

Helm Hill Runners Parental Consent Form

Please complete and return to the club welfare officer

Data will be stored securely at the welfare officers home address and destroyed in the event of leaving the club



Coaches Name _____

Parents of Junior Members are asked to provide and update any relevant medical information or injuries personally and in confidence to the Junior Coordinator or their child's Coach.

Childs Details:	
Name of child	Date of birth
Name of parent(s) with whom the child lives	
Address	
Telephone	Mobile
Email address	
Additional Emergency Contact:	
Name	Contact number
Doctors Details:	
Doctors Name	Contact number

Does your child have any medical conditions, special needs or disabilities? Yes/No (delete) Details:

Is your child taking any regular medication (including asthma inhalers)? Yes/No (delete) Details:

I give permission for Helm Hill Runners to seek emergency treatment or to administer emergency first aid if the need should arise for my child and understand that I am to be contacted as soon as possible. I also give permission Helm Hill Runners to take photographs of my child during training or running events, which may be used on the website and for publicity. My child is in good health and capable of taking part in all club training sessions and races that they attend. I understand that whilst every precaution is taken to ensure that accidents do not happen the club cannot be held responsible for any injury sustained by my child.

Signed parent/guardian _____

Date _____

Helm Hill Runners

Code of Conduct specific to parents and juniors
Taken from the HHR Welfare Policy



The responsible parent/person with parental responsibility

- Check out the people who are coaching or managing your child
- Take an active interest in your child's participation whilst not placing undue pressure on them to perform, participate or compete
- Attend training and races whenever possible
- Assume responsibility for the safe transportation of your children to and from events and training activities
- Ensure that your child does not take unnecessary valuable items to training or races
- Know where your child will be and who they are with
- Return a Parental Consent Form to the Club/Coach/Junior Coordinator, providing contact details, and relevant medical information
- Inform your child's coach of any illness or disability that needs to be taken into consideration for running
- Provide any necessary medication that your child needs for the duration of any trips or club night training sessions.
- Report any concerns you have about your child's welfare/treatment to Club Welfare Officer
- Never make assumptions about your child's safety.

Juniors Specifically

- Notify a responsible adult if you have to go somewhere
- Not respond if someone seeks private information, unrelated to running e.g. home life
- Use safe transport or travel arrangements
- Avoid destructive behaviour and leave fell running areas as you find them
- Never engage in illegal or irresponsible behaviour
- Tell parents, carers or the Club Welfare Officer immediately if anything makes you concerned or uncomfortable or if you suspect a club mate has suffered from misconduct by someone else.

Tim Murray
Helm Hill Runners - Chairman
Telephone 01539 741908

Amanda Burrow
Helm Hill Runners – Welfare Officers
Telephone 01539 734613
Martin Birch
Telephone: 07917235886

Helm Hill Runners Behaviour Policy



All junior members of Helm Hill Runners should abide by the following guidelines:

- Treat others with respect and show support to your fellow runners
- Avoid using bad language
- Listen to and respect your coach
- Be enthusiastic and positive and enjoy your running!
- Welcome new runners to the group even if I don't know them
- Wear reflective clothing when training in the dark
- Be organized and on time for training
- Notify a responsible adult if you have to go somewhere
- Respect your running environment and look after any equipment you are using
- Never engage in illegal or irresponsible behaviour
- Tell parents, carers or the Club Welfare Officer immediately if anything makes you concerned or uncomfortable

The responsible parent/person with parental responsibility should:

- Ensure you know who is coaching your child
- Inform your child's coach if they cannot attend training sessions, if 3 consecutive training sessions are missed without good reason their place may be offered to someone else on the waiting list
- Take an interest in your child's participation in training and races they undertake whilst not placing undue pressure on them to perform, participate or compete
- Turn up to collect your child on time or arrange the safe transportation of your children at the end of the training session
- Return a Parental Consent Form to the Club/Coach/Junior Coordinator, providing contact details, and relevant medical information
- Inform your child's coach of any illness or disability that needs to be taken into consideration for running and only send them to training if they are fit to do so
- Report any concerns you have about your child's welfare/treatment to the Club Welfare Officer(s)

Please see Helm Hill Runners Welfare Policy for full details of the codes of conduct

A serious breach of this behaviour policy will result in a warning, if a child has 2 warnings in a 12 month period they will be asked to leave the group, with the option of reapplying for a place the next calendar year.

Signed:

Junior runner _____ Name: _____

Parent _____ Name: _____

Helm Hill Runners – Welfare Officers:

Amanda Burrow

Telephone: 01539 734613

Martin Birch

Telephone: 07917235886