | 34:46 | | |
| 10 | 33 | Leah | Albion | LU21 | 37:20 | Broughton | |
| 11 | 37 | Jo | Cater | Lady | 37:45 | Helm Hill | |
| 12 | 385 | Olga | Wiggins | Lady | 39:02 | Preston Harriers | |
| 13 | 434 | Sabina | Sojka | Lady | 41:05 | Ambleside | |
| 14 | 3 | May | Crawford | Lady | 41:05 | Helm Hill | |

LADIES UNDER 21

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|-----------|-------------------|
| 1 | 425 | Hannah | Russell | LU21 | 26:03 | Helm Hill | 1st Lady/1st LU21 |
| 2 | 409 | Eve | Pannone | LU21 | 30:08 | Eden | |
| 3 | 33 | Leah | Albion | LU21 | 37:20 | Broughton | |

LADIES - VET 40

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------------|------|-------|-----------|----------|
| 1 | 17 | Ali | Richards | LV40 | 31:37 | Helm Hill | 1st LV40 |
| 2 | 8 | Jayne | Rigby | LV40 | 33:12 | Helm Hill | |
| 3 | 64 | Kate | Brayshaw | LV40 | 34:14 | Helm Hill | |
| 4 | 28 | Niki | Rylance | LV40 | 35:32 | Ambleside | |
| 5 | 264 | Anne Marie | Swallow | LV40 | 35:51 | | |
| 6 | 158 | Paula | Bowen | LV40 | 37:48 | Ambleside | |
| 7 | 285 | Vicky | Atkinson | LV40 | 37:49 | Helm Hill | |
| 8 | 334 | Elizabeth | Adams | LV40 | 38:18 | Helm Hill | |
| 9 | 408 | Heidi | Litrezza-Ball | LV40 | 43:03 | | |
| 10 | 411 | Cal | Pannone | LV40 | 45:36 | | |
| 11 | 7 | Anna | Stevens | LV40 | 48:36 | Helm hill | |
| 12 | 2 | Wendy | Smith | LV40 | 49:22 | Helm Hill | |

LADIES - VET 50

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|-----------|----------|
| 1 | 353 | Jo | Wilcox | LV50 | 31:55 | Helm Hill | 1st LV50 |
| 2 | 102 | Jo | Taylor | LV50 | 35:00 | Bowland | |
| 3 | 306 | Caroline | Holden | LV50 | 35:51 | Helm Hill | |
| 4 | 121 | Gill | Ramsay | LV50 | 35:52 | Helm Hill | |
| 5 | 245 | Patty | Davies | LV50 | 40:33 | Helm Hill | |
| 6 | 262 | Lindsay | Harrod | LV50 | 41:19 | Helm Hill | |
| 7 | 93 | Jill | Gates | LV50 | 42:29 | Settle | |

LADIES - VET 60

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------|------|-------|---------------------------|----------|
| 1 | 179 | Wendy | Dodds | LV60 | 33:13 | Clayton Le Moors Harriers | 1st LV60 |
| 2 | 118 | Katy | Thompson | LV60 | 36:23 | Clayton le Moors | |
| 3 | 155 | Miriam | Rosen | LV60 | 44:00 | Lancaster & Morecambe | |

UNDER 17 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-----------|-----|-------|--------------|----------|
| 1 | 1133 | Toby | Umpleby | Boy | 16:15 | Kendal AAC | 1st Boy |
| 2 | 1064 | Daniel | Sanderson | Boy | 16:31 | Ambleside | 2nd Boy |
| 3 | 1189 | Eric | Beaumont | Boy | 17:57 | KCAC | 3rd Boy |
| 4 | 1178 | Matthew | Holroyd | Boy | 18:05 | Settle | |
| 5 | 1182 | Brodie | Weymouth | Boy | 19:16 | | |
| 6 | 1231 | Oliver | Saxon | Boy | 19:59 | Eden Runners | |
| 7 | 1087 | Josh | Roelants | Boy | 20:17 | Helm Hill | |
| 8 | 1154 | Daniel | Harris | Boy | 22:35 | Helm Hill | |
| 9 | 1120 | Adam | Scott | Boy | 24:08 | Kendal | |
| 10 | 1187 | Jack | Hill | Boy | 27:52 | | |

UNDER 17 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|----------|------|-------|------------------|----------|
| 1 | 1029 | Chloe | Rylance | Girl | 18:28 | Ambleside | 1st Girl |
| 2 | 1261 | Briony | Holt | Girl | 19:59 | Clayton le Moors | 2nd Girl |
| 3 | 1074 | Maia | Doherty | Girl | 23:34 | Helm Hill | 3rd Girl |
| 4 | 1101 | Annabelle | Taylor | Girl | 27:05 | Helm Hill | |
| 5 | 1134 | Emily | Crossley | Girl | 28:56 | Settle | |

UNDER 15 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|--------------|-----|-------|-----------------------|----------|
| 1 | 1159 | James | Bowen | Boy | 09:46 | Ambleside | 1st Boy |
| 2 | 1050 | William | Hall | Boy | 09:49 | Calder Valley | 2nd Boy |
| 3 | 1225 | Charlie | Allmond | Boy | 09:51 | Ambleside | 3rd Boy |
| 4 | 1212 | James | Dufty | Boy | 10:06 | Calder Valley | |
| 5 | 1227 | Harry | Bowen | Boy | 10:06 | Ambleside | |
| 6 | 1054 | Alex | Tallon | Boy | 10:37 | Helm Hill | |
| 7 | 1037 | Ben | Smith | Boy | 10:57 | Kendal AAC | |
| 8 | 1180 | Sonny | Ashton-Fitch | Boy | 11:00 | Settle | |
| 9 | 1179 | Jack | Villiers | Boy | 11:22 | Barlick Fell Runners | |
| 10 | 1003 | Henry | Hunter | Boy | 11:24 | Helm Hill | |
| 11 | 1045 | Dylan | Cater | Boy | 12:14 | Helm Hill | |
| 12 | 1230 | Barney | Pannone | Boy | 14:06 | Eden | |
| 13 | 1076 | Zach | Doherty | Boy | 14:26 | Dallam | |
| 14 | 1040 | John | Bardsley | Boy | 15:14 | Unattached | |
| 15 | 1084 | Jack | Collett | Boy | 15:20 | Lancaster & Morecambe | |
| 16 | 1051 | Finley | Grisedale | Boy | 17:21 | Helm Hill | |
| 17 | 1121 | Benjamin | Grundy | Boy | 25:15 | Wharfedale | |
| 18 | 1104 | Jacob | Saunders | Boy | 25:24 | | |

UNDER 15 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|---------|------|-------|-----------|----------|
| 1 | 1030 | Sophie | Rylance | Girl | 12:06 | Ambleside | 1st Girl |
| 2 | 1028 | Holly | Dobson | Girl | 13:24 | Ambleside | 2nd Girl |

UNDER 13 BOYS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|------------|-----|-------|-----------------------|----------|
| 1 | 1025 | Rowan | Ashworth | Boy | 05:10 | Ambleside | 1st Boy |
| 2 | 1141 | Alex | Graham | Boy | 05:21 | Ambleside | 2nd Boy |
| 3 | 1063 | Patrick | Casey | Boy | 05:30 | Calder Valley | 3rd Boy |
| 4 | 1164 | Harry | Ewbank | Boy | 05:35 | Eden | |
| 5 | 1027 | Tom | Ashworth | Boy | 05:57 | Ambleside | |
| 6 | 1001 | Joseph | Rigby | Boy | 05:59 | Helm Hill | |
| 7 | 1082 | Jody | Middleton | Boy | 06:06 | Howgill Harriers | |
| 8 | 1210 | Ben | Almond | Boy | 06:35 | Ambleside | |
| 9 | 1089 | Callum | Osborne | Boy | 06:38 | Trawden | |
| 10 | 1199 | Oliver | Ball | Boy | 06:39 | Lancaster & Morecambe | |
| 11 | 1022 | Jamie | Graham | Boy | 06:41 | Ambleside | |
| 12 | 1148 | Jack | Sanderson | Boy | 06:43 | Settle | |
| 13 | 1123 | Isaac | Robinson | Boy | 06:53 | Howgill Harriers | |
| 14 | 1217 | Oliver | Oldham | Boy | 07:01 | Hoad Hill Harriers | |
| 15 | 1052 | Harvey | Shaw | Boy | 07:14 | Ambleside | |
| 16 | 1228 | Andrew | Mitchell | Boy | 07:21 | Howgill Harriers | |
| 17 | 1057 | Toby | Acland | Boy | 07:26 | Helm Hill | |
| 18 | 1095 | Thomas | Hearn | Boy | 07:27 | Helm Hill | |
| 19 | 1078 | Toby | Harper | Boy | 07:37 | Ambleside | |
| 20 | 1103 | Joel | Saunders | Boy | 07:39 | Helm Hill | |
| 21 | 1153 | Finlay | Aitken | Boy | 07:53 | Helm Hill | |
| 22 | 1066 | Ewan | Black | Boy | 07:59 | Helm Hill | |
| 23 | 1235 | Jem | Cropper | Boy | 08:00 | Helm Hill | |
| 24 | 1114 | Will | Brayshaw | Boy | 08:05 | Helm Hill | |
| 25 | 1233 | Garth | Duffy | Boy | 08:17 | Barlick Fell Runners | |
| 26 | 1222 | Louis | Hollingham | Boy | 08:49 | Helm Hill | |
| 27 | 1172 | Arran | Goodall | Boy | 08:54 | | |
| 28 | 1125 | Theo | Robinson | Boy | 09:00 | Howgill Harriers | |
| 29 | 1200 | Harry | Ball | Boy | 09:39 | Lancaster & Morecambe | |
| 30 | 1237 | Zach | Thomas | Boy | 12:47 | | |

UNDER 13 GIRLS

| Position | Vest no. | First Name | Surname | Cat | Time | Club | Comments |
|----------|----------|------------|-------------|------|-------|-----------------------|----------|
| 1 | 1198 | Evie | Taylor | Girl | 05:54 | Rossendale | 1st Girl |
| 2 | 1056 | Elise | Tallon | Girl | 06:37 | Helm Hill | 2nd Girl |
| 3 | 1229 | Amelie | Lane | Girl | 06:41 | Wharfedale | 3rd Girl |
| 4 | 1062 | Bethan | Saunders | Girl | 06:46 | Leven Valley | |
| 5 | 1077 | Vicky | Woof | Girl | 07:00 | Howgill Harriers | |
| 6 | 1091 | Ella | Martindale | Girl | 07:08 | Helm Hill | |
| 7 | 1136 | Beau | Walkingshaw | Girl | 08:09 | Eden | |
| 8 | 1137 | Esme | Walkingshaw | Girl | 08:21 | Eden | |
| 9 | 1093 | Charlotte | Peart | Girl | 08:35 | Settle | |
| 10 | 1118 | Connie-May | Scott | Girl | 08:43 | Kendal | |
| 11 | 1092 | Madeleine | Martindale | Girl | 08:48 | | |
| 12 | 1232 | Lucille | Pickles | Girl | 08:49 | Barlick Fell Runners | |
| 13 | 1012 | Emily | Peart | Girl | 08:50 | Lancaster & Morecambe | |
| 14 | 1105 | Sophie | Goodall | Girl | 08:53 | | |
| 15 | 1070 | Seren | Green | Girl | 08:55 | Ambleside | |
| 16 | 1094 | Sophie | Hearn | Girl | 09:30 | | |
| 17 | 1236 | Jody | Whitfield | Girl | 09:42 | Barlick Fell Runners | |
| 18 | 1234 | Ciara | Duffy | Girl | 09:43 | Barlick Fell Runners | |
| 19 | 1075 | Katie | Lowis | Girl | 09:47 | Howgill Harriers | |
| 20 | 1096 | Alicia | Crawford | Girl | 09:53 | Helm Hill | |
| 21 | 1102 | Ava | Saunders | Girl | 11:06 | | |